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### Research Article

Neutrophils contain at least two types of secretory granules. The present work links the secretion of the (lysosomal type) azurophil granules, but not that of specific granules, to endosomal transport mechanisms. (a) Selective stimulation of azurophil granule secretion by the Na-ionophore Monensin, or nonselective stimulation by FMLP after cytochalasin B pretreatment elicited marked pinocytotic activity in parallel with azurophil granule release, whereas FMLP alone, selective for specific granules, elicited little fluid pinocytosis. (b) Pinosomes thus formed fused with azurophil granules, suggesting that exocytosis of azurophil granules might occur via endosomal organelles. This hypothesis was tested by determining the effect on the endosomal pathway(s) of two treatments that selectively prevent the release of azurophil granule contents without interfering with specific granule secretion, namely replacement of Cl<sup>-</sup> with gluconate<sup>-</sup> or the addition of zinc. Replacement of Cl<sup>-</sup> was found to impair the pinocytosis process itself, whereas ZnSO<sub>4</sub> appeared to prevent the fusion between endosomes and azurophil granules. These data support the concept that the (lysosomal type) azurophil granules, but not the specific granules, are secreted through the endosomal pathway.

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# Linkage of Azurophil Granule Secretion in Neutrophils to Chloride Ion Transport and Endosomal Transcytosis

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## Abstract

Neutrophils contain at least two types of secretory granules. The present work links the secretion of the (lysosomal type) azurophil granules, but not that of specific granules, to endosomal transport mechanisms. (a) Selective stimulation of azurophil granule secretion by the Na-ionophore Monensin, or non-selective stimulation by FMLP after cytochalasin B pretreatment elicited marked pinocytotic activity in parallel with azurophil granule release, whereas FMLP alone, selective for specific granules, elicited little fluid pinocytosis. (b) Pinosomes thus formed fused with azurophil granules, suggesting that exocytosis of azurophil granules might occur via endosomal organelles.

This hypothesis was tested by determining the effect on the endosomal pathway(s) of two treatments that selectively prevent the release of azurophil granule contents without interfering with specific granule secretion, namely replacement of  $\text{Cl}^-$  with gluconate<sup>-</sup> or the addition of zinc. Replacement of  $\text{Cl}^-$  was found to impair the pinocytosis process itself, whereas  $\text{ZnSO}_4$  appeared to prevent the fusion between endosomes and azurophil granules. These data support the concept that the (lysosomal type) azurophil granules, but not the specific granules, are secreted through the endosomal pathway. (*J. Clin. Invest.* 1994. 93:247-255.) Key words: lysosomes • ionophores • zinc • gluconates • signal transduction

## Introduction

Neutrophils contain two main granule types called azurophil and specific granules by some (1) or primary and secondary granules by others (2). Although their secretion is thought to be regulated differentially, based on different release kinetics (3-5) and granule-selective secretagogues (6, 7) the intracellular signal(s) and transport mechanism(s) that control the selectivity of the secretion are poorly understood. Signals reported to play a role in neutrophil secretion "in general" such as the phosphorylation of heterotrimeric G proteins (8), the activity of protein kinase C (9) or cytoplasmic Ca transients (10) have been linked unequivocally only to the release of specific granules. Thus, stimuli that activate these signals such as chemoattractants, phorbol esters, and Ca ionophores, elicit only specific

granule release. Curiously, pretreatment of neutrophils with cytochalasin B (CB)<sup>1</sup> allows the same stimuli that alone elicit only specific granule release to induce secretion of both granule types (11, 12). Thus, CB provides an additional, so far unidentified, change in the cell physiology that is involved in azurophil granule secretion. Convincing evidence for distinct intracellular signaling pathways for the secretion of either granule type has been provided by Wilson et al. (9), who found that inhibition of protein kinase C with sphingoid bases impaired only the secretion of specific granules. Others have focussed on the role of Ca transients and suggested that specific granules are sensitive to low cytoplasmic Ca transients, whereas azurophil granules require high concentrations of intracellular Ca for secretion (13). Recently, several low molecular weight G proteins have been reported to bind to both granule types in a granule-specific manner (14). Despite these interesting findings of multiple intracellular targets of GTP-binding proteins (see also Barrowman et al. [15]), it is still unclear how these proteins might function in the differential secretion in neutrophils.

