

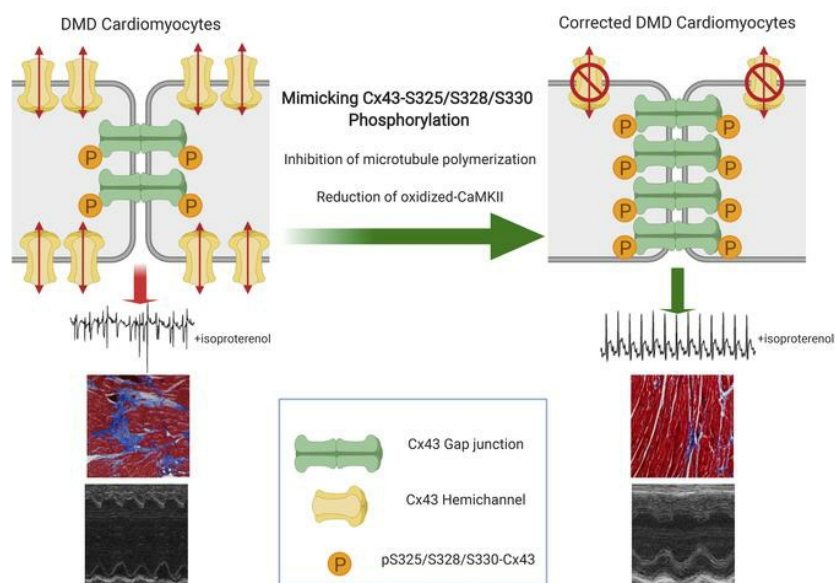
## Prevention of Connexin43 remodeling protects against duchenne muscular dystrophy cardiomyopathy

Eric Himelman, ... , Jorge E. Contreras, Diego Fraidenraich

*J Clin Invest.* 2020. <https://doi.org/10.1172/JCI128190>.

Research In-Press Preview Cardiology Cell biology

### Graphical abstract



Find the latest version:

<https://jci.me/128190/pdf>



# Prevention of Connexin43 remodeling protects against Duchenne muscular dystrophy cardiomyopathy

**Authors:** Eric Himelman<sup>1</sup>, Mauricio A. Lillo<sup>2</sup>, Julie Nouet<sup>1</sup>, J. Patrick Gonzalez<sup>1</sup>, Qingshi Zhao<sup>1</sup>, Lai-Hua Xie<sup>1</sup>, Hong Li<sup>3</sup>, Tong Liu<sup>3</sup>, Xander H.T. Wehrens<sup>4</sup>, Paul D. Lampe<sup>5</sup>, Glenn I. Fishman<sup>6</sup>, Natalia Shirokova<sup>2</sup>, Jorge E. Contreras<sup>2</sup>, Diego Fraidenraich<sup>1\*</sup>

## Affiliations:

<sup>1</sup>Department of Cell Biology and Molecular Medicine, New Jersey Medical School, Rutgers Biomedical and Health Sciences, Newark, NJ, USA.

<sup>2</sup>Department of Pharmacology, Physiology and Neuroscience, New Jersey Medical School, Rutgers Biomedical and Health Sciences, Newark, NJ, USA.

<sup>3</sup>Center for Advanced Proteomics Research, New Jersey Medical School, Rutgers Biomedical and Health Sciences, Newark, NJ, USA.

<sup>4</sup>Department of Molecular Physiology & Biophysics, Medicine, Neuroscience, and Pediatrics, Cardiovascular Research Institute, Baylor College of Medicine, Houston, TX, USA

<sup>5</sup>Fred Hutchinson Cancer Research Center, Translational Research Program, Public Health Sciences Division, Seattle, Washington, USA.

<sup>6</sup>Leon H. Charney Division of Cardiology, New York University Langone Health, New York, New York, 10016, USA.

## Corresponding Author:

\*Diego Fraidenraich; Medical Sciences Building G-667; 185 South Orange Avenue, Newark, NJ 07103. Email: [fraidedi@rutgers.edu](mailto:fraidedi@rutgers.edu)

**Conflicts of interest:** The authors have declared that no conflict of interest exists.

## Abstract

Aberrant expression of the cardiac gap junction protein connexin-43 (Cx43) has been suggested to play a role in the development of cardiac disease in the mdx mouse model of Duchenne muscular dystrophy (DMD), however a mechanistic understanding of this association is lacking. Here, we identified a reduction of phosphorylation of Cx43 serines S325/S328/S330 in human and mouse DMD hearts. We hypothesized that hypo-phosphorylation of Cx43 serine-triplet triggers pathological Cx43 redistribution to the lateral sides of cardiomyocytes (remodeling). Therefore, we generated knock-in mdx mice in which the Cx43 serine-triplet was replaced with either phospho-mimicking glutamic acids (mdxS3E) or non-phosphorylatable alanines (mdxS3A). The mdxS3E but not mdxS3A mice were resistant to Cx43 remodeling with a corresponding reduction of Cx43 hemichannel activity. MdxS3E cardiomyocytes displayed improved intracellular  $\text{Ca}^{2+}$  signaling and a reduction of NOX2/reactive oxygen species (ROS) production. Furthermore, mdxS3E mice were protected against inducible arrhythmias, related lethality and the development of cardiomyopathy. Inhibition of microtubule polymerization by colchicine reduced both NOX2/ROS and oxidized CaMKII, increased S325/S328/S330 phosphorylation and prevented Cx43 remodeling in mdx hearts. Together, these results demonstrate a mechanism of dystrophic Cx43-remodeling and suggest that targeting Cx43 may be a therapeutic strategy to prevent heart dysfunction and arrhythmias in DMD patients.

## Introduction

Duchenne muscular dystrophy (DMD) is an X-linked neuromuscular disease characterized by muscle susceptibility to mechanical induced damage, resulting in deterioration and degeneration (1). It affects 1 in every 3,500-5,000 male births and is considered the most common and fatal form of muscular dystrophy (2). DMD is caused by the absence of the protein dystrophin, a critical component of the dystrophin-glycoprotein complex (DGC) in skeletal and cardiac muscle (3, 4). Strategies such as adeno-associated virus (AAV) gene therapy to delivery shortened yet functional versions of dystrophin (5) and CRISPR/Cas9 gene editing, to skip or restore mutated dystrophin gene sequences (6), possess great clinical potential to combat DMD. Nonetheless, concerns remain regarding the ability to produce body wide effects with gene therapy and the potential for off-target effects of CRISPR/Cas9, emphasizing the continued need to focus on secondary molecular targets in DMD. Improvements in therapeutic treatments that combat skeletal muscle and respiratory dysfunctions have significantly prolonged DMD patients' lives (7). As a result, dystrophic cardiomyopathy is now the leading cause of death (8). However, the role of dystrophin in cardiac muscle differs from skeletal muscle and pathological mechanisms of DMD cardiomyopathy remain largely undefined, leaving a large unmet clinical need (9).

Connexins are emerging as therapeutic targets for heart failure (10). In the heart, connexins are responsible for maintaining electrical conduction by facilitating the rapid propagation of action potentials, leading to synchronous contraction (11). Six connexin proteins assemble to form one hemichannel, while two hemichannels from neighboring cardiomyocytes join to form a complete gap junction channel at the intercalated disc. Connexin-43 (Cx43) is the most abundant connexin protein in the ventricular myocardium (12). In the heart, Cx43 is a

short-lived protein that undergoes numerous posttranslational modifications (PTMs), including phosphorylation of the intracellular carboxyl terminus (13, 14). PTMs regulate many aspects of the Cx43 life-cycle, notably the redistribution of Cx43 away from intercalated discs (IDs) and towards the lateral cardiomyocyte sarcolemma in a phenomenon termed gap junctional remodeling (14, 15). At these lateral sites, Cx43 exists as unopposed hemichannels that can contribute to disruption of ionic gradient and loss of essential metabolites; indeed, hemichannels have been shown to contribute to cardiomyocytes damage and cell death in ischemic models (16, 17). Of note, the phosphorylation of a triplet of serine residues S325/S328/S330 in Cx43 by  $\text{Ca}^{2+}$ /calmodulin protein kinase II (CaMKII) and casein kinase 1 $\delta$  (CK1 $\delta$ ) has been associated with proper Cx43 localization to the IDs while hypo-phosphorylation of this triplet leads to significant lateralization (18-20). Cx43 remodeling has been observed in numerous inherited and acquired cardiac dysfunctions, including arrhythmogenic cardiomyopathy, ischemia and hypertrophy (11, 21-23).

In recent studies, we observed Cx43 protein upregulation and lateralization in human and mouse (mdx) DMD cardiac tissues (24-26). DMD heart lysates demonstrate increased levels of faster migrating, non-phosphorylated Cx43 isoforms on SDS-PAGE, indicative of an alteration in gap junctional regulation (27).  $\beta$  adrenergic stimulation by isoproterenol (Iso) administration caused severe cardiac arrhythmias and premature death in mdx mice while wild type (WT) mice were unaffected. The use of peptide mimetics that selectively bind to and inhibit the function of Cx43 hemichannels (16) protected Iso-challenged mdx mice from arrhythmogenesis and related mortality (24). Furthermore, a genetic reduction of Cx43 in dystrophic mice normalized cardiac Cx43 protein levels to those of WT, reduced Cx43 remodeling and rescued the cardiac phenotype (26).

Here, we evaluated changes in phosphorylation status of Cx43 in both murine and human DMD hearts and discovered a substantial decrease of S325/S328/S330 phosphorylation compared to healthy controls. Thus, we hypothesized that the phospho-triplet is the primary player in Cx43 remodeling. To test our hypothesis, we generated two strains of compound mutant knock-in mice where the triplet of serines in Cx43 were replaced with either non-phosphorylatable alanines (S3A) or phospho-mimicking glutamic acids (S3E) (20), in the mdx background. We demonstrate that phospho-mimicking mdx mice (mdxS3E) were resistant to pathologic Cx43-remodeling with a concomitant reduction in Cx43 hemichannel formation and aberrant activity. Furthermore, we uncovered a protection against augmented  $\text{Ca}^{2+}$  signaling during mechanical stress and excessive NADPH oxidase 2 (NOX2)/reactive oxygen species (ROS) production, two principal DMD patho-mechanisms (28), in mdxS3E hearts. We found an increase in S325/S328/S330 phosphorylation and improved gap junction retention in extracts from mdx mice with non-oxidizable CaMKII (mdx-MM:VV). This result connects ROS/oxidized CaMKII (ox-CaMKII), a promoter of  $\text{Ca}^{2+}$  mishandling and arrhythmias (29), with Cx43 dephosphorylation. MdxS3E mice were protected against inducible arrhythmias and displayed improved ventricular function with a reduction of cardiac fibrosis at a late-stage of disease. Finally, inhibition of dystrophic microtubule cytoskeleton polymerization with colchicine resulted in enhanced Cx43 serine-triplet phosphorylation, diminished NOX2/ROS and ox-CaMKII levels and a protection against Cx43 remodeling, demonstrating a novel mechanism of Cx43 remodeling in dystrophic hearts. Together, our findings suggest that modulation of Cx43 phosphorylation state represents novel therapeutic options in failing DMD hearts.

## Results

### *Hypo-phosphorylation of S325/S328/S330-Cx43 in DMD hearts*

We previously demonstrated that increased expression and remodeling of Cx43 are key contributors towards the cardiac phenotype in mdx mice (24-26). In the heart, decreased phosphorylation of serine residues S325/S328/S330 promotes Cx43 remodeling and arrhythmias (20, 30). Thus, we investigated whether phosphorylated-S325/S328/S330 (pS-Cx43) is a critical component of Cx43 remodeling observed in mdx hearts. Mass spectrometry of WT and mdx mouse cardiac tissue lysates that underwent Cx43-immunoprecipitation was performed to verify phosphorylation sites in a region that includes the serine triplet. (Supplementary Figure 1A). Quantification of the mass spectrometry data estimated 50% and 22.7% pS-Cx43 in WT and mdx respectively (Table 1). Next, we immunoblotted mouse ventricular tissues with the pS-Cx43 antibody and observed a considerable reduction of pS-Cx43 levels in mdx tissues (relative to total Cx43 levels) in comparison to WT controls (47% reduction,  $p < 0.001$ , Figure 1A). In normal and ischemic hearts, pS-Cx43 is only detected at the intercalated disc (30). To examine pS-Cx43 cellular localization in mdx tissue, we performed immunofluorescence using the pS-Cx43 antibody on mouse ventricular cryosections. As opposed to the total-Cx43 signal which was laterally redistributed in mdx hearts (Figure 1B, red arrow) (24, 31), we observed that pS-Cx43 signal was largely confined at the ID (as shown by N-Cadherin co-staining) with negligible lateralization in mdx hearts (Figure 1C, white arrow). This indicates that pS-Cx43 is not remodeled in mdx hearts.

To determine if pS-Cx43 is also diminished in human DMD tissues, we performed immunoblotting and immunofluorescence experiments on human non-DMD and DMD ventricular tissue as described above. Consistent with our findings in mouse, we measured a

79% reduction of relative pS-Cx43 protein levels in human DMD compared to non-DMD (p <0.01, Figure 1D). Furthermore, we observed Cx43 remodeling in human DMD sections (Figure 1E, red arrows) (24) while pS-Cx43 was confined to the IDs (Figure 1F). Together, these results suggest that a reduction in S325/S328/S330 phosphorylation, a key mechanism of Cx43 remodeling in other cardiac pathologies, may also play an important role in DMD Cx43 remodeling.

To investigate the role of pS-Cx43 in vivo, we crossed an established line of genetically engineered mice wherein the serine triplet was mutated to either non-phosphorylatable alanines (S3A) or phospho-mimetic glutamic acids (S3E) with WT (20) and mdx mice. Homozygous Cx43-S3A (Cx43<sup>S3A/S3A</sup>), Cx43-S3E (Cx43<sup>S3E/S3E</sup>) and Cx43-WT (Cx43<sup>WT/WT</sup>) littermates were maintained in both WT and mdx backgrounds. Cx43-S3E mutant mice are resistant to ischemia-induced gap junctional remodeling (20). Protein extracts prepared from cardiac tissues of the phospho-mutant mice display changes in Cx43 protein migration on SDS-PAGE (Supplementary Figure 1B). Both WT: Cx43-S3E (WTS3E) and mdx: Cx43-S3E (mdxS3E) lysates display prominent slower-migrating P2 and P3 Cx43 phospho-isoforms with an absent P0 band. The distinct phospho-isoforms represent Cx43 found primarily at gap junctions that participate in cellular communication (30, 32). Conversely, Cx43 in WTS3A and mdxS3A lysates exhibit faster electrophoretic migration and are confined to P1 and P0 phospho-isoforms. Dystrophin was not detected in the control and phospho-mutant mdx hearts (Supplementary Figure 1B).

