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J Clin Invest. 1994;**94**(6):2183-2192. <https://doi.org/10.1172/JCI117579>.

Research Article

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Increases of Intracellular Magnesium Promote Glycodeoxycholate-induced Apoptosis in Rat Hepatocytes

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Abstract

Retention of bile salts by the hepatocyte contributes to liver injury during cholestasis. Although cell injury can occur by one of two mechanisms, necrosis versus apoptosis, information is lacking regarding apoptosis as a mechanism of cell death by bile salts. Our aim was to determine if the bile salt glycodeoxycholate (GDC) induces apoptosis in rat hepatocytes. Morphologic assessment included electron microscopy and quantitation of nuclear fragmentation by fluorescent microscopy. Biochemical studies included measurements of DNA fragmentation, *in vitro* endonuclease activity, cytosolic free Ca^{2+} (Ca_i^{2+}), and cytosolic free Mg^{2+} (Mg_i^{2+}). Morphologic studies demonstrated typical features of apoptosis in GDC (50 μM) treated cells. The "ladder pattern" of DNA fragmentation was also present in DNA obtained from GDC-treated cells. *In vitro* endonuclease activity was 2.5-fold greater with Mg^{2+} than Ca^{2+} . Although basal Ca_i^{2+} values did not change after addition of GDC, Mg_i^{2+} increased twofold. Incubation of cells in an Mg^{2+} -free medium prevented the rise in Mg_i^{2+} and reduced nuclear and DNA fragmentation. In conclusion, GDC induces apoptosis in hepatocytes by a mechanism promoted by increases of Mg_i^{2+} with stimulation of Mg^{2+} -dependent endonucleases. These data suggest for the first time that changes of Mg_i^{2+} may participate in the program of cellular events culminating in apoptosis. (*J. Clin. Invest.* 1994, 94:2183–2192.) **Key words:** bile salts • DNA fragmentation • endonucleases • multiparameter digitized video microscopy • zinc

Introduction

Hepatocellular retention of bile salts contributes to cholestatic liver disease (1, 2). Indeed, improvement of human cholestatic liver diseases by the administration of the hydrophilic bile salt ursodeoxycholate, which displaces hydrophobic bile salts from the hepatocyte, highlights the importance of bile salt-induced liver injury (3). Understanding the cellular mechanisms of bile

salt-mediated hepatocyte injury may provide further therapeutic strategies for the treatment of human cholestatic liver diseases (4). However, the precise cellular mechanisms by which bile acids produce liver injury are unknown and remain controversial. Due to the detergent-like effect of the bile salt steroidal moiety, hepatocellular injury has been postulated to result from direct membrane damage, and the degree of hepatocellular damage has been postulated to be related to bile salt hydrophobicity (5). Nondetergent mechanisms of bile salt toxicity have also been proposed such as injury due to increases in cytosolic free calcium (Ca_i^{2+})¹ (6, 7). All of these models of bile salt-induced hepatocyte injury are associated with lysis of the plasma membrane and cell necrosis. However, widespread hepatocyte necrosis is not a prominent feature of cholestatic liver disease. In contrast, cell dropout associated with acidophilic bodies is frequently identified in human cholestatic liver disease (8). These histopathologic findings are now recognized as morphologic features of cell death by a process referred to as apoptosis (8).

Apoptosis is a form of cell death during which the cell actively participates in its own death by the activation of a specific program of events. Apoptosis is defined by distinctive early and late morphologic features. Early morphologic features include cell volume loss, condensation of nuclear chromatin against the nuclear membrane, and the development of organelle-containing blebs. Nuclear fragmentation also occurs early in apoptosis. Later, the cell fragments into membrane-bound fragments. These cell fragments, traditionally referred to as acidophilic bodies in the liver, are now termed apoptotic bodies (8). The biochemical mechanisms of apoptosis leading to these morphologic changes remain unclear. Changes in DNA integrity are the most characteristic biochemical feature of apoptosis. DNA is thought to be initially cleaved into 300- and/or 50-kb fragments and then efficiently and thoroughly degraded into nucleosomal-sized fragments (9). Indeed, the appearance of a ladder of nucleosomal-sized DNA fragments on agarose gel electrophoresis has become an identifying feature of apoptosis (10). This characteristic pattern of DNA cleavage occurs by endogenous, nuclear endonucleases. Indeed, activation of endonucleases has been proposed as a molecular mechanism causing apoptosis (11). The precise program of events leading to enhanced endonuclease activity remains unclear, varies between cell type, and may depend on the stimulus inducing apoptosis (11). Postulated mechanisms leading to enhanced endonuclease activity include increases in Ca_i^{2+} and *de novo* macromolecular synthesis of endonucleases or endonuclease-activating factors (11).

Preliminary portions of this work were presented at the 44th meeting of the American Association for the Study of Liver Diseases and at the 95th meeting of the American Gastroenterological Association and were published in abstract form (1993. *Hepatology*. 18:133a) (1994. *Gastroenterology*. 106:958a).

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Received for publication 26 April 1994 and in revised form 2 August 1994.

1. *Abbreviations used in this paper:* AO, acridine orange; Ca_i^{2+} , cytosolic free calcium; DC, deoxycholate; GDC, glycodeoxycholate; Mg_i^{2+} , cytosolic free magnesium; pH_i , cytosolic pH; TDC, taurodeoxycholate.

In addition to its physiological role in normal cell turnover as well as regression of liver hyperplasia (8, 12), apoptosis contributes to hepatocyte cytotoxicity by toxins. Various hepatotoxins such as 1,1-dichloroethylene, dimethylnitrosamine, and *cis*-platinum have all been shown to cause liver injury by apoptosis (13–15). These numerous observations demonstrating toxin-induced hepatocyte apoptosis suggested toxic bile salts may be responsible for the occurrence of apoptosis in cholestasis. To determine if toxic bile salts can cause apoptosis, we chose to study deoxycholate and its conjugates based on the following rationale. First, deoxycholates are hydrophobic bile salts which are toxic to hepatocytes (3, 16). Second, deoxycholates comprise ~ 25% of the bile salts in human hepatic ductular bile, and serum concentrations of deoxycholate increase in cholestasis (17, 18). Third, deoxycholates can damage DNA of mammalian cells *in vivo* (19). Finally, high concentrations of dihydroxy bile salts increase cytosolic free concentrations of Ca^{2+} (20), a physiologic event which mediates apoptosis in other cell types (11, 21). In addition to increasing Ca_i^{2+} by releasing Ca^{2+} from intracellular stores, deoxycholates also activate nonselective plasma membrane cation conductance channels permitting entry of cations into the cell (22). Entry of Ca^{2+} and/or Mg^{2+} through these channels could also potentially activate $\text{Ca}^{2+}/\text{Mg}^{2+}$ -dependent endonucleases (11). Therefore, the overall objective of the present study was to determine if deoxycholates induce apoptosis in hepatocytes. Our specific aims were to answer the following questions during cytotoxicity by deoxycholates. Are the distinctive morphologic features of apoptosis present? Do the biochemical features of apoptosis occur? If the morphologic and biochemical features of apoptosis occur, do they require macromolecular synthesis? Are changes in divalent cation concentrations responsible for mediating the morphological and biochemical features of apoptosis?