We have previously attempted to identify intracellular processes involved in azurophil granule secretion by studying the mechanism of action of the Na ionophore Monensin that elicits selectively the release of this granule type. Instead of binding to cell surface receptors activating the early cell signal cascade, Monensin appears to act directly on the membranes of azurophil granules, triggering their alkalization, swelling, and secretion (7). In subsequent studies, and those reported herein, Monensin-treated neutrophils were found to form endosomes (pinosomes) that fused with azurophil granules, resulting in the formation of large vacuoles that contained the azurophil granule marker peroxidase. We reasoned that a connection of this lysosomal granule type to the endosomal system might represent a transport pathway for granule content to the outside, as also suggested earlier (16, 17). If that were true, azurophil-endosome fusion should be a prerequisite for the exocytosis of azurophil granule contents. To probe this possibility more effectively, we took advantage of our recent observations that replacement of all buffer chloride (Cl) with gluconate ions or addition of zinc ions, each selectively inhibited azurophil granule secretion. If our hypothesis was correct, these treatments should impair not only azurophil granule secretion, but also one or several of the following processes: (a) endosome internalization, (b) endosome-azurophil granule fusion, or (c) transport of endosomes or endosome-granule fusion products back to the plasma membrane. The results of this work are reported below.

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1. Abbreviations used in this paper: CB, cytochalasin B; LDH, lactate dehydrogenase; LY, Lucifer yellow; MPO, myeloperoxidase; OpsZy, opsonized zymosan; Vit B<sub>12</sub> BP, vitamin B<sub>12</sub>-binding protein.

## Methods

Chloride buffer (pH 7.4) was prepared to contain 135 mM NaCl, 4.8 mM KCl, 0.93 mM CaCl<sub>2</sub>, and 1.2 mM MgCl<sub>2</sub> (all from Mallinckrodt, Paris, KY) as previously described for Krebs-Ringer buffer (18); the phosphate salts were replaced with 10 mM Hepes (Sigma Chemical Co., St. Louis, MO). This buffer was supplemented to contain 0.2% dextrose (Abbott Laboratories, North Chicago, IL) and 0.25% low endotoxin HSA (Biocell Laboratories, Carson, CA). Gluconate buffer was prepared to contain concentrations of Na-, K-, Ca-, and Mg-gluconate that were equivalent to the chloride salts of the complete (chloride) buffer, dextrose (Sigma Chemical Co.) and HSA. The osmolality was adjusted to 290±5 mosmol/kg. For zinc experiments 3 mM ZnSO<sub>4</sub> (Fisher Scientific, St. Louis, MO) was added to chloride buffer, which subsequently was readjusted to pH 7.35. Neutrophils were suspended in this solution just before stimulation. Similar findings of inhibition as those described for ZnSO<sub>4</sub> were obtained with ZnCl<sub>2</sub> which, however, was not routinely used because of the available commercial products were contaminated with toxic oxychlorides.

Stock solutions of 10<sup>-3</sup> M FMLP (Vega Biotechnologies, Tucson, AZ) and of CB at 5 mg/ml (Sigma Chemical Co.) were prepared in DMSO (Sigma Chemical Co.) and stored at -18°C. After dilution into buffer, FMLP was present at 10<sup>-7</sup> and CB at 2.5 µg/ml. Monensin (Calbiochem Corp., San Diego, CA) was dissolved in ethanol (at 20 mM) and stored at 4°C; working solutions were made fresh before use (final concentration = 20 µM). Zymosan (Koch-Light Ltd., Havenhill, United Kingdom) was opsonized in fresh human serum, washed three times and used at a final particle/neutrophil ratio of 50:1 (3).

Human neutrophils were isolated by the plasma-Percoll method of Haslett et al. to be minimally activated or primed (18). These were consistently > 95% pure and viable.

### Assay procedures

Neutrophil secretion was elicited in neutrophils (10<sup>7</sup> cells/ml) using 10<sup>-7</sup> M FMLP in the presence or absence of 2.5 µg cytochalasin B/ml buffer (preincubation 10 min), or by using 2 × 10<sup>-5</sup> M Monensin, or opsonized zymosan at a particle/cell ratio of 50:1 (the latter two stimuli without CB). The supernate was assayed for myeloperoxidase (MPO) (19), vitamin B<sub>12</sub>-binding protein (Vit B<sub>12</sub>BP) (20) and lactate dehydrogenase (LDH) (19). Secretory activity was defined as the enzyme activity in the neutrophil supernate expressed in percent of cell content of neutrophil aliquots lysed with Triton X-100. LDH release, determined as indicator of cell injury (19), never exceeded 5% of the cell lysate.