#### *MdxS3E mice are protected from Cx43 remodeling*

To determine if remodeling is altered in our phospho-mutant mdx mice, we performed Cx43 immunohistochemistry in ventricular cryosections. Sections from 4-6 month-old mice, where we and others previously observed Cx43 lateralization in mdx hearts (24, 31) were stained



against Cx43 alongside Wheat Germ Agglutinin (WGA, cell membrane marker) or N-Cadherin (ID marker). Wide field and confocal immunofluorescence imaging revealed that mdxS3E hearts displayed reduction of Cx43 lateralization compared to mdx and mdxS3A hearts with Cx43 signal prominently confined at the IDs (Figure 2A-B). Quantification of relative Cx43 signal found at the intercalated disc regions revealed that mdxS3E mice display a significantly higher Cx43 localization at the IDs when compared to mdx and mdxS3A hearts ( $p < 0.05$ , Figure 2C).

To further examine Cx43 cellular distribution, we performed a Triton solubility assay to biochemically separate ventricular tissue into Triton X-100 insoluble and total protein fractions. In contrast to hemichannels, gap junctional plaques are insoluble to Triton X-100 (33). Western blot assays revealed that levels of junctional Cx43 in mdxS3E hearts was 3.6-fold higher than mdx ( $p < 0.05$ ) and 2.8-fold higher than mdxS3A ( $p = 0.07$ ) samples, reaching levels measured in WT (Supplementary Figure 2A). Next, we attempted to verify that lateral Cx43 molecules, seen in immunostained slides (Figure 2A-B), represent hemichannels in the lateral myocyte membrane. To do so, we perfused isolated hearts with biotin. When perfused into an isolated heart at a reduced flow rate, membrane impermeable biotin strongly binds to extra-junctional Cx43 hemichannels, thus validating it as a lateral membrane marker (Supplementary Figure 2B). After perfusion, hearts were homogenized, biotinylated proteins were pulled down with streptavidin beads, run on SDS PAGE and probed for Cx43. We found a more than 4-fold reduction of biotinylated Cx43 levels in mdxS3E hearts when compared to mdx and mdxS3A hearts ( $p < 0.05$ , Figure 2D). Overall, the immunofluorescence and biochemical studies confirm that substitution of Cx43-S3E is sufficient to protect dystrophic hearts from pathological Cx43 remodeling.

*MdxS3E mice are protected from severe arrhythmias after beta-adrenergic challenge*

DMD patients commonly display severe ventricular arrhythmias that could contribute to sudden cardiac death (34). Adult mdx mice are also susceptible to arrhythmias and lethality after an acute cardiac challenge with  $\beta$ -adrenergic agonist isoproterenol (Iso) (24, 26, 35). We previously demonstrated that Iso enhances Cx43 lateralization in vivo, suggesting that phosphorylation (or lack thereof) may also be implicated in the remodeling process under stress (24). Thus, we recorded whole animal electrocardiograms (ECGs) before and after Iso challenge in 4-6 month-old WT, mdx, mdxS3A and mdxS3E mice to evaluate changes in ECG parameters and monitor arrhythmogenesis.

Baseline heart rate (HR) given by the RR interval was elevated in mdx mice (RR = 126.9ms) compared to WT (147.5ms,  $p = 0.0004$ , Supplementary Figure 3A), in agreement with other studies (36). MdxS3A displayed the fastest baseline HR (RR=122.1ms,  $p < 0.0001$  versus WT) while mdxS3E (RR=138.9ms, ns) mice exhibited a baseline HR like WT. Iso administration resulted in similarly elevated HRs in all mice (Supplementary Figure 3A). Baseline QT<sub>c</sub> interval was prolonged in mdx (43.8ms,  $p < 0.0001$ ) and mdxS3A (44.3ms,  $p < 0.0001$ ) mice compared to WT animals (WT = 26.7ms), whereas it was partially reduced in mdxS3E mice (35.7ms) (Supplementary Figure 3B). QT<sub>c</sub> interval prolongation after Iso treatment was observed in all animals, with the longest QT<sub>c</sub> intervals measured in mdx (74.1ms) and mdxS3A (73.6ms) mice. QT<sub>c</sub> intervals were reduced in mdxS3E mice (58.4ms), approaching WT values (52.8ms) (Supplementary Figure 3B). These findings suggest that common DMD cardiac conduction deficiencies such as slowed ventricular repolarization (37) may be mitigated in mdxS3E mice.

None of the mice in each group displayed arrhythmias under baseline conditions (Figure 3A, top row). Following Iso (5mg/kg) administration, both mdx and mdxS3A mice developed

severe arrhythmias which consisted of premature ventricular contractions (PVCs), ventricular tachycardia (VT) and atrioventricular (AV) block. In contrast, WT and mdxS3E mice exhibited either single, infrequent PVCs or no abnormalities at all throughout an hour of observation (Figure 3A, bottom row). As a result, mdxS3E mice had a markedly reduced arrhythmia score (24) (mean score =  $0.5 \pm 0.17$ ) compared to mdx (mean score =  $2.78 \pm 0.43$ ,  $p < 0.0001$ ) and mdxS3A (mean score =  $3.13 \pm 0.35$ ,  $p < 0.0001$ ) mice (Figure 3B). Together, these results further support the importance of remodeled Cx43 as an arrhythmogenic substrate in a DMD animal model.

Previous findings have demonstrated that the cardiac sodium channel  $\text{Na}_v1.5$  is downregulated and mistrafficked in ventricles of mdx<sup>5cv</sup> mice, suggesting an additional underlying cause towards development of arrhythmias (38, 39). To rule out if arrhythmia protection observed in mdxS3E mice was also due to changes in  $\text{Na}_v1.5$  expression, we performed immunoblotting for  $\text{Na}_v1.5$  in mdx control and mutant lysates. Western blot analysis confirmed that  $\text{Na}_v1.5$  is similarly decreased in mdx ( $p < 0.05$ ), mdxS3A ( $p < 0.01$ ) and mdxS3E ( $p < 0.01$ ) hearts when compared to WT (Supplementary Figure 3C). Thus, the protein levels of  $\text{Na}_v1.5$  do not appear to contribute toward arrhythmia protection in mdxS3E mice.

#### *MdxS3E mice exhibit less aberrant hemichannel activity*

Pre-treatment of a selective Cx43 hemichannel blocker Gap19 protected mdx mice from Iso-induced arrhythmias (24), suggesting the important role of remodeled hemichannel activity during cardiac stress. We confirmed that a reduction of Cx43 lateralization via Cx43-S3E offered protection in vivo but did not investigate whether there was a reduction in hemichannel activity. To investigate this, we perfused isolated hearts from control and Iso-treated mice with ethidium bromide (Ethidium,  $5\mu\text{M}$ ) and measured dye uptake in ventricular cryosections.

Ethidium is a membrane impermeable dye, and its uptake is mediated by Cx43 present in open hemichannels and not gap junctions (40, 41). Dye uptake in control mdx and mdxS3A hearts were significantly up-regulated compared to WT and mdxS3E (Figure 3C-D, Control). Iso administration augmented Ethidium uptake in WT, mdx and mdxS3A hearts. MdxS3E heart uptake was not significantly elevated following Iso; mdxS3E hearts exhibit uptake values even less than WT (Figure 3C-D, ISO). Together, these results suggest that prevention of Cx43 remodeling by Cx43-S3E abolishes aberrant hemichannel activity, protecting dystrophic mice from cardiac conduction abnormalities.

*MdxS3E cardiomyocytes exhibit improved calcium homeostasis and reduced reactive oxygen species production*

Abnormal calcium ( $\text{Ca}^{2+}$ ) homeostasis is a prominent feature of DMD cardiomyocytes (28). Intracellular  $\text{Ca}^{2+}$  levels and Cx43 hemichannel opening are intimately linked (42, 43), hinting that a reduction of formation and aberrant activity of hemichannels may influence  $\text{Ca}^{2+}$  signaling in mdx cardiomyocytes as suggested by prior findings (26). To determine the direct impact of pS-Cx43 on intracellular  $\text{Ca}^{2+}$  dynamics, we isolated cardiomyocytes from ~3-4 month-old WT, mdx and mdxS3E mice, incubated them with Fluo-4AM and subjected them to mechanical stress through hypo-osmotic shock (44). Representative fluo-4 images of both mdx and mdxS3E before, during and after hypo-osmotic shock are displayed in Figure 4A (top panel). As expected, a larger intracellular  $\text{Ca}^{2+}$  response to hypo-osmotic shock was measured in mdx cardiomyocytes when compared to WT (26, 45). However, the  $\text{Ca}^{2+}$  stress response in mdxS3E cardiomyocytes was diminished, resembling that observed in WT cardiomyocytes (Figure 4A, bottom left panel). Average fluo-4 fluorescence ( $F_{\text{ave}}$ ) following osmotic shock relative to baseline ( $F_0$ ) was quantified ( $F_{\text{ave}}/F_0$ ) and confirmed a significant increase in mdx

cardiomyocytes relative to WT ( $p < 0.0001$ ) and a reduction in mdxS3E myocytes ( $p < 0.0001$  relative to mdx, Figure 4A bottom right panel).

Excessive reactive oxygen species (ROS) production contributes towards the development of DMD cardiomyopathy (28, 46). Oxidative stress opens Cx43 hemichannels (47, 48) while Cx43 gap junctions can mediate against oxidative damage (49). ROS also triggers excessive  $\text{Ca}^{2+}$  signaling in mdx myocytes under stress (44, 45). Thus, ROS production was analyzed in ~3-4 month-old WT, mdx and mdxS3E isolated cardiomyocytes loaded with a fluorescent ROS sensor,  $\text{H}_2\text{-DCFDA}$ . Representative ROS production in mdx and mdxS3E myocytes at the beginning and ending of imaging are displayed in Figure 4B (top panel). The rate of ROS production, indicated by the increase of ROS-dependent fluorescent signal, was expectedly increased in mdx when compared to WT. However, mdxS3E myocytes displayed a significant decrease in ROS production compared to mdx ( $p < 0.0001$ , Figure 4B). These data imply that cardiomyocytes from mdxS3E animals exhibited a corrected cellular phenotype, like that of WT cells.

#### *Oxidized CaMKII contributes to Cx43 hypo-phosphorylation*

NAD(P)H oxidase isoform 2 (NOX2) is a major source of ROS in dystrophic tissue, particularly at early stages of disease and under acute stress conditions (28, 46). Therefore, we performed immunoblotting for gp91<sup>phox</sup>, the catalytic subunit of NOX2 (50), in left ventricular lysates of 3-4 month-old WT, mdx and mdxS3E mice. Our results revealed a ~3-fold decrease in mdxS3E gp91<sup>phox</sup> protein levels when compared with mdx ( $p < 0.01$ ), exhibiting levels like WT (Figure 5A). This finding suggests that a reduction of ROS production observed in mdxS3E myocytes (Figure 4B) may implicate a reduction of cardiac NOX2.

Aberrant activity of CaMKII by NOX2/ROS oxidation promotes  $\text{Ca}^{2+}$  mishandling and arrhythmias in mdx mice (51-53). Inhibition of ox-CaMKII by knock-in replacement of regulatory domain methionines with valines (MM-VV [CaMKII M281/282V]) normalized  $\text{Ca}^{2+}$  behavior and prevented tachycardia in mdx mice (mdx:MM-VV) (53). Of interest, CaMKII also phosphorylates Cx43-serines 325/328/330 (19) which suggests that exacerbated CaMKII activity may alter pS-Cx43 in DMD hearts. To investigate this, we performed immunoblotting for Cx43 and pS-Cx43 in ~4-6 month-old mdx and mdx:MM-VV whole cell lysates. We found a 2-fold increase in relative pS-Cx43 protein levels in mdx:MM-VV lysates when compared to mdx ( $p < 0.01$ , Figure 5B). Furthermore, we conducted a Triton solubility assay in mdx:MM-VV tissues to assess for levels of junctional Cx43 in comparison to mdx. Accordingly, we found a 2-fold increase of Triton insoluble Cx43 in mdx:MM-VV extracts ( $p < 0.05$ , Figure 5C). These findings indicate that increased ox-CaMKII in an oxidative DMD environment decreases pS-Cx43, but this can be blunted by preventing the oxidation of CaMKII. In addition, mimicking pS-Cx43 can reduce excessive ROS production and normalize  $\text{Ca}^{2+}$  homeostasis in DMD hearts (Figure 4).

#### *Aged mdxS3E mice exhibit improved cardiac function and morphology*

We have investigated the role of pS-Cx43 in young adult (4-6 month old) mdx mice, months prior to the development of dilated cardiomyopathy known to occur at ~10 months (25, 54). We next assessed pertinent cardiovascular parameters in aged (14-18 month old) mice. Aged ventricular tissues were assessed for histopathology by Masson's trichrome staining (Figure 6A). WT animals developed negligible cardiac fibrosis while all animals with mdx background displayed enhanced fibrosis (Figure 6A). However, amongst the mdx groups, a

substantially lower degree of fibrosis was measured in mdxS3E (7.44%,  $p < 0.01$ ) hearts (mdx = 11.68%, mdxS3A = 10.07%, Figure 6B).

To analyze changes in overall cardiac function, we performed transthoracic echocardiography in aged mice. Left ventricular ejection fraction improved in mdxS3E (47.8%) compared to both mdxS3A (41.35%) and mdx (40.37%,  $p < 0.05$ ) mice (Figure 6C). Consistent with our observations in young mice, both aged mdx and mdxS3A mice developed severe arrhythmias within minutes after Iso challenge, while mdxS3E mice were largely protected throughout the duration of analysis (Supplementary Figure 4A). Upon completion of ECG monitoring, mice were then followed up to 24 hours after Iso challenge to assess mortality. A majority of young adult mdx mice die within 24 hours of Iso administration (24). All mdxS3E mice survived in the 24 hours following Iso challenge while only 22% of mdx mice survived (Figure 6D). Unexpectedly, we also observed a modest survival benefit in mdxS3A (~45%) mice following Iso.

