

Supplemental Material for

Extinction-recruited prefrontal-hypothalamic pathway encodes positive affect to sustain fear extinction in post-traumatic stress mouse model

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Supplemental Methods

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15 **Supplemental Methods**

16 **Virus constructs.**

17 The following viruses were used: AAV2/9-EF1 α -DIO-hChR2(E123T/T159C)-mCherry, AAV2/9-EF1 α -DIO-
18 eNpHR3.0-mCherry, AAV2/9-EF1 α -DIO-mCherry, AAV2/9-hSyn-DIO-hChR2(H134R)-EGFP, AAV2/9-
19 hSyn-DIO-EGFP, AAV2/R-hSyn-Flp, AAV2/9-EF1 α -CreOn-FlpOn-GCaMP6s, AAV2/9-hSyn-CreOn-FlpOn-
20 EYFP, AAV2/R-EF1 α -DIO-mCherry, AAV2/R-EF1 α -DIO-EGFP, AAV2/R-EF1 α -DIO-ChR2(H134R)-EYFP,
21 AAV2/R-EF1 α -DIO-Flp, AAV2/9-EF1 α -fDIO-Ypet-P2A-mGFP, AAV2/9-EF1 α -DIO-RVG, AAV2/9-EF1 α -
22 DIO-H2B-EGFP-TVA, RV-ENVA- Δ G-DsRed, AAV2/9-EF1 α -DIO-EGFP-T2A-TK, HSV- Δ TK-LSL-tdTomato,
23 AAV2/9-nEF1 α -fDIO-hM4Di-EGFP, AAV2/R-hSyn-DIO-H2B-EGFP, AAV2/R-hSyn-DIO-H2B-mCherry,
24 AAV2/9-TH-Flp, AAV2/9-RAM-ERT2CreERT2, AAV2/R-EF1 α -DIO-hM3Dq-mCherry, AAV2/R-hSyn-Cre
25 (all purchased from Brain VTA, Wuhan, China); AAV2/9-nEF1 α -fDIO-GCaMP6m, AAV2/9-hSyn-DIO-
26 ChrimsonR-mCherry, AAV2/R-EF1 α -DIO-eNpHR3.0-mCherry, AAV2/R-EF1 α -DIO-ChR2(H134R)-mCherry,
27 and AAV2/R-RAM-d2TTA-TRE-Cre (from Brain Case, Shenzhen, China); AAV2/9-(H1-
28 sgRNA.sp(mSIRT1))x3-CAG-DIO-mCherry and AAV2/9-H1-sgRNA.sp(NC)-CAG-DIO-mCherry (from
29 Taitool Bioscience, Shanghai, China); AAV-hSyn-DIO-Sirt1-3xFLAG and AAV-hSyn-DIO-EGFP (from Obio
30 Technology, Shanghai, China). All viruses were stored in aliquots at -80 °C until use. The viral titers for
31 injection were $>10^{12}$ viral particles per ml.

32
33 **Stereotaxic surgery**

34 Mice were anesthetized with 1.5–2.0% isoflurane in 100% oxygen and subsequently stabilized in a stereotactic
35 apparatus with atraumatic ear bars (RWD Life Science), ensuring precise alignment on a digital stereotactic
36 frame. Virus solutions were loaded into the tips of pipettes (Sutter Glass pipettes) and injected at the following
37 coordinates (posterior to Bregma, AP; lateral to the midline, ML; below the Bregma, DV; in mm): mPFC: AP,

38 +1.75 mm; ML, ± 0.35 mm; DV, -2.50 mm; MPO: AP, -0.20 mm; ML, ± 0.25 mm; DV, -5.50 mm; AM: AP, $-$
39 0.80 mm; ML, ± 0.50 mm; DV, -3.60 mm; MD: AP, -1.20 mm; ML, ± 0.50 mm; DV, -3.10 mm; LHA: AP, $-$
40 1.40 mm; ML, ± 1.20 mm; DV, -5.20 mm; ZI: AP, -1.80 mm; ML, ± 1.0 mm; DV, -4.45 mm; SuM: AP, -2.80
41 mm; ML, ± 0.50 mm; DV, -5.05 mm; PAG: AP, -3.80 mm; ML, ± 0.50 mm; DV, -2.60 mm. After injection, the
42 pipette was left in place for an additional 10 min to allow the injectant to diffuse adequately.

43 For fiber photometry and optogenetic experiments, ceramic fiber optic cannulas (200 μm in diameter, 0.37
44 numerical aperture (NA), Hangzhou Newdoon Technology) were implanted into following coordinates: mPFC:
45 AP, $+1.75$ mm; ML, ± 0.35 mm; DV, -2.40 mm; ZI: AP, -1.80 mm; ML, ± 1.0 mm; DV, -4.35 mm; SuM: AP, $-$
46 2.80 mm; ML, ± 0.50 mm; DV, -4.95 mm. The ceramic fiber optic cannulas were positioned in place with acrylic
47 dental cement and secured with skull screws.

48 For anterograde monosynaptic tracing, AAV-DIO-EGFP-T2A-TK was injected into the mPFC of
49 FosTRAP2 mice. A week later, the mice received behavioral training. Two weeks later, HSV- ΔTK -tdTomato
50 was injected into the same location. The histology experiments were performed five days after HSV injection.

51 For retrograde monosynaptic tracing, a 1:1 volume mixture of AAV-EF1 α -DIO-RVG and AAV-EF1 α -
52 DIO-H2B-EGFP-TVA was injected into the mPFC of FosTRAP2 mice. A week later, the mice received
53 behavioral training. Two weeks later, RV-ENVA- ΔG -DsRed was injected into the ZI or SuM area. The histology
54 experiments were performed one week after rabies virus injection.

55

56 **Fear conditioning, extinction, and memory retrieval**

57 All auditory fear conditioning, extinction, and memory retrieval procedures were performed using the Ugo
58 Basile Fear Conditioning System (UGO BASILE srl). Before fear conditioning, mice were handled and
59 habituated to the conditioning chamber (17 cm $\times$ 17 cm $\times$ 25 cm) for three consecutive days. On day 1, mice
60 were conditioned individually in context A (the chambers were equipped with stainless-steel electric shocking

61 grids and were cleaned with 75% ethanol; the chamber walls were covered with black-and-white checkered
62 wallpaper) with five pure tones (CS; 4 kHz, 76 dB, 30 s each) delivered at variable intervals (20–180 s). Each
63 tone was co-terminated with a foot shock (US; 0.75 mA, 2 s each). ANY-maze software (Stoelting Co.) was
64 used to automatically control the delivery of tones and foot shocks. For extinction training, mice were presented
65 with 12 CS presentations (4 kHz, 76 dB, 30 s each) without foot shock in context B (gray floor box) on days 2–
66 4. On day 9, mice received eight CS-alone (30 s each) presentations either in context B for extinction retrieval
67 or in context A for fear retrieval. Spontaneous recovery tests occurred 28 days after the cessation of extinction
68 training. The movement of the mouse in chamber was recorded using a near-infrared camera and analyzed in
69 real-time with ANY-maze software. A fear response was operationally defined as measurable behavioral
70 freezing (more than 1-s cessation of movement), which was automatically scored and analyzed by ANY-maze
71 software (version 7.2, Stoelting Co., USA).

72

73 **Fiber photometry**

74 The fiber photometry system (ThinkerTech, Nanjing, China) allowed for real-time excitation and recording of
75 fluorescence from genetically encoded calcium indicators in freely moving mice. To minimize photo-bleaching,
76 the laser power at the tip of the optical fiber was adjusted to a low level of 40–60 μ W. The analog voltage signals
77 were digitalized at 100 Hz using a Power 1401 digitizer and Spike2 software (CED, Cambridge, UK).
78 Photometry data were further analyzed using MATLAB. The fluorescence change values ($\Delta F/F$) were calculated
79 as $(F - F_0)/F_0$, where F_0 is the baseline fluorescence signal averaged over a 10-s time-window prior to the trigger
80 events.

81 To record Ca^{2+} signals of SST neurons or Vglut2 neurons induced by optogenetic stimulation of mPFC
82 extinction neurons, FosTRAP2::SST-Flp or FosTRAP2::Vglut2-Flp mice were injected with AAV-fDIO-
83 GCaMP6m and AAV-DIO-ChrimsonR for expression in SST neurons or Vglut2 neurons and extinction neurons,

respectively. Recordings in SST or Vglut2 neurons were performed concurrently with ChrimsonR terminals being stimulated through the same optic fiber. Optogenetic stimulation was delivered ($\lambda = 638$ nm) at 20 Hz and fiber photometry recordings were made using an Arduino board running custom code synchronized to the photometry system.

Optogenetic manipulation

For photostimulation during behavioral assays, a 473-nm or 589-nm light-emitting diode (LED) (Hangzhou Newdoon Technology Co. Ltd) was connected to a patch cord with connectors on each end. The optic fiber implanted in the mouse was connected to the optic patch cord using ceramic mating sleeves. For the optogenetic activation experiments, blue light (473 nm, 20 Hz, 10-ms duration, 4–6 mW) was delivered during presentation of every 30-s CS or when the mice entered the stimulation chamber. For the optogenetic silencing experiments, the yellow light (589 nm, 8–10 mW) was delivered continuously.

Chemogenetic manipulation

For chemogenetic inhibition experiments, AAV-fDIO-hM4Di-EGFP was bilateral injected into ZI or SuM. After three weeks, mice were subjected to fear learning and extinction. clozapine N-oxide (CNO, 1 mg/kg) was injected intraperitoneally 30 min before behavioral tests. For chemogenetic activation experiments, Retro-DIO-hM3Dq-mCherry was injected into ZI or SuM. After three weeks to allow viral expression, CNO (1 mM) was applied into the cannulas with a microinjection pump (RWD Ltd.) at a rate of 0.2 μ l/min and then an additional minute was given to allow the drug. For daily chemogenetic activation experiments, CNO was administered daily from day 10 to day 31 and was discontinued before the spontaneous recovery test.

In vivo electrophysiological recording

107 For in vivo optogenetic tagging of extinction neurons, FosTRAP2 mice were unilaterally injected with AAV-
108 DIO-ChR2-EGFP at mPFC and custom-made optrodes (consisting of an optical fiber and 4 tetrodes) were
109 implanted at the same coordinates where the virus was injected. The tip of the optic fiber was 300 μm above the
110 tip of the electrodes. Each tetrode was made of four twisted fine platinum/iridium wires (12.5 μm diameter,
111 California Fine Wire). Silver wires with two screws were attached to the skull as ground. After recovery from
112 the surgery, the mice were habituated to the headstage and cables connected to the electrode on their heads for
113 several days prior to electrophysiological recordings. Spiking activities were digitized at 30 kHz, band-pass
114 filtered between 250 and 8000 Hz, and stored on a PC for further offline analysis.

115 *Spike sorting and unit classification with optogenetic tagging*

116 Data were exported to Offline Sorter (Plexon Inc.) and NeuroExplorer (Nex Technologies) for offline analysis.
117 Spike waveforms were identified by threshold crossing and sorted into units (presumptive neurons) by principal
118 component analysis (PCA). Waveforms with inter-spike intervals (ISIs) less than the refractory period (2 ms)
119 were excluded. Only units showing spikes with a signal-to-noise ratio larger than 2 were considered as neurons
120 and included. Cross-correlation histograms were plotted to ensure that no unit was discriminated against more
121 than once on different channels.

122 For optical identification of mPFC extinction neurons, blue-light pulses (473 nm, 5-ms pulse duration, 1 Hz)
123 were delivered at the end of each recording session. To assess whether these units were driven directly by ChR2
124 or indirectly by synaptic connections, we analyzed the onset latency relative to each light pulse. Only spikes
125 with short spike latency (< 10 ms) and low jitter (< 3 ms) after light-pulse illumination were considered as being
126 directly stimulated in this study. Only when the waveforms of laser-evoked and spontaneously generated spikes
127 were highly similar (correlation coefficient > 0.9), then they were considered to originate from the same unit.

128 *Single unit firing analysis*

129 To analyze mPFC neuronal activity during behavioral trials, z-scored peristimulus time histograms (PSTHs)

130 were calculated for each individual neuron. Spikes were divided into 500-ms or 100-ms bins for visualizing
131 individual unit responses and comparing responses between groups during memory retrieval or water intake,
132 respectively. A z-score was calculated for each bin relative to the prestimulus activity by subtracting average
133 firing rate during baseline and by dividing the difference by the baseline standard deviation during memory
134 retrieval or water intake, respectively. For a given neuron, firing rates during behavioral trials and during pre-
135 event baseline were compared across eight trials to determine the significance of firing rate difference between
136 these two conditions (paired Student's *t* test). Neurons exhibiting a significant increase in firing rate during
137 behavioral trials (Ext Retr or Water intake) relative to baseline ($P < 0.05$) were defined as Ext Retr- or Water
138 intake-responsive neurons.

139

140 **Principal component analysis**

141 To visualize event-locked dynamics (Ext Retr vs Water intake) in ZI- and SuM-projecting mPFC extinction
142 neurons while enabling a fair cross-condition comparison, we fit a single global PCA to a global response matrix
143 containing trial-averaged data for both ZI- and SuM- projections. For each projection, spike counts were trial-
144 averaged in 0.5-s bins. To equalize dimensionality across groups, we randomly subsampled units from the larger
145 group to match the smaller group on each iteration. For PCA fitting, averaged pathway-specific response
146 matrices were concatenated along the unit dimension to yield a global response matrix. PCA was applied and
147 the first two eigenvectors were extracted. Event- and pathway-specific low-dimensional trajectories were
148 obtained by projecting the corresponding peri-event data segments onto the extracted eigenvectors. For each
149 trajectory, total path length was computed as the mean of Euclidean distances between successive time bins in
150 the 2-D PC space. The entire procedure was repeated 100 times and results were averaged to yield one estimate.
151 For statistical comparison, only a random half of trials were included when constructing pseudopopulation
152 activity for each response type. This process was repeated ten times to perform statistical comparisons across

153 ZI- and SuM- projecting groups. For visualization purposes, representative PCA trace was obtained by directly
154 applying PCA on the global response matrix as previously described, without subsampling trials or unit counts.

155

156 **Decoding analysis**

157 We evaluated the separability of neural representations across conditions using linear discriminant analysis
158 (LDA) implemented in MATLAB (fitcdiscr). We set DiscrimType='pseudoLinear', which fits an LDA classifier
159 with a shared covariance matrix across classes and computes linear decision boundaries without regularization.

160 For each projection pathway (ZI- and SuM-projecting mPFC extinction neurons) and stimulus type (Ext
161 Retr, Water intake), we constructed peri-event feature vectors by binning spike counts in 0.5-s windows and
162 concatenating time bins within each trial. A LDA decoder was trained to discriminate post-stimulus activity
163 from baseline. A four-fold cross-validation was then performed to assess the decoder's performance.

164 To enable fair decoding accuracy comparison between ZI- and SuM- projecting mPFC extinction neurons,
165 on each iteration we randomly subsampled units from the larger group to match the unit count of the smaller
166 group. This process was repeated 100 times and results were averaged to obtain one estimate. Only a random
167 half of trials were included when constructing pseudopopulation activity for each projection type. This process
168 was repeated ten times to perform statistical comparisons across ZI- and SuM- projecting groups. To obtain a
169 chance-level decoding performance, the decoding procedure was repeated with shuffled class labels.