### Flow cytometry

Lucifer yellow (LY) fluorescence was estimated using cytofluorograph (Epics 751; Coulter Corp., Hialeah, FL) with a Biosense tip to increase its sensitivity and a Coherent argon ion laser (model 90-5; Innova, Palo Alto, CA). The system was connected to a computer system (Cicero; Cytomation, Inc., Englewood).

Cell suspensions exposed to stimuli or buffer in the presence of 0.5 mg LY/ml were cooled rapidly by dilution with 4 vol of ice cold buffer, followed by three washes with ice-cold buffer and fixation with paraformaldehyde (final concentration-1%). Excitation at 488 nm resulted in green fluorescence that was measured using a 20-nm bandpass at 525 nm. Responses to stimuli were recorded as changes in mean fluorescence of the cell population.

### Fluorescence microscopy

Lucifer Y-labeled neutrophils fixed in 1% paraformaldehyde (Electron Microscope Sciences, Fort Washington, PA), as described above, were applied in a 200-µl drop to the center of a 35-mm tissue culture dish (Falcon Labware, Oxnard, CA) and allowed to settle. After replacement of the buffer with a drop of high viscosity immersion oil photomicrographs were taken on black and white film (Pan-X-400; Kodak Corp., Rochester, NY) using a camera system (Vario-Orthomat; Leitz, Wetzlar, Germany) attached to a Diaplan (Leitz) microscope.

### Uptake of <sup>125</sup>I-BSA and cell fractionation

Neutrophils were divided into two equal aliquots of 3–4 × 10<sup>8</sup> cells each and washed twice with chloride or gluconate-buffer as appropriate. These aliquots were again subdivided into three equal parts of 1–1.3 × 10<sup>8</sup> cells, to each of which 50 µCi of <sup>125</sup>I-BSA (New England Nuclear, Boston, MA) was added. Paired samples were then incubated at 37°C in 3 ml of gluconate or chloride buffer containing FMLP (10<sup>-7</sup> M), CB/FMLP (2.5 mg/ml per 10<sup>-7</sup> M), or Monensin (2 × 10<sup>-5</sup> M) as described for the secretion assays. The neutrophils were cooled on ice, washed 3 × in cold chloride or gluconate buffer, homogenized, and fractionated on a 34–60% sucrose gradient as described by West et al. (21). Markers for azurophil granules, specific granules and membrane fractions were MPO, Vit B<sub>12</sub>BP, and alkaline phosphatase (21).

### Phagocytosis, isolation of phagolysosomes

*Phagocytosis of zymosan.* Neutrophils and freshly opsonized zymosan particles were washed twice in chloride or gluconate buffer, as appropriate and resuspended in the following buffers (containing 0.25% HSA): (a) chloride buffer, (b) gluconate buffer, and (c) chloride buffer containing 3 mM ZnSO<sub>4</sub>. Cells and zymosan were combined at a particle: cell ratio of 5, 10, 33, and 100:1 and incubated in duplicate at 37°C in a waterbath (total vol = 500 µl/vial). After 60 min, 20-µl suspension were transferred from each vial into 500 µl glutaraldehyde (0.2% in 0.9% NaCl) and examined for phagocytic activity. 50 cells/vial (100 cells/group) were evaluated and divided into those that had taken up 0–4 particles, 5–8 particles, or ≥ 9 particles, respectively.