To rule out if the survival benefit attributed to mdxS3E mice was due to indirect improvements in respiratory function, we performed diaphragm ultrasonography (55). The amplitude of diaphragm movement during inspiration declined significantly in all mdx (mdx = 0.33mm, mdxS3A = 0.33mm, mdxS3E = 0.35mm) genotypes compared to WT (all  $p < 0.01$ , WT = 0.56mm), with no evident improvement in mdxS3E mice (Supplementary Figure 4B). Next, we assessed fibrotic damage which is a major contributor to cardiorespiratory failure in mdx mice (56, 57). In contrast to the heart, Masson's trichrome staining revealed that mdxS3E diaphragms are visibly fibrotic, resembling mdx and mdxS3A. Quantification of diaphragm fibrotic areas confirmed that mdxS3E diaphragms develop fibrosis (40.82%) like its mdx counterparts (mdx = 32%, mdxS3A 41.23%, Supplementary Figure 4C). Taken together, the

functional and histopathological data both indicate that the respiratory system does not play a role in the rescue of cardiomyopathy in mdxS3E mice.

*The dystrophic microtubule cytoskeleton contributes toward Cx43 triplet phosphorylation and remodeling*

Growing evidence indicates that the microtubule (MT) cytoskeleton plays an essential role in the development of DMD Cardiomyopathy. The dense and disorganized MT network (58) in mdx cardiomyocytes correlates strongly with enhanced ROS production and  $\text{Ca}^{2+}$  mishandling (59-62). Targeting the MT network protects mdx mice against stress-induced arrhythmias (35). Importantly, intracellular trafficking of Cx43 largely depends on MTs (63). MT-dependent forward trafficking of Cx43 to the IDs is disrupted in stressed cardiomyocytes, yielding less junctional Cx43 and impaired gap junctional function (64). It has also been suggested that Cx43 remodeling in diseased hearts can be explained by re-directionality of MTs towards the lateral membrane in cardiomyocytes (65).

Therefore, to examine a potential causal relationship between MTs and Cx43 remodeling in mdx mice, we implanted 3 month-old mdx mice with mini-osmotic pumps administering either saline or Colchicine (Colch), a known MT de-polymerizer with protective effects in mdx mice (66, 67) (0.4mg/kg/day), for 4 weeks. Ventricular tissue was collected at the conclusion of the treatment. Reduction of MT density with Colch treatment was confirmed via a reduction in  $\beta$ -tubulin at both the tissue protein level and fluorescent signal in isolated cardiomyocytes (Supplementary Figure 5A-B). NOX2/gp91<sup>phox</sup> protein levels significantly decreased by 65% in Colch-treated mdx ventricles ( $p < 0.05$ , Figure 7A). Furthermore, immunoblotting revealed a 31% reduction in relative ox-CaMKII levels in Colch-treated hearts ( $p < 0.05$ , Figure 7B). We next assessed for changes in Cx43 wherein we detected a 2-fold increase in relative pS-Cx43



levels in Colch-treated mdx lysates compared to Saline ( $p < 0.05$ , Figure 7C). Next, we examined cellular distribution of Cx43 in a triton solubility assay. We measured a near 6-fold increase in insoluble Cx43 in Colch-treated mdx hearts ( $p < 0.05$ , Figure 7D). Driven by these findings, we performed Cx43 immunohistochemistry in ventricular cryosections. Confocal immunofluorescence imaging revealed a reduction of Cx43 remodeling in Colch-treated hearts (Figure 7E, left), resembling what was previously seen in mdxS3E hearts (Figure 2). Quantification of relative Cx43 signal found at the IDs confirmed a significantly higher Cx43 localization to the IDs in Colch-treated mdx hearts ( $p < 0.05$ , Figure 7E right).

## Discussion

In previous studies, we provided evidence supporting the role of Cx43 remodeling in the development of DMD-cardiomyopathy but were unable to establish a mechanistic explanation (24-26). In this study, mdx mice with a substitution of phospho-mimicking glutamic acids at serines 325/328/330 in Cx43 (mdxS3E) were protected against remodeling and displayed a drastic reduction in hemichannel formation (Figure 2) and activity in vivo (Figure 3). Furthermore, both ROS production and intracellular  $\text{Ca}^{2+}$  homeostasis were normalized in mdxS3E cardiomyocytes (Figure 4). We also found that high levels of ox-CaMKII was associated with hypo-phosphorylation of the Cx43 serine-triplet and reduced Cx43 formation at the gap junctions in dystrophic hearts (Figure 5). Because of the chronic remodeling protection in vivo, mdxS3E mice were protected against Iso-induced arrhythmias and lethality (Figure 3), as well as the development of late-stage cardiomyopathy (Figure 6). Lastly, our data suggests an important contributor towards Cx43 remodeling in DMD hearts – the microtubule cytoskeleton. Targeting the densely disorganized, dystrophic microtubules in vivo with colchicine reduced ROS production concomitant with ox-CaMKII levels, enhanced pS-Cx43, and importantly, provided protection against cardiac Cx43 remodeling (Figure 7). Overall, our findings suggest a detailed, novel interplay between Cx43 remodeling and DMD cardiomyopathy.

Mimicking Cx43 phosphorylation was sufficient to correct several abnormalities prominent in dystrophic cardiomyocytes. Our results are consistent with prior studies in which either mimicking or enhancement of pS-Cx43 conferred cardio-protection in mouse models of hypertrophy and transverse aortic constriction (TAC) respectively (18, 20). pS-Cx43 also preserved gap junctional communication in cardiomyocytes unresponsive to fibroblast growth factor (FGF), an important mediator of cardioprotection (68). Wang et al recently reported that

397 injection of AAV9 carrying Cx43-S3E into post-MI hearts improved cardiac function and  
398 promoted adult cardiomyocyte re-differentiation at the site of infarct (69). This discovery may  
399 provide a missing link between Cx43 phosphorylation and the protection against cardiomyocyte  
400 cell death and fibrosis, hallmark features of DMD cardiomyopathy that were mitigated in  
401 mdxS3E mice.

402         To our knowledge, we are the first to establish a mechanistic model describing Cx43  
403 remodeling in dystrophic cardiomyocytes. We propose that excessive ROS production via  
404 hyper-densification of microtubules in dystrophic hearts (59) promotes excessive oxidation of  
405 CaMKII (53) that leads to hypo-phosphorylation of S325/S328/S330. Reduced phosphorylation  
406 subsequently leads to pathological Cx43 lateralization and excessive Cx43 hemichannel activity,  
407 increasing susceptibility to stress-induced arrhythmias and development of cardiomyopathy. The  
408 genetic correction of Cx43 remodeling with Cx43-S3E normalizes the oxidative environment  
409 and  $\text{Ca}^{2+}$  homeostasis and provides protection against stress-induced arrhythmias and cardiac  
410 disease. However, our proposed model does not preclude the possibility of other important Cx43  
411 protein interactions or modifications. Specifically, the Shaw laboratory has proposed that  
412 filamentous actin (f-actin) acts as a critical Cx43 vesicle delivery system. They suggest that  
413 stabilized actin filaments guide growing MTs towards the cell surface, increasing delivery of  
414 Cx43 to IDs (70, 71). Dystrophin binds to actin and affects actin cytoskeleton dynamics (72,  
415 73), hinting that the MT/actin relationship may also be altered in dystrophic hearts with and  
416 without MT inhibition. Furthermore, phosphorylation of Y247 on Cx43 by Src-kinase inhibits  
417 the binding of Cx43 to tubulin (74), which has been suggested to increase Cx43 disassembly and  
418 reduce cellular communication (75). Src kinase can be activated by ROS and its levels are  
419 increased in mdx muscles (76). Thus, Src may also be altered by inhibition of dystrophic MTs

much like CaMKII. Nevertheless, we provide strong evidence for the microtubule cytoskeleton as a mediator between dystrophin loss and Cx43 remodeling, a previously unestablished relationship in DMD hearts.

In this study, we uncover S325/S328/S330 hypo-phosphorylation as a harmful consequence of cardiac CaMKII oxidation. Since S325/S328/S330 can be directly phosphorylated by CaMKII (19) and oxidation of CaMKII typically leads to hyper-phosphorylation of its targets (29), one may suspect that oxidative activation of CaMKII enhances pS-Cx43. However, cardiac extracts from mdx mice with non-oxidizable CaMKII (mdx:MM-VV) (53) displayed increases in relative pS-Cx43 levels when compared to mdx (Figure 5B), a counter-intuitive result in need of further investigation. To this end, we analyzed the phosphorylation status of Cx43-S365, another site that is both hypo-phosphorylated in mdx hearts (Table 1) and is a target of CaMKII phosphorylation (19). However, we found no difference in the level of phosphorylated Cx43-S365 compared to total Cx43 between mdx and mdx:MM-VV heart lysates (Supplementary Figure 6). Cx43 can be phosphorylated at more than 20 different residues by different kinases and at least 9 of the phosphorylated residues have been reported to phosphorylated by 2 to 4 different kinases (14). We believe that a potential crosstalk between protein kinases may obscure some of their individual contributions. Future studies in which additional kinases are mutated in mdx hearts will need to be performed in order to unmask the role of ox-CaMKII in specific sites of Cx43. Nevertheless, prevention of oxidation of CaMKII by MM-VV mutation enhances gap junctional Cx43 in mdx mice principally via pS-Cx43.

It is important to note that although the focus of this study has been on Cx43 remodeling, the cardioprotection observed in mdxS3E mice may also be attributed to enhanced gap junctional

intercellular communication (GJIC). In most cardiac disease models where gap junctional remodeling is observed, Cx43 is not only laterally redistributed but its expression levels are significantly reduced at the ID (22). This reduction causes gap junctional uncoupling which leads to slowed conduction and discontinuous propagation, two key arrhythmic substrates in multiple animal models (11). In fact, most therapeutic strategies targeting Cx43 focus on preservation of Cx43 at the ID to promote GJIC rather than prevention of remodeling (77-79). Our data showing enhanced Cx43 in the triton-insoluble, gap junctional protein fractions of mdxS3E hearts (Supplementary Figure 2A), as well as increased relative Cx43 signal found at the ID regions in cryosections of mdxS3E hearts (Figure 2), suggest enhanced Cx43 localization at the ID. However, correction of cardiac disease in dystrophic mice can be achieved without a full restoration of ID-associated Cx43 (26). This supports the notion that remodeling but not reduced ID-Cx43 is the key pathological event in dystrophic hearts.

Despite a global genetic knock-in, the dystrophic phenotype is only rescued in the heart (Figure 6) and not in the surrounding skeletal muscles, as evidenced by the weakened and visibly fibrotic diaphragm in aged mdxS3E mice (Supplementary Figure 4B-C). Cardiac and respiratory dysfunctions coexist in late stage DMD patients, with one negatively impacting the other (80). As opposed to cardiac muscle, adult skeletal muscle does not require gap junctions to coordinate muscle contraction (81). However, de novo expression of Cx43 hemichannels contribute toward muscle degeneration in denervated dystrophic fast skeletal muscle fibers, such as the diaphragm (82-84). Thus, Cx43 hemichannels were suggested to be a viable therapeutic target for dystrophic muscle. Nevertheless, our results support the notion that correction of dystrophic cardiomyopathy by suppression of Cx43 remodeling can proceed independently of the presence of dystrophic respiratory muscles.

There are some limitations in the present report. First, we did not detect an overt exacerbation of the dystrophic cardiac phenotype in mdxS3A mice as we had originally expected. In fact, we saw a modest survival benefit in aged mdxS3A mice following Iso challenge when compared to mdx mice (Figure 4D). At this point, we can rule out any variations in background since only mdx control and mutant littermates were used in our experiments (see *Methods*). However, there may be compensatory mechanisms that are specifically triggered in the mdxS3A but not mdx hearts that mitigate the loss of phosphorylation at Cx43 sites 325/328/330 (85). Second, we did not address if enhanced densification of mdx MTs exacerbated Cx43 remodeling. Counter to our model, a previous report demonstrated that increasing acetylated  $\alpha$ -tubulin levels and stabilizing MTs via paclitaxel (Taxol) treatment in mice with lamin A/C dilated cardiomyopathy prevented mislocalization of Cx43 and improved ventricular conduction (86). However, we must point out that Taxol treatment also increases levels of de-tyrosinated tubulin, which is detrimental when enhanced in DMD and other cardiac disorders (58, 59, 87). Therefore, further stabilization of dystrophic microtubules will not only exacerbate the DMD phenotype through previously defined mechanisms such as: impaired contractility (35), increased ROS production (62) and aberrant  $\text{Ca}^{2+}$  signaling (61), but may also enhance Cx43 mislocalization.

The clinical potential for targeting Cx43 in the treatment of DMD-cardiomyopathy is strengthened by the growing number of reported Cx43-based therapeutics approaches for treatment of cardiac pathologies. The injection of muscle-derived stem/progenitor cells with overexpression of Cx43 into patients with heart failure improved myocardial viability in a phase 1 clinical study (88). Our present study along with our earlier reports illustrate the importance of lateral Cx43 hemichannel activity as a principal contributor to the arrhythmogenic phenotype in

DMD mice (Figure 3) (24). Nonapeptide Gap19 that selectively inhibits Cx43 hemichannels counteracted the deleterious effects of myocardial ischemia/reperfusion injury (16, 17). Antagonism of aldosterone, a well-known contributor towards heart failure, enhances pS325-Cx43 phosphorylation and reverse remodeling in diseased mice (18). Interestingly, the recent inclusion of aldosterone antagonist eplerenone in early DMD cardiomyopathy treatments delayed progressive cardiac dysfunction when compared to standard therapy (89). Eplerenone's direct impact on Cx43 is unknown but evidence suggests that it may enhance phosphorylation and improve Cx43 function through the nitric oxide (NO) pathway (90), a key mediator of Cx43 localization in hypertrophic hearts (91).

Collectively, the present study provides evidence that post-translational phosphorylation of S325/S328/S330 in Cx43 is a key event that protects against gap junctional remodeling and the development of cardiomyopathy in the DMD setting. This study provides insight into how dystrophic patho-mechanisms intersect with Cx43 phosphorylation, localization and function in the heart. Our results, coupled with the extensive knowledge and potential ascribed to Cx43 therapeutics, further strengthens the potential for Cx43-based strategies to combat DMD-cardiomyopathy.