Methods

Hepatocyte isolation and culture. The use and care of the animals for these studies was reviewed and approved by the Institutional Animal Care and Use Committee at the Mayo Clinic. Hepatocytes were isolated from fed adult male Sprague-Dawley rats (250–350 g) as previously described by us in detail (23). For culturing, the hepatocytes were resuspended in culture medium at 0.5×10^6 cells/ml. 1-ml aliquots were cultured in 35×10 -mm Petri dishes (Becton Dickinson Labware, Lincoln Park, NJ) on 22-mm-square glass coverslips coated with type 1 collagen from rat tail tendon (24). The culture medium used was Waymouth's MB-752/1 containing 100 nM insulin. For those experiments using magnesium-free or sodium-free medium, the medium used was identical except that either no magnesium was added or sodium chloride was replaced by an equimolar amount of choline chloride. Unless otherwise indicated, hepatocytes were used after 3–4 h of culture in 5% CO_2 /air at 37°C. Freshly isolated and cultured rat hepatocytes were used in our study to avoid the effect of dedifferentiation and subsequent decrease in intrahepatic bile salt uptake that occurs with longer term cultures (25, 26).

Solutions. Krebs-Ringers-Hepes buffer contained (mM): 115 NaCl, 1 KH_2PO_4 , 2 CaCl_2 , 5 KCl, 1.2 MgSO_4 , and 25 Na-Hepes buffer, pH 7.4 (27). Nucleic acid isolation buffer contained 5 mM Tris, 20 mM EDTA, and 0.5% Triton X-100 (vol/vol) (pH 8.0). Tris-EDTA (TE) buffer contained 10 mM Tris, 1 mM EDTA, pH 8.0. Endonuclease extraction buffer contained (mM): 300 NaCl, 1 EDTA, 20 Tris, pH 7.4. Fura-2-AM and Mag-Fura-2-AM were stored in dimethylsulfoxide as 1 mM solutions at -20°C .

Assessment of nuclear fragmentation (apoptosis) and cell necrosis. We used a slight modification of the technique of Oberhammer et al.

(28) to quantitate nuclear changes indicative of apoptosis. Instead of using Hoechst 33258, we used acridine orange (AO) as a membrane permeant fluorescent DNA binding dye (15, 29, 30). Concomitant with AO, we also used propidium iodide to positively identify necrotic cells (30). Cultured hepatocytes were stained with 5 μM AO and 1 μM propidium iodide; the coverslips were transferred to a glass slide and viewed under a photomicroscope at a magnification of 250 (Carl Zeiss, Inc., Thornwood, NY). AO fluorescence was visualized using 450–490-nm excitation and 515–565-nm emission filters, respectively. Propidium iodide fluorescence was visualized using excitation and emission filters of 546 and 590 nm, respectively. Fluorescent-stained nuclei were considered to be fragmented if at least three separate fragments of condensed chromatin were identified in a cell (28). At least 300 cells in four high-power fields were counted, and nuclear fragmentation was expressed as a percentage of total cells excluding propidium iodide. Cell necrosis represents cells staining with propidium iodide expressed as a percentage of total cells.

Monitoring of cell blebbing. Cultured hepatocytes were monitored over time for cell blebbing using an inverted microscope (Axiovert; Carl Zeiss, Inc.). Blebbing was scored using phase-contrast optics at a magnification of 400 as described previously by us (31).

Electron microscopy. Cells were fixed in 1% glutaraldehyde and 4% formaldehyde in 0.1 M phosphate buffer, pH 7.2, at 4°C for 15 min (32). For transmission electron microscopy, the cells were then rinsed for 30 min in three changes of 0.1 M phosphate buffer, pH 7.2, followed by a 1-h postfix in phosphate-buffered 1% OsO_4 . After rinsing in three changes of distilled water for 30 min, the cells were stained with 2% uranyl acetate for 30 min at 60°C. Next, the cells were rinsed in three changes of distilled water, dehydrated in progressive concentrations of ethanol followed by 100% propylene oxide, and embedded in Spurr's resin (33). Sections (90 nm) were cut on an LKB Ultratome III (Mager Scientific, Dexter, MI), placed on 200-nm mesh copper grids, and stained with lead citrate. Micrographs were taken (model 1200; JEOL U. S. A. Inc., Peabody, MA) at 60 kV. For scanning electron microscopy, cells were fixed and rinsed with phosphate buffer as above. The cells were dehydrated in progressive concentrations of ethanol (60–100%), loaded into Critical Point Dryer holder, immediately reimmersed into 100% ethanol, and run in the Critical Point Dryer (Polaron Instruments Inc., Hatfield, PA). The cells were coated with Au/Pd, and micrographs were taken (model 2400 SEM; JEOL U. S. A. Inc.).

Measurement of DNA fragmentation. DNA fragmentation was assessed using the method of Wyllie et al. (34). Briefly, control or treated cells were gently scraped from the dishes and centrifuged (150 g for 2 min) to collect the cells. The supernatant was aspirated, and the cell pellet was resuspended in 1 ml of ice-cold nucleic acid isolation buffer and incubated for 20 min on ice. Next, the samples were centrifuged for 20 min at 27,000 g to separate high molecular weight chromatin in the pellet from cleavage products (DNA fragments) in the supernatant. Pellets were resuspended in 1 ml of TE buffer. DNA was quantitatively measured in the pellets and supernatants using the diphenylamine reagent (35). The unsedimented DNA (27,000 g) in the supernatant was expressed as a percentage of the total DNA in the supernatant plus the pellet.

Isolation of DNA and gel electrophoresis. Hepatocytes (10^6 cells/ml) were cultured in Waymouth's MB 752/1 medium on 100×15 -mm plastic culture dishes (10 ml/dish). At the desired time, the medium was aspirated, and 2 ml of a commercially available lysis buffer (Applied Biosystems, Foster City, CA) containing urea, lauroyl sarcosine, CDTA, NaCl, and Tris/HCl, pH 7.9, with 200 μg proteinase K/ml, was added to each dish. The contents of the dishes were transferred into 15-ml conical centrifuge tubes (4 ml/tube) and incubated for 1 h at 55°C. The solution was extracted twice with 8 ml of 1:1 phenol/chloroform. DNA was precipitated from the aqueous layer with 5 ml of ice-cold 95% ethanol and collected by centrifugation at 1,000 g for 10 min at 4°C. The DNA was resuspended in 2 ml of TE buffer, and the tube was gently agitated on a rotating platform (multipurpose rotator, motor 151; Scientific Industries, Bohemia, NY) for 2 h at 4°C to dissolve the DNA. The DNA-containing solution was incubated with RNase (20 $\mu\text{g}/\text{ml}$)

for 45 min at 37°C. Next, the DNA solution was reextracted once with 4 ml of 1:1 phenol/chloroform, precipitated with 95% ethanol, and centrifuged as described above. The DNA pellet was resuspended in 500 μ l TE buffer and allowed to dissolve gently on a rotating platform at 4°C overnight. DNA yield was quantitated by measuring the OD₂₆₀ of an aliquot of each sample dissolved in distilled water. Gel electrophoresis of the DNA (4 μ g/well) was performed at 6 V/cm for 2 h on a 2% agarose gel using a buffer containing 1 μ M ethidium bromide and 0.04 M Tris acetate, 1 mM EDTA (pH 7.4), and a loading buffer containing 0.25% xylene cyanole FF, 0.25% bromophenol blue, 40% sucrose, and 1 μ M ethidium bromide (36). The gel was visualized by ultraviolet light fluorescence and photographed using Polaroid film and a photo-documentation camera (FB PDC-34; Fisher Scientific Co., Pittsburgh, PA).