*Isolation of phagolysosomes.* 200 × 10<sup>6</sup> neutrophils each were transferred into two 50-ml polypropylene tubes and washed twice with chloride buffer or gluconate buffer, as appropriate. These suspensions were again subdivided into three equal aliquots, centrifuged, and resuspended in chloride or gluconate buffer, respectively, containing 0.25% HSA. 60 × 10<sup>6</sup> neutrophils/vial in a volume of 5 ml were mixed with 5 ml of a suspension of opsonized zymosan particles (final particle/cell ratio = 100:1), which had been washed 3 × with chloride or gluconate buffer, respectively. After incubation for 60 min at 37°C, the tubes were mixed well by inversion and 20 µl suspension was transferred into 50 µl glutaraldehyde to be evaluated for phagocytic activity, as described above. The remainder of the (unfixed) cell/zymosan suspension was cooled on ice for 15 min and centrifuged for another 10 min at 170 g and 4°C. The supernate was completely removed, centrifuged again at 1,500 g and retained for analysis of MPO activity. The cell/zymosan mixture was resuspended in 4 ml of ice-cold homogenization buffer containing 20 mM Imidazole/HCl, pH 7.4, 0.25 M sucrose, 5 mM EGTA, and 2.5 mM MgCl<sub>2</sub> and homogenized on ice in the cup of a sonifier cell disruptor (Branson Ultrasonics Corp., Danbury, CT) at setting 7 for 2 min. Using this method, 96–98% of the neutrophils were found to be broken, as determined by counting cell numbers before and after sonication. Each of the six homogenates was loaded onto a cold, discontinuous Percoll gradient, in which the light layer consisted of 60% Percoll/40% of 10 × Imidazole buffer, and the heavy layer consisted of 90% Percoll/10% of 10 × Imidazole buffer (22). Centrifugation for 10 min at 1,500 g and 4°C resolved the homogenate into three fractions: i.e., the supernate containing the granule fractions, the 60% Percoll layer containing the nuclear fraction, and the 90% Percoll layer containing zymosan particles and phagolysosomes as described (22). The fractions were successively aspirated and their volumes recorded. After addition of Triton X-100 (final concentration = 0.2%) the MPO activity was measured in each fraction (and in the supernate retained from the neutrophil-zymosan incubation). The total MPO content of the specimen was calculated by first multiplying the MPO activities in the three fractions and the cell supernate with their respective volumes, and then adding these together. The MPO activity of each fraction/supernate was then expressed as a percentage of this total MPO content.

### Electron microscopy/cytochemistry

For ultrastructural studies, neutrophils were stimulated as described above, fixed in equal volumes of prewarmed glutaraldehyde (1.5% in

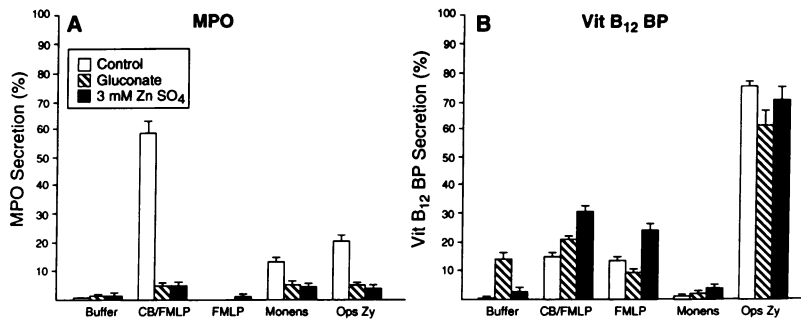


Figure 1. Neutrophil secretion of the azurophil granule marker MPO (A) and of the specific granule marker Vit B<sub>12</sub> BP (B) in chloride buffer (open bars, controls) in chloride-free gluconate buffer, (hatched bars), and in the presence of 3 mM ZnSO<sub>4</sub> (filled bars). Neutrophils were incubated as detailed in Methods in the presence of FMLP with and without pretreatment in CB, in presence of Monensin, and opsonized zymosan (Ops Zy), respectively. Bars indicate the mean ± SEM of four experiments.

0.1 M Na-cacodylate buffer, pH 7.3) at 37°C for 5 min and allowed to cool on ice for an additional 60 min. Subsequently, the cells were washed three times in 0.1 M cacodylate buffer and refrigerated overnight. Peroxidase activity was demonstrated using 3,3'-diaminobenzidine as substrate as described by Graham and Karnovsky (23). For easier transfer during dehydration procedures, neutrophils were pelleted and mixed with low gelling temperature agarose (Seaplaque; FMC Corp., Rockland, ME). The gel matrix containing the cells was then routinely dehydrated through graded acetones and propylene oxide and embedded in LX 112-Araldite 502 plastic (Ted Pella Inc., Redding, CA). Thin sections were viewed unstained (or when needed, stained with uranyl acetate-lead citrate) in a transmission electron microscope (model 400; Phillips Electronic Instruments Co., Mahwah, NJ) at an accelerating voltage of 60 kV.