170

171 **Sucrose preference (SP) test**

172 Mice were single housed to acclimatize to two bottles of water for 24 h, including one bottle of 2% sucrose and
173 one bottle of pure water. Animals were water deprived before the test and then exposed to the two bottles for 1
174 h. Bottle positions were switched after 30 min. For optogenetic manipulations, mice received light stimulation
175 during the whole testing period. Sucrose preference was calculated as the proportion of 2% sucrose in the total

176 liquid consumed (pure water and sucrose).

177

178 **Operant self-administration (OSA) test**

179 Mice were first habituated to the operant behavioral chamber (Anilab) that has two nose-poke ports (active and
180 inactive). A drop of sucrose water was delivered from the lickometer spout in the behavioral chamber every 10
181 s in the habituation sessions. Mice that readily learned to lick the drops were subjected to the FR = 1 (fixed ratio
182 = 1) training for 3 days, during which the active nose-poke would trigger the delivery of a drop of sucrose water.
183 After 3 days on the FR1 schedule, the same cohort of mice was tested for a 45-min session. Mice were returned
184 to free-drinking following operant training.

185

186 **Real-time place preference (RTPP) test**

187 A two-chamber apparatus was used with different visual and textural cues for the real-time place preference test.
188 An overhead video camera was used to trace the position of the mice (Cineplex, Plexon). Mice could freely
189 explore between the two chambers through a small opening. Mice were first put into the non-stimulation
190 chamber. Whenever the mouse entered the other chamber, LED light was delivered until the animal exited. The
191 total duration of each trial was 15 minutes. Mice were returned to homecage after each test session. The
192 stimulation chamber was randomly assigned to each animal and balanced for the whole group.

193

194 **Open field test**

195 Mice were placed in an open field arena (40 cm × 40 cm × 30 cm). A video-tracking system (EthoVision 3.0,
196 Noldus) was used to measure the locomotor activity of the animal. The total distance and time spent in the center
197 zone (20 cm × 20 cm) were measured over 15 minutes.

198

199 **Elevated plus maze test**

200 The apparatus consisted of a central square (7 cm × 7 cm), closed arms with walls (30 cm × 7 cm × 15 cm), and
201 two open arms without walls (30 cm × 7 cm). Mice were placed into the central area and allowed to explore for
202 12 minutes. The time spent in the open arms was recorded by the video-tracking system (EthoVision 3.0,
203 Noldus).

204

205 **Single prolonged stress (SPS) model**

206 A PTSD mouse model was established using the single prolonged stress (SPS) paradigm. Briefly, the mice were
207 restrained for 2 h in 50 mL polypropylene conical tubes with a nose hole for ventilation. Subsequently, the mice
208 were forced to swim for 20 min in a plastic tub (20 cm diameter, 30 cm height) filled with water (24 ± 1 °C, 20
209 cm depth). Then, they were dried and allowed to recuperate for 15 min before being exposed to isoflurane and
210 anesthetized until the characteristics of rapid breathing and loss of responses to toe and tail pinch were evident.
211 After that, the mice were left undisturbed in the homecage for 7 days.

212

213 **Activity-dependent neuronal labeling**

214 Recombination was induced with 4-hydroxytamoxifen (4-OHT, Sigma-Aldrich, Catalog no. H6278). 4-OHT
215 was dissolved at 20 mg/ml in ethanol by shaking at 37°C. Corn oil (Sigma-Aldrich, Catalog no. C8267) was
216 then added for a final concentration of 10 mg/ml 4-OHT, and the ethanol was evaporated by vacuum under
217 centrifugation. All injections were delivered intraperitoneally (i.p.). Activity-dependent neuronal labeling was
218 induced by a single intraperitoneal injection of 4-OHT (50 mg/kg mice) administered before the third extinction
219 session, thereby labeling extinction-tagged neurons. Mice were then returned to the vivarium with a regular 12
220 h light-dark cycle for the remainder of the experiment.

221 To label SuM-projecting extinction neurons, we used the robust activity marking (RAM) activity tagging

222 system, which is a modified Tet-Off system dependent on doxycycline (Dox). Mice were microinjected with
223 AAV virus on a Dox diet (MedChemExpress, Catalog no. HY-N0565, 40 mg/kg in the chow). To tag neurons
224 active during extinction, mice were removed from Dox for training.

225

226 **Single nucleus RNA-sequencing**

227 *Single-nucleus dissociation*

228 The mice were anesthetized and were performed a trans-cardiac perfusion with ice-cold N-methyl-D-glucamine-
229 artificial cerebrospinal fluid (NMDG-ACSF) containing the following components (in mM): 93 N-methyl-D-
230 glucamine, 2.5 KCl, 1.2 NaH₂PO₄, 30 NaHCO₃, 20 HEPES, 25 D-glucose, 5 sodium ascorbate, 2 Thiourea, 3
231 Sodium pyruvate, 10 MgSO₄, 11.9 N-acetyl-L-cysteine, 1 CaCl₂, and 6 ml HCl (pH 7.35–7.45), continually
232 bubbled with O₂ and CO₂ (95% O₂/5% CO₂, v/v). Coronal brain slices (400 µm thick) containing regions of the
233 mPFC were cut using a vibratome (Leica VT1000S, Germany), then promptly transferred to ice-cold NMDG-
234 ACSF and incubated for 15 min. TTX (1 µM), CNQX (20 µM; Sigma-Aldrich, Catalog no. C239), and D-APV
235 (100 µM; Sigma-Aldrich, Catalog no. A8054) were added in this step. The micro-dissected tissues were
236 promptly frozen in liquid nitrogen and then stored at -80 °C until use. Frozen tissues were softened in the A
237 buffer, and sieved through a 70 µm cell strainer. Triton X-100 was added to the sample homogenate to achieve
238 a final concentration of 0.1%. The sample was incubated on ice for 5 minutes, and then large impurities were
239 removed using a 40 µm cell strainer. After centrifugation, 1 mL of C Buffer was added to the precipitate, and
240 the cell nuclei precipitate was gently resuspended. Then, 500 µL of G2 buffer was slowly added to the bottom
241 of the LoBind Tube, and 500 µL of G1 buffer was slowly and gently added to the upper layer of the G2 buffer
242 without disturbing the boundary liquid surface. Resuspended cell nuclei were slowly added to the G1 buffer
243 surface. After centrifugation, the cell nuclei aggregated at the bottom of the tube. The cell nuclei were
244 resuspended in an appropriate amount of 1 × PBS with 0.5% BSA. Then, dissociated single nuclei were stained

245 with AO/PI for quantity and agglomeration rate assessment using Countstar Fluorescence Cell Analyzer. The
246 concentrations of the nuclei were adjusted to approximately 1,000 nuclei/ μ L for snRNA-seq.

247 ***Single-nucleus RNA sequencing***

248 The snRNA-seq libraries were generated using the 10 $\times$ Genomics Chromium Controller Instrument and
249 Chromium Single Cell 3' V3 Reagent Kits (10 $\times$ Genomics, Pleasanton, CA). Briefly, nuclei were concentrated
250 to approximately 1000 nuclei/ μ L and loaded into each channel to generate single-cell Gel Bead-In-Emulsions
251 (GEMs). After the RT step, GEMs were broken and barcoded-cDNA was purified and amplified. The amplified
252 barcoded cDNA was fragmented, A-tailed, ligated with adaptors and index PCR amplified. The final libraries
253 were quantified using the Qubit High Sensitivity DNA assay (Thermo Fisher Scientific) and the size distribution
254 of the libraries was determined using a High Sensitivity DNA chip on a Bioanalyzer 2200 (Agilent). All libraries
255 were sequenced by DNBSEQ-T7 on a 150 bp paired-end run.

256 ***snRNA-seq data processing and main cell type clustering***

257 Raw sequencing data were processed using Cell Ranger v8.0.1 (10x Genomics). Reads were aligned to a custom
258 mouse reference genome based on GRCm39 with default settings. The genes of EGFP and mCherry were
259 manually added to enable detection of SuM-projecting mPFC extinction neurons or ZI-projecting mPFC
260 extinction neurons respectively.

261 Downstream analysis was conducted on R server (v4.2.2). Filtered feature-barcode matrices from Cell
262 Ranger were imported into Seurat (v5.1.0) and converted into Seurat objects. To avoid potential technical noise,
263 poor-quality cells were removed according to the number of detected genes, the ratio of genes to UMIs and the
264 proportion of mitochondrial transcripts in total counts. (nFeature > 200, log₁₀(genes/UMIs) > 0.8 & percent.mt
265 < 5%). Data were normalized using the LogNormalize method, and ~2,000 highly variable genes were identified.
266 ScaleData function was applied to scale the expression across each matrix. Potential doublets were estimated
267 and filtered out via DoubletFinder (v2.0.4) with sample-specific pK values determined by parameter sweeping

268 and expected doublet rates estimated from the number of captured nuclei. After doublet removal, all datasets
269 were merged into an individual Seurat object and scaled again. Dimension reducing methods including PCA,
270 UMAP, and tSNE were then conducted to observe the distribution of cells from each sample, where top 20
271 variable dimensions were included. Batch effects across samples were minimal, therefore no additional
272 integration methods (e.g., Harmony) were applied to maintain the potential alterations between neurons. Cell
273 clusters were identified by specific marker genes from FindAllClusters function. The appropriate resolution
274 (resolution = 0.5) was determined using Clustree (v0.5.1), in which all non-neuronal cell types could be
275 separated.

276 ***Re-clustering of neurons and visualization***

277 Neuronal clusters were isolated, scaled, and re-clustered (resolution = 0.2), resulting in 14 neuronal clusters.
278 According to published markers, 14 clusters were re-allocated into a refined taxonomy of cortical excitatory
279 and inhibitory neuron subtypes (L2/3, L5-1, L5-2, L5-3, L6, Sst/Pvalb, Vip). Reporter-positive nuclei were
280 identified by UMI detection of the EGFP and mCherry transgenes (≥ 1 UMI). Differential expression analyses
281 between EGFP⁺ and mCherry⁺ neurons were performed using FindMarkers function, followed by removal of
282 predicted genes and pseudogenes based on Ensembl biotypes of org.Mm.eg.db (v3.16.0). Functional enrichment
283 analyses were conducted using clusterProfiler (v4.6.2) with significance thresholds of $P < 0.05$, whose results
284 were visualized by enrichplot (v1.18.4). Dimensional reduction plots, dot plots, violin plots, or feature
285 visualization on dimensional reduction plots were drawn via DimPlot, DotPlot, VlnPlot or FeaturePlot function
286 embedded in Seurat. Volcano plots were drawn by ggplot2 (v3.4.4). Heatmaps were drawn by Heatmap function
287 in ComplexHeatmap (v2.15.4).

288

289 **Slice electrophysiology**

290 Mice were deeply anesthetized and subsequently decapitated. Brains were quickly dissected and chilled in ice-

291 cold N-methyl-D-glucamine-artificial cerebrospinal fluid (NMDG-ACSF) containing the following components
292 (in mM): 93 N-methyl-D-glucamine, 2.5 KCl, 1.2 NaH₂PO₄, 30 NaHCO₃, 20 HEPES, 25 D-glucose, 5 sodium
293 ascorbate, 2 Thiourea, 3 Sodium pyruvate, 10 MgSO₄, 11.9 N-acetyl-L-cysteine, 1 CaCl₂, and 6 ml HCl (pH
294 7.35–7.45), continually bubbled with O₂ and CO₂ (95% O₂/5% CO₂, v/v). Coronal brain slices (300 µm thick)
295 containing regions were cut with a vibratome (Leica VT1000S, Germany). Slices were initially recovered for
296 5–10 min in NMDG-ACSF at 31 °C. They were then transferred to another ACSF solution (in mM): 125 NaCl,
297 2.5 KCl, 12.5 D-glucose, 1 MgCl₂, 2 CaCl₂, 1.25 NaH₂PO₄, and 25 NaHCO₃ (pH 7.35–7.45) for an additional
298 2 hours of recovery at 31 °C. The slice was subsequently transferred to a recording chamber and continuously
299 superfused with ACSF at a rate of 1–2 ml per minute. All solutions were continually bubbled with O₂ and CO₂
300 (95% O₂/5% CO₂, v/v).

301 Neurons were patched under visual guidance using infrared differential-interference contrast microscopy
302 (BX51WI, Olympus), and an optiMOS camera (QImaging). Whole-cell patch-clamp recordings were performed
303 using an Axon 200B amplifier (Molecular Devices). Membrane currents and potentials were sampled and
304 analyzed using a Digidata 1440 interface and a personal computer running Clampex and Clampfit software
305 (pCLAMP 10.5, Molecular Devices). Optical stimulation of ChR2- or NpHR-expressing neurons was conducted
306 using a collimated LED (Lumen Dynamics Group Inc) with peak wavelengths of 473 or 589 nm, respectively.
307 The LED was connected to an Axon 200B amplifier to initiate photostimulation. The brain slice in the recording
308 chamber was illuminated through a 40 × water-immersion objective lens (LUMPLFLN 40XW, Olympus). To
309 verify the functional potency of NpHR-mediated optogenetic inhibition, yellow light was delivered to generate
310 outward photocurrents under voltage-clamp mode, which promoted membrane hyperpolarization to reduce
311 spikes produced by current injection under current-clamp mode. The functional potency of the ChR2-expressing
312 virus was validated by measuring the number of action potentials evoked by using 20 Hz of blue-light
313 stimulation. The spiking activity and membranous properties of cell populations were quantified using an

314 internal solution comprising the following concentrations (in mM): 145 potassium gluconate, 5 NaCl, 10
315 HEPES, 2 MgATP, 0.1 Na₂GTP, 0.2 EGTA, and 1 MgCl₂ (280–300 mOsm, pH 7.2 with KOH). Subsequent
316 data analysis was performed using the MiniAnalysis Program (Version 6.0.1, Synaptosoft).

317

318 **Sparse labeling and morphology reconstruction**

319 For the ZI- and SuM-projecting mPFC extinction neurons sparse labeling in mPFC, 100 nl AAV-EF1a-fDIO-
320 Ypet-P2A-mGFP (diluted to $\sim 1 \times 10^9$ viral genomes per ml) was injected into the mPFC of FosTRAP2 mice.
321 At the same time, 200 nL Retro-AAV-DIO-Flp (5×10^{12} viral genomes per ml) was injected into the ZI or SuM.
322 Before the third extinction session, 4-OHT was administered, thereby labeling ZI- or SuM-projecting mPFC
323 extinction neurons. Three weeks after the 4-OHT injection, the mice were killed and the brain tissues were
324 processed for imaging. Brains were sectioned coronally at 300 μ m thickness using a vibratome (VT1000S,
325 Leica). Fluorescently labeled neurons were imaged using a confocal microscope (FV3000, Olympus). For three-
326 dimensional reconstruction, z-stack images were acquired.