## Materials and Methods

Detailed descriptions of the experimental methods are provided in the Supplementary Methods

### *Mouse Studies*

Heterozygous wild type (C57BL/6) knock-in Cx43<sup>S3A/WT</sup> and Cx43<sup>S3E/WT</sup> mice were generously provided by Dr. Glenn Fishman (NYU) which were bred to generate homozygous Cx43<sup>WT/WT</sup> (WT), Cx43<sup>S3A/S3A</sup> (WTS3A) and Cx43<sup>S3E/S3E</sup> (WTS3E) mice (20). To generate Cx43-mutant DMD mice, mdx (C57BL/10ScSn-DMD<sup>mdx</sup>/J) mice were crossed with both WTS3A and WTS3E mice until mdx: Cx43<sup>S3A/WT</sup> and mdx: Cx43<sup>S3E/WT</sup> heterozygous mice were produced. These mice were then bred to generate homozygous mdx: Cx43<sup>WT/WT</sup> (mdx), mdx: Cx43<sup>S3A/S3A</sup> (mdxS3A) and mdx: Cx43<sup>S3E/S3E</sup> (mdxS3E) mice. The mice were backcrossed for at least 6-8 generations. Heterozygous intercrosses were maintained for all experiments. Genotyping for mdx and WT genotypes were screened for as described in (92). Screening for Cx43 genotype was performed using custom made forward primers (IDTDNA) that recognize either alanines, glutamic acids or serines at the 325/328/330 positions in Cx43 gene and a downstream common reverse sequence: Cx43-S3A: 5'-GCAACCATCGCCAACGCC-3'; Cx43-S3E: 5'-GAGAAACCATCGAGAACGAGCA-3'; Cx43-WT: 5'-AGGACCATCTCCAACTCC-3'; Common Reverse Primer; 5'-CGCCTAGCTATCCCAAACA-3'. Age matched WT and mdx control and Cx43-mutant male and female mice were analyzed at time points of 3-6 months (adult) and 14-18 months (aged). No significant differences were found between sexes in Cx43 remodeling or in response to Iso treatment (24).

### *Human Samples*



Three non-DMD and three DMD male human heart samples were obtained from the University of Maryland Brain and Tissue Bank, a member of the NIH NeuroBioBank network. All samples were dissected post-mortem. DMD1 cause of death was attributable to cardiac failure at age 15, DMD2 cause of death was attributed to pulmonary thromboembolism at age 17 and DMD3 cause of death unknown. Informed consent was obtained from all subjects from whom tissues were analyzed.

#### *Western Blotting*

Snap frozen mouse and human ventricular tissues were homogenized in RIPA buffer and processed as described (26). The following antibodies were used: Cx43 (Sigma C6219; 1:10000, rabbit), pS325/S328/S330-Cx43 (custom made by Dr. Paul Lampe, 1:1000, mouse), pS365-Cx43 (custom made by Dr. Paul Lampe, 1:1000, rabbit), Vinculin (Sigma V9131; 1:2000, mouse), N-Cadherin (Invitrogen 33-3900; 1:2000, mouse),  $\alpha$ -Tubulin (Abcam ab7291; 1:2000, mouse),  $\beta$ -tubulin (Sigma T8328, 1:1000, mouse), gp91-phox (Santa Cruz sc-130543; 1:1000, mouse), CaMKII $\delta$  (GeneTex GTX111401; 1:1000, rabbit) and oxidized-CaMKII (Met281/282, Millipore 07-1387; 1:1000, rabbit). See Methods in the Supplementary Data for details.

#### *Triton Solubility Assay*

Method adapted from (71) with modifications. See Methods in Supplementary Data for details.

#### *Ventricular Cardiomyocyte Isolation*

Single ventricular cardiomyocytes were enzymatically isolated with Collagenase Type II (Worthington LS004176) and Protease XIV (Sigma P5147) from 3-4 month-old mice hearts using a Langendorff perfusion system previously described (26, 44).

553 *Intracellular Ca<sup>2+</sup> responses to hypo-osmotic shock*

554           Intact cardiomyocytes were loaded with fluo-4AM (5μM, Invitrogen), de-esterified and  
555 imaged as described in (26). See Methods in Supplementary Data for details.

556 *Measurement of cytosolic ROS production*

557           Intact cardiomyocytes were loaded with 5μM 2',7'-Dichlorofluorescein-diacetate (H<sub>2</sub>-  
558 DCFA) and imaged for 120 seconds as described in (26).

559 *Tissue Immunofluorescence*

560           Mouse and human ventricular tissue were cut, processed and incubated as described in  
561 (24). Sections were then incubated with either Cx43 (Sigma C6219, 1:2000, rabbit) or  
562 pS325/S328/S330-Cx43 (see above, 1:1000) and N-Cadherin (Invitrogen 33-3900, 1:300,  
563 mouse) antibodies in blocking buffer overnight at 4°C. See Methods in Supplementary Methods  
564 for more details.

565 *Quantification of Cx43 Localization at the Intercalated Disc*

566           Method adapted from (71) with modifications. See Methods in Supplementary Data for  
567 more details.

568 *Fibrosis Staining and Quantification*

569           Masson Trichrome staining was performed as described in (25).

570 *Echocardiography*

Transthoracic echocardiography of aged (14-18 month) mice was performed and analyzed as described in (25). Diaphragm ultrasonography was performed on anesthetized mice and diaphragm amplitudes were measured as described in (55).

#### *Electrocardiography*

Whole animal electrocardiograms were recorded in a Lead II conformation and analyzed as described in (24).

#### *Isolated Heart Ethidium Bromide Perfusion and Dye Uptake Quantification*

Mice were heparinized (5000 U/kg), anesthetized and then injected with either saline (control) or Iso (5mg/kg, IP). Twenty minutes following Iso or vehicle injection, mice were sacrificed by cervical dislocation and hearts were extracted and cannulated in a Langendorff perfusion system. Hearts were perfused with  $\text{Ca}^{2+}$  free NT buffer at room temperature for 10 minutes, NT plus Ethidium bromide (5 $\mu\text{M}$ ) for 20 minutes and then NT buffer for 5 minutes for wash out. Hearts were then fixed overnight in 4% paraformaldehyde (Sigma), placed into 30% sucrose solution in PBS (Sigma) for 6 hours, then embedded in OCT. After 10 $\mu\text{m}$  cryosections were made, slides were thawed to room temperature, washed in PBS and Alexa Fluor Wheat Germ Agglutinin 488 (Invitrogen) was applied for 20 minutes. Slides were then washed in PBS and mounted with antifade Mounting Reagent with DAPI (Invitrogen). Slides were then imaged using a 200 Axiovert fluorescence microscope (Zeiss, Germany). Ethidium was red auto fluorescent and thus the same exposure settings were used for all slides. To calculate ethidium fluorescence in ImageJ, nuclei were identified, created as ROI and individual nuclei (100-200 per image) mean fluorescent intensities were measured. Then, the ROI outlines were projected onto corresponding ethidium image, where individual fluorescent intensities were measured,

capturing ethidium signal within all nuclei. Ethidium intensity was then divided by nuclei intensity per each ROI, then the mean ratio was calculated for all nuclei in the image. Two to three images per heart were analyzed in a blinded fashion.

#### *Isolated Heart Biotin Perfusion*

Mice were heparinized, anesthetized then sacrificed by cervical dislocation and hearts were extracted and cannulated in a Langendorff perfusion system. Hearts were initially perfused with NT for 5 minutes, switched to NT buffer plus Biotin (EZ-Link NHS Biotin, 0.5mg/mL, ThermoScientific) for 40 minutes (0.5ml/min flow rate) and washed out for 10 minutes with NT buffer plus 15mM Glycine. Ventricular tissue was then homogenized in HEN lysis buffer (250mM HEPES, 1mM EDTA, 0.1mM Neucoprine, pH 8.0) with 2x HALT protease inhibitors (ThermoScientific) and then centrifuged at 14000 rpm for 5 minutes. Following protein concentration determination, 50µl of streptavidin beads (ThermoScientific, #20349) were added to 200µg protein and nutated for 90 minutes at 4°C with occasional vortexing. Samples were then centrifuged at 14000 rpm for 2 minutes and supernatant was discarded. The streptavidin pellet was then resuspended in fresh lysis buffer containing 0.1% Triton X-100 and centrifuged for 1 minute at 14000 rpm. The pellet was then washed with PBS (pH 7.4) and centrifuged. 25µl of 2x Laemlli sample buffer was added and heated at 100°C for 5 minutes to disrupt biotin-streptavidin interaction. The heated samples along w were then centrifuged for 1 minute at 14,000 rpm and the supernatant was run along with total protein extracts without streptavidin pulldown on SDS-PAGE.

#### *Mini Osmotic Pump Implantation*

Young adult (~3-month-old) mdx mice chosen for osmotic pump implantation were weighed and anesthetized. Osmotic pumps (Alzet model 1004) were inserted through a small incision between the scapulae and the incision was then closed with wound clips. Osmotic pumps contained either Saline (vehicle) or Colchicine (Sigma C9754, dissolved in Saline, 0.4mg/kg/day) and remained in the mice for 28 days. At the conclusion of the study, mice were euthanized, and cardiac tissue was collected for downstream immunoblotting and immunofluorescent analyses.

### *Statistics*

The data is expressed as mean  $\pm$  SEM. Statistical analyses were performed using parametric analysis in GraphPad Prism software. Statistical significance between multiple groups were analyzed by one-way ANOVA parametric testing followed by Tukey's multiple comparisons test. Statistical significance amongst mice that were injected with Iso or control were analyzed by two-way ANOVA followed by Tukey's multiple comparisons test. In the case of two groups, we performed paired t-tests. P-values less than 0.05 were considered significant for all statistical tests. Representative p values and symbols are described in figure legends. Most experiments and analyses of endpoint readouts (immunohistochemistry, histopathology, immunoblotting) were carried out in a blinded fashion.

### *Study Approval*

All animal experiments were approved by the IACUC of Rutgers New Jersey Medical School and performed in accordance with the NIH guidelines. All human experiments were approved by the IRB of Rutgers University and performed in accordance with relevant guidelines and regulations.

**Author contributions:** E.H., M.A.L., D.F., J.E.C, N.S. and L.H.X. designed experiments. E.H. and M.A.L. performed most of the experiments. E.H., M.A.L., D.F., J.E.C. and N.S. analyzed the data. Q.Z, J.P.G., J.N., H.L., T.L. and P.D.L. performed some of the experiments. X.H.T.W. provided mdx:CaMKII (MM-VV) cardiac tissues, P.D.L. provided custom pS325/S328/S330 antibody. G.I.F. provided the transgenic S3A and S3E knock-in mice. E.H. wrote the manuscript. All authors reviewed and approved final draft.

**Acknowledgments:** We thank M. Zhu, L. Perez (NERA), M.B. Ojeda (NERA), P. Gupta for assistance in genotyping, histology and ECG reading, M. Teitelbaum for assistance in myocyte isolation, J. and P. Jetko for histology and Dr. J. Sadoshima for critically reading the manuscript. This work was supported by an AHA pre-doctoral fellowship 17PRE33660354 to E.H., AHA post-doctoral fellowship 18POST339610107 to M.A.L., NIH grant 1R01HL141170-01 to D.F., N.S., J.E.C., NIH grant R01GM099490 to J.E.C., NIH grant HL093342 to N.S., NIH grants R01HL92929 and R01HL133294 to L.H.X., NIH grant R01HL82727 to G.I.F., AHA grant 16GRNT31100022 to L.H.X., NIH grant GM55632 to P.D.L, NIH grants R01GM112415 and P30NS046593 to H.L. and Muscular Dystrophy Association grants 602349 and 416281 to D.F. The mass spectrometry data were obtained from an Orbitrap instrument funded in part by an NIH grant NS046593, for the support of the Rutgers Mass Spectrometry Center for Integrative Neuroscience Research.

**Materials & Correspondence:** Diego Fraidenraich, Department of Cell Biology and Molecular Medicine, New Jersey Medical School, Rutgers Biomedical and Health Sciences, Newark, NJ, USA. Phone: 973-972-5525. Email: [fraidedi@njms.rutgers.edu](mailto:fraidedi@njms.rutgers.edu)

659   **References**

- 660   1.     Bushby K, Finkel R, Birnkrant DJ, Case LE, Clemens PR, Cripe L, Kaul A, Kinnett K,  
661         McDonald C, Pandya S, et al. Diagnosis and management of Duchenne muscular  
662         dystrophy, part 1: diagnosis, and pharmacological and psychosocial management. *The*  
663         *Lancet Neurology*. 2010;9(1):77-93.
- 664   2.     Kamdar F, and Garry DJ. Dystrophin-Deficient Cardiomyopathy. *Journal of the*  
665         *American College of Cardiology*. 2016;67(21):2533-46.
- 666   3.     Hoffman EP, Brown RH, and Kunkel LM. Dystrophin: the protein product of the  
667         Duchenne muscular dystrophy locus. *Cell*. 1987;51(9):19-28.
- 668   4.     Lapidos KA, Kakkar R, and McNally EM. The dystrophin glycoprotein complex:  
669         signaling strength and integrity for the sarcolemma. *Circulation research*.  
670         2004;94(8):1023-31.
- 671   5.     Le Guiner C, Servais L, Montus M, Larcher T, Fraysse B, Moullec S, Allais M, Francois  
672         V, Dutilleul M, Malerba A, et al. Long-term microdystrophin gene therapy is effective in  
673         a canine model of Duchenne muscular dystrophy. *Nat Commun*. 2017;8(16):105.
- 674   6.     Long C, Li H, Tiburcy M, Rodriguez-Caycedo C, Kyrychenko V, Zhou H, Zhang Y, Min  
675         Y-L, Shelton JM, Mammen PPA, et al. Correction of diverse muscular dystrophy  
676         mutations in human engineered heart muscle by single-site genome editing. *Science*  
677         *Advances*. 2018;4(1):eaap9004.
- 678   7.     Kieny P, Le Fort M, Perrouin Verbe B, Delalande P, Pereon Y, Magot A, and Chollet S.  
679         Evolution of life expectancy of patients with Duchenne muscular dystrophy at AFM

- 680 Yolaine de Kepper centre between 1981 and 2011. *Annals of Physical and Rehabilitation*  
681 *Medicine*. 2013;56(6):443-54.
- 682 8. McNally EM. New approaches in the therapy of cardiomyopathy in muscular dystrophy.  
683 *Annual review of medicine*. 2007;58(75-88).
- 684 9. Ogata H, Ishikawa Y, Ishikawa Y, and Minami R. Beneficial effects of beta-blockers and  
685 angiotensin-converting enzyme inhibitors in Duchenne muscular dystrophy. *Journal of*  
686 *Cardiology*. 2009;53(1):72-8.
- 687 10. Laird DW, and Lampe PD. Therapeutic strategies targeting connexins. *Nature Reviews*  
688 *Drug Discovery*. 2018;17(905-21).
- 689 11. Kleber AG, and Saffitz JE. Role of the intercalated disc in cardiac propagation and  
690 arrhythmogenesis. *Frontiers in physiology*. 2014;5(404).
- 691 12. Michela P, Velia V, Aldo P, and Ada P. Role of connexin 43 in cardiovascular diseases.  
692 *European Journal of Pharmacology*. 2015;768(71-6).
- 693 13. Lampe PD, and Lau AF. The effects of connexin phosphorylation on gap junctional  
694 communication. *The International Journal of Biochemistry & Cell Biology*.  
695 2004;36(7):1171-86.
- 696 14. Aasen T, Johnstone S, Vidal-Brime L, Lynn KS, and Koval M. Connexins: Synthesis,  
697 Post-Translational Modifications, and Trafficking in Health and Disease. *International*  
698 *journal of molecular sciences*. 2018;19(5):1296.