Measurement of cytosolic free calcium (Ca_i^{2+}), magnesium (Mg_i^{2+}), and pH (pH_i). In single cultured rat hepatocytes, digitized video microscopy was used to quantitate Ca_i^{2+} , Mg_i^{2+} , and pH_i (23). Experiments measuring Ca_i^{2+} and pH_i were performed using Fura-2 and (2',7')-bis(carboxyethyl)-(5,6)-carboxyfluorescein-loaded hepatocytes, respectively, as we have described previously in detail (23, 24). For measurements of Mg_i^{2+} , Mag-Fura-2 was loaded into cultured hepatocytes in culture medium using 5 μ M Mag-Fura-2-acetoxymethyl ester for 30 min at 37°C (37). Mg_i^{2+} was quantitated by ratio imaging of Mag-Fura-2 fluorescence excited at 340 nm and 380 nm (37). Fluorescence was imaged through a 395-nm dichroic reflector and 470–550-nm emission filter. The mean values for pixel ratios for individual cells were converted to Mg_i^{2+} using the calculation described by Grynkiewicz et al. (38) and a dissociation constant of 1.5 mM for the Mag-Fura-2- Mg_i^{2+} complex (37). The values for R_{min} , R_{max} , and the constant Sf_2/Sb_2 were calculated from measurements with Mag-Fura-2 free acid solutions in capillary tubes (internal diameter 20 mm; Vitro Dynamics Inc., Rockaway, NJ) placed on the microscope stage.

Preparation of soluble nuclear protein extracts with endonuclease activity. Soluble nuclear protein extracts, which contain nuclear endonuclease activity, were obtained using the technique described by Schwartzman et al. (39). Freshly isolated hepatocytes were centrifuged at 400 g for 3 min, the supernatant was discarded, and the pellet was resuspended in cold 0.25% Nonidet P-40 for 5 min to obtain intact, isolated nuclei. The nuclei were collected by centrifugation at 400 g for 3 min and resuspended in a high-salt endonuclease extraction buffer. The mixture was then rotated for 1 h at 4°C. Soluble nuclear protein extract was obtained after pelleting the chromatin by centrifugation at 165,000 g for 1 h at 4°C. The protein concentration of the resulting supernatant was determined using the fluorescamine assay (40).

Endonuclease assay. Endonuclease activity was determined in hepatocyte nuclear protein extracts using ethidium bromide/salmon testis DNA as a substrate as described by Yonemura and Maeda (41). The intercalation of ethidium bromide into double-stranded DNA results in a marked increase in ethidium bromide fluorescence; endonuclease activity with cleavage and fragmentation of DNA results in loss of ethidium bromide intercalation sites causing a decrease in ethidium bromide fluorescence. 400 μ g of nuclear extract protein in 100 μ l of 50 mM Tris buffer (pH 7.4) was added to 100 μ l of 10 μ M ethidium bromide and 1.8 ml of salmon testis DNA solution (75 μ g/ml). Fluorescence was quantitated in a luminescence spectrometer/fluorometer (model LS-50; Perkin-Elmer Corp., Norwalk, CT), using excitation and emission wavelengths of 546 and 590 nm, respectively. The fluorometer was equipped with a magnetic stirrer and warmed with recirculating water at 37°C using a recirculating water pump. Endonuclease activity was expressed as equivalent units of a commercially available *Serratia marcescens* endonuclease.

Measurement of ATP. ATP was quantitated using the luciferin/luciferase assay, as previously described in detail, in 1-ml aliquots of hepatocytes suspended in culture medium (10⁶ ml) at 37°C (31).

Statistical analysis. All data represent at least three experiments using cells from a minimum of three separate isolations and are expressed as mean \pm standard error of the mean unless otherwise indicated. Differences between groups were analyzed using an analysis of variance

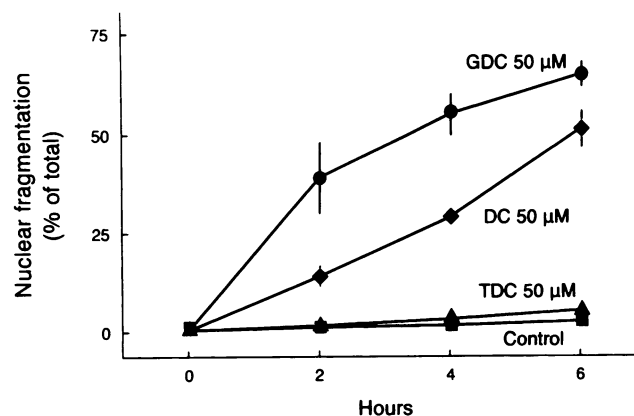


Figure 1. DC and its conjugates cause nuclear fragmentation in rat hepatocytes. Cultured rat hepatocytes were incubated in culture media at 37°C in the absence of bile salt (control, closed squares) or with 50 μ M GDC (closed circles), TDC (closed triangles), or DC (closed diamonds). At each time point, cells were stained with 5 μ M AO and 1 μ M propidium iodide; the coverslips were then gently transferred to a glass slide and viewed with a fluorescence microscope. At least 300 cells in 4 high-power fields were counted; nuclear fragmentation represents cells with at least three nuclear fragments expressed as a percentage of total cells counted.

for repeated measures and a post-hoc Bonferroni test to compare for multiple comparisons. All statistical analyses were performed with the statistical software package InStat (GraphPAD, San Diego, CA).

Materials. All chemicals used were of analytical grade purity. The bile acids used were >96% pure by thin-layer chromatography performed by the manufacturers and were used without further purification. ATP assay mix, glycodeoxycholate (GDC), taurodeoxycholate (TDC), deoxycholate (DC), zinc sulfate, propidium iodide, DNase, xylene cyanole, bromophenol blue, paraldehyde, Tris/HCl, EDTA, Triton X-100, RNase, AO, diphenylamine, ethidium bromide, and recombinant *S. marcescens* endonuclease were from Sigma Chemical Co. (St. Louis, MO); proteinase K and collagenase type D were obtained from Boehringer Mannheim Biochemicals (Indianapolis, IN); Fura-2, Mag-Fura-2, (2',7')-bis(carboxyethyl)-(5,6)-carboxyfluorescein, Fura-2-acetoxymethyl ester (Fura 2-AM), and Mag-Fura-2-acetoxymethyl ester (Mag-Fura 2-AM) were obtained from Molecular Probes, Inc. (Eugene, OR); acetic acid was obtained from Fisher Scientific Co.; and Hepes buffer was obtained from United States Biochemical Corp. (Cleveland, OH).

Results

Morphologic features of apoptosis

Is nuclear fragmentation induced by DC and its conjugates?