327

328 **CRISPR/Cas9-mediated gene knockout**

329 The CRISPR-associated endonuclease Cas9 from *Streptococcus pyogenes* (SpCas9) was employed to induce
330 indels in the *Sirt1* (NC_93759). Corresponding single guide RNAs (sgRNAs) for *Sirt1* gene were designed and
331 produced using the GRCm38 (*Mus musculus*) reference genome by Taitool Bioscience. Ten candidate sgRNAs
332 were selected for *Sirt1* gene according to computed specificity and efficiency scores (CHOPCHOP). These
333 sgRNAs were cloned into a 2-in-1 reporter vector (CRPT001, Taitool), which co-expresses a single sgRNA and
334 a cut-activated EGFP reporter. The sgRNA target sequence was positioned ahead of the EGFP ORF within the
335 vector. The reporter vectors were co-transfected with a Cas9-expressing plasmid into 293T cells. Functional
336 Cas9/sgRNA complexes cut the target on the reporter vector and restored EGFP expression. The top three

337 sgRNAs were selected and cloned into an adeno-associated virus (AAV) vector tandemly. Three sgRNAs,
338 together with their respective promoters and scaffold sequences, were tandemly cloned into an AAV vector.
339 The chosen sgRNAs were as follows: 5'-CGGACGAGCCGCTCCGCAAG-3', 5'-
340 TGGCCGGGGACGGAGACAAT-3', and 5'-CCATGGCGGCCGCGCGGAA-3' for the *Sirt1* gene targeting
341 exon 1 of the forward strand, exon 1 of the forward strand, and exon 1 of the reverse strand of the *Sirt1* coding
342 region, respectively. A non-targeting negative control guide was designed with a scrambled sequence with no
343 known targets in the genome (5'-GTATTACTGATATTGGTGGG-3'). sgRNAs for *Sirt1* was cloned into the
344 pAAV2-(H1-sgRNA.sp(MCS))x3-CAG-DIO-mCherry-WPRE-pA vector (AC610-C, Taitool). These plasmids
345 were co-transfected into HEK293 cells with AAV9 Cap and Rep plasmids and adenovirus helper plasmid to
346 produce recombinant AAV vectors. Purified AAV vectors were subsequently delivered in vivo via stereotaxic
347 injection.

348

349 **In situ hybridization**

350 Fluorescent in situ hybridization was conducted using the ACDBio V2 RNAScope kit (Advanced Cell
351 Diagnostics). The following products were employed: RNAScope Multiplex Fluorescent Detection Reagent V2,
352 Pretreatment Reagents, RNAScope Wash Buffer Reagents, probes for Slc17a7 (416631-C2), Slc32a1 (319191-
353 C3), Slc17a6 (319171-C2), Pvalb (421931-C1) and Sst (404631-C2), along with the PerkinElmer TSA Plus
354 Fluorescence Palette Kit. Mice were deeply anesthetized and transcardially perfused with 1 × PBS before being
355 fixed in 4% paraformaldehyde for 24 hours at 4 °C. The brains were then transferred to 30% sucrose dissolved
356 in PBS until they sank to the bottom of the container. After dehydration, brain tissue was embedded in optimal
357 cutting temperature compound (OCT) and frozen at -80 °C. Coronal brain slices were sectioned at a thickness
358 of 16-μm using a cryostat (Leica CM 1950). Slides were baked for 1 hour at 60 °C. Subsequently, 5–8 drops of
359 Hydrogen Peroxide were added to cover the entire section, followed by an incubation for 10 min at room

360 temperature. The slides were then washed three times in distilled water. The tissues were brought to Target
361 Retrieval Reagent and maintained for 5 min at 99 °C. Following this, the slides were washed three times in
362 distilled water. They were then transferred to 100% alcohol for 3 min. Approximately 5 drops of Protease III
363 were added to each section, and the samples were incubated for 30 min at 40 °C. Excess liquid was removed
364 from the slides, and corresponding probes were added to entirely cover each slide at 40 °C for two hours. To
365 amplify the signals, tissues were sequentially immersed in AMP1, AMP2, and AMP3 at 40 °C. AMP1 and
366 AMP2 were incubated for 30 min each, while AMP3 was incubated for 15 min. After each incubation, the
367 appropriate HRP channel was chosen, and 4–6 drops of HRP-C1 or HRP-C2 or HRP-C3 were added to entirely
368 cover each slide at 40 °C for 15 min, followed by incubation with HRP blocker for 15 min at 40 °C. For a
369 specific HRP channel, corresponding diluted Opal™ Dye was added to each slide and incubated for 30 min at
370 40 °C. Between all steps, slides were washed twice in 1× RNAscope wash buffer for 2 min. Subsequently, the
371 slides were incubated in ACDBio DAPI for 10 min, washed, dried for 20 min, cover-slipped with mounting
372 media, and left to dry overnight before imaging. Confocal images of RNAscope-labeled slices were acquired
373 using a SLIDEVIEW microscope (VS200, Olympus).

374

375 **Histology and fluorescent immunostaining**

376 Animals were deeply anesthetized with 1% sodium pentobarbital and were transcardially perfused with 1 × PBS,
377 followed by 4% paraformaldehyde in 1 × PBS. Brains were extracted and post-fixed overnight at 4°C in 4%
378 paraformaldehyde and 30-µm coronal sections were collected using a vibratome (VT1000S, Leica). After a 15-
379 min incubation in 4,6-Diamidino-2-phenylindole dihydrochloride hydrate (DAPI) solution (1: 2000), sections
380 were washed three times (15 min each time) in PBS with 0.1% Tween-20. Slides were mounted in the dark with
381 glass coverslips using mounting media. All fluorescent images were collected by taking serial z-stack images
382 through 10 × or 20 × objectives of a confocal microscope (FV3000, Olympus).

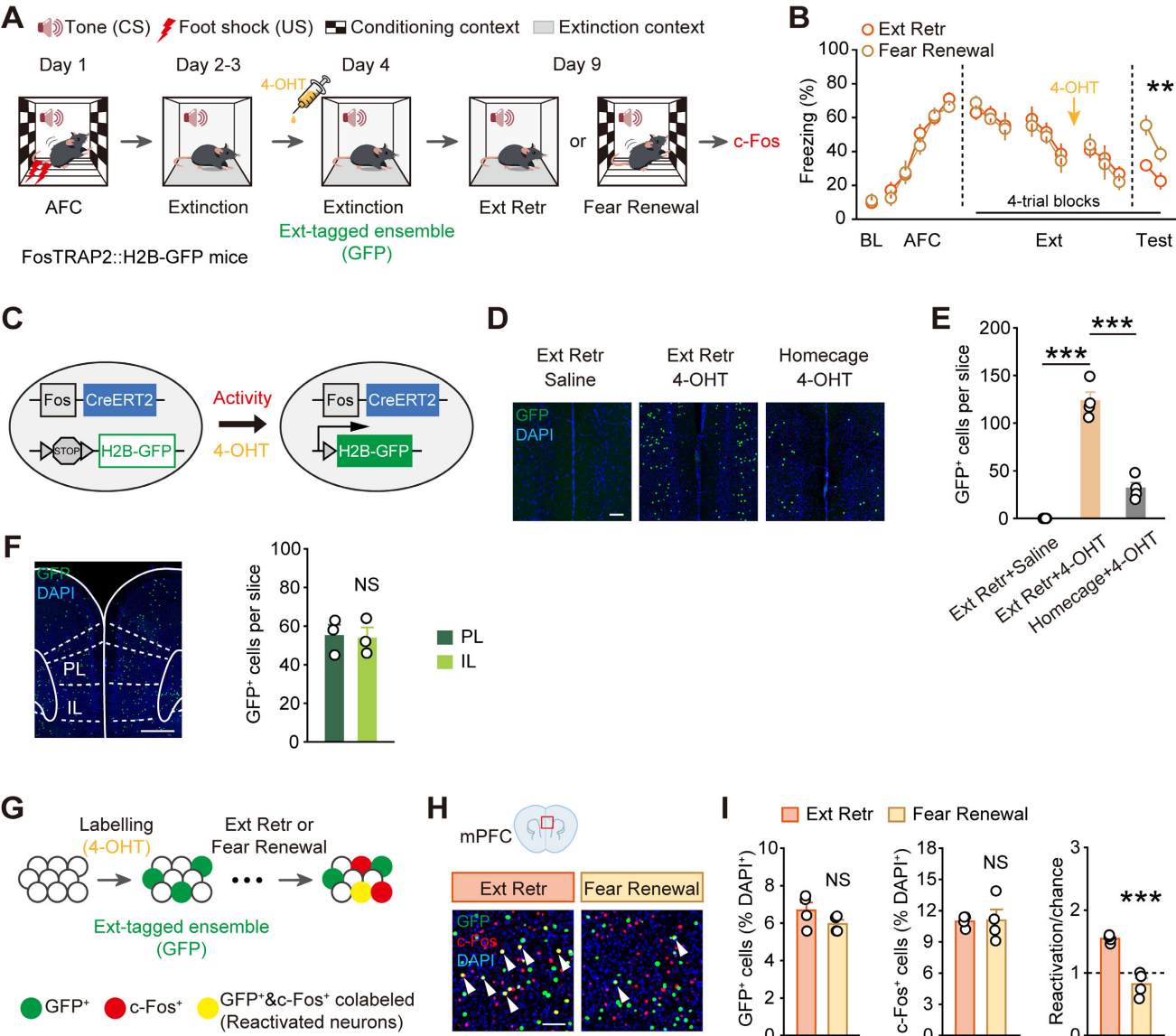
383 For the c-Fos staining, brain slices were washed with $1 \times$ PBS and were then blocked with 10% normal
384 donkey serum in $1 \times$ PBS with 0.3% Triton X-100 (PBST) for 1 h, after which they were incubated overnight
385 at 4°C with rabbit anti-c-Fos (1:500, Cell Signaling Technology, catalog no. 2250S). Sections were then washed
386 with PBS with 0.1% Tween-20, incubated in 2% normal donkey serum for 10 min, and then incubated for 2 h
387 with Alexa Fluor 568 donkey anti-rabbit IgG (ThermoFisher Scientific, USA; catalog no. A10042). Sections
388 were washed in $1 \times$ PBS with 0.1% Tween-20, mounted onto slides, and cover slipped with ProLong Gold
389 Antifade Mountant (Invitrogen). Quantification was performed by counting the number of c-Fos-positive cells.
390 All counts were performed blind with respect to treatment groups.

391 For labeling SST, PV, TH, glutamate, SIRT1, or FLAG, mice were perfused under deep anesthesia with
392 PBS followed by 4% PFA. The brains were post-fixed in PFA for 2 h and stored in a 30% sucrose solution for
393 1–2 days at 4 °C. Brain sections (40 μ m) were prepared with a cryostat (CM1900, Leica). Slices were incubated
394 in the blocking solution with goat anti-somatostatin (SST) (1:500, Santa Cruz, catalog no. sc-7819), mouse anti-
395 parvalbumin (PV) (1:500, Sigma, catalog no. MAB1572), mouse anti-tyrosine hydroxylase (TH) (1:500, Sigma,
396 catalog no. MAB318), rabbit anti-glutamate (1:500, Sigma, catalog no. G6642), rabbit anti-SIRT1 (1:1000,
397 Sigma, catalog no. 07-131) or mouse anti-FLAG (1:1000, Sigma, catalog no. F1804) at 4 °C overnight and then
398 with the secondary antibody (Alexa Fluor 488 donkey anti-goat IgG, Alexa Fluor 647 donkey anti-goat IgG,
399 Alexa Fluor 647 donkey anti-mouse IgG, Alexa Fluor 488 donkey anti-rabbit IgG, Alexa Fluor 568 donkey anti-
400 rabbit IgG, Alexa Fluor 647 donkey anti-rabbit IgG) or Alexa Fluor 488 donkey anti-mouse IgG (all 1:400,
401 Thermo Fisher Scientific) for 2 h. Slices were washed in $1 \times$ PBS with 0.1% Tween-20, mounted onto slides,
402 and covered with coverslips with ProLong Gold Antifade Mountant (Invitrogen).

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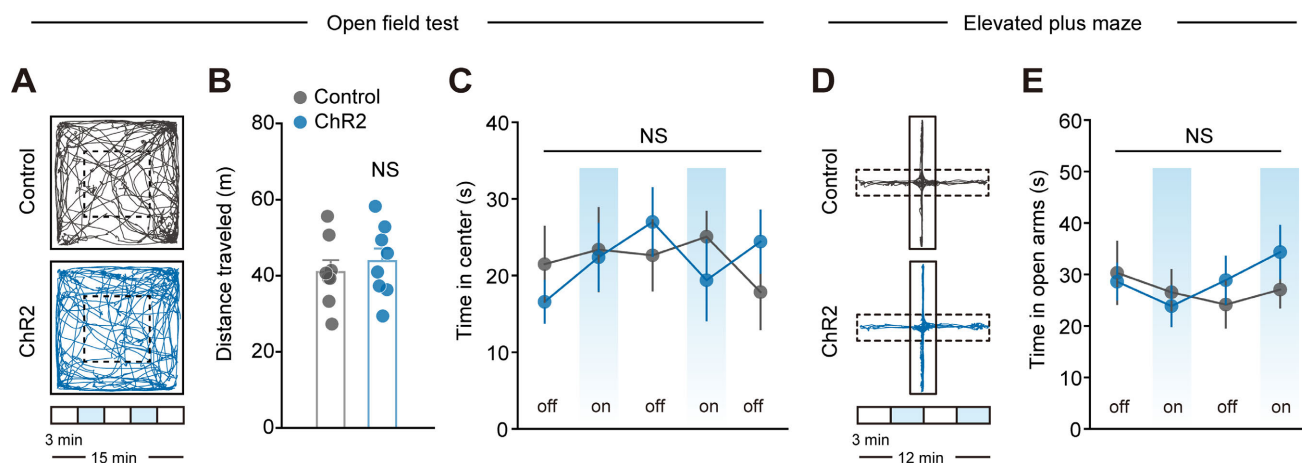
Supplemental Figures and Legends