- 699 15. Smith JH, Green CR, Peters NS, Rothery S, and Severs NJ. Altered patterns of gap  
700 junction distribution in ischemic heart disease. An immunohistochemical study of human  
701 myocardium using laser scanning confocal microscopy. *The American journal of*  
702 *pathology*. 1991;139(4):801-21.
- 703 16. Wang N, De Vuyst E, Ponsaerts R, Boengler K, Palacios-Prado N, Wauman J, Lai CP,  
704 De Bock M, Decrock E, Bol M, et al. Selective inhibition of Cx43 hemichannels by  
705 Gap19 and its impact on myocardial ischemia/reperfusion injury. *Basic research in*  
706 *cardiology*. 2013;108(1):309.
- 707 17. Hawat G, Hélie P, and Baroudi G. Single intravenous low-dose injections of connexin 43  
708 mimetic peptides protect ischemic heart in vivo against myocardial infarction. *Journal of*  
709 *Molecular and Cellular Cardiology*. 2012;53(4):559-66.
- 710 18. Qu J, Volpicelli FM, Garcia LI, Sandeep N, Zhang J, Marquez-Rosado L, Lampe PD, and  
711 Fishman GI. Gap junction remodeling and spironolactone-dependent reverse remodeling  
712 in the hypertrophied heart. *Circulation research*. 2009;104(3):365-71.
- 713 19. Huang RYC, Laing JG, Kanter EM, Berthoud VM, Bao M, Rohrs HW, Townsend RR,  
714 and Yamada KA. Identification of CaMKII Phosphorylation Sites in Connexin43 by  
715 High-Resolution Mass Spectrometry. *Journal of Proteome Research*. 2011;10(3):1098-  
716 109.
- 717 20. Remo BF, Qu J, Volpicelli FM, Giovannone S, Shin D, Lader J, Liu FY, Zhang J, Lent  
718 DS, Morley GE, et al. Phosphatase-resistant gap junctions inhibit pathological  
719 remodeling and prevent arrhythmias. *Circulation research*. 2011;108(12):1459-66.

- 720 21. Severs NJ, Bruce AF, Dupont E, and Rothery S. Remodelling of gap junctions and  
721 connexin expression in diseased myocardium. *Cardiovascular research*. 2008;80(1):9-19.
- 722 22. Fontes MSC, van Veen TAB, de Bakker JMT, and van Rijen HVM. Functional  
723 consequences of abnormal Cx43 expression in the heart. *Biochimica et Biophysica Acta*  
724 *(BBA) - Biomembranes*. 2012;1818(8):2020-9.
- 725 23. Boulaksil M, Bierhuizen MFA, Engelen MA, Stein M, Kok BJM, van Amersfoort SCM,  
726 Vos MA, van Rijen HVM, de Bakker JMT, and van Veen TAB. Spatial Heterogeneity of  
727 Cx43 is an Arrhythmogenic Substrate of Polymorphic Ventricular Tachycardias during  
728 Compensated Cardiac Hypertrophy in Rats. *Frontiers in Cardiovascular Medicine*.  
729 2016;3(5).
- 730 24. Gonzalez JP, Ramachandran J, Xie L-H, Contreras JE, and Fraidenraich D. Selective  
731 Connexin43 Inhibition Prevents Isoproterenol-Induced Arrhythmias and Lethality in  
732 Muscular Dystrophy Mice. *Scientific Reports*. 2015;5(13490).
- 733 25. Gonzalez JP, Kyrychenko S, Kyrychenko V, Schneider JS, Granier CJ, Himelman E,  
734 Lahey KC, Zhao Q, Yehia G, Tao Y-X, et al. Small Fractions of Muscular Dystrophy  
735 Embryonic Stem Cells Yield Severe Cardiac and Skeletal Muscle Defects in Adult  
736 Mouse Chimeras. *Stem Cells (Dayton, Ohio)*. 2016;35(3):597-610.
- 737 26. Gonzalez JP, Ramachandran J, Himelman E, Badr MA, Kang C, Nouet J, Fefelova N,  
738 Xie L-H, Shirokova N, Contreras JE, et al. Normalization of connexin 43 protein levels  
739 prevents cellular and functional signs of dystrophic cardiomyopathy in mice.  
740 *Neuromuscular Disorders*. 2018;28(4):361-72.

- 741 27. Solan JL, and Lampe PD. Key Connexin 43 Phosphorylation Events Regulate the Gap  
742 Junction Life Cycle. *Journal of Membrane Biology*. 2007;217(1):35-41.
- 743 28. Shirokova N, and Niggli E. Cardiac phenotype of Duchenne Muscular Dystrophy:  
744 Insights from cellular studies. *Journal of Molecular and Cellular Cardiology*.  
745 2013;58(217-24.
- 746 29. Erickson JR, He BJ, Grumbach IM, and Anderson ME. CaMKII in the Cardiovascular  
747 System: Sensing Redox States. *Physiological Reviews*. 2011;91(3):889-915.
- 748 30. Lampe PD, Cooper CD, King TJ, and Burt JM. Analysis of Connexin43 phosphorylated  
749 at S325, S328 and S330 in normoxic and ischemic heart. *Journal of Cell Science*.  
750 2006;119(16):3435-42.
- 751 31. Colussi C, Rosati J, Straino S, Spallotta F, Berni R, Stilli D, Rossi S, Musso E, Macchi E,  
752 Mai A, et al. N(ε)-lysine acetylation determines dissociation from GAP junctions and  
753 lateralization of connexin 43 in normal and dystrophic heart. *Proceedings of the National*  
754 *Academy of Sciences of the United States of America*. 2011;108(7):2795-800.
- 755 32. Cooper CD, and Lampe PD. Casein kinase 1 regulates connexin-43 gap junction  
756 assembly. *The Journal of biological chemistry*. 2002;277(47):44962-8.
- 757 33. Musil LS, and Goodenough DA. Biochemical analysis of connexin43 intracellular  
758 transport, phosphorylation, and assembly into gap junctional plaques. *J Cell Biol*.  
759 1991;115(5):1357-74.

- 760 34. Chenard AA, Becane HM, Tertrain F, de Kermadec JM, and Weiss YA. Ventricular  
761 arrhythmia in Duchenne muscular dystrophy: Prevalence, significance and prognosis.  
762 *Neuromuscular Disorders*. 1993;3(3):201-6.
- 763 35. Kerr JP, Robison P, Shi G, Bogush AI, Kempema AM, Hexum JK, Becerra N, Harki DA,  
764 Martin SS, Raiteri R, et al. Detyrosinated microtubules modulate mechanotransduction in  
765 heart and skeletal muscle. *Nature Communications*. 2015;6(8526).
- 766 36. Chu V, Otero JM, Lopez O, Sullivan MF, Morgan JP, Amende I, and Hampton TG.  
767 Electrocardiographic findings in mdx mice: A cardiac phenotype of Duchenne muscular  
768 dystrophy. *Muscle & nerve*. 2002;26(4):513-9.
- 769 37. Fauconnier J, Thireau J, Reiken S, Cassan C, Richard S, Matecki S, Marks AR, and  
770 Lacampagne A. Leaky RyR2 trigger ventricular arrhythmias in Duchenne muscular  
771 dystrophy. *Proceedings of the National Academy of Sciences*. 2010;107(4):1559-64.
- 772 38. Gavillet B, Rougier J-S, Domenighetti AA, Behar R, Boixel C, Ruchat P, Lehr H-A,  
773 Pedrazzini T, and Abriel H. Cardiac Sodium Channel Nav1.5 Is Regulated by a  
774 Multiprotein Complex Composed of Syntrophins and Dystrophin. *Circulation research*.  
775 2006;99(4):407-14.
- 776 39. Petitprez S, Zmoos A-F, Ogrodnik J, Balse E, Raad N, El-Haou S, Albesa M, Bittihn P,  
777 Luther S, Lehnart SE, et al. SAP97 and Dystrophin Macromolecular Complexes  
778 Determine Two Pools of Cardiac Sodium Channels Na<sub>v</sub>1.5 in  
779 Cardiomyocytes. *Circulation research*. 2011;108(3):294-304.

- 780 40. Contreras JE, Sáez JC, Bukauskas FF, and Bennett MVL. Gating and regulation of  
781 connexin 43 (Cx43) hemichannels. *Proc Natl Acad Sci U S A*. 2003;100(20):11388-93.
- 782 41. Sáez JC, Schalper KA, Retamal MA, Orellana JA, Shoji KF, and Bennett MVL. Cell  
783 membrane permeabilization via connexin hemichannels in living and dying cells.  
784 *Experimental Cell Research*. 2010;316(15):2377-89.
- 785 42. De Vuyst E, Wang N, Decrock E, De Bock M, Vinken M, Van Moorhem M, Lai C, Culot  
786 M, Rogiers V, Cecchelli R, et al. Ca<sup>2+</sup> regulation of connexin 43 hemichannels in C6  
787 glioma and glial cells. *Cell Calcium*. 2009;46(3):176-87.
- 788 43. Braet K, Vandamme W, Martin PEM, Evans WH, and Leybaert L. Photoliberating  
789 inositol-1,4,5-trisphosphate triggers ATP release that is blocked by the connexin mimetic  
790 peptide gap 26. *Cell Calcium*. 2003;33(1):37-48.
- 791 44. Fanchaouy M, Polakova E, Jung C, Ogrodnik J, Shirokova N, and Niggli E. Pathways of  
792 abnormal stress-induced Ca<sup>2+</sup> influx into dystrophic mdx cardiomyocytes. *Cell Calcium*.  
793 2009;46(2):114-21.
- 794 45. Ullrich ND, Fanchaouy M, Gusev K, Shirokova N, and Niggli E. Hypersensitivity of  
795 excitation-contraction coupling in dystrophic cardiomyocytes. *American Journal of*  
796 *Physiology-Heart and Circulatory Physiology*. 2009;297(6):H1992-H2003.
- 797 46. Williams IA, and Allen DG. The role of reactive oxygen species in the hearts of  
798 dystrophin-deficient mdx mice. *American Journal of Physiology-Heart and Circulatory*  
799 *Physiology*. 2007;293(3):H1969-H77.

- 800 47. Ramachandran S, Xie L-H, John SA, Subramaniam S, and Lal R. A Novel Role for  
801 Connexin Hemichannel in Oxidative Stress and Smoking-Induced Cell Injury. *PLOS*  
802 *ONE*. 2007;2(8):e712.
- 803 48. Retamal MA, Schalper KA, Shoji KF, Bennett MVL, and Sáez JC. Opening of connexin  
804 43 hemichannels is increased by lowering intracellular redox potential. *Proceedings of*  
805 *the National Academy of Sciences*. 2007;104(20):8322-7.
- 806 49. Le HT, Sin WC, Lozinsky S, Bechberger J, Vega JL, Guo XQ, Saez JC, and Naus CC.  
807 Gap junction intercellular communication mediated by connexin43 in astrocytes is  
808 essential for their resistance to oxidative stress. *The Journal of biological chemistry*.  
809 2014;289(3):1345-54.
- 810 50. Bedard K, and Krause K-H. The NOX Family of ROS-Generating NADPH Oxidases:  
811 Physiology and Pathophysiology. *Physiological Reviews*. 2007;87(1):245-313.
- 812 51. Ather S, Wang W, Wang Q, Li N, Anderson ME, and Wehrens XHT. Inhibition of  
813 CaMKII phosphorylation of RyR2 prevents inducible ventricular arrhythmias in mice  
814 with Duchenne muscular dystrophy. *Heart Rhythm*. 2013;10(4):592-9.
- 815 52. Wang Q, Wang W, Wang G, Rodney GG, and Wehrens XHT. Crosstalk between RyR2  
816 oxidation and phosphorylation contributes to cardiac dysfunction in mice with Duchenne  
817 muscular dystrophy. *Journal of Molecular and Cellular Cardiology*. 2015;89(Pt B):177-  
818 84.
- 819 53. Wang Q, Quick Ann P, Cao S, Reynolds J, Chiang David Y, Beavers D, Li N, Wang G,  
820 Rodney George G, Anderson Mark E, et al. Oxidized CaMKII (Ca<sup>2+</sup>/Calmodulin-

821 Dependent Protein Kinase II) Is Essential for Ventricular Arrhythmia in a Mouse Model  
822 of Duchenne Muscular Dystrophy. *Circulation: Arrhythmia and Electrophysiology*.  
823 2018;11(4):e005682.

824 54. Quinlan JG, Hahn HS, Wong BL, Lorenz JN, Wenisch AS, and Levin LS. Evolution of  
825 the mdx mouse cardiomyopathy: physiological and morphological findings.  
826 *Neuromuscular Disorders*. 2004;14(8):491-6.

827 55. Whitehead NP, Bible KL, Kim MJ, Odom GL, Adams ME, and Froehner SC. Validation  
828 of ultrasonography for non-invasive assessment of diaphragm function in muscular  
829 dystrophy. *J Physiol*. 2016;594(24):7215-27.

830 56. Stedman HH, Sweeney HL, Shrager JB, Maguire HC, Panettieri RA, Petrof B, Narusawa  
831 M, Leferovich JM, Sladky JT, and Kelly AM. The mdx mouse diaphragm reproduces the  
832 degenerative changes of Duchenne muscular dystrophy. *Nature*. 1991;352(536).

833 57. Lefaucheur JP, Pastoret C, and Sebillle A. Phenotype of dystrophinopathy in old MDX  
834 mice. *The Anatomical Record*. 1995;242(1):70-6.

835 58. Belanto JJ, Mader TL, Eckhoff MD, Strandjord DM, Banks GB, Gardner MK, Lowe DA,  
836 and Ervasti JM. Microtubule binding distinguishes dystrophin from utrophin.  
837 *Proceedings of the National Academy of Sciences of the United States of America*.  
838 2014;111(15):5723-8.

839 59. Prosser BL, Ward CW, and Lederer WJ. X-ROS Signaling: Rapid Mechano-Chemo  
840 Transduction in Heart. *Science*. 2011;333(6048):1440-5.