Nuclear fragmentation was quantitated in AO-stained cells after incubation of hepatocytes with DC and its conjugates, GDC and TDC. After 4 h of incubation, nuclear fragmentation occurred in 55 \pm 5% of cells incubated with 50 μ M GDC, 28 \pm 2% of cells incubated with 50 μ M DC, but only 2 \pm 1% of those cells incubated with 50 μ M TDC (Fig. 1). Nuclear fragmentation with GDC was dose dependent between concentrations of 0 and 100 μ M ($r = 0.93$ at 4 h) (Fig. 2). After 4 h of incubation, > 85% of cells treated with 50 μ M DC, TDC, and GDC excluded propidium iodide, indicating the absence of cell lysis or necrosis (Table I). In contrast, after incubation of cells for 4 h with concentrations of GDC > 100 μ M, cells no longer excluded propidium iodide, indicating cell lysis (necrosis). Because near-maximal nuclear fragmentation in the absence of significant

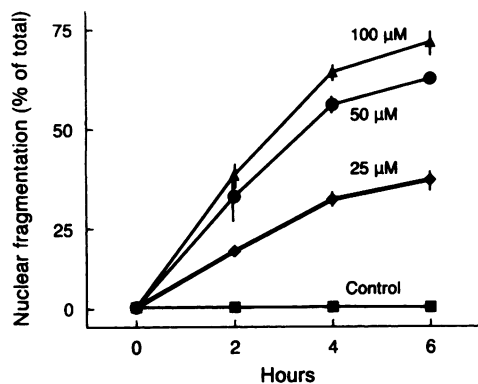


Figure 2. Time course and concentration dependence of GDC-induced nuclear fragmentation. Cultured rat hepatocytes were incubated with various concentrations of GDC (0–100 μM). At each time point, cells were stained with 5 μM AO and 1 μM propidium iodide; the coverslips were then gently transferred to a glass slide and viewed with a fluorescence microscope. At least 300 cells in 4 high-power fields were counted; nuclear fragmentation represents cells with at least three nuclear fragments expressed as a percentage of total cells counted.

cell necrosis was observed with 50 μM GDC, we used this concentration and conjugate of deoxycholate for the remainder of our studies.

To exclude a direct physicochemical effect of extracellular GDC on the permeability of the plasma membrane as a cause of the nuclear changes. GDC-induced nuclear fragmentation was assessed in the presence of 3% albumin. At this concentration > 90% of bile salts are protein bound (42). Nuclear fragmentation was similar in the presence and absence of albumin (43 ± 5 vs. $54 \pm 3\%$ at 4 h; $P = \text{NS}$). When sodium in the incubation medium was replaced isotonicly with choline, GDC-induced nuclear fragmentation was reduced over twofold (22 ± 7 vs. $52 \pm 4\%$ at 4 h; $P < 0.01$), suggesting that sodium-dependent bile salt uptake into the cell promoted the morphologic nuclear changes. Thus, the observed nuclear changes likely occur after intracellular accumulation of bile salts.

Are the distinctive ultrastructural features of apoptosis observed with GDC? Scanning electron microscopy of hepatocytes treated for 3 h with 50 μM GDC revealed early surface morphological features suggestive of apoptosis (Fig. 3, B and D) while no morphologic changes were observed in controls (Fig. 3, A and C). The morphologic hallmarks of apoptosis in GDC-treated cells included loss of microvilli and prominent bleb formation (Fig. 3, B and D). Transmission electron microscopy of GDC-treated cells demonstrated chromatin condensation, nuclear fragmentation, and blebs containing intact organelles (Fig. 4 B). Occasional cells were at a more advanced stage with complete fragmentation into membrane-bound cytoplasmic fragments containing intact organelles or apoptotic bodies (Fig. 5), a morphological finding demonstrating unequivocally the occurrence of apoptosis in GDC-treated hepatocytes.

Biochemical features of apoptosis

Does DNA fragmentation occur during GDC cytotoxicity? We assessed DNA fragmentation by two independent, complementary approaches: demonstration of DNA fragmentation by gel electrophoresis and by DNA sedimentation characteristics. The typical nucleosomal ladder of DNA fragments on agarose gel electrophoresis was observed after incubation of hepatocytes

Table I. Bile Salt-induced Nuclear and DNA Fragmentation*

| Treatment | DNA fragmentation % | Nuclear fragmentation % | Propidium iodide staining % |
|----------------------------------|------------------------|----------------------------|--------------------------------|
| Untreated | 5 ± 1 | 1 ± 1 | 5 ± 1 |
| TDC 50 μM | 6 ± 2 | 2 ± 1 | 6 ± 1 |
| DC 50 μM | 24 ± 4 | 28 ± 5 | 11 ± 4 |
| GDC 50 μM | 59 ± 12 | 55 ± 2 | 12 ± 2 |
| GDC 50 μM plus | | | |
| cycloheximide 100 μM | 46 ± 10 | 27 ± 7 | 23 ± 3 |
| actinomycin D 5 $\mu\text{g/ml}$ | 55 ± 11 | 58 ± 12 | 18 ± 3 |
| zinc sulfate 500 μM | 9 ± 2 | 4 ± 2 | 9 ± 2 |
| Mg ²⁺ -free medium | 27 ± 5 | 28 ± 5 | 14 ± 4 |

* Hepatocytes were incubated for 4 h with the indicated agents before determination of nuclear fragmentation, propidium iodide exclusion, and DNA fragmentation as described in Methods. Nuclear fragmentation represents cells with at least three nuclear fragments expressed as a percentage of the total cells counted. Propidium iodide staining represents the number of cells staining with propidium iodide as a percentage of total cells counted. DNA fragmentation is expressed as the percentage of total DNA that resisted sedimentation at 27,000 g.

with 50 μM GDC for 4 h (Fig. 6). In contrast, when hepatocytes were incubated with GDC plus the endonuclease inhibitor zinc sulfate (500 μM), no DNA cleavage was observed (Fig. 6) (11). Similar results were obtained when DNA fragmentation was assessed by quantitating the sedimentation characteristics of DNA (Table I). These results demonstrate internucleosomal DNA cleavage in GDC-treated cells.

Is macromolecular synthesis required for GDC-induced apoptosis? To determine if ongoing macromolecular synthesis was required for GDC-induced apoptosis we assessed the effect of cycloheximide (100 μM), an inhibitor of translation, and actinomycin D (5 $\mu\text{g/ml}$), an inhibitor of transcription, on nuclear and DNA fragmentation induced by GDC (Table I). These agents did not prevent GDC-induced nuclear or DNA fragmentation. However, the endonuclease inhibitor zinc sulfate (500 μM) prevented nuclear fragmentation in cells treated with GDC (Table I). Thus, endonuclease activity appears to mediate GDC-induced apoptosis by a mechanism independent of macromolecular synthesis.

What is the cation dependence of hepatocyte nuclear endonucleases? The in vitro calcium and magnesium dependence of hepatocyte, nuclear endonuclease activity was quantitated in nuclear protein extracts (Table II). No activity was observed in the presence of 0.5 mM EDTA. Endonuclease activity was observed with either Ca²⁺ or Mg²⁺, but was 2.5-fold greater in the presence of Mg²⁺ (0.5 mM) compared with Ca²⁺ (2 mM). Endonuclease activity increased linearly with concentrations of Mg²⁺ between 0 and 1.0 mM ($r = 0.98$) and was 1.57-fold greater at 0.9 mM compared with 0.5 mM (Table II). No difference was observed in endonuclease activity or cation dependence of endonucleases in nuclear protein extracts from hepatocytes treated with GDC compared with controls (Table II). Addition of GDC to the in vitro assay did not alter endonuclease activity, demonstrating that GDC does not directly activate nuclear endonucleases. Zn²⁺ completely inhibited endonuclease activity in the presence of either Mg²⁺ or Ca²⁺, directly demon-