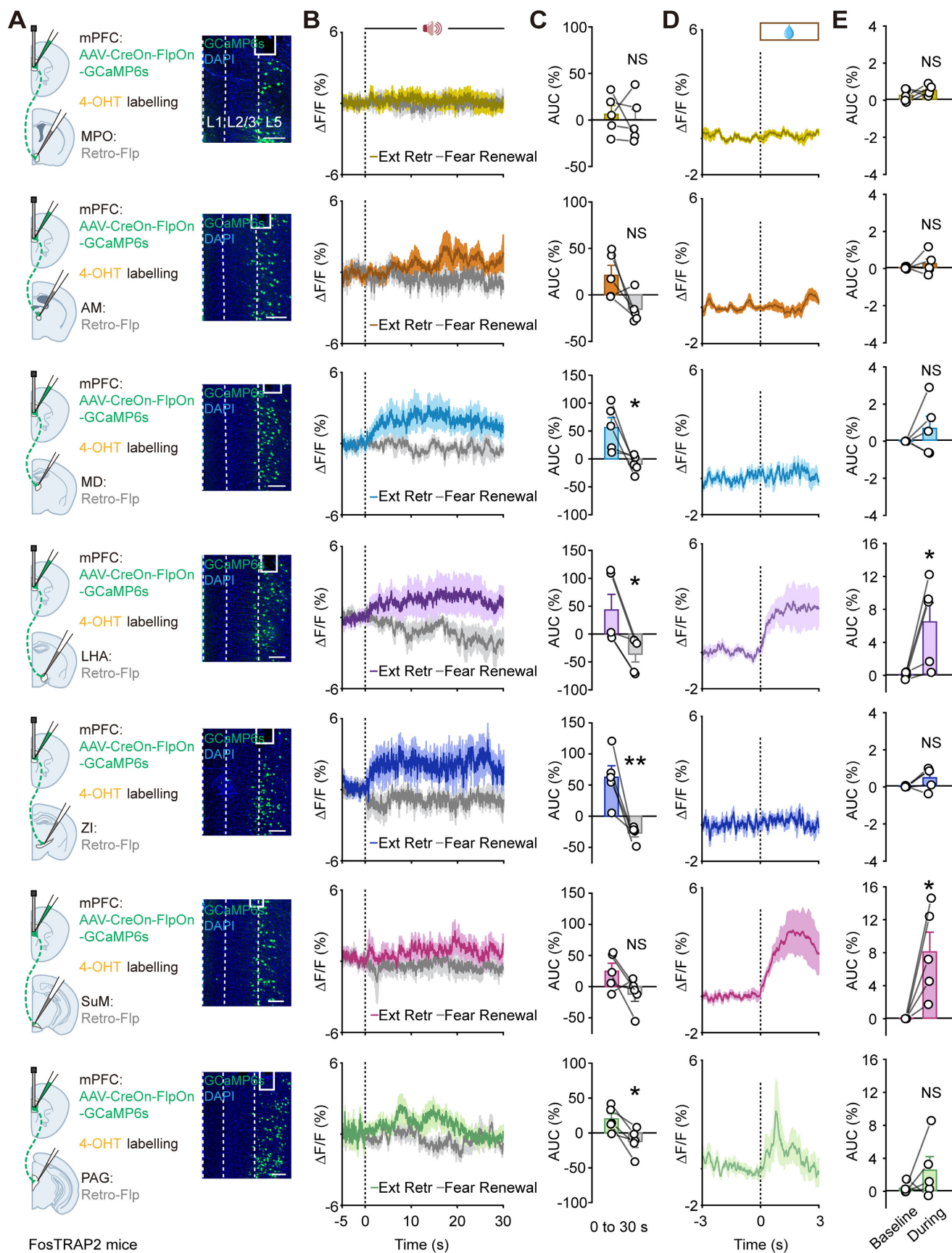
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408 **Supplemental Figure 1. Genetic capture and tagging of extinction ensembles in mPFC.** (A) Schematics of
409 the behavioral procedure. (B) Freezing responses to the context only (baseline, BL) or CS. Freezing response
410 during AFC was calculated by percent freezing time to CS in individual trials; those during extinction training
411 and memory test were calculated by the average freezing responses of four consecutive trials. Statistics are as
412 follows: main effect of behavior, conditioning, $F_{1,12} = 0.3855$, $P = 0.5463$; extinction learning, $F_{1,12} = 0.3311$, P
413 $= 0.5756$; memory test, $F_{1,12} = 15.00$, $P = 0.0022$. $n = 7$ mice per group. (C) Principles of TRAP labeling. The
414 TRAP system uses the *Fos* gene locus to drive the expression of tamoxifen-inducible CreERT2, which enables
415 recombination of a transgenically expressed Cre-dependent effector. In the presence of 4-OHT, CreERT2
416 recombination can occur in active neurons. (D) Representative images of EGFP expression. Scale bar, 200 μ m.
417 (E) Quantification of EGFP⁺ cells. $n = 4$ mice per group. (F) Representative image of GFP expression and
418 quantification of GFP⁺ cells. Scale bar, 500 μ m. $n = 3$ mice per group. (G) Genetic design to investigate
419 extinction-tagged neurons and activated neurons during extinction retrieval and fear renewal. (H)
420 Representative images of GFP⁺ and c-Fos⁺ immunofluorescence in mPFC. The white arrowheads denote
421 colabeled GFP⁺/c-Fos⁺ neurons. Scale bar, 100 μ m. (I) Quantitative statistics of TRAPed neurons, c-Fos⁺

422 neurons, and reactivated neurons. The dashed line referred to the value as 1. n = 4 mice per group. Data are
423 mean $\pm$ SEM. NS, no significant difference, $**P < 0.01$, $***P < 0.001$. Two-way repeated measures ANOVA
424 (**B**), one-way ANOVA with Tukey's multiple-comparison test (**E**), and unpaired Student's *t* test (**F** and **I**).
425

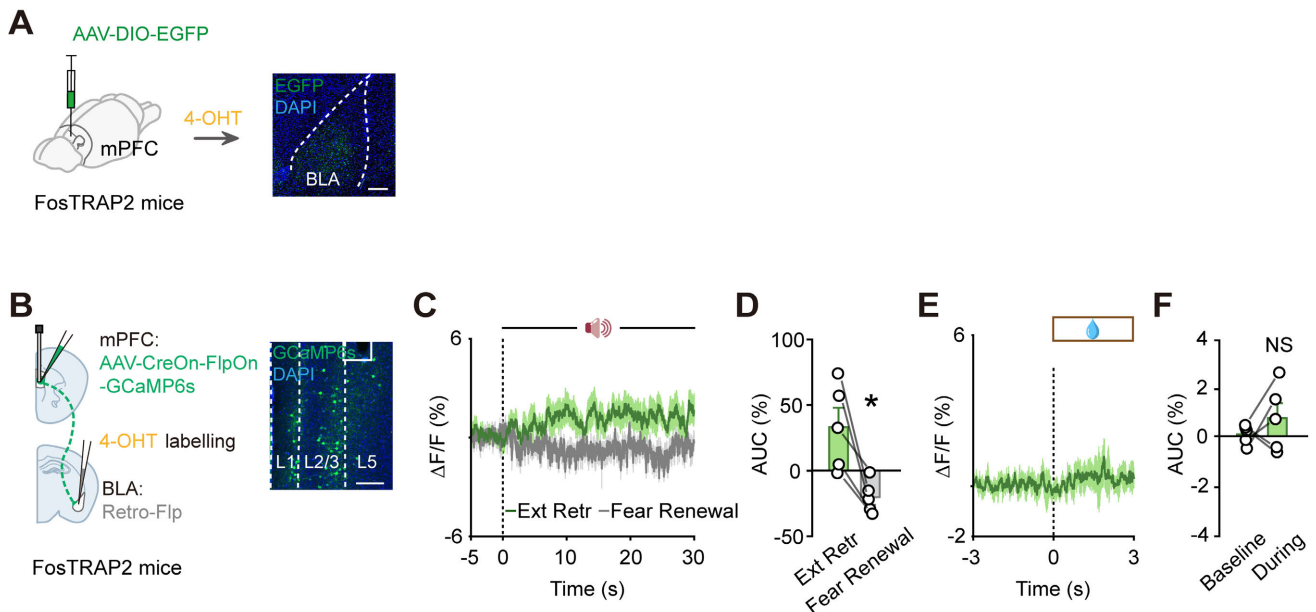


Supplemental Figure 2. Stimulation of extinction ensembles has no effect on locomotor activity. (A-C) The locomotor activity (A), total distances traveled (B), and total time in the center in a 3-min laser-off and laser-on period (C) for Control group and ChR2 group. $n = 8$ mice per group. (D and E) The locomotor activity (D) and time in open arms in a 3-min laser-off and laser-on period (E) for Control group and ChR2 group. $n = 8$ mice per group. Data are mean $\pm$ SEM. NS, no significant difference. Unpaired Student's t test (B) and repeated measures two-way ANOVA with Sidak's multiple-comparisons test in (C and E).

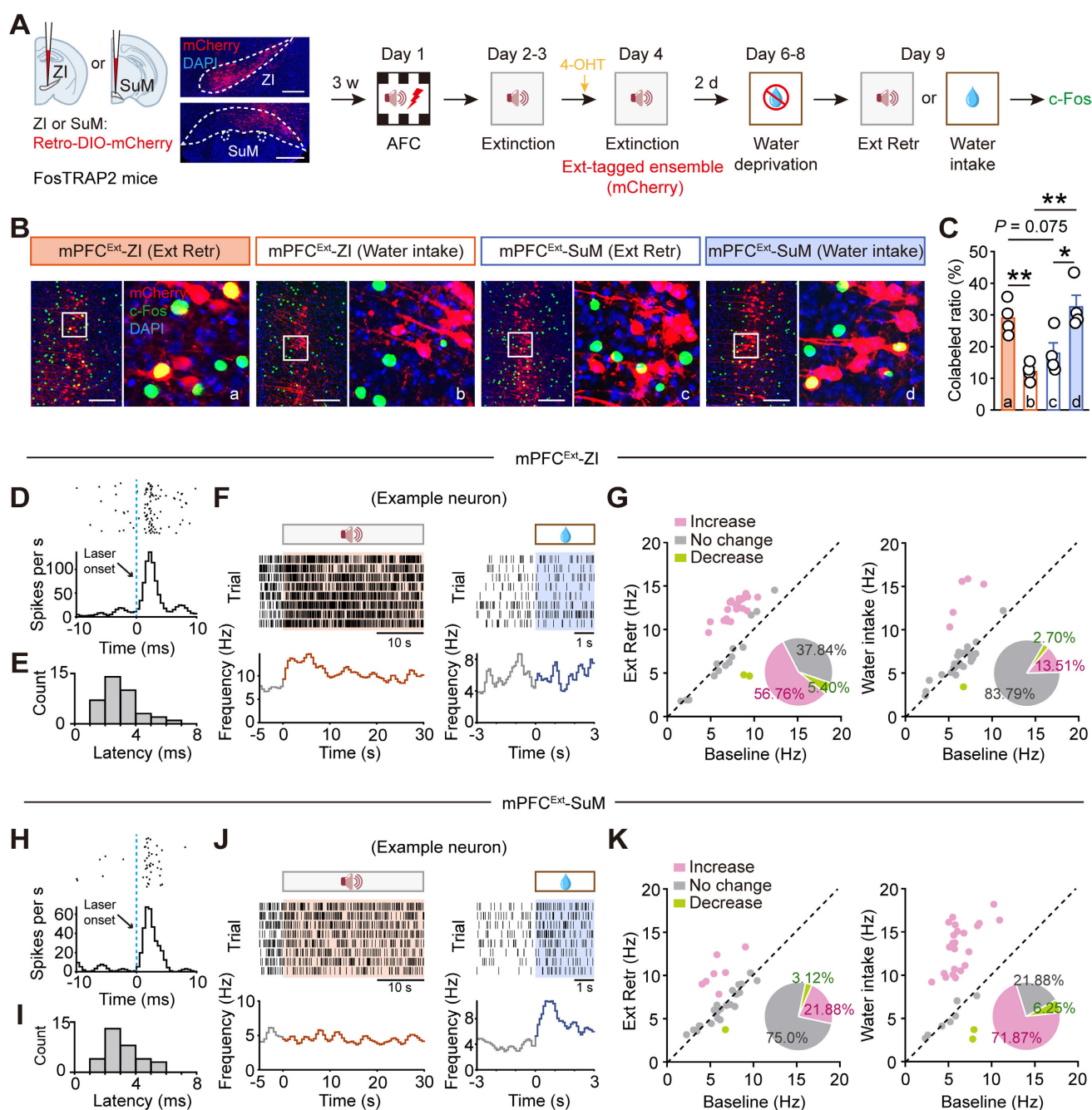


Supplemental Figure 3. Calcium signal of different downstream-projecting mPFC extinction ensembles during memory test and water intake. (A) Schematics of experimental design and representative images of

439 GCaMP6s expression in mPFC. Scale bars, 200 μ m. (**B-E**) Average GCaMP signals and area under the curve
440 (AUC) of neuronal calcium responses during extinction retrieval and fear renewal (**B** and **C**) and water intake
441 (**D** and **E**). $n = 5$ mice per group. Data are mean $\pm$ SEM. NS, no significant difference, $*P < 0.05$, $**P < 0.01$.
442 Paired Student's t test (**C** and **E**).
443

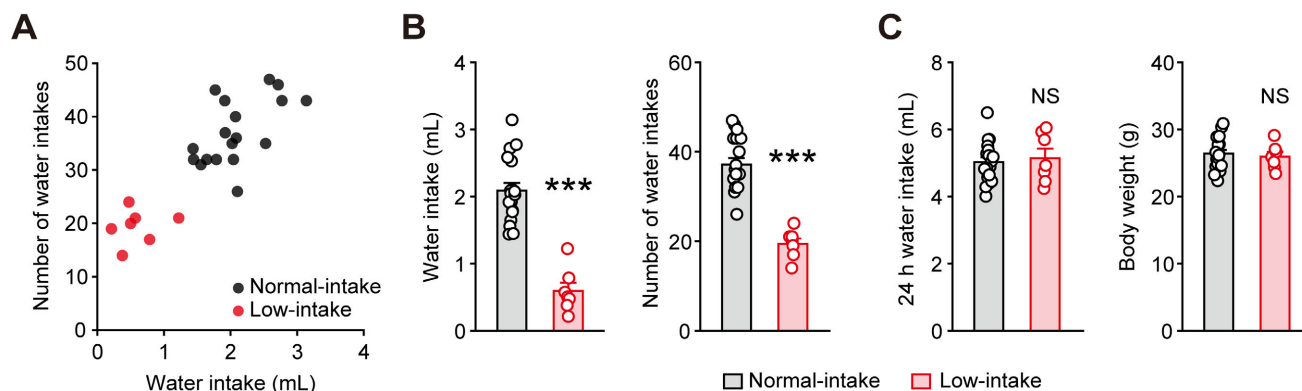


Supplemental Figure 4. Calcium signal of BLA-projecting mPFC extinction ensembles during memory test and water intake. (A) Projection targets of mPFC extinction ensembles in BLA. Scale bar, 200 μ m. BLA, basolateral amygdala. (B) Schematics of experimental design and representative image of GCaMP6s expression in mPFC. Scale bar, 200 μ m. (C-F) Average GCaMP signals and AUC of neuronal calcium responses during extinction retrieval and fear renewal (C and D) and water intake (E and F). $n = 5$ mice per group. Data are mean $\pm$ SEM. NS, no significant difference, $*P < 0.05$. Paired Student's t test (D and F).