Endocytic activity, at the ultrastructural level, was visualized using cationized ferritin (at 1 mg/ml) from Electron Microscope Sciences. Cell suspensions had a final volume of 1 ml and a concentration of 10<sup>7</sup> neutrophils/ml. Cells exposed to Monensin (and their buffer controls) were fixed after 45 min, those stimulated with CB/FMLP after 11 min (10 min CB + 1 min FMLP), CB controls after 11 min, FMLP controls after 10 min in buffer, and 1 min FMLP, accordingly. The preparations were fixed in suspension with a 10-fold excess of prewarmed (37°C) glutaraldehyde (1.5% in 0.1 M Na-cacodylate buffer) and processed as described above.

## Results

**Secretion studies.** As depicted in Fig. 1, in buffer containing chloride ions, neutrophils stimulated with CB/FMLP and zymosan secreted both the azurophil granule contents (here indicated by MPO) and specific granules (Vit B<sub>12</sub> BP). Cells exposed to the Na ionophore Monensin secreted only MPO, a process we previously suggested as a model for the exocytosis of azurophil granules (7). By contrast, FMLP in the absence of CB induced only specific granule secretion. These stimulus combinations, therefore, were used to probe the differential mechanisms of azurophil and specific granule exocytosis.

In the absence of chloride ions (i.e., gluconate buffer), neutrophil MPO secretion in response to all three stimuli was markedly impaired, whereas Vit B<sub>12</sub> BP release remained intact (Fig. 1). (In fact, even in the absence of stimulus, gluconate buffer controls consistently demonstrated some release of Vit B<sub>12</sub> BP that never was associated with LDH release and, thus, was not caused by a toxic effect. This observation, which could be of interest for studies of specific granule secretion, is currently unexplained.) While no preincubation was necessary for the prevention of azurophil granule secretion by chloride deprivation, the cells had to be washed twice in gluconate buffer to completely remove the extracellular Cl<sup>-</sup>. The concentration dependence of this secretion on chloride ions is shown in Fig. 2, wherein it was found that small amounts of chloride in the

buffer had disproportionate permissive effects on MPO secretion. Thus the inability of previous studies (24) to demonstrate the importance of Cl<sup>-</sup> for the secretion of azurophil granules may have been related to the presence of residual Cl ions. In contrast to chloride, sulphate ions ≤ 30 mM were unable to support azurophil granule secretion (Fig. 2). This sulphate concentration was several-fold that usually present in biological salt solutions indicating that extracellular sulphate is not important for the secretory process under investigation.

An inhibitory pattern similar to that caused by Cl replacement with gluconate has recently been documented for the addition of zinc ions (7) and these data are also included in Fig. 1 for comparison. The observations support the supposition that the secretory mechanism(s) involved in azurophil granule secretion can be separated from that (those) facilitating specific granule secretion. Accordingly, using these two inhibitory principles, the following studies examined the possibility that the endocytic pathway was involved in secretion of azurophil granule contents.

**Association of azurophil granule secretion with endocytosis?** One of the most striking ultrastructural changes in neutrophils treated with Monensin as well as with CB/FMLP consists of the presence of large, round or elongated cytoplasmic vacuoles of which many contain peroxidase-positive material (references 16, 25, and Fittschen, C., unpublished observation). Hypothesizing that these organelles may represent endosomes resulting from increased endocytic activity induced by such stimuli, neutrophils were exposed to CB/FMLP or Monensin in the presence of the endosomal marker LY to estimate the cells' endocytic activity. Both secretagogues induced marked

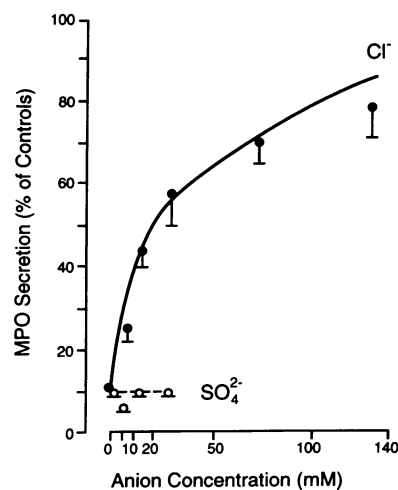


Figure 2. Chloride dependence of MPO secretion. Neutrophils washed twice with gluconate buffer were suspended in gluconate buffer containing the indicated concentrations of Cl<sup>-</sup> and SO<sub>4</sub><sup>2-</sup>. Only Cl<sup>-</sup> supported MPO secretion elicited by FMLP after pretreatment with CB. Each point indicates the mean ± SEM of three experiments.

fluid phase uptake into vacuoles as indicated by a punctate staining pattern on fluorescence microscopy that was not apparent in the unstimulated cells. Using cytofluorography, it was determined that in both time-course and volume endocytosed (Fig. 3) the uptake was proportional to the secretory activity already shown to be elicited by these agents (7). Importantly, the replacement of buffer Cl with gluconate severely impaired this fluid phase uptake, again in a quantitative and temporal pattern similar to the inhibition of azurophil granule secretion. This observation suggested that the whole endocytic process was impaired in the absence of chloride.