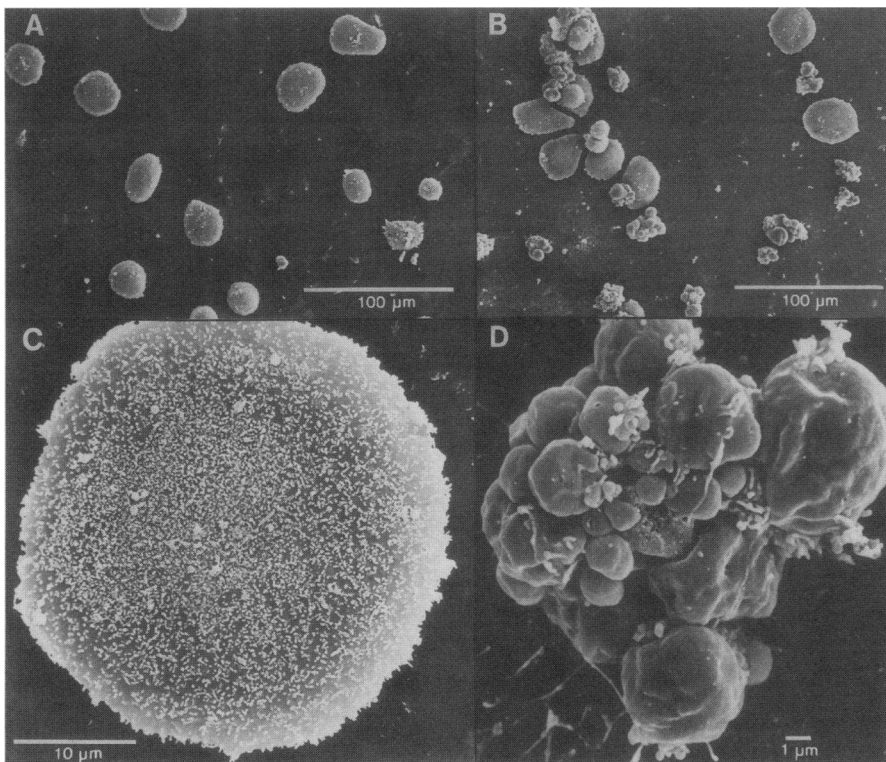


Figure 3. Effect of GDC on hepatocyte surface morphology. Scanning electron microscopy of cultured rat hepatocytes after 3 h of incubation. (A) Hepatocytes incubated without bile salts (control) ($\times 250$). (B) Hepatocytes incubated with GDC ($50 \mu\text{M}$) ($\times 250$). (C) Hepatocyte (control) showing prominent cell surface microvilli ($\times 2,000$). (D) Hepatocyte incubated with GDC ($50 \mu\text{M}$) ($\times 4,000$). Note the relatively smooth surface with loss of surface microvilli and the presence of numerous surface blebs.

strating that Zn^{2+} is a potent inhibitor of hepatocyte, nuclear endonuclease activity (Table II) (11). Our results extend the findings of others, demonstrating that hepatocyte, nuclear endonucleases are constitutively expressed, by revealing that Mg^{2+} , in the absence of Ca^{2+} , can activate these endonucleases (43, 44).

Is GDC cytotoxicity associated with changes in Ca_i^{2+} , pH_i , or Mg_i^{2+} ? After the administration of $50 \mu\text{M}$ GDC, no acute change in Ca_i^{2+} was observed; however, a transient rise of Ca_i^{2+} was obtained with the administration of 10 nM vasopressin used as a positive control (Fig. 7 A). In addition, no significant change in Ca_i^{2+} was observed in GDC-treated hepatocytes

over a 4-h period (Fig. 7 B), although cells were observed to undergo light microscopic changes suggestive of apoptosis (i.e., cytoplasmic bleb formation). Likewise, no acute or chronic effects of GDC administration on pH_i were observed (data not shown).

In contrast to the results with Ca_i^{2+} , Mg_i^{2+} increased twofold after 2 h of incubation with $50 \mu\text{M}$ GDC (Fig. 8). In hepatocytes, about 94% of the total cytosolic magnesium is bound to ATP or nondiffusible cytosolic binding sites, and net ATP hydrolysis leads to an increase in Mg_i^{2+} (45). However, significant ATP depletion did not occur in hepatocytes treated with GDC ($50 \mu\text{M}$); cellular ATP levels after 2 h were $90 \pm 8\%$ of

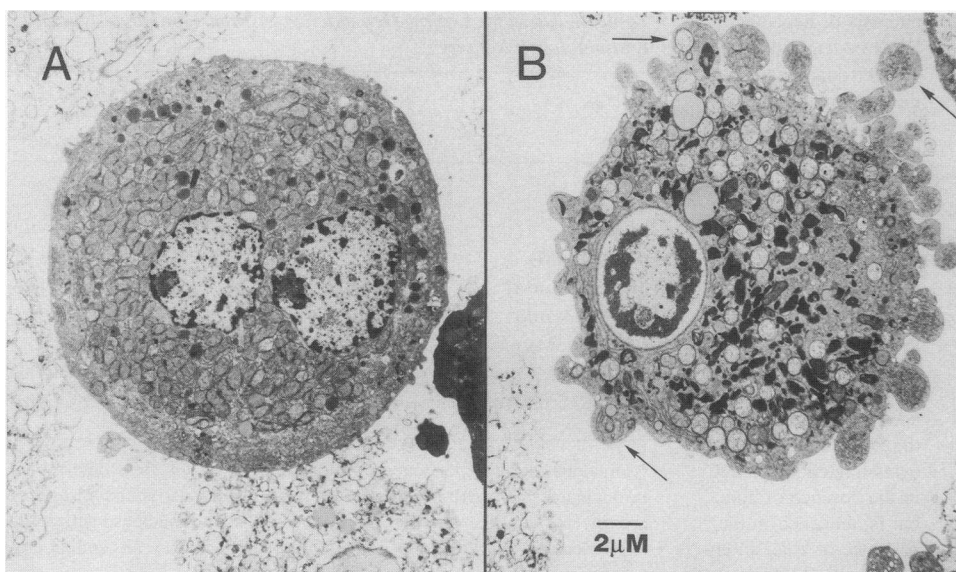


Figure 4. Effect of GDC on hepatocyte ultrastructure. Transmission electron microscopy of cultured rat hepatocytes after 3 h of incubation. (A) Hepatocyte incubated without bile salt (control) ($\times 3,000$). (B) Hepatocyte incubated with GDC ($50 \mu\text{M}$) ($\times 3,000$). Note the condensation and margination of nuclear chromatin against the nuclear membrane. Surface blebs containing intact organelles are present (arrows). These changes are characteristic of early apoptosis.