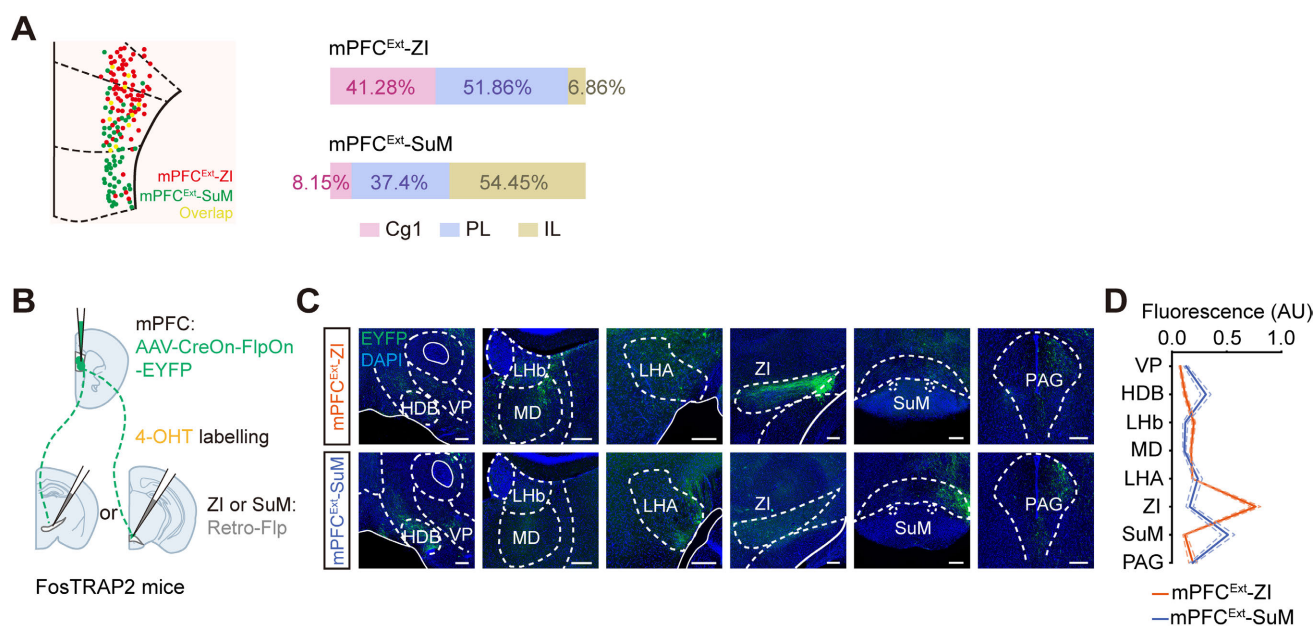


Supplemental Figure 5. Different ZI- or SuM-projecting mPFC extinction ensembles are involved in extinction retrieval and positive affective experience. (A) Schematics of experimental design. Representative images showing mCherry expression in ZI or SuM, scale bars, 500 μ m. (B) Representative images of mCherry⁺ (red) and c-Fos⁺ (green) immunofluorescence in mPFC. Scale bars, 200 μ m. (C) Colabeled ratio of mCherry⁺ and c-Fos⁺ immunofluorescence. n = 4 mice per group. (D and H) Sample of peri-event raster plots and PSTH for light-evoked spike latency of ChR2-tagged ZI-projecting (D) or SuM-projecting (H) mPFC extinction neuron. (E and I) Plot showing short latencies of light-evoked spike for all ChR2-tagged ZI-projecting (E) or SuM-projecting (I) mPFC extinction ensembles. (F and J) Raster plot (top) and PSTH (bottom) for spike responses of an example ChR2-tagged ZI-projecting (F) or SuM-projecting (J) mPFC extinction neuron during Ext Retr (left) and Water intake (right). The orange or blue box marks the duration of stimulation. (G and K) Scatter plots of the firing rates of all ChR2-tagged ZI-projecting (G) or SuM-projecting (K) mPFC extinction ensembles during Ext Retr and Water intake. Pie charts summarize the fractions of the populations. Data are

467 mean $\pm$ SEM. * P < 0.05, ** P < 0.01. One-way ANOVA with Tukey's multiple-comparison test (C).
468

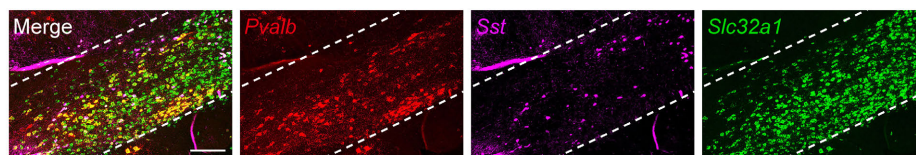


Supplemental Figure 6. Baseline parameters of normal-intake mice and low-intake mice. (A) Unsupervised *K*-means clustering of water consumption behavior reveals two distinct subgroups of mice. Normal-intake group, *n* = 18 mice; Low-intake group, *n* = 7 mice. (B) Plots showing water intake and numbers of water intake between normal-intake mice and low-intake mice. (C) The baseline level of 24-hour water intake and body weight of normal-intake mice and low-intake mice. Data are mean $\pm$ SEM. NS, no significant difference, ****P* < 0.001. Unpaired Student's *t* test (B and C).



Supplemental Figure 7. Distribution of ZI- or SuM-projecting mPFC extinction ensembles and downstream fluorescence of mPFC projector. (A) Distribution of ZI- or SuM-projecting mPFC extinction ensembles in subregions of mPFC. Cg1, cingulate cortex, area 1; PL, prelimbic cortex; IL, infralimbic cortex. (B) Schematics of experimental design. (C) Representative images of downstream fluorescence of ZI- or SuM-projecting mPFC extinction ensembles. Scale bars, 200 μ m. (D) Quantification of fluorescence in the downstream brain regions originating from mPFC^{Ext}-ZI or mPFC^{Ext}-SuM neurons. Data are mean $\pm$ SEM.

A

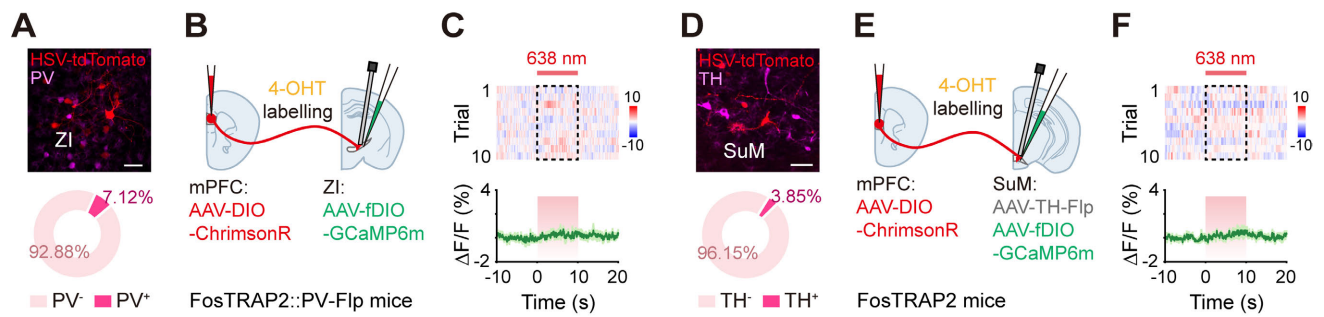


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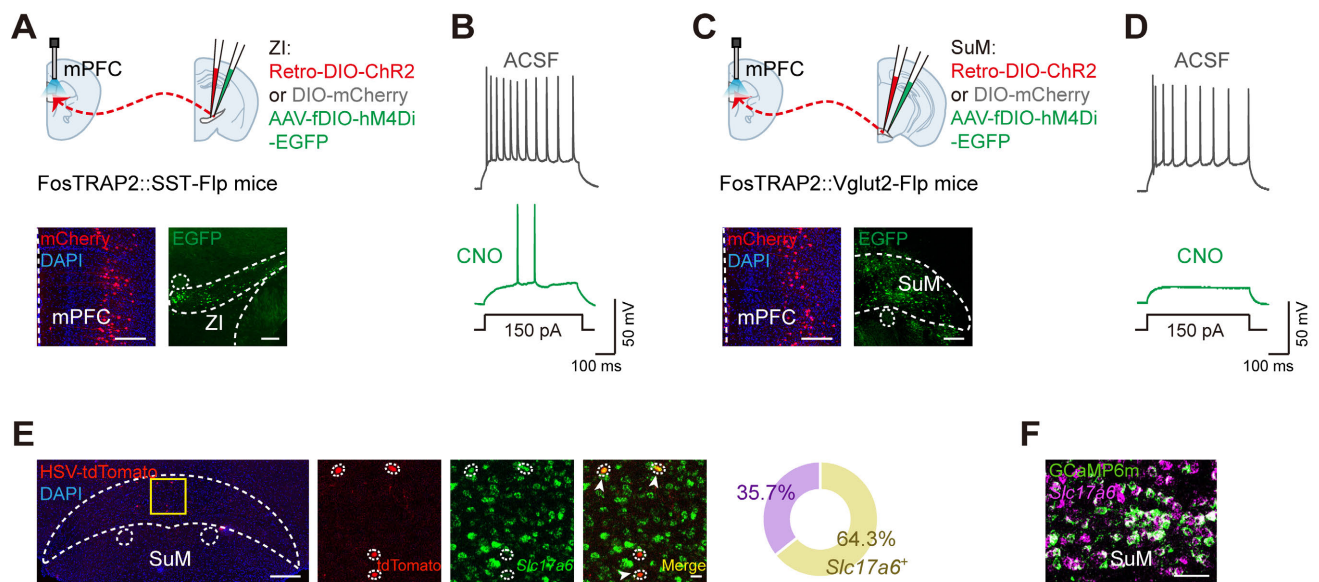
Slc32a1⁺ neuron



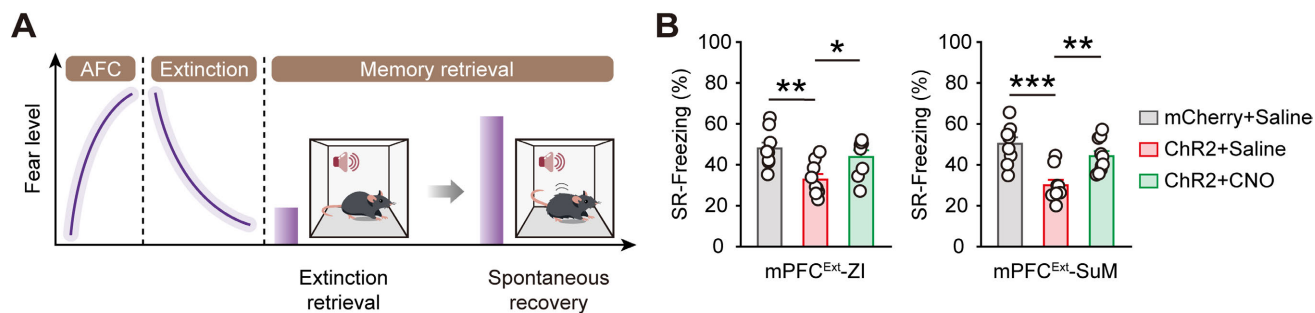
Supplemental Figure 8. Expression of *Pvalb* and *Sst* in *Slc32a1*⁺ GABAergic neurons. (A) Triple-color RNAscope in ZI showing *Pvalb* mRNA (red), *Sst* mRNA (purple), and *Slc32a1* (vesicular GABA transporter, vGAT; green). Scale bar, 200 μ m. (B) Quantification of proportions of *Slc32a1*⁺ neurons co-expressing *Pvalb* and *Sst*.



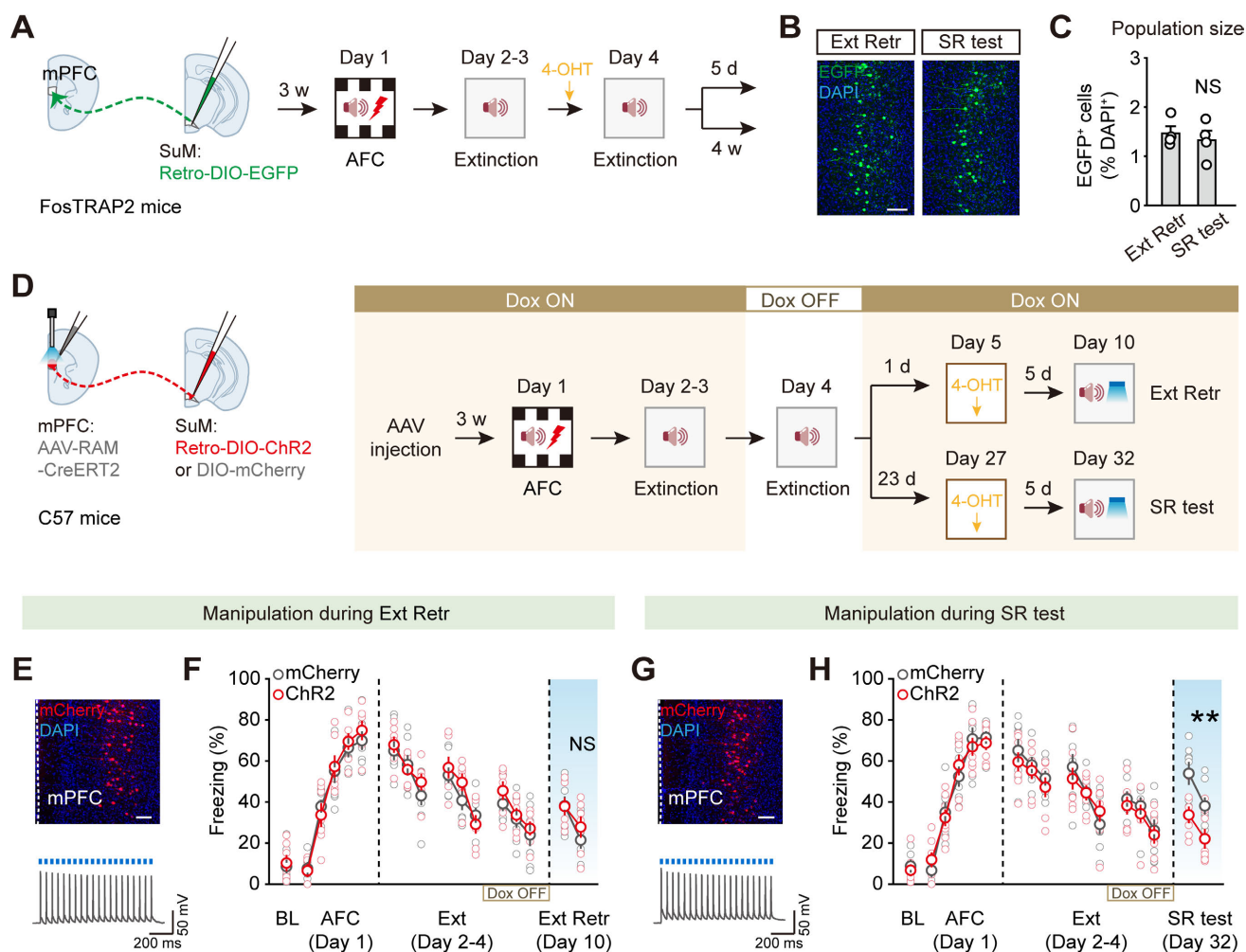
Supplemental Figure 9. Validation of neuronal types. (A and D) Representative images and colocalization quantification of HSV-tdTomato and PV immunofluorescence in ZI (A) or HSV-tdTomato and TH immunofluorescence in SuM (D). Scale bars, 50 μ m. (B and E) Schematic of viral injection for fiber photometry. (C and F) Representative heatmaps and averaged fluorescence in response to optogenetic stimulation in ZI PV neurons (C) or SuM dopaminergic neurons (F). Data are mean $\pm$ SEM.