- 841 60. Prosser BL, Khairallah RJ, Ziman AP, Ward CW, and Lederer WJ. X-ROS signaling in  
842 the heart and skeletal muscle: Stretch-dependent local ROS regulates  $[Ca^{2+}]_i$ . *Journal of*  
843 *Molecular and Cellular Cardiology*. 2013;58(172-81.
- 844 61. Joca HC, Coleman AK, Ward CW, and Williams GSB. Quantitative tests reveal that  
845 microtubules tune the healthy heart but underlie arrhythmias in pathology. *The Journal of*  
846 *Physiology*.0(0).
- 847 62. Loehr JA, Wang S, Cully TR, Pal R, Larina IV, Larin KV, and Rodney GG. NADPH  
848 oxidase mediates microtubule alterations and diaphragm dysfunction in dystrophic mice.  
849 *Elife*. 2018;7(e31732.
- 850 63. Giepman BNG, Verlaan I, Hengeveld T, Janssen H, Calafat J, Falk MM, and Moolenaar  
851 WH. Gap junction protein connexin-43 interacts directly with microtubules. *Current*  
852 *Biology*. 2001;11(17):1364-8.
- 853 64. Smyth JW, Hong T-T, Gao D, Vogan JM, Jensen BC, Fong TS, Simpson PC, Stainier  
854 DYR, Chi NC, and Shaw RM. Limited forward trafficking of connexin 43 reduces cell-  
855 cell coupling in stressed human and mouse myocardium. *The Journal of Clinical*  
856 *Investigation*. 2010;120(1):266-79.
- 857 65. Chkourko HS, Guerrero-Serna G, Lin X, Darwish N, Pohlmann JR, Cook KE, Martens  
858 JR, Rothenberg E, Musa H, and Delmar M. Remodeling of mechanical junctions and of  
859 microtubule-associated proteins accompany cardiac connexin43 lateralization. *Heart*  
860 *Rhythm*. 2012;9(7):1133-40.e6.



- 861 66. Prins KW, Asp ML, Zhang H, Wang W, and Metzger JM. Microtubule-Mediated  
862 Misregulation of Junctophilin-2 Underlies T-Tubule Disruptions and Calcium  
863 Mishandling in mdx Mice. *JACC: Basic to Translational Science*. 2016;1(3):122-30.
- 864 67. Khairallah RJ, Shi G, Sbrana F, Prosser BL, Borroto C, Mazaitis MJ, Hoffman EP,  
865 Mahurkar A, Sachs F, Sun Y, et al. Microtubules Underlie Dysfunction in Duchenne  
866 Muscular Dystrophy. *Science Signaling*. 2012;5(236):ra56-ra.
- 867 68. Sakurai T, Tsuchida M, Lampe PD, and Murakami M. Cardiomyocyte FGF signaling is  
868 required for Cx43 phosphorylation and cardiac gap junction maintenance. *Experimental*  
869 *cell research*. 2013;319(14):2152-65.
- 870 69. Wang WE, Li L, Xia X, Fu W, Liao Q, Lan C, Yang D, Chen H, Yue R, Zeng C, et al.  
871 Dedifferentiation, Proliferation, and Redifferentiation of Adult Mammalian  
872 Cardiomyocytes After Ischemic Injury. *Circulation*. 2017;136(9):834-48.
- 873 70. Smyth JW, Vogan JM, Buch PJ, Zhang S-S, Fong TS, Hong T-T, and Shaw RM. Actin  
874 cytoskeleton rest stops regulate anterograde traffic of connexin 43 vesicles to the plasma  
875 membrane. *Circulation research*. 2012;110(7):978-89.
- 876 71. Basheer WA, Xiao S, Epifantseva I, Fu Y, Kleber AG, Hong T, and Shaw RM. GJA1-  
877 20k Arranges Actin to Guide Cx43 Delivery to Cardiac Intercalated Discs. *Circulation*  
878 *research*. 2017;121(9):1069-80.
- 879 72. Campbell KP. Three muscular dystrophies: loss of cytoskeleton-extracellular matrix  
880 linkage. *Cell*. 1995;80(5):675-9.

- 881 73. Rybakova IN, Amann KJ, and Ervasti JM. A new model for the interaction of dystrophin  
882 with F-actin. 1996;135(3):661-72.
- 883 74. Saidi Brikci-Nigassa A, Clement M-J, Ha-Duong T, Adjadj E, Ziani L, Pastre D, Curmi  
884 PA, and Savarin P. Phosphorylation Controls the Interaction of the Connexin43 C-  
885 Terminal Domain with Tubulin and Microtubules. *Biochemistry*. 2012;51(21):4331-42.
- 886 75. Lin R, Warn-Cramer BJ, Kurata WE, and Lau AF. v-Src phosphorylation of connexin 43  
887 on Tyr247 and Tyr265 disrupts gap junctional communication. *The Journal of Cell*  
888 *Biology*. 2001;154(4):815-28.
- 889 76. Gervasio OL, Whitehead NP, Yeung EW, Phillips WD, and Allen DG. TRPC1 binds to  
890 caveolin-3 and is regulated by Src kinase - role in Duchenne muscular dystrophy. *J Cell*  
891 *Sci*. 2008;121(13):2246-55.
- 892 77. Bačová B, Radošinská J, Viczenczová C, Knezl V, Dosenko V, Beňova T, Navarová J,  
893 Gonçalvesová E, van Rooyen J, Weismann P, et al. Up-regulation of myocardial  
894 connexin-43 in spontaneously hypertensive rats fed red palm oil is most likely implicated  
895 in its anti-arrhythmic effects. *Canadian Journal of Physiology and Pharmacology*.  
896 2012;90(9):1235-45.
- 897 78. Dhein S, Hagen A, Jozwiak J, Dietze A, Garbade J, Barten M, Kostelka M, and Mohr F-  
898 WJN-SsAoP. Improving cardiac gap junction communication as a new antiarrhythmic  
899 mechanism: the action of antiarrhythmic peptides. 2010;381(3):221-34.
- 900 79. Sovari AA, Iravanian S, Dolmatova E, Jiao Z, Liu H, Zandieh S, Kumar V, Wang K,  
901 Bernstein KE, Bonini MG, et al. Inhibition of c-Src Tyrosine Kinase Prevents

902 Angiotensin II–Mediated Connexin-43 Remodeling and Sudden Cardiac Death. *Journal*  
903 *of the American College of Cardiology*. 2011;58(22):2332-9.

904 80. Melacini P, Vianello A, Villanova C, Fanin M, Miorin M, Angelini C, and Dalla Volta S.  
905 Cardiac and respiratory involvement in advanced stage Duchenne muscular dystrophy.  
906 *Neuromuscular Disorders*. 1996;6(5):367-76.

907 81. Merrifield PA, and Laird DW. Connexins in skeletal muscle development and disease.  
908 *Semin Cell Dev Biol*. 2016;50(67-73).

909 82. Cea LA, Puebla C, Cisterna BA, Escamilla R, Vargas AA, Frank M, Martínez-Montero  
910 P, Prior C, Molano J, Esteban-Rodríguez I, et al. Fast skeletal myofibers of mdx mouse,  
911 model of Duchenne muscular dystrophy, express connexin hemichannels that lead to  
912 apoptosis. *Cellular and Molecular Life Sciences*. 2016;73(13):2583-99.

913 83. Cea LA, Cisterna BA, Puebla C, Frank M, Figueroa XF, Cardozo C, Willecke K, Latorre  
914 R, and Sáez JC. De novo expression of connexin hemichannels in denervated fast skeletal  
915 muscles leads to atrophy. *Proceedings of the National Academy of Sciences*.  
916 2013;110(40):16229-34.

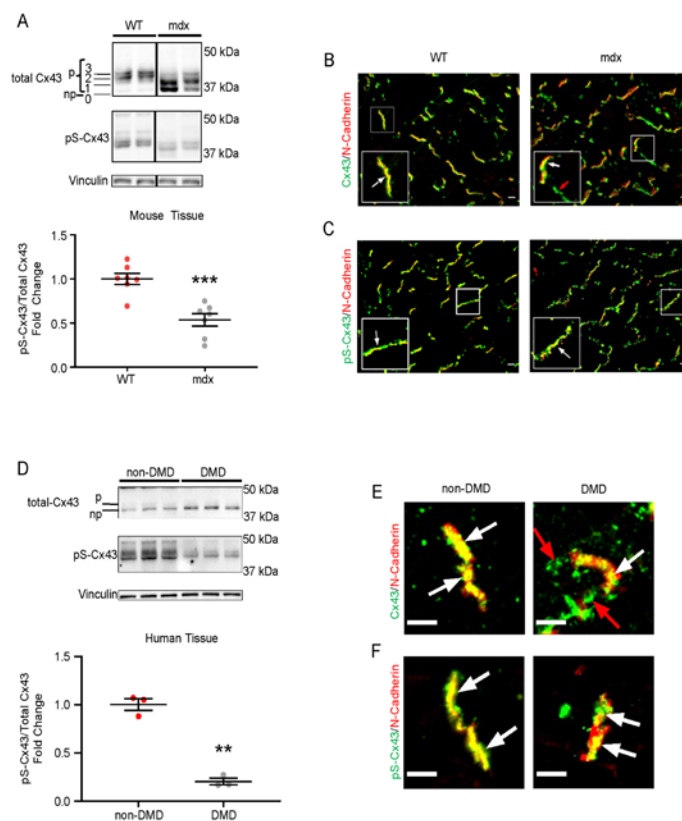
917 84. Guido AN, Campos GER, Neto HS, Marques MJ, and Minatel E. Fiber Type  
918 Composition of the Sternomastoid and Diaphragm Muscles of Dystrophin-Deficient mdx  
919 Mice. *Anat Rec (Hoboken)*. 2010;293(10):1722-8.

920 85. Ek-Vitorin JF, Pontifex TK, and Burt JM. Cx43 Channel Gating and Permeation:  
921 Multiple Phosphorylation-Dependent Roles of the Carboxyl Terminus. *International*  
922 *journal of molecular sciences*. 2018;19(6):E1659.

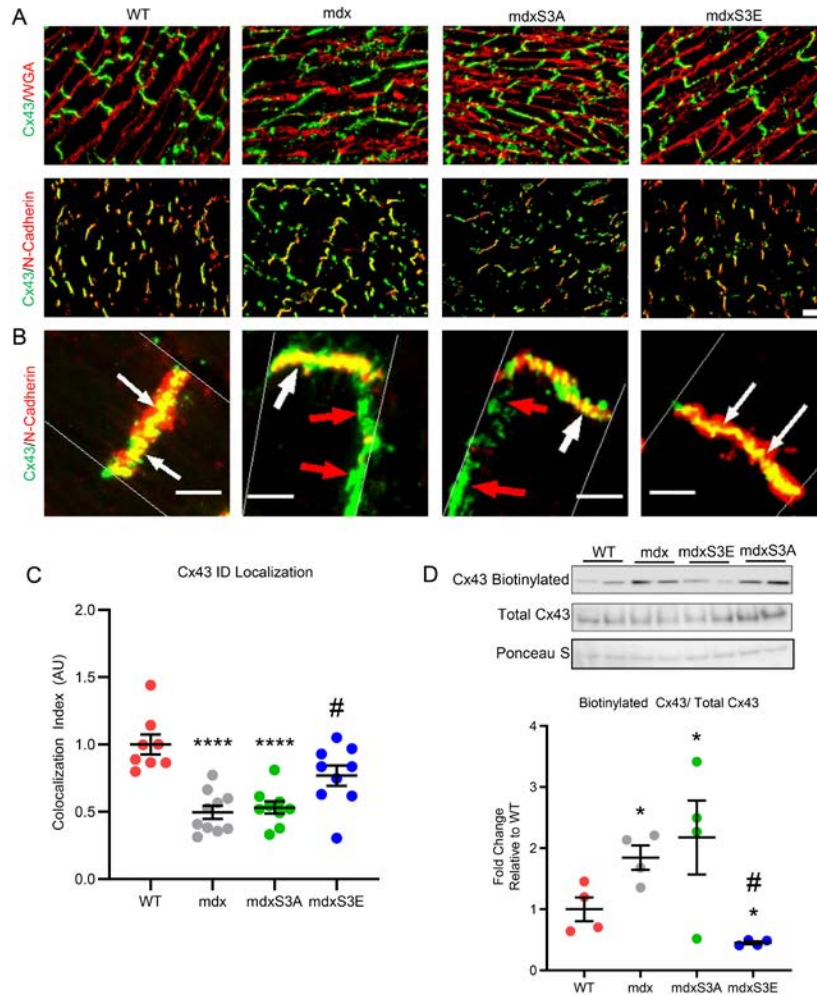
- 923 86. Macquart C, Jüttner R, Morales Rodriguez B, Le Dour C, Lefebvre F, Chatzifrangkeskou  
924 M, Schmitt A, Gotthardt M, Bonne G, and Muchir A. Microtubule cytoskeleton regulates  
925 Connexin 43 localization and cardiac conduction in cardiomyopathy caused by mutation  
926 in A-type lamins gene. *Human Molecular Genetics*. 2018.
- 927 87. Chen CY, Caporizzo MA, Bedi K, Vite A, Bogush AI, Robison P, Heffler JG, Salomon  
928 AK, Kelly NA, Babu A, et al. Suppression of detyrosinated microtubules improves  
929 cardiomyocyte function in human heart failure. *Nature Medicine*. 2018;24(8):1225-33.
- 930 88. Gwizdala A, Rozwadowska N, Kolanowski TJ, Malcher A, Cieplucha A, Perek B, Seniuk  
931 W, Straburzynska-Migaj E, Oko-Sarnowska Z, Cholewinski W, et al. Safety, feasibility  
932 and effectiveness of first in-human administration of muscle-derived stem/progenitor  
933 cells modified with connexin-43 gene for treatment of advanced chronic heart failure.  
934 *European Journal of Heart Failure*. 2017;19(1):148-57.
- 935 89. Raman SV, Hor KN, Mazur W, He X, Kissel JT, Smart S, McCarthy B, Roble SL, and  
936 Cripe LH. Eplerenone for early cardiomyopathy in Duchenne muscular dystrophy: results  
937 of a two-year open-label extension trial. *Orphanet journal of rare diseases*.  
938 2017;12(1):39.
- 939 90. Kobayashi N, Yoshida K, Nakano S, Ohno T, Honda T, Tsubokou Y, and Matsuoka H.  
940 Cardioprotective mechanisms of eplerenone on cardiac performance and remodeling in  
941 failing rat hearts. *Hypertension (Dallas, Tex : 1979)*. 2006;47(4):671-9.