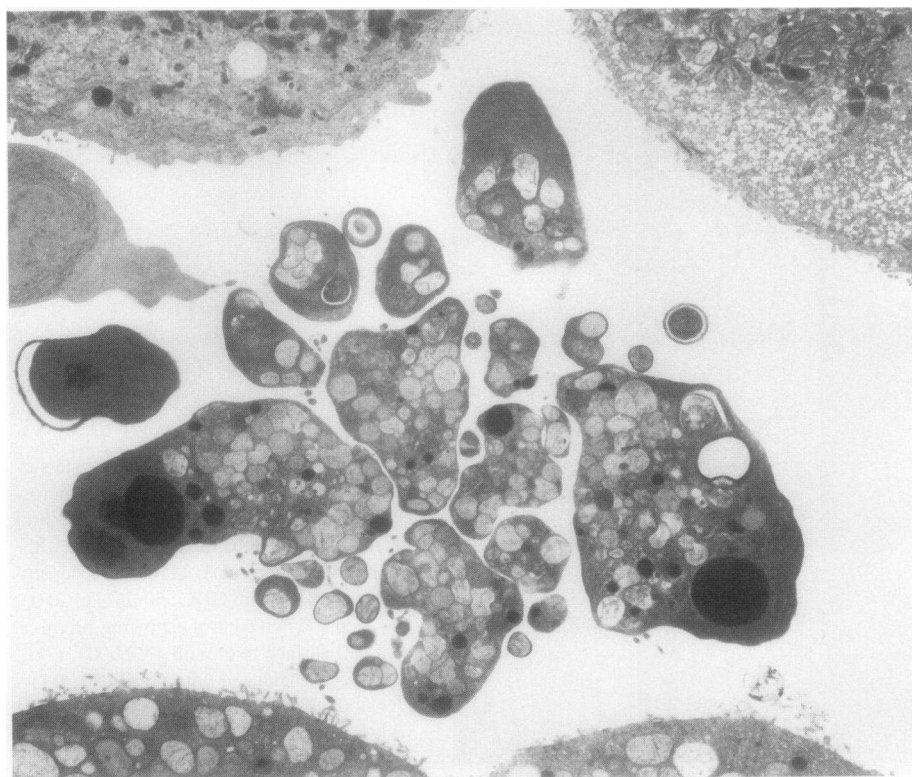


Figure 5. Hepatocyte undergoing GDC-induced apoptosis. Transmission electron microscopy of a hepatocyte incubated for 3 h with GDC (50 μ M) showing cellular fragmentation into organelle-containing cytoplasmic (apoptotic) bodies of varying sizes ($\times 3,000$).

untreated cells. The increase of Mg_i^{2+} was prevented by incubating the cells in an Mg^{2+} -free medium, suggesting the increase of Mg_i^{2+} was due to an influx of extracellular Mg^{2+} into the cell (Fig. 8). Incubation of cells in Mg^{2+} -free medium reduced the occurrence of morphological features of GDC-induced apoptosis. Nuclear fragmentation was reduced twofold by omit-

ting Mg^{2+} from the medium (Fig. 9). In addition, during incubation of cells with GDC in Mg^{2+} -free medium, cell blebbing was reduced by 37% after 4 h (43 ± 5 vs. $27 \pm 2\%$). Incubation of cells in an Mg^{2+} -free medium also reduced the biochemical correlates of GDC-induced apoptosis such as DNA fragmentation (Table I) and internucleosomal cleavage (Fig. 10). The occurrence of necrosis will preclude the changes of apoptosis from occurring; however, the inhibition of apoptosis by omitting Mg^{2+} from the medium could not be explained by the development of necrosis, as $> 85\%$ of the cells still excluded propidium iodide (Table I). Thus, Mg^{2+} omission from the medium was

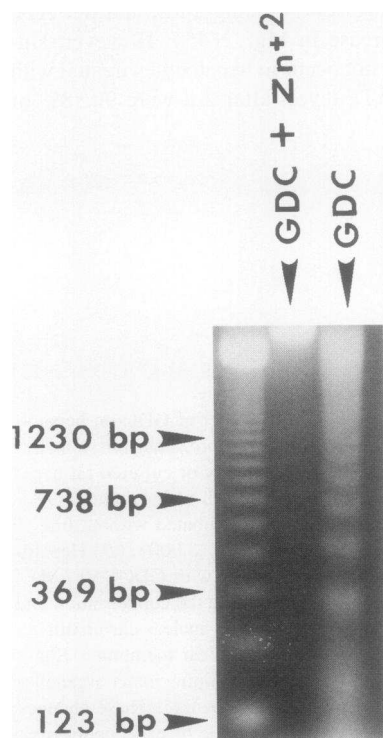


Figure 6. Zinc sulfate inhibits internucleosomal DNA fragmentation induced by GDC. An ethidium bromide-stained agarose gel after electrophoresis of hepatocyte DNA is demonstrated. The left lane contains molecular weight markers. DNA was extracted after incubation of hepatocytes with 50 μ M GDC (right lane) or with 50 μ M GDC plus 500 μ M Zn^{2+} for 4 h. A loss of the large genomic DNA and the concomitant appearance of a ladder-like DNA fragmentation pattern characteristic of apoptosis is present in the DNA from hepatocytes treated with GDC in the absence of zinc, but is abolished in the presence of zinc, an endonuclease inhibitor.

Table II. Divalent Cation Dependence of Rat Hepatocyte Nuclear Endonuclease Activity*

| Ions | Endonuclease activity | |
|--|-----------------------|------------------|
| | Controls | GDC-treated |
| | <i>mU/30 min</i> | <i>mU/30 min</i> |
| EDTA | No activity | No activity |
| Ca^{2+} (2 mM) | 132 ± 2 | 132 ± 11 |
| Mg^{2+} (0.5 mM) | 332 ± 16 | 343 ± 14 |
| Mg^{2+} (0.9 mM) | 521 ± 36 | 547 ± 35 |
| Ca^{2+} (2 mM) plus Mg^{2+} (0.5 mM) | 229 ± 12 | 236 ± 13 |
| Ca^{2+} (2 mM) plus Zn^{2+} (0.5 mM) | No activity | No activity |
| Mg^{2+} (0.5 mM) plus Zn^{2+} (0.5 mM) | No activity | No activity |

* Divalent cation dependence of endonuclease activity was determined in nuclear protein extracts from cultured hepatocytes incubated in the presence or absence of GDC (50 μ M) for 4 h. Endonuclease activity is expressed as equivalent units of a recombinant *S. marcescens* endonuclease determined in the presence of 2 mM Ca^{2+} .

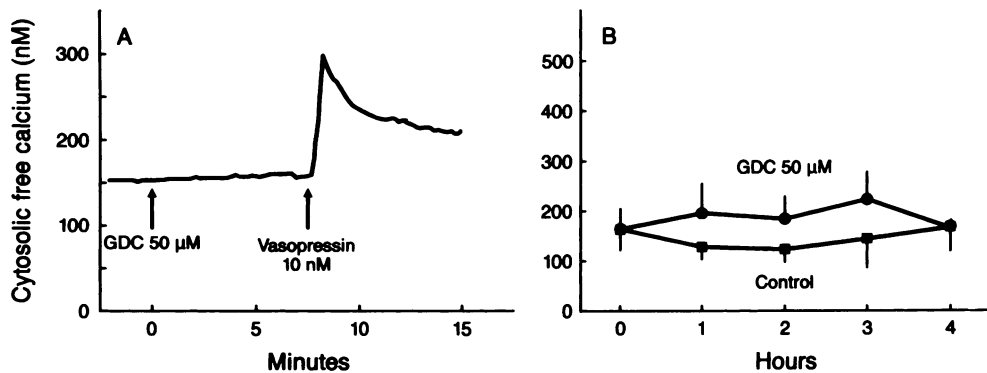


Figure 7. GDC does not alter Ca_i^{2+} . Ca_i^{2+} in single Fura-2-loaded cells was monitored by ratio imaging of Fura-2 fluorescence using digitized video microscopy. (A) Acute changes in Ca_i^{2+} after addition of $50 \mu\text{M}$ GDC or 10 nM vasopressin. Results are of one experiment ($n = 6$ cells) representative of four separate experiments. (B) Cells were incubated in the presence (closed circles) and absence (closed squares) of GDC ($50 \mu\text{M}$). Ca_i^{2+} was quantitated over 4 h. Each data point represents the mean Ca_i^{2+} of 30 individual cells from each of 4 separate experiments.

truly cytoprotective. Although the ladder pattern of oligonucleosomal cleavage was not seen on agarose gel electrophoresis, an apparent decrease in the highest molecular weight band(s) was observed which may be indicative of chromatin fragmentation into larger fragments. Furthermore, DNA fragmentation was not completely abolished (Table I). Thus, removal of extracellular magnesium prevented cleavage into oligonucleosomal-sized fragments but may not have prevented DNA cleavage into larger (50- and/or 300-kb) fragments. Our results therefore indicate that both the morphologic changes of apoptosis and internucleosomal cleavage of DNA were promoted by the increase of Mg_i^{2+} .