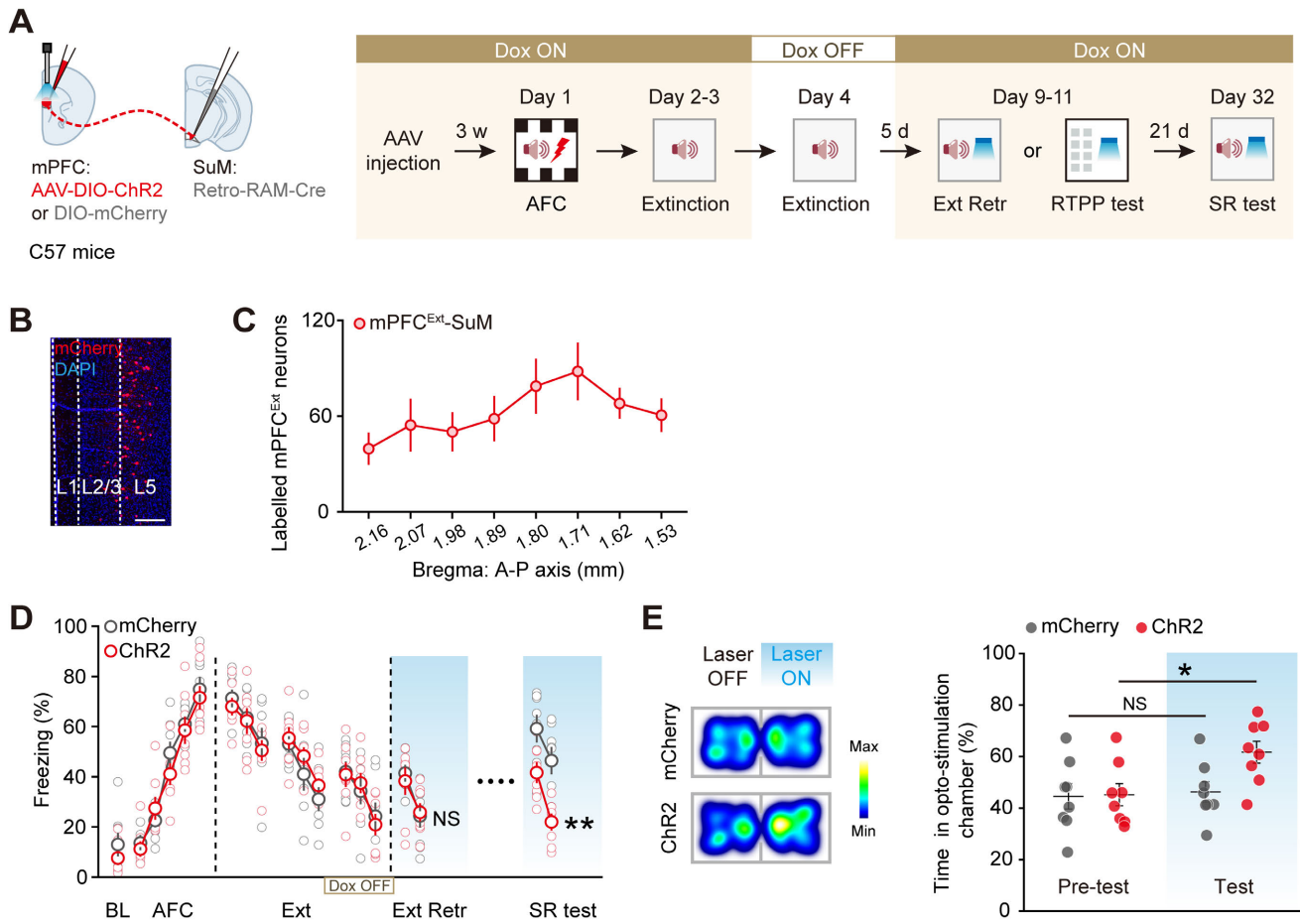
Supplemental Figure 10. Functional validation and histological verification. (A and C) Schematics of experimental design and representative images of mCherry and EGFP expression. Scale bars, 200 μ m. (B and D) Functional validation for chemogenetic inhibition of ZI^{SST} neurons or SuM^{Glu} neurons. (E) HSV-tdTomato expression and RNAscope in SuM showing *Slc17a6* (vesicular glutamate transporter 2, VGLUT2). Scale bars, 200 μ m (low-magnification) and 20 μ m (high-magnification). Quantification of colocalization of HSV-tdTomato and *Slc17a6*. (F) Representative images of GCaMP6m expression and *Slc17a6* in SuM. Scale bar, 50 μ m.



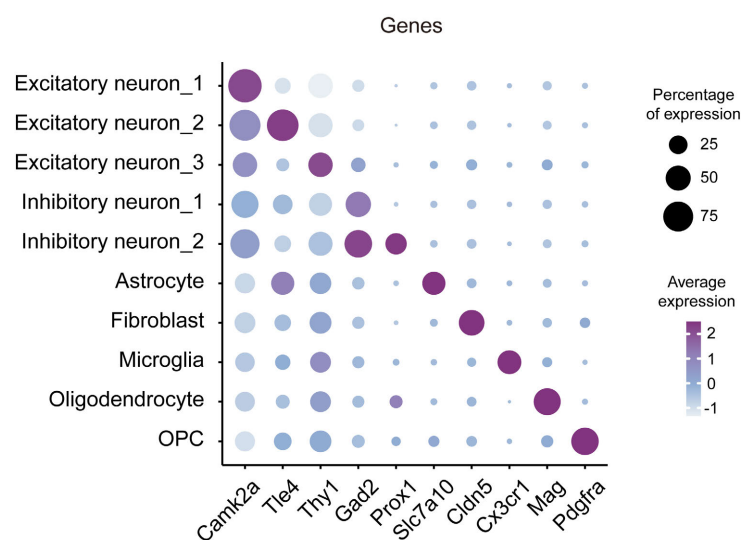
Supplemental Figure 11. Manipulation of mPFC^{Ext}-ZI^{SST} or mPFC^{Ext}-SuM^{Glu} pathways on spontaneous recovery. (A) Schematics of spontaneous recovery. Compared to the extinction retrieval, the extinguished fear levels relapsed after a relatively long-term period following fear extinction. (B) Effects of manipulating mPFC^{Ext}-ZI^{SST} or mPFC^{Ext}-SuM^{Glu} pathways on SR test. mPFC^{Ext}-ZI^{SST}: mCherry+Saline group, n = 9 mice; ChR2+Saline group, n = 9 mice; ChR2+CNO group = 8 mice. mPFC^{Ext}-SuM^{Glu}: mCherry+Saline group, n = 9 mice; ChR2+Saline group, n = 9 mice; ChR2+CNO group = 10 mice. The data shown in this panel were obtained from the same experiments illustrated in Figure 5J and Figure 6J. Laser stimulation was delivered during the spontaneous recovery test. Data are mean ± SEM. **P* < 0.05, ***P* < 0.01, ****P* < 0.001. one-way ANOVA with Bonferroni's multiple-comparison test (B)



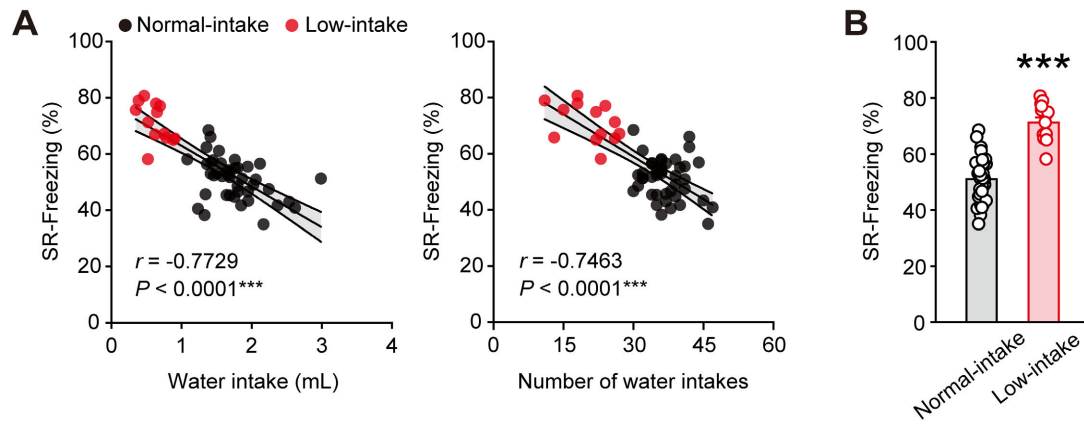
Supplemental Figure 12. Neuronal labeling and manipulation during extinction retrieval and spontaneous recovery. (A) Schematics of AAV injections and schematics of experimental design. (B) Representative image of virus expression. Scale bar, 100 μ m. (C) The Ext Retr group and SR group displayed similar percentages of tagged neurons. $n = 4$ mice per group. (D) Schematics of experimental design. AAVs expressing Dox-dependent CreERT2 and Cre-dependent ChR2 or mCherry were microinjected in mPFC and SuM. The mice were kept on Dox for the duration of the experiment except for extinction training on Day 4 to tag the neurons with CreERT2. Five days before memory retrieval, mice were injected with 4-OHT to induce ChR2 expression in activated neurons. (E and G) Representative images of mCherry expression in mPFC and functional validation for optogenetic activation of mPFC neurons. Scale bars, 100 μ m. (F) Effects of stimulating SuM-projecting mPFC^{Ext} neurons on extinction retrieval. Time courses of freezing responses to the CS. Statistics are as follows: main effect of AAV, conditioning, $F_{1,13} = 0.1118$, $P = 0.7434$; extinction training, $F_{1,13} = 0.8769$, $P = 0.3661$; extinction retrieval, $F_{1,13} = 0.5196$, $P = 0.4838$. mCherry group, $n = 8$ mice, ChR2 group, $n = 7$ mice. (H) Effects of stimulating SuM-projecting mPFC^{Ext} neurons on spontaneous recovery. Time courses of freezing responses to the CS. Statistics are as follows: main effect of AAV, conditioning, $F_{1,14} = 0.01289$, $P = 0.9112$; extinction training, $F_{1,14} = 0.9283$, $P = 0.3516$; spontaneous recovery, $F_{1,14} = 11.82$, $P = 0.0040$. $n = 8$ mice per group. Data are mean $\pm$ SEM. NS, no significant difference, $**P < 0.01$. Unpaired Student's t test (C) and two-way repeated measures ANOVA (F and H).



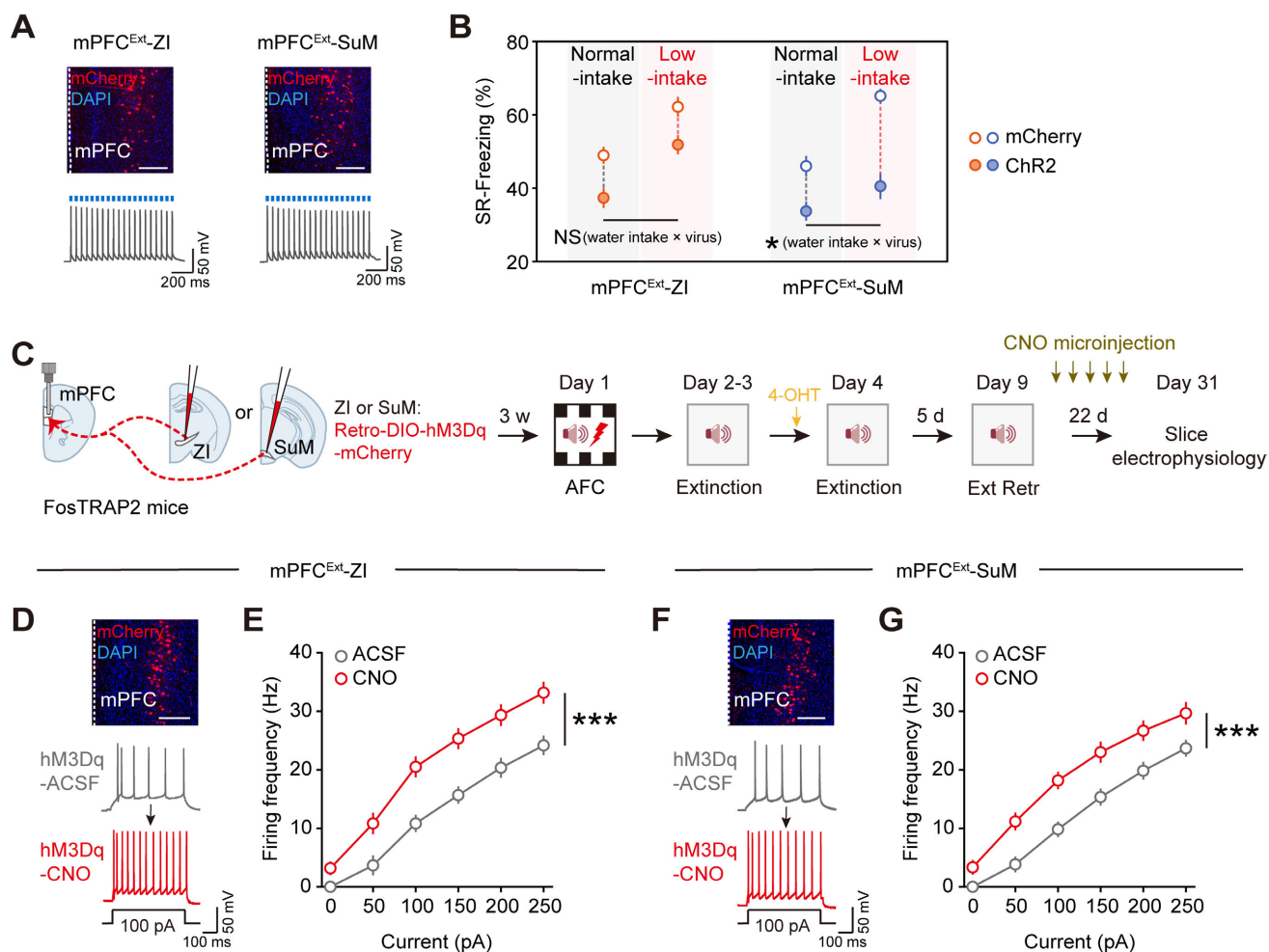
Supplemental Figure 13. Verification of the RAM system. (A) Schematics of AAV injections and schematics of experimental design. (B) Representative image of mCherry expression. Scale bar, 500 μ m. (C) Number and distribution of SuM-projecting mPFC extinction ensembles marked by the RAM system. (D) Effects of activating mPFC^{Ext}-SuM projectors on extinction retrieval and spontaneous recovery. Statistics are as follows: conditioning, $F_{1,14} = 0.3242$, $P = 0.5781$; extinction training, $F_{1,14} = 0.04520$, $P = 0.8347$; extinction retrieval, $F_{1,14} = 0.03128$, $P = 0.8621$; spontaneous recovery, $F_{1,14} = 13.17$, $P = 0.0027$; $n = 8$ mice per group. (E) Effects of activating mPFC^{Ext}-SuM projectors on real-time place preference. Heatmaps of the locomotor activity and the percentage of time in opto-stimulation chamber. $n = 8$ mice per group. Data are mean $\pm$ SEM. NS, no significant difference, $*P < 0.05$, $**P < 0.01$. Two-way repeated measures ANOVA (D) and paired Student's t -test (E).



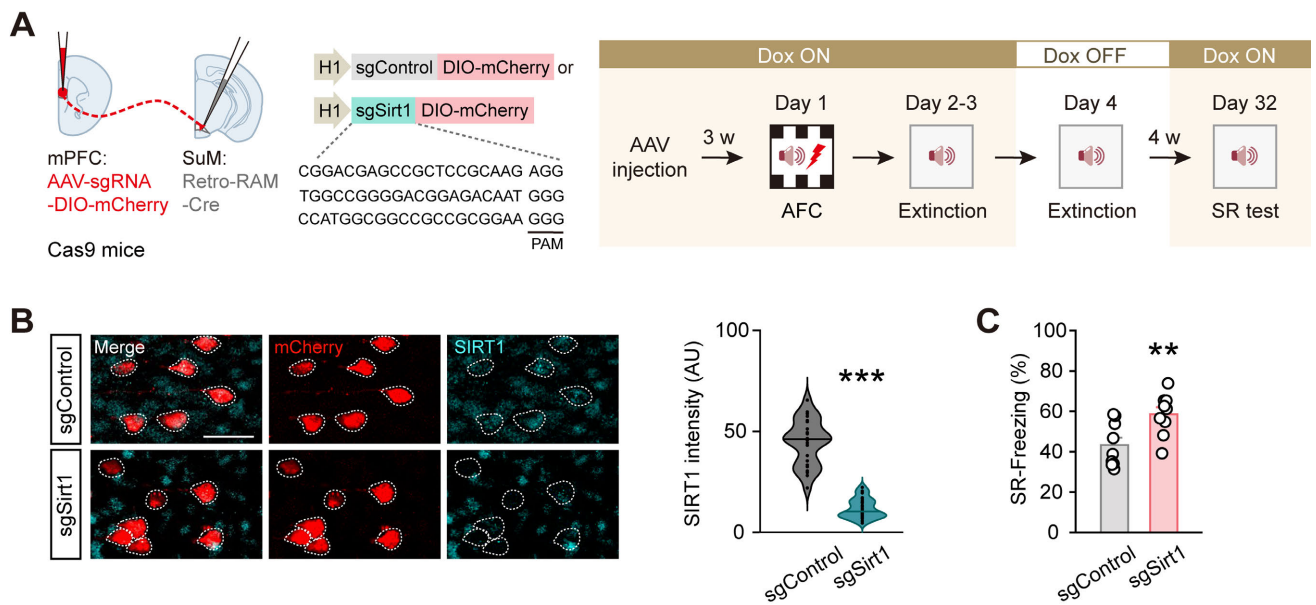
Supplemental Figure 14. Quality control and validation of snRNA-seq. Dot plot showing the expression patterns of marker genes across 10 cell types.