- 942 91. Crassous PA, Shu P, Huang C, Gordan R, Brouckaert P, Lampe PD, Xie LH, and Beuve  
943 A. Newly Identified NO-Sensor Guanylyl Cyclase/Connexin 43 Association Is Involved  
944 in Cardiac Electrical Function. *J Am Heart Assoc.* 2017;6(12):e006397.
- 945 92. Grange RW, Gainer TG, Marschner KM, Talmadge RJ, and Stull JT. Fast-twitch skeletal  
946 muscles of dystrophic mouse pups are resistant to injury from acute mechanical stress.  
947 *American Journal of Physiology-Cell Physiology.* 2002;283(4):C1090-C101.

## 962 Figures:

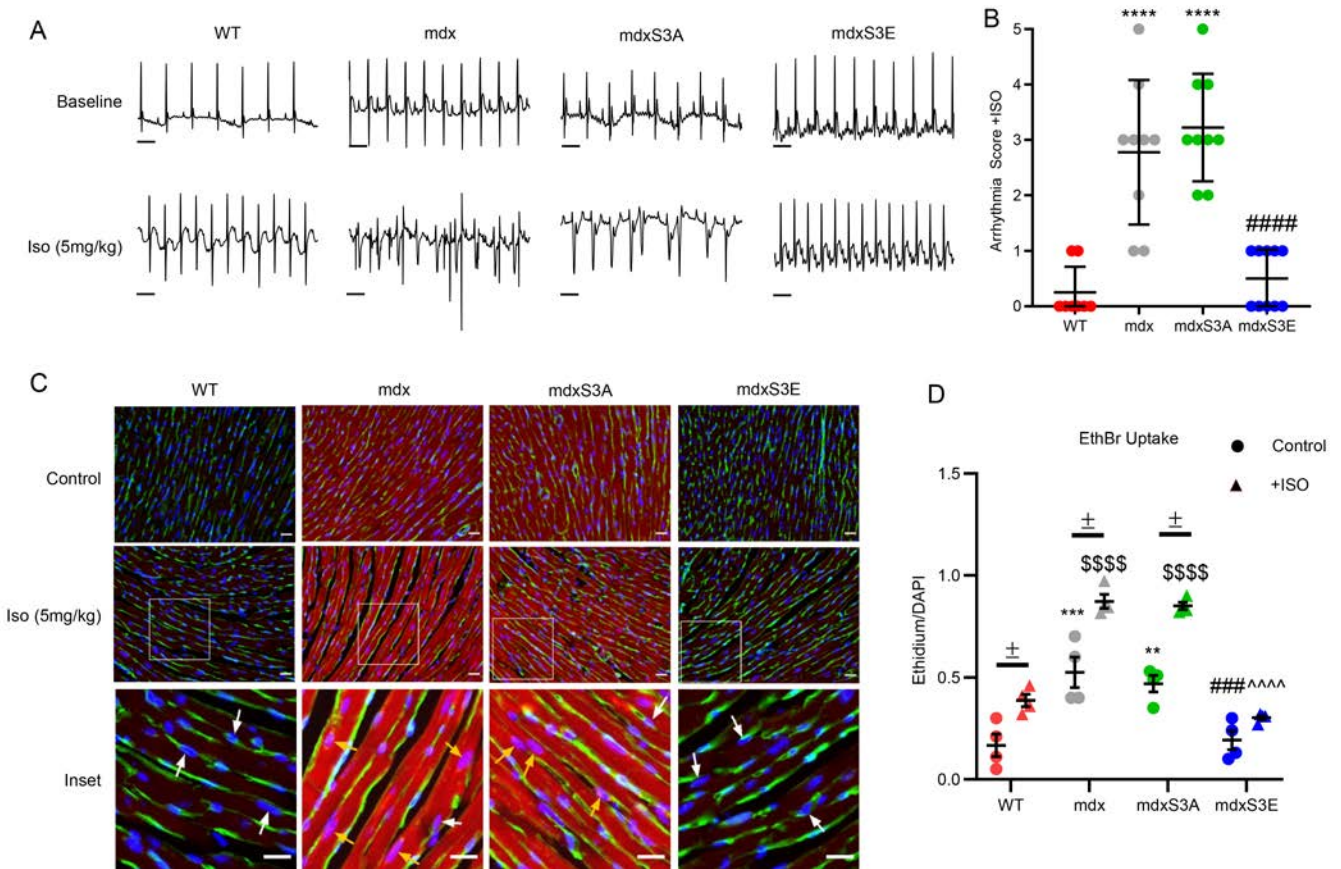


**Figure 1.** Phosphorylation of S325/S328/S330 in Cx43 is reduced in mouse and human dystrophic hearts. **(A)** Representative western blot and quantification of WT and mdx ventricular lysates probed for pan-Cx43 (top), pS325/S328/S330 Cx43 (pS-Cx43, middle), and Vinculin (loading control, bottom). N = 7 in both groups. \*\*\* =  $p < 0.001$  versus WT. Note the differential Cx43 migration patterns indicated by the phospho-isoforms P3, P2, P1 and P0 in WT and mdx lysates. WT and mdx samples shown were run on the same gel but were noncontiguous, as indicated with black line between samples. **(B)** Representative immunofluorescence images (magnified images are in insets) of pan-Cx43 (green) and N-Cadherin (red) in 4-month-old WT and mdx ventricular cryosections. **(C)** Representative immunofluorescence images (magnified images are in insets) of pS-Cx43 (green) and N-Cadherin (red) in 4-month old WT and mdx ventricular cryosections. **(D)** Representative western blot and quantification of human non-DMD and DMD ventricular lysates probed for pan-Cx43 (top), pS-Cx43 (middle) and Vinculin (loading control, bottom). N = 3 in both groups. \*\* =  $p < 0.01$  versus non-DMD, p = phosphorylated, np = non-phosphorylated isoform. **(E)** Representative immunofluorescence images of magnified intercalated discs (IDs) stained for pan-Cx43 (green) and N-Cadherin (red) in human non-DMD and DMD ventricular cryosections. **(F)** Representative immunofluorescence images of magnified IDs stained for pS-Cx43 (green) and N-Cadherin (red) in human non-DMD and DMD ventricular cryosections. White arrows indicate Cx43 localization at the IDs, red arrows indicate lateralized Cx43. Data are presented as means  $\pm$  SEM. Statistical significance determined by two-sided t-test. Scale bars, 20  $\mu$ m (**B-C**), 5  $\mu$ m (**E-F**).



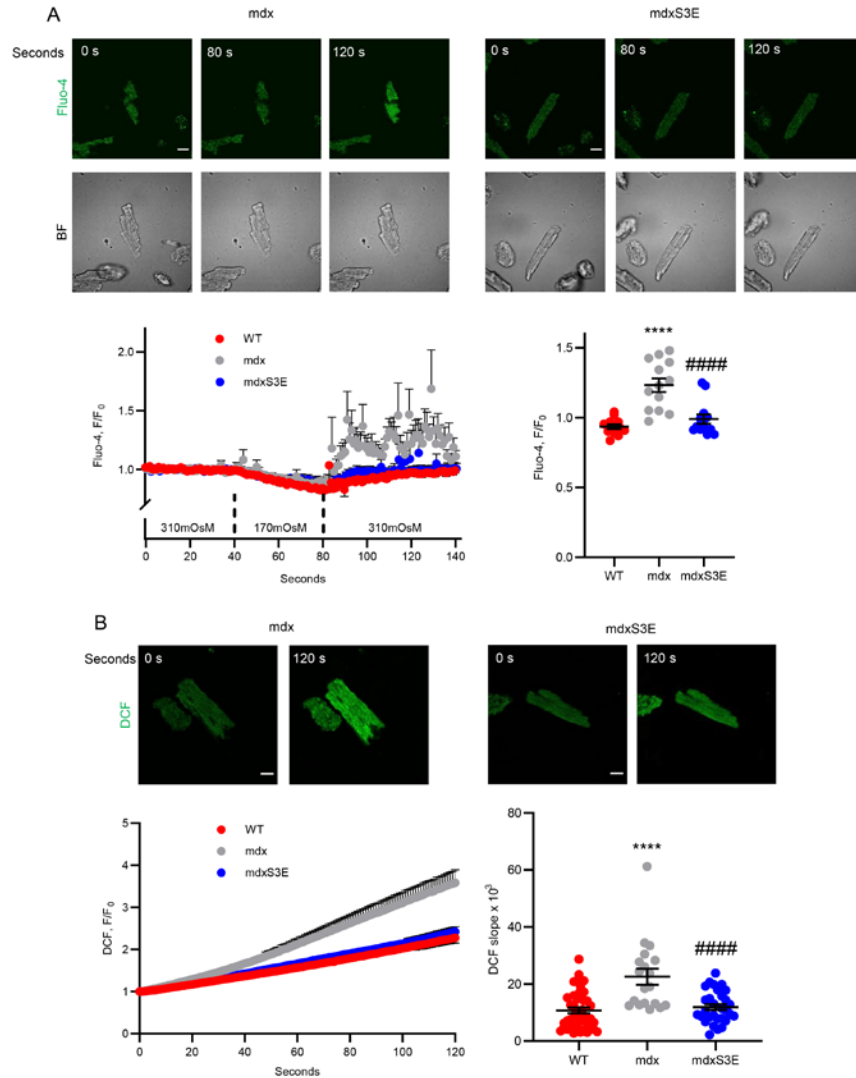
984

985 **Figure 2.** Cx43 remodeling is prevented in mdxS3E hearts. (A) Representative  
 986 immunofluorescence images of mouse heart cryosections stained for pan-Cx43 (green) and  
 987 visualized for Wheat Germ Agglutinin (WGA, lipid bilayer marker, red) or N-Cadherin (ID  
 988 marker, red). Scale bar, 25µm. (B) Representative confocal immunofluorescence images of  
 989 cardiac intercalated discs (IDs) and lateral regions of cardiomyocytes stained with pan-Cx43  
 990 (green) and N-Cadherin (red). White arrows indicate co-staining of Cx43 and N-Cadherin, red  
 991 arrows indicate lateralized Cx43. Scale bar, 5µm. (C) Quantification of Cx43/N-Cadherin co-  
 992 localization in confocal immunofluorescence images. All data points were normalized to the WT  
 993 group mean. N = 8 (WT), N = 10 (mdx), N = 9 (mdxS3A), N=9 (mdxS3E), 3-5 images  
 994 containing 15-20 IDs were analyzed per heart. Each dot represents a mean value per mouse. (D)  
 995 Representative western blots (top) and quantification (bottom) of Cx43 from biotin perfused  
 996 hearts. Top western blot row represents biotinylated Cx43 protein signals, middle row represents  
 997 total Cx43, bottom row represents Ponceau S staining for loading. Ponceau S stain was used for  
 998 loading since we cannot detect cytosolic loading controls through biotinylation. Quantification  
 999 (bottom) of biotinylated Cx43 levels was expressed as fold change relative to total Cx43 protein  
 1000 levels per sample. Data was normalized to WT mean group value (N=4 per group). Data are  
 1001 presented as means ± SEM. \*\*\*\* = p<0.0001, \* = p <0.05 versus WT; # = p<0.05 versus mdx.  
 1002 Statistical significance determined by 1-way ANOVA followed by Tukey post-hoc test.



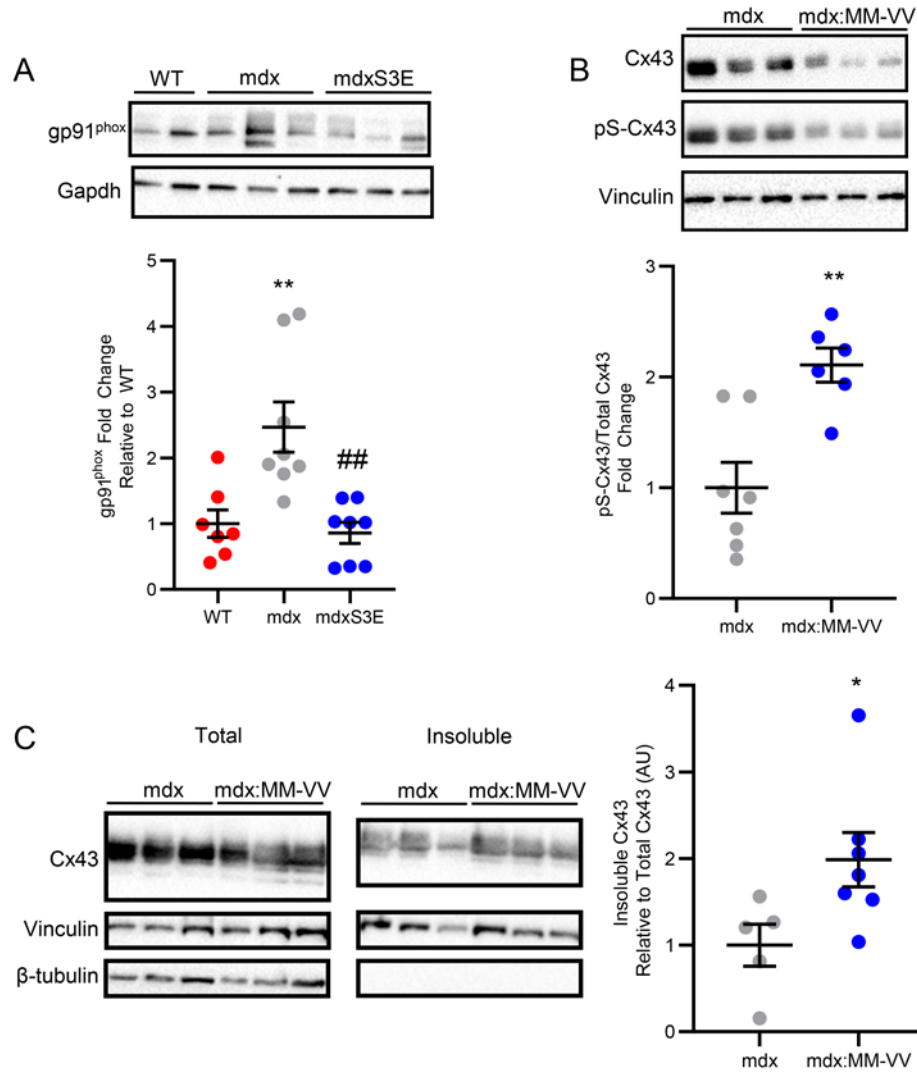
**Figure 3.** MdxS3E mice are protected against Isoproterenol induced arrhythmias and aberrant Cx43 hemichannel opening. (A) Top row: representative baseline ECG recordings obtained from 4-6-month old mice following anesthesia. Bottom row: representative ECG traces recorded approximately 30 minutes after Iso (5mg/kg, IP) challenge. Scale bar is 100ms for all traces. (B) Arrhythmia scores based on pre-determined scale where 0 = no arrhythmias, 1 = single PVCs, 2 = double PVCs, 3 = triple PVCs or non-sustained VT, 4 = sustained VT or AV block, 5 = death. \*\*\*\*  $p < 0.0001$  versus WT; #####  $p < 0.0001$  versus mdx. N = 8 (WT), N = 9 (mdx, mdxS3A), N = 10 (mdxS3E). (C) Representative immunofluorescence images of Ethidium uptake of heart cryosections after perfusion with Ethidium (5 $\mu$ m) in control conditions (top row) or after Iso treatment (middle row). Cryosections were visualized for Ethidium (red) and stained for WGA (green) and nuclei (DAPI, blue). White boxes indicate areas magnified in the bottom row (insets). White arrows indicate nuclei that do not co-localize with Ethidium, orange arrows indicate positive Ethidium and nuclei colocalization. Scale bar, 20 $\mu$ m. (D) Quantification of the dye uptake in both control (circle) and Iso (triangle) conditions. \*\*  $p < 0.005$ , \*\*\*  $p < 0.001$  versus WT control; ###  $p < 0.001$  versus mdx control; \$\$\$\$  $p < 0.0001$  versus WT Iso, ^^^^  $p < 0.0001$  versus mdx Iso;  $\pm$   $p < 0.05$  versus control in each genotype (N=4 each group per treatment). Data are presented as means  $\pm$  SEM. Statistical significance determined by 1-way ANOVA (B) or 2-way ANOVA (D) followed by Tukey's post-hoc test.