Discussion

The major findings of this study relate to the cellular mechanisms of hepatocyte injury by GDC, a toxic, hydrophobic bile salt. In our previous study on bile salt cytotoxicity, we suggested that bile salts caused hepatocyte necrosis due to mitochondrial injury with ATP depletion (23). In this study, we extend our observations by demonstrating for the first time that hepatocyte injury by bile salts can also occur by apoptosis. The mechanisms of bile salt cytotoxicity, necrosis versus apoptosis, appear to be dose dependent. Indeed, concentrations of GDC $> 100 \mu\text{M}$ caused cell lysis or necrosis, whereas concentrations of GDC

$< 100 \mu\text{M}$ resulted in apoptosis. Necrosis appears to occur when concentrations of bile salts are sufficient to cause mitochondrial injury and ATP depletion, whereas the active process of apoptosis predominates at concentrations insufficient to cause ATP depletion. Although serum concentrations of total bile salt concentrations in cholestasis range from 100 to $300 \mu\text{M}$, the intracellular concentrations remain unknown (46). Furthermore, Na^+ -dependent bile salt cotransport into the hepatocyte is downregulated in cholestasis as a protective mechanism to limit intracellular bile salt concentrations (47). Thus, the type of liver injury during cholestasis may vary depending upon the concentration of bile salt retained within the hepatocyte. In this regard, our model of GDC-induced hepatocyte injury provides mechanistic insight into the concentration-dependent toxicity of hydrophobic bile salts. Although we used GDC in this study and glycochenodeoxycholate in the previous study, we have also recently demonstrated virtually identical dose-dependent mechanisms of hepatocyte cytotoxicity with glycochenodeoxycholate, apoptosis at concentrations $< 100 \mu\text{M}$, and necrosis at concentrations $> 100 \mu\text{M}$ (our unpublished observations).

Apoptosis is increasingly recognized as an important mechanism of cell and tissue injury. Early studies emphasized signal transduction events after addition or removal of specific ligands and target cell injury by immunocytes as physiologic mechanisms of apoptosis (48). However, toxic mechanisms of

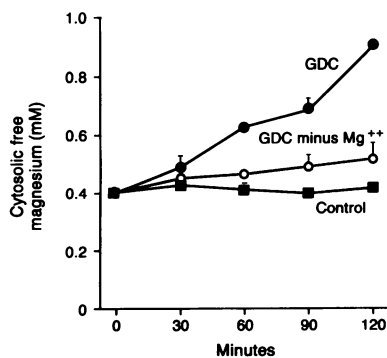


Figure 8. GDC increases Mg_i^{2+} . Mg_i^{2+} in individual Mag-Fura-2-loaded cells was monitored by ratio imaging of Mag-Fura-2 fluorescence using digitized video microscopy. Cells were incubated in the absence of GDC, but in the presence of 1.4 mM extracellular Mg^{2+} (Control, closed squares) or in the presence of $50 \mu\text{M}$ GDC with

(closed circles) or without (open circles) extracellular Mg^{2+} . Mg_i^{2+} was quantitated over 2 h. Each data point represents the mean Mg_i^{2+} of 30 individual cells from each of three experiments.

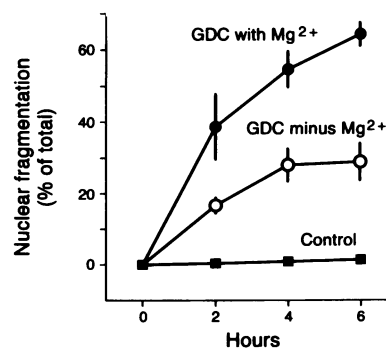


Figure 9. Removal of extracellular magnesium reduces GDC-induced nuclear fragmentation. Cells were incubated in the absence of GDC, but in the presence of 1.4 mM extracellular Mg^{2+} (Control, closed squares) or in the presence of $50 \mu\text{M}$ GDC with (closed circles) or without (open circles) extracellular Mg^{2+} . At least

300 cells in 4 high-power fields were counted. Nuclear fragmentation represents cells with at least three nuclear fragments expressed as a percentage of total cells counted.

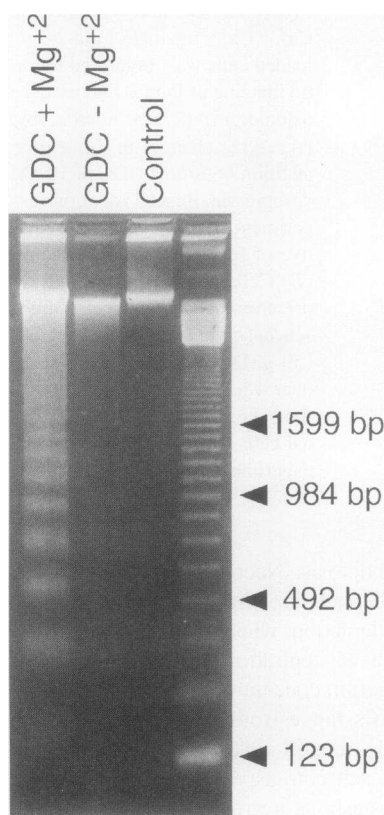


Figure 10. Removal of extracellular magnesium inhibits internucleosomal DNA fragmentation during incubation of hepatocytes with GDC. An ethidium bromide-stained agarose gel after electrophoresis of hepatocyte DNA is demonstrated. The right lane contains molecular weight markers. DNA was extracted after incubation of cultured hepatocytes for 4 h. Cells were incubated in the absence of GDC but in the presence of 1.4 mM extracellular Mg^{2+} (*Control*) or in the presence of 50 μM GDC with (*GDC + Mg^{2+}*) or without extracellular Mg^{2+} (*GDC - Mg^{2+}*). A ladder-like DNA fragmentation pattern typical of internucleosomal endonuclease activation is present in the DNA isolated from hepatocytes

treated with GDC in the presence of extracellular Mg^{2+} but not in controls or GDC-treated cells cultured in Mg^{2+} -free medium.

apoptosis are increasingly being appreciated (49). For example, cytotoxic anticancer drugs have been shown to cause apoptosis in target cells (49, 50). Our data demonstrating apoptosis by a toxic bile salt are consistent with the concept of toxin-induced apoptosis.