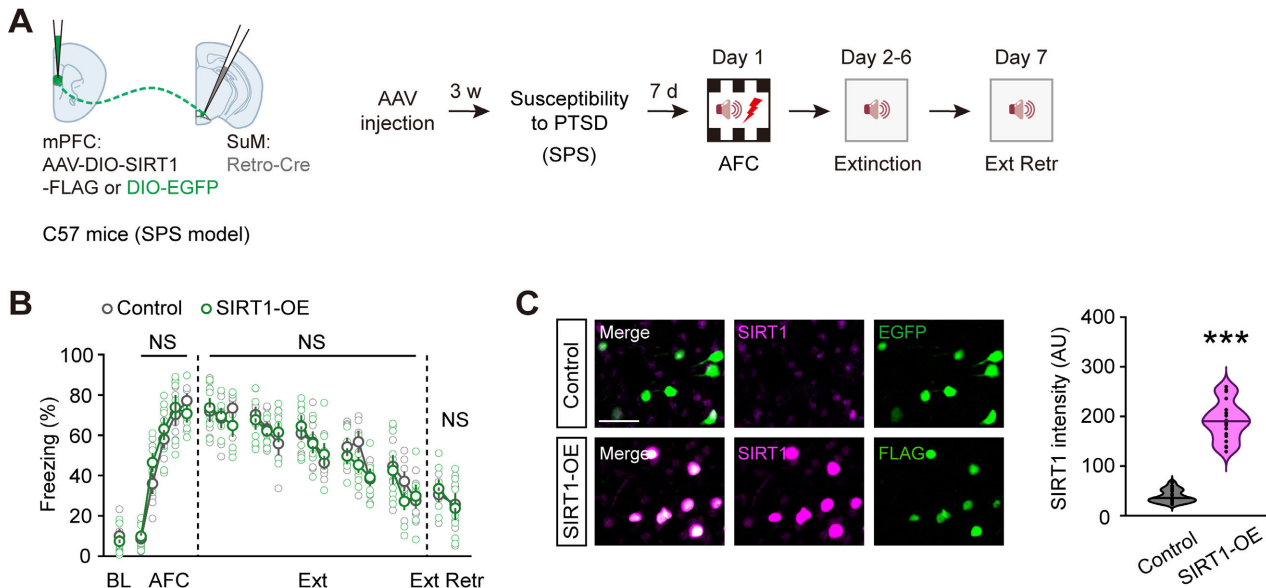
Supplemental Figure 15. Low-intake mice display increased freezing during spontaneous recovery. (A) Plots showing the correlation of water intake and freezing level during spontaneous recovery (SR). Circles represent individual mice, solid lines denote the linear regressions, and shaded regions show the 95% confidence intervals. **(B)** Plots showing SR freezing level between normal-intake mice and low-intake mice. Data are mean $\pm$ SEM. *** $P < 0.001$. Linear regression **(A)** and unpaired Student's t test **(B)**.



Supplemental Figure 16. Functional validation for optogenetic and chemogenetic activation of mPFC neurons. (A) Representative images of mCherry expression in mPFC and functional validation for optogenetic activation of mPFC neurons. Scale bars, 200 μ m. (B) Effects of activating mPFC^{Ext}-ZI or mPFC^{Ext}-SuM projectors on SR test in normal-intake mice and low-intake mice. Statistics are as follows: mPFC^{Ext}-ZI: water intake $\times$ virus $F_{1,42} = 0.05855$, $P = 0.8100$. mPFC^{Ext}-SuM: water intake $\times$ virus $F_{1,42} = 4.445$, $P = 0.0410$. (C) Schematics of AAV injections and schematics of experimental design. (D and F) Representative images of mCherry expression in mPFC and functional validation for chemogenetic activation of mPFC neurons. Scale bars, 200 μ m. (E and G) AP frequencies of mPFC tagged neurons. $n = 12$ cells per group. Data are mean $\pm$ SEM. NS, no significant difference, $*P < 0.05$, $***P < 0.001$. Two-way ANOVA (B) and two-way repeated measures ANOVA (E and G).



Supplemental Figure 17. The effect of *Sirt1* knockout on spontaneous recovery in non-stressed mice. (A) Loss-of-function experiment and schematics of AAV bilateral injection. The viral construct used for CRISPR-Cas9-mediated conditional knockout of *Sirt1* in the SuM-projecting mPFC^{Ext} neurons. **(B)** Representative images and quantification of SIRT1 intensity in the SuM-projecting mPFC^{Ext} neurons. Scale bar, 50 μ m. n = 24 sections from 6 mice per group. **(C)** Effects of CRISPR-Cas9-mediated conditional knockout of *Sirt1* in the SuM-projecting mPFC^{Ext} neurons on SR test. sgControl group, n = 9 mice; sgSirt1 group, n = 9 mice. Data are mean $\pm$ SEM. ** P < 0.01, *** P < 0.001. Unpaired Student's t test (**B** and **C**).



Supplemental Figure 18. Effects of SIRT1 overexpression in the SuM-projecting mPFC neurons on fear conditioning, extinction and extinction retrieval. (A) Gain-of-function experiment and schematics of AAV injection. (B) Time courses of freezing responses to the CS. Statistics are as follows: main effect of treatment, conditioning, $F_{1,12} = 1.307$, $P = 0.2752$; extinction training, $F_{1,12} = 0.8565$, $P = 0.3729$; extinction retrieval, $F_{1,12} = 0.007229$, $P = 0.9336$. $n = 7$ mice per group. (C) Representative images and quantification of SIRT1 overexpression efficiency in the SuM-projecting mPFC neurons. Scale bar, 50 μm . $n = 20$ sections from 5 mice per group. Data are mean $\pm$ SEM. NS, no significant difference, *** $P < 0.001$. Two-way repeated measures ANOVA (B) and unpaired Student's t test (C).

Supplemental Table 1. Detailed statistical information

Figure	Sample	Number (Female/Male)	Statistic method	Statistic results
Figure 1C	mCherry, NpHR	n = 7 (0/7), n = 7 (0/7)	Two-way repeated measures ANOVA	$F_{1,12} = 6.502$, $P = 0.0255$
Figure 1D	mCherry, NpHR	n = 7 (0/7), n = 7 (0/7)	Unpaired Student's <i>t</i> test	$t = 3.290$, $df = 12$, $P = 0.0065$
Figure 1E	mCherry, NpHR	n = 7 (0/7), n = 7 (0/7)	Unpaired Student's <i>t</i> test	$t = 4.234$, $df = 12$, $P = 0.0012$
Figure 1F	mCherry, ChR2	n = 8 (0/8), n = 9 (0/9)	Two-way repeated measures ANOVA	$F_{1,15} = 8.857$, $P = 0.0094$
Figure 1G	mCherry, ChR2	n = 8 (0/8), n = 9 (0/9)	Paired Student's <i>t</i> - test; Two-way repeated measures ANOVA	Pre-test vs Test (mCherry): $t = 0.3260$, $df = 7$, $P = 0.7540$; Pre-test vs Test (ChR2): $t = 4.481$, $df = 8$, $P = 0.0021$; Pre- test vs Test: $F_{1,15} = 6.271$, $P = 0.0243$
Figure 3H	mPFC ^{Ext} -ZI, mPFC ^{Ext} - SuM	n = 10 (decoding iteration), n = 10 (decoding iteration)	Unpaired Student's <i>t</i> test	$t = 5.742$, $df = 18$, $P < 0.0001$
Figure 3I	mPFC ^{Ext} -ZI, mPFC ^{Ext} - SuM	n = 10 (decoding iteration), n = 10 (decoding iteration)	Unpaired Student's <i>t</i> test	$t = 18.33$, $df = 18$, $P < 0.0001$
Figure 3J	mPFC ^{Ext} -ZI, mPFC ^{Ext} - SuM	n = 10 (decoding iteration), n = 10 (decoding iteration)	Unpaired Student's <i>t</i> test	$t = 5.622$, $df = 18$, $P < 0.0001$
Figure 3K	mPFC ^{Ext} -ZI, mPFC ^{Ext} - SuM	n = 10 (decoding iteration), n = 10 (decoding iteration)	Unpaired Student's <i>t</i> test	$t = 3.016$, $df = 18$, $P = 0.0074$
Figure 4F	mPFC ^{Ext} -ZI, mPFC ^{Ext} - SuM	n = 11 (neuron), n = 9 (neuron)	Two-way repeated measures ANOVA	$F_{1,18} = 1.032$, $P = 0.3232$
Figure 4G	mPFC ^{Ext} -ZI, mPFC ^{Ext} - SuM	n = 11 (neuron), n = 9 (neuron)	Unpaired Student's <i>t</i> test	$t = 3.376$, $df = 18$, $P = 0.0034$
Figure 4H	mPFC ^{Ext} -ZI, mPFC ^{Ext} - SuM	n = 11 (neuron), n = 9 (neuron)	Unpaired Student's <i>t</i> test	$t = 2.332$, $df = 18$, $P = 0.0315$
Figure 4L	mPFC ^{Ext} -ZI, mPFC ^{Ext} - SuM	n = 5 (0/5), n = 5 (0/5)	Unpaired Student's <i>t</i> test	Ipsilateral: ORB: $t = 4.372$, $df = 8$, $P = 0.0024$; Pir: $t = 2.810$, $df = 8$, $P = 0.028$; CM: $t =$

				6.464, $df = 8$, $P = 0.0002$; BLA: $t = 2.683$, $df = 8$, $P = 0.0278$; Contralateral: Pir: $t = 2.372$, $df = 8$, $P = 0.0451$;
Figure 5G	mCherry, NpHR	$n = 9$ (3/6), $n = 9$ (3/6)	Mixed-degin ANOVA	virus $F_{1,14} = 4.679$, $P = 0.048$; sex $F_{1,14} = 0.003$, $P = 0.96$; virus $\times$ sex $F_{1,14} = 0.277$, $P = 0.607$;
Figure 5H	mCherry, NpHR	$n = 9$ (3/6), $n = 9$ (3/6)	Two-way ANOVA	virus $F_{1,14} = 0.7591$, $P = 0.3983$; sex $F_{1,14} = 0.01289$, $P = 0.9112$; virus $\times$ sex $F_{1,27} = 0.1337$, $P = 0.7201$
Figure 5J	mCherry+Saline, ChR2+Saline, ChR2+CNO	$n = 9$ (0/9), $n = 9$ (0/9), $n = 8$ (0/8)	Two-way repeated measures ANOVA	mCherry+Saline vs. ChR2+Saline: extinction retrieval $F_{1,16} = 9.046$, $P = 0.0083$; spontaneous recovery $F_{1,16} = 14.46$, $P = 0.0016$; ChR2+Saline vs. ChR2+CNO: extinction retrieval $F_{1,15} = 7.300$, $P = 0.0164$, spontaneous recovery $F_{1,15} = 6.794$, $P = 0.0198$
Figure 5L	mCherry+Saline, ChR2+Saline, ChR2+CNO	$n = 9$ (0/9), $n = 9$ (0/9), $n = 8$ (0/8)	Two-way repeated measures ANOVA	$F_{1,23} = 0.3204$, $P = 0.5768$
Figure 6G	mCherry, NpHR	$n = 8$ (0/8), $n = 9$ (0/9)	Two-way repeated measures ANOVA	$F_{1,15} = 0.0359$, $P = 0.8523$
Figure 6H	mCherry, NpHR	$n = 8$ (0/8), $n = 9$ (0/9)	Unpaired Student's t test	$t = 2.587$, $df = 15$, $P = 0.0206$
Figure 6J	mCherry+Saline, ChR2+Saline, ChR2+CNO	$n = 9$ (0/9), $n = 9$ (0/9), $n = 10$ (0/10)	Two-way repeated measures ANOVA	mCherry+Saline vs. ChR2+Saline: extinction retrieval $F_{1,16} = 0.5645$, $P = 0.4634$; spontaneous recovery $F_{1,16} = 24.33$, $P = 0.0002$; ChR2+Saline vs. ChR2+CNO: extinction retrieval $F_{1,17} = 0.0081$, P

				= 0.9294, spontaneous recovery $F_{1,17} = 14.92$, $P = 0.0012$
Figure 6L	mCherry+Saline, ChR2+Saline, ChR2+CNO	n = 9 (0/9), n = 9 (0/9), n = 10 (0/10)	Paired Student's <i>t</i> -test	Pre-test vs Test (mCherry+Saline): $t = 0.1931$, $df = 8$, $P = 0.8517$; Pre-test vs Test (ChR2+Saline): $t = 2.931$, $df = 8$, $P = 0.0190$; Pre-test vs Test (ChR2+CNO): $t = 1.191$, $df = 9$, $P = 0.2640$
Figure 8B	mPFC ^{Ext} – ZI(mCherry), mPFC ^{Ext} –ZI(ChR2), mPFC ^{Ext} – SuM(mCherry), mPFC ^{Ext} –SuM(ChR2)	n = 15 (5/10), n = 16 (7/9), n = 15 (7/8), n = 17 (6/11)	Two-way ANOVA	mPFC ^{Ext} –ZI (mCherry vs ChR2): virus $F_{1,27} = 11.95$, $P = 0.0018$; sex $F_{1,27} = 0.09692$, $P = 0.7579$; virus $\times$ sex $F_{1,27} = 0.3736$, $P = 0.5461$; mPFC ^{Ext} –SuM (mCherry vs ChR2): virus $F_{1,28} = 9.974$, $P = 0.0038$; sex $F_{1,28} = 1.758$, $P = 0.1956$; virus $\times$ sex $F_{1,28} = 1.143$, $P = 0.2942$
Figure 8C	mPFC ^{Ext} – ZI(mCherry), mPFC ^{Ext} –ZI(ChR2), mPFC ^{Ext} – SuM(mCherry), mPFC ^{Ext} –SuM(ChR2)	n = 15 (5/10), n = 16 (7/9), n = 15 (7/8), n = 17 (6/11)	Three-way ANOVA	virus $F_{1,55} = 21.82$, $P < 0.0001$; region $F_{1,55} = 1.149$, $P = 0.2885$; sex $F_{1,55} = 0.5265$, $P = 0.4712$; virus $\times$ region $F_{1,55} = 0.03062$, $P = 0.8617$; virus $\times$ sex $F_{1,55} = 0.1106$, $P = 0.7407$; sex $\times$ region $F_{1,55} = 1.350$, $P = 0.2503$; sex $\times$ virus $\times$ region $F_{1,55} = 1.415$, $P = 0.2393$
Figure 8D	mPFC ^{Ext} – ZI(mCherry), mPFC ^{Ext} –ZI(ChR2), mPFC ^{Ext} – SuM(mCherry), mPFC ^{Ext} –SuM(ChR2)	n = 7 (3/4), n = 8 (4/4), n = 7 (4/3), n = 7 (4/3)	Two-way ANOVA	mPFC ^{Ext} –ZI (mCherry vs ChR2): virus $F_{1,11} = 7.87$, $P = 0.0171$; sex $F_{1,11} = 0.2182$, $P = 0.6496$; virus $\times$ sex $F_{1,11} = 0.1708$, $P =$