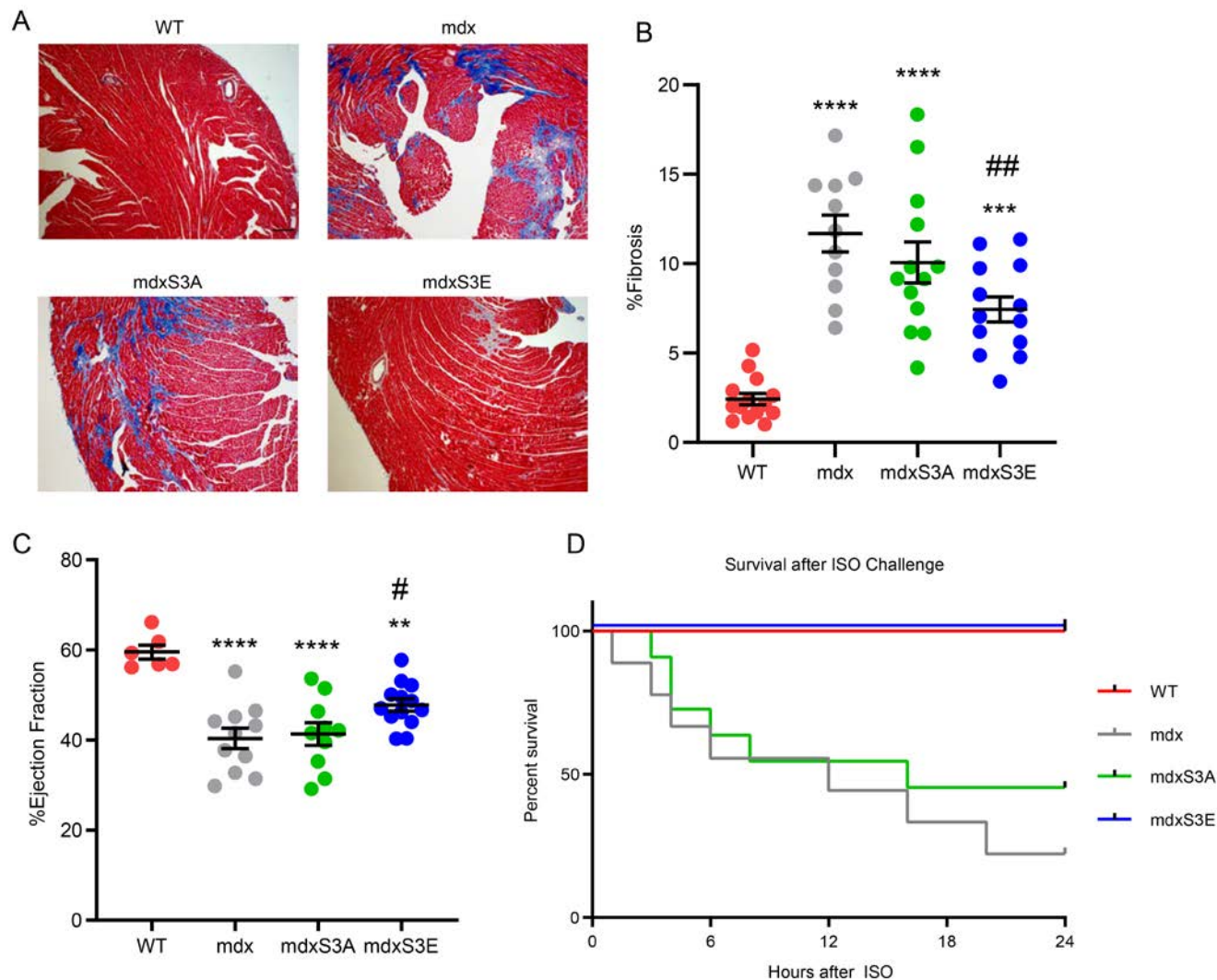


1022

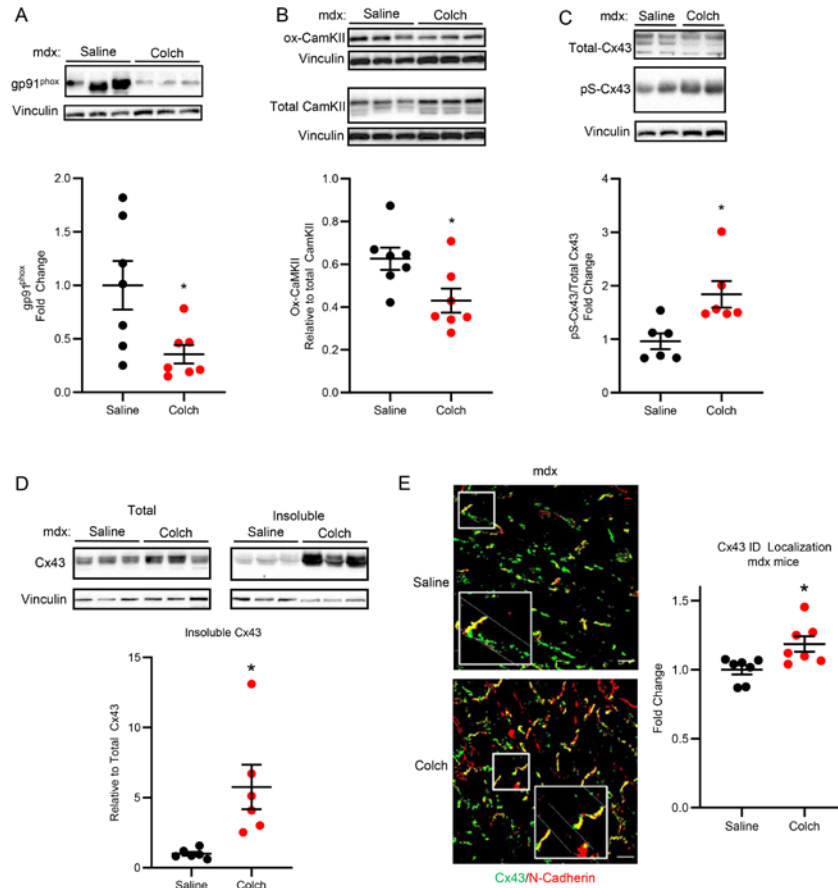
**Figure 4.** Normalization of intracellular  $\text{Ca}^{2+}$  response to hypo-osmotic shock and reduction of ROS production in mdxS3E cardiomyocytes. **(A)** Representative images of mdx (top left) and mdxS3E (top right) cardiomyocytes imaged for intracellular  $\text{Ca}^{2+}$  indicator Fluo-4AM (green, top row) and transmitted light (BF, bottom row of top panel) at times in isotonic solution (0 seconds), at the end of hypo-osmotic shock (80 seconds) and after return to isotonic solution (120 seconds). Bottom left panel represents time course of normalized Fluo-4 fluorescence in WT (red), mdx (gray) and mdxS3E (blue) cells. Bottom right panel shows pooled data of mean values of normalized fluorescence during 60 s after the osmotic shock. N=3 animals, n=13 myocytes for all genotypes. **(B)** Representative images of DCF fluorescence in mdx (top left) and mdxS3E (top right) cardiomyocytes at the beginning (0 s) and end (120 s) of exposure. Bottom left graph illustrates changes in average DCF signals in WT (red), mdx (gray) and mdxS3E (blue) myocytes over 120 s. Bottom right graph illustrates the rate of oxidation  $\times 1000$ . N=4, n=43 (WT), N=4, n=19 (mdx), N=4, n=30 (mdxS3E). Scale bar, 20 $\mu\text{m}$ . \*\*\*\*  $p < 0.0001$  versus WT; #####  $p < 0.0001$  versus mdx (both analyses). Data are presented as means  $\pm$  SEM. Statistical significance determined by 1-way ANOVA followed by Tukey's post-hoc test.



**Figure 5.** Reduction of NOX2/ROS production in mdxS3E hearts, oxidized CaMKII contributes to Cx43 Cx43-S325/S328/S330 hypo-phosphorylation. (A) Representative western blot (top) and quantification (bottom) for gp91<sup>phox</sup> (NOX2 catalytic subunit) in WT (red), mdx (gray) and mdxS3E (blue) ventricular lysates. Gapdh was used as a loading control. \*\* p<0.01 versus WT, ## p<0.01 versus mdx. N = 7 (WT); N = 8 (mdx, mdxS3E). (B) Representative western blot (top) and quantification (bottom) of total Cx43 (top blot), pS-Cx43 (middle blot) and Vinculin (bottom blot, loading control) in mdx (gray) and mdx:MM-VV (blue) whole cell lysates. N = 6 for both genotypes. (C) Representative western blots (left panels) and quantification (right) of Cx43 (top blots) from mdx (gray) and mdx:MM-VV (blue) heart tissue subject to Triton X-100 based tissue fractioning of insoluble (junctional, right blots) and total cell (total, left blots) lysates. Vinculin (middle blots) was used as a loading control for both fractions.  $\beta$ -tubulin (bottom blots) was used as a negative control for insoluble fraction. Insoluble Cx43 protein levels were normalized to corresponding total Cx43 levels and then expressed as fold change relative to mdx mean value. N = 5 (mdx), N = 7 (mdx:MM-VV). \* p<0.05, \*\* p<0.01 versus mdx (panels b and c). Data are presented as means  $\pm$  SEM. Statistical significance determined by 1-way ANOVA followed by Tukey's post-hoc test (A) and two-sided t-test (B-C).



**Figure 6.** MdxS3E mice display long term protection against DMD Cardiomyopathy. **(A)** Representative images of Masson-trichrome staining on hearts of 14-18 month-old WT, mdx, mdxS3A and mdxS3E mice. Red stain indicates muscle cytoplasm, blue indicates collagen deposition (fibrosis). Scale bar, 200 $\mu$ m. **(B)** Quantification of fibrosis expressed as percentage of fibrotic area over total muscle area. N = 14 (WT), N = 11 (mdx), N=13 (mdxS3A), N =13 (mdxS3E), 3-5 slices are analyzed per mouse. Each data point represents a mean value per mouse. **(C)** Left ventricular ejection fraction values for 14-18 month-old mice. N = 6 (WT), N = 11 (mdx), N=10 (mdxS3A), N =13 (mdxS3E). Each data point represents mean ejection fraction per mouse. **(D)** Kaplan-Meier survival curve for 14-18 month-old mice followed for 24 hours after Iso (5mg/kg, IP) challenge. N = 6 (WT), N = 9 (mdx), N = 11 (mdxS3A), N = 10 (mdxS3E). \*\*\*\* p<0.001, \*\*\* p<0.005, \*\* p<0.01 versus WT; ## p<0.01, # p<0.05 versus mdx. Data are presented as means  $\pm$  SEM. Statistical significance determined by 1-way ANOVA followed by Tukey's post hoc test (**B-C**).



**Figure 7.** The dystrophic microtubule cytoskeleton contributes toward Cx43 phosphorylation and localization. (A) Representative western blot (top) and quantification (bottom) for gp91<sup>phox</sup> in mdx mice treated with either Saline or Colchicine. Vinculin was used as a loading control for this and all proceeding blots. (B) Representative western blots (top) of ox-CaMKII, (top blot), total CaMKII (bottom blots) and Vinculin in mdx mice treated with either Saline or Colchicine. Ox-CaMKII protein levels were normalized to corresponding total CaMKII levels (both controlled for loading) and quantified (bottom). (C) Representative western blots (top) for total-Cx43 (top), pS-Cx43 (middle) and vinculin (bottom) in mdx mice treated with either Saline or Colchicine. pS-Cx43 protein levels were normalized to corresponding total Cx43 levels (both controlled for loading) and quantified (bottom). (D) Representative western blots of Cx43 and Vinculin (top) from Saline or Colchicine treated mdx heart tissue subject to Triton X-100 based tissue fractionation. Insoluble Cx43 protein levels were normalized to corresponding total Cx43 levels (both controlled for loading) and then expressed as fold change relative to mdx Saline mean value. (E) Left - representative confocal immunofluorescence images of mdx saline (top) and Colch (bottom) cardiac IDs and lateral regions of cardiomyocytes stained with pan-Cx43 (green) and N-Cadherin (red). Scale bar, 25μm. White boxes indicate areas magnified in the image. Right - quantification of Cx43/N-Cadherin co-localization in confocal immunofluorescence images as described in Fig 2, expressed as fold change relative to mdx Saline mean value. N = 7 per treatment (A, E), N = 6 per treatment (B, C, D). \* p < 0.05 versus mdx-Saline. Data are presented as means ± SEM. Statistical significance determined by 2-sided t-test (all analyses).

1092    **Tables:**

Phosphorylation Site	Percent of phosphorylation in WT	Percent Phosphorylation in mdx
S255	0.1%	16.0%
S306	6.5%	2.8%
S325, T326, S328, or S330	50%	22.7%
S364, S365	30.1%	22.4%

1093

1094    **Table 1.** Estimated percent of phosphorylation in WT and mdx.

1095