The frequent presence of internucleosomal DNA cleavage in apoptotic cells suggests that endonuclease activation is a common mechanism in the program of events culminating in apoptosis (10). Furthermore, as observed in the current study, inhibitors of endonucleases such as zinc often prevent both the DNA fragmentation and the morphologic features of apoptosis, further suggesting a mechanistic role for endonucleases in apoptosis (11). Understanding the regulation of endonuclease activity is an important step in elucidating the cellular mechanisms of apoptosis. Current efforts elucidating the cellular mechanism regulating endonuclease activity have focused on macromolecular synthesis and ion regulation (i.e., Ca^{2+} and pH) (11, 51). In our studies, inhibitors of translation and transcription did not prevent apoptosis as has been observed in other models of toxin-induced apoptosis (11, 50). The inability of inhibitors of translation and transcription to prevent apoptosis is also consistent with several observations identifying constitutive nuclear endonuclease activity in hepatocytes (39). Several endonucleases have been isolated and postulated to play a role during apoptosis such as the Ca^{2+}/Mg^{2+} -dependent endonuclease I from human spleen, the Ca^{2+} -dependent deoxyribonuclease I from rat thymocyte and lymph nodes, and the pH-sensitive deoxyribonuclease II from Chinese hamster ovary cells (52–54). Although these endonucleases are regulated by changes in Ca_i^{2+} , Mg_i^{2+} , or pH_i , changes in Ca_i^{2+} or pH were not ob-

served during GDC-induced hepatocyte apoptosis. An Mg^{2+} -dependent endonuclease has been described in rat liver nuclei (55). Because endonucleases in many cell types require Mg^{2+} for activity, we determined the *in vitro* Mg^{2+} dependence of rat hepatocyte endonuclease activity and measured Mg_i^{2+} in hepatocytes undergoing apoptosis by GDC. Curiously, although endonucleases are known to be Mg^{2+} -dependent, measurements of Mg_i^{2+} have not been previously performed during apoptosis. We found that *in vitro* endonuclease activity present in soluble protein extracts from rat hepatocyte nuclei was predominantly Mg^{2+} dependent. Addition of GDC to the *in vitro* assay did not increase endonuclease activity, demonstrating that GDC does not directly stimulate endonucleases. Likewise, there was no difference in the magnitude or cation dependence of endonuclease activity isolated from cells treated with GDC. During treatment of hepatocytes with GDC, Mg_i^{2+} increased twofold and incubation of cells in an Mg^{2+} -free medium prevented the rise in Mg_i^{2+} and reduced nuclear and DNA fragmentation. These observations suggest that GDC induces apoptosis in hepatocytes by a mechanism promoted by increases of Mg_i^{2+} . The increase of Mg_i^{2+} may lead to DNA fragmentation by stimulating Mg^{2+} -dependent endonuclease activity or by altering DNA/protein interactions, rendering the DNA more susceptible to endonuclease cleavage. Although removal of extracellular Mg^{2+} prevented the rise in Mg_i^{2+} , this maneuver did not lower basal concentrations of Mg^{2+} or completely block nuclear fragmentation. These observations suggest that the rate of apoptosis may be dependent upon the concentration of Mg^{2+} , with lower rates at physiologic concentrations of Mg^{2+} and higher rates at higher concentrations of Mg_i^{2+} .

The increase of Mg_i^{2+} during GDC-induced apoptosis could arise from the release of Mg^{2+} from intracellular stores or from an influx of extracellular Mg^{2+} into the cell. In hepatocytes, the vast majority of intracellular Mg^{2+} is bound to ATP or intracellular nondiffusible binding sites (45). Hydrolysis of ATP releases Mg^{2+} from the ATP/ Mg^{2+} complex, causing a rise in Mg_i^{2+} (37, 56), and toxic bile salts can inhibit mitochondrial ATP synthesis, resulting in net hydrolysis of ATP (23). However, in our studies, there was minimal loss of ATP during GDC-induced apoptosis, suggesting that the rise of Mg_i^{2+} was not caused by ATP hydrolysis. Preservation of cellular ATP during the active process of cell death by apoptosis has been a consistent finding in the literature, and in some models ATP depletion may actually inhibit apoptosis (57). Removal of extracellular Mg^{2+} inhibited the rise of Mg^{2+} during hepatocyte apoptosis by GDC, an observation suggesting that an influx of extracellular Mg^{2+} into the cell was responsible for the rise of Mg_i^{2+} . The mechanism of Mg^{2+} entry into the cell was not elucidated by these studies. However, DC conjugates have been demonstrated to increase cation currents in a colonic cell line (T84 cells) (22). Opening of a cation conductance channel may permit an influx of extracellular Mg^{2+} down its concentration gradient, causing an increase of Mg_i^{2+} . Electrophysiologic studies will be required to determine if GDC stimulates opening of these channels in hepatocytes and the relative permeability and selectivity of these channels for Mg^{2+} . A direct physicochemical interaction of GDC with the plasma membrane increasing Mg^{2+} permeability is also a highly plausible explanation for the influx of Mg^{2+} into the cell.

In our studies, GDC-induced apoptosis was not associated with increases of Ca_i^{2+} . Although increases of Ca_i^{2+} have been

associated with apoptosis in immature thymocytes, lymphocytes, and mammary adenocarcinoma cells, Ca^{2+} is not required for apoptosis in human leukemia cells (11, 58, 59). Moreover, elevations of Ca_i^{2+} actually retard the development of apoptosis in neutrophils (60). Thus, increases in Ca^{2+} are not a universal requirement for apoptosis. The role of Ca_i^{2+} in apoptosis may vary between cell types and the mechanism of apoptosis induction within a given cell type. Additional studies will be required to determine if increases of Ca_i^{2+} can participate as a mechanism of apoptosis in hepatocytes. Although concentrations of deoxycholates of $> 500 \mu\text{M}$ cause increases of Ca_i^{2+} in hepatocytes, lower concentrations have not been associated with increases of Ca_i^{2+} (20). Our studies demonstrating that $50 \mu\text{M}$ GDC did not cause an increase of Ca_i^{2+} are consistent with these previous observations.

The greater toxicity of GDC compared with DC or TDC is consistent with several observations demonstrating that the glycine conjugates are the most toxic species of hydrophobic bile salts (61, 62). In human bile and presumably in the hepatocyte, bile salts are $> 95\%$ conjugated to glycine or taurine with an approximate glycine/taurine ratio of 1.8:1 (63). Thus, our finding that GDC is the most toxic species of DC is physiologically relevant, suggesting bile salt-induced apoptosis may play an important role in human cholestatic liver disease.

Our working hypothesis is that GDC-induced apoptosis is promoted by an influx of Mg^{2+} into the cell, stimulating activity of nuclear endonucleases. The activation of endonucleases with DNA cleavage is the cytotoxic trigger producing apoptosis. The hypothesis is supported by the observation that removal of extracellular Mg^{2+} prevents the rise in Mg_i^{2+} and the morphologic and biochemical features of apoptosis. The Mg^{2+} dependence of hepatocyte, nuclear endonuclease activity also supports this hypothesis. Further information on the yet to be identified endonuclease responsible for DNA fragmentation during hepatocyte apoptosis will be required to fully clarify the mechanism of GDC-induced apoptosis. Finally, our data suggesting a role for Mg_i^{2+} in the program of events culminating in apoptosis may provide useful insight into mechanisms of apoptosis in other cell types during physiologic and pathophysiologic conditions.

Acknowledgments

The secretarial assistance of Sara Erickson is gratefully acknowledged.

This work was supported by the Mayo Foundation, the Gainey Foundation, grant DK-41876 from the National Institutes of Health (G. J. Gores), and by an AGA Foundation/Merck Senior Research Fellow Award (T. Patel).

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