				0.6873; mPFC ^{Ext} -SuM (mCherry vs ChR2): virus $F_{1,10} = 37.02$, $P = 0.0001$; sex $F_{1,10} = 0.0112$, $P = 0.9178$; virus $\times$ sex $F_{1,10} = 0.6761$, $P = 0.4301$
Figure 8E	mPFC ^{Ext} -ZI(mCherry), mPFC ^{Ext} -ZI(ChR2), mPFC ^{Ext} -SuM(mCherry), mPFC ^{Ext} -SuM(ChR2)	n = 7 (3/4), n = 8 (4/4), n = 7 (4/3), n = 7 (4/3)	Three-way ANOVA	virus $F_{1,21} = 40.70$, $P < 0.0001$; region $F_{1,21} = 2.352$, $P = 0.1400$; sex $F_{1,21} = 0.05776$, $P = 0.8124$; virus $\times$ region $F_{1,21} = 6.550$, $P = 0.0183$; virus $\times$ sex $F_{1,21} = 0.1040$, $P = 0.7502$; sex $\times$ region $F_{1,21} = 0.1567$, $P = 0.6962$; sex $\times$ virus $\times$ region $F_{1,21} = 0.7840$, $P = 0.3859$
Figure 8G	mPFC ^{Ext} -ZI(mCherry), mPFC ^{Ext} -ZI(hM3Dq), mPFC ^{Ext} -SuM(mCherry), mPFC ^{Ext} -SuM(hM3Dq)	n = 8 (4/4), n = 9 (5/4), n = 9 (5/4), n = 9 (4/5)	Two-way ANOVA	mPFC ^{Ext} -ZI (mCherry vs hM3Dq): virus $F_{1,13} = 0.05008$, $P = 0.8264$; sex $F_{1,13} = 0.07332$, $P = 0.7908$; virus $\times$ sex $F_{1,13} = 0.1128$, $P = 0.7423$; mPFC ^{Ext} -SuM (mCherry vs hM3Dq): virus $F_{1,14} = 9.555$, $P = 0.0080$; sex $F_{1,14} = 0.05114$, $P = 0.8244$; virus $\times$ sex $F_{1,14} = 0.1820$, $P = 0.6761$
Figure 8I	mPFC ^{Ext} -SuM(mCherry), mPFC ^{Ext} -SuM(hM3Dq)	n = 20 (section), n = 20 (section)	Unpaired Student's t test	$t = 12.43$, $df = 38$, $P < 0.0001$
Figure 9B	Control, SPS	n = 9 (0/9), n = 9 (0/9)	Two-way repeated measures ANOVA	extinction training (Day 2–Day 4) $F_{1,16} = 65.41$, $P < 0.0001$; extinction retrieval $F_{1,16} = 0.02955$, $P = 0.8657$.

Figure 9C	Control, SPS	n = 9 (0/9), n = 9 (0/9)	Unpaired Student's <i>t</i> test	t = 3.439, df = 16, P = 0.0034
Figure 9F	sgControl, sgSirt1	n = 24 (section), n = 24 (section)	Unpaired Student's <i>t</i> test	t = 10.01, df = 46, P < 0.0001
Figure 9G	sgControl, sgSirt1	n = 8 (4/4), n = 9 (4/5)	Two-way ANOVA	virus $F_{1,13} = 7.172$, P = 0.0190; sex $F_{1,13} = 0.1393$, P = 0.7150; virus $\times$ sex $F_{1,13} = 0.7158$, P = 0.4128;
Figure 9I	Control, SIRT1-OE	n = 24 (section), n = 24 (section)	Unpaired Student's <i>t</i> test	t = 18.37, df = 46, P < 0.0001
Figure 9J	Control, SIRT1-OE	n = 8 (4/4), n = 8 (4/5)	Two-way ANOVA	virus $F_{1,12} = 31.72$, P = 0.0001; sex $F_{1,12} = 1.190$, P = 0.2968; virus $\times$ sex $F_{1,12} = 2.063$, P = 0.1765;
Supplemental Figure 1B	Ext Retr, Fear Renewal	n = 7 (3/4), n = 7 (4/3)	Mixed-degin ANOVA	memory test $F_{1,10} = 12.344$, P = 0.006; sex $F_{1,10} = 0.007$, P = 0.937; memory test $\times$ sex $F_{1,10} = 0.007$, P = 0.936
Supplemental Figure 1E	Ext Retr+Saline, Ext Retr+4-OHT, Homecage+4-OHT	n = 4 (0/4), n = 4 (0/4), n = 4 (0/4)	One-way ANOVA with Tukey's multiple-comparison test	Ext Retr+Saline vs Ext Retr+4-OHT: P < 0.0001; Ext Retr+4-OHT vs Homecage+4-OHT: P < 0.0001
Supplemental Figure 1F	PL, IL	n = 3 (0/3), n = 3 (0/3)	Unpaired Student's <i>t</i> test	t = 0.1769, df = 4, P = 0.8681
Supplemental Figure 1I	Ext Retr, Fear Renewal	n = 4 (0/4), n = 4 (0/4)	Unpaired Student's <i>t</i> test	GFP ⁺ (%DAPI ⁺): t = 1.491, df = 6, P = 0.1867; c-Fos ⁺ (%DAPI ⁺): t = 0.08844, df = 6, P = 0.9324; Reactivation/chance: t = 7.214, df = 6, P = 0.0004
Supplemental Figure 2B	Control, ChR2	n = 8 (0/8), n = 8 (0/8)	Unpaired Student's <i>t</i> test	t = 0.6148, df = 14, P = 0.5485
Supplemental Figure 2C	Control, ChR2	n = 8 (0/8), n = 8 (0/8)	Two-way repeated measures ANOVA	virus $F_{1,35} = 0.002424$, P = 0.9610
Supplemental Figure 2E	Control, ChR2	n = 8 (0/8), n = 8 (0/8)		virus $F_{1,35} = 0.9504$, P = 0.3363
Supplemental Figure 3C	Ext Retr, Fear Renewal	n = 5 (0/5) per group	Paired Student's <i>t</i> -test	MPO: t = 0.4397, df = 4, P = 0.6829; AM: t = 2.348, df = 4, P = 0.0787; MD: t = 2.874, df = 4, P = 0.0453; LHA: t = 3.671,

				df = 4, P = 0.0214; ZI: t = 4.902, df = 4, P = 0.0080; SuM: t = 1.921, df = 4, P = 0.1272; PAG: t = 4.215, df = 4, P = 0.0135
Supplemental Figure 3E	Baseline, During	n = 5 (0/5) per group	Paired Student's <i>t</i> -test	MPO: t = 1.169, df = 4, P = 0.3074; AM: t = 0.7306, df = 4, P = 0.5055; MD: t = 1.048, df = 4, P = 0.3538; LHA: t = 2.832, df = 4, P = 0.0472; ZI: t = 1.768, df = 4, P = 0.1518; SuM: t = 3.369, df = 4, P = 0.0281; PAG: t = 1.261, df = 4, P = 0.2759
Supplemental Figure 4D	Ext Retr, Fear Renewal	n = 5 (0/5) per group	Paired Student's <i>t</i> -test	BLA: t = 4.235, df = 4, P = 0.0133
Supplemental Figure 4F	Baseline, During	n = 5 (0/5) per group	Paired Student's <i>t</i> -test	BLA: t = 1.008, df = 4, P = 0.3707
Supplemental Figure 5C	mPFC ^{Ext} -ZI(Ext Retr), mPFC ^{Ext} -ZI(Water intake), mPFC ^{Ext} -SuM(Ext Retr), mPFC ^{Ext} -SuM(Water intake)	n = 4 (0/4), n = 4 (0/4), n = 4 (0/4), n = 4 (0/4)	One-way ANOVA with Tukey's multiple-comparison test	mPFC ^{Ext} -ZI(Ext Retr) vs mPFC ^{Ext} -ZI(Water intake): P = 0.0065; mPFC ^{Ext} -ZI(Ext Retr) vs mPFC ^{Ext} -SuM(Ext Retr): P = 0.0752; mPFC ^{Ext} -ZI(Water intake) vs mPFC ^{Ext} -SuM(Water intake): P = 0.0016; mPFC ^{Ext} -SuM(Ext Retr) vs mPFC ^{Ext} -SuM(Water intake): P = 0.0172
Supplemental Figure 6B	Normal-intake, Low-intake	n = 18 (0/18), n = 7 (0/7)	Unpaired Student's <i>t</i> test	Water intake (mL): t = 7.480, df = 23, P < 0.0001; Number of water intakes: t = 7.228, df = 23, P < 0.0001
Supplemental Figure 6C	Normal-intake, Low-intake	n = 18 (0/18), n = 7 (0/7)	Unpaired Student's <i>t</i> test	24 h water intake (mL): t = 0.4199, df = 23, P = 0.6785; Body weight (g): t = 0.4480, df = 23, P < 0.6583
Supplemental Figure 11B	mPFC ^{Ext} -ZI(mCherry+Saline,	n = 9 (0/9), n = 9 (0/9),	One-way ANOVA with Bonferroni's	mPFC ^{Ext} -ZI(mCherry+Saline) vs

	ChR2+Saline, ChR2+CNO); mPFC ^{Ext} – SuM(mCherry+Saline, ChR2+Saline, ChR2+CNO)	n = 8 (0/8); n = 9 (0/9), n = 9 (0/9), n = 10 (0/10)	multiple-comparison test	mPFC ^{Ext} – ZI(ChR2+Saline): P = 0.0037; mPFC ^{Ext} – ZI(ChR2+Saline) vs mPFC ^{Ext} – ZI(ChR2+CNO): P = 0.0482; mPFC ^{Ext} – SuM(mCherry+Saline) vs mPFC ^{Ext} – SuM(ChR2+Saline): P < 0.0001; mPFC ^{Ext} – SuM(ChR2+Saline) vs mPFC ^{Ext} – SuM(ChR2+CNO): P = 0.0037
Supplemental Figure 12C	Ext Retr, SR test	n = 4 (0/4), n = 4 (0/4)	Unpaired Student's <i>t</i> test	t = 0.5855, df = 6, P = 0.5795
Supplemental Figure 12F	mCherry, ChR2	n = 8 (0/8), n = 7 (0/7)	Two-way repeated measures ANOVA	F _{1,13} = 0.5196, P = 0.4838
Supplemental Figure 12H	mCherry, ChR2	n = 8 (0/8), n = 8 (0/8)	Two-way repeated measures ANOVA	F _{1,14} = 11.82, P = 0.0040
Supplemental Figure 13D	mCherry, ChR2	n = 8 (0/8), n = 8 (0/8)	Two-way repeated measures ANOVA	Extinction retrieval F _{1,14} = 0.03128, P = 0.8621; Spontaneous recovery F _{1,14} = 13.17, P = 0.0027
Supplemental Figure 13E	mCherry, ChR2	n = 8 (0/8), n = 8 (0/8)	Paired Student's <i>t</i> – test; Two-way repeated measures ANOVA	Pre-test vs Test (mCherry): t = 0.2873, df = 7, P = 0.7822; Pre-test vs Test (ChR2): t = 2.598, df = 7, P = 0.0355
Supplemental Figure 15B	Normal-intake, Low- intake	n = 42 (19/23), n = 13 (5/8)	Two-way ANOVA	virus F _{1,51} = 71.45, P < 0.0001; sex F _{1,51} = 0.2943, P = 0.5899; virus × sex F _{1,51} = 0.04931, P = 0.8252
Supplemental Figure 16B	mPFC ^{Ext} –ZI: Normal- intake(mCherry), Normal-intake(ChR2), Low-intake(mCherry), Low-intake(ChR2); mPFC ^{Ext} –SuM: Normal- intake(mCherry),	n = 15 (5/10), n = 16 (7/9), n = 7 (3/4), n = 8 (4/4); n = 15 (7/8), n = 17 (6/11), n = 7 (4/3), n = 7 (4/3);	Three-way ANOVA	mPFC ^{Ext} –ZI: virus F _{1,38} = 15.99, P = 0.0003; water intake F _{1,38} = 24.82, P < 0.0001; sex F _{1,38} = 0.01327, P = 0.9089; virus × water intake F _{1,38} = 0.08614, P = 0.7707; virus × sex F _{1,38} =

	Normal-intake(ChR2), Low-intake(mCherry), Low-intake(ChR2);			0.01134, $P = 0.9157$; sex $\times$ water intake $F_{1,38} = 0.2517$, $P = 0.6188$; sex $\times$ virus $\times$ water intake $F_{1,38} = 0.4256$, $P = 0.5181$ mPFC ^{Ext} -SuM: virus $F_{1,38} = 35.20$, $P < 0.0001$; water intake $F_{1,38} = 17.37$, $P = 0.0002$; sex $F_{1,38} = 0.5086$, $P = 0.4801$; virus $\times$ water intake $F_{1,38} = 4.830$, $P = 0.0341$; virus $\times$ sex $F_{1,38} = 0.006849$, $P = 0.9345$; sex $\times$ water intake $F_{1,38} = 0.7303$, $P = 0.3981$; sex $\times$ virus $\times$ water intake $F_{1,38} = 1.396$, $P = 0.2448$
Supplemental Figure 16E	ACSF, CNO	n = 12 (neuron), n = 12 (neuron)	Two-way repeated measures ANOVA	drug $F_{1,66} = 608.8$, $P < 0.0001$
Supplemental Figure 16G	ACSF, CNO	n = 12 (neuron), n = 12 (neuron)	Two-way repeated measures ANOVA	drug $F_{1,66} = 497.1$, $P < 0.0001$
Supplemental Figure 17B	sgControl, sgSirt1	n = 24 (section), n = 24 (section)	Unpaired Student's t test	$t = 12.99$, $df = 46$, $P < 0.0001$
Supplemental Figure 17C	sgControl, sgSirt1	n = 9 (0/9), n = 9 (0/9)	Unpaired Student's t test	$t = 3.030$, $df = 16$, $P < 0.0080$
Supplemental Figure 18B	Control, SIRT1-OE	n = 7 (0/7), n = 7 (0/7)	Two-way repeated measures ANOVA	fear conditioning $F_{1,12} = 1.307$, $P = 0.2752$; extinction training $F_{1,12} = 0.8565$, $P = 0.3729$; extinction retrieval $F_{1,12} = 0.007229$, $P = 0.9336$
Supplemental Figure 18C	Control, SIRT1-OE	n = 20 (section), n = 20 (section)	Unpaired Student's t test	$t = 16.72$, $df = 38$, $P < 0.0001$