By contrast, addition of  $ZnSO_4$  did not inhibit pinocytosis of LY induced by Monensin or CB/FMLP (Fig. 4).  $ZnSO_4$  by itself induced some pinocytic activity that appeared additive with the uptake stimulated by Monensin.

Taken together, these findings indicate: (a) that the same stimuli that caused azurophil granule secretion also induced fluid endocytosis; (b) that replacement of buffer Cl with gluconate inhibited secretion of azurophil (but not of specific) granules as well as fluid phase endocytosis, consistent with a causal relationship between both processes; (c) that while zinc did inhibit azurophil granule secretion, it presumably acted in some way different from the chloride deprivation.

**Secretion of preloaded endosomal markers.** Interconnection of endosomes with azurophil granules as part of the exocytic process would imply that a secretory stimulus should elicit not only uptake of endosomal markers, but also, along with the secretory process, their release back to the extracellular medium. Accordingly, the neutrophil endosomal system (and presumably a proportion of azurophil granules) was preloaded with LY by exposure to Monensin before induction of a secondary release reaction with CB/FMLP (Fig. 5). Not surprisingly, some dye was released without further stimulation presumably reflecting the descending limb of endosomal transcytosis. However, the release was doubled by the addition of CB/FMLP, further supporting the suggestion of a link between pinocytosis

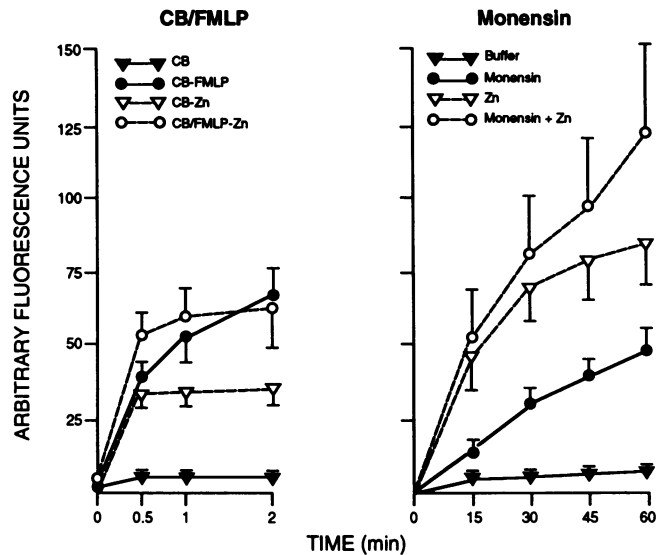


Figure 4. Endocytosis of LY in the absence (filled symbols) and presence (open symbols) of 3 mM  $ZnSO_4$ . Neutrophils were stimulated as indicated in Fig. 3. Controls exposed to buffer or FMLP alone (with and without  $ZnSO_4$ ) were indistinguishable from CB and CB-Zn, respectively. Data represent the mean  $\pm$  SEM of three experiments.

and azurophil granule secretion. A similar effect was seen if the order of the stimuli was reversed (data not shown).

**Fusion of endosomes with azurophil granules.** The question of endosome/granule fusion was examined both by electron microscopy and by subcellular fractionation. For ultrastructural studies, neutrophils were stimulated after addition to the buffer of an electron dense marker of endosomes, cationized ferritin. In addition to its presence in the fluid medium this positively charged label is enriched at the negatively charged neutrophil plasma membrane, providing a sensitive marker for any endocytic activity. Neutrophils treated with Monensin or CB/FMLP contained ferritin in variably sized electron lucent vacuoles. These vacuoles usually were 2–10 times larger than azurophil granules, and often included the azurophil granule marker peroxidase (Fig. 6). This confirmed derivation of the vacuoles from endosomes and that these endosomes also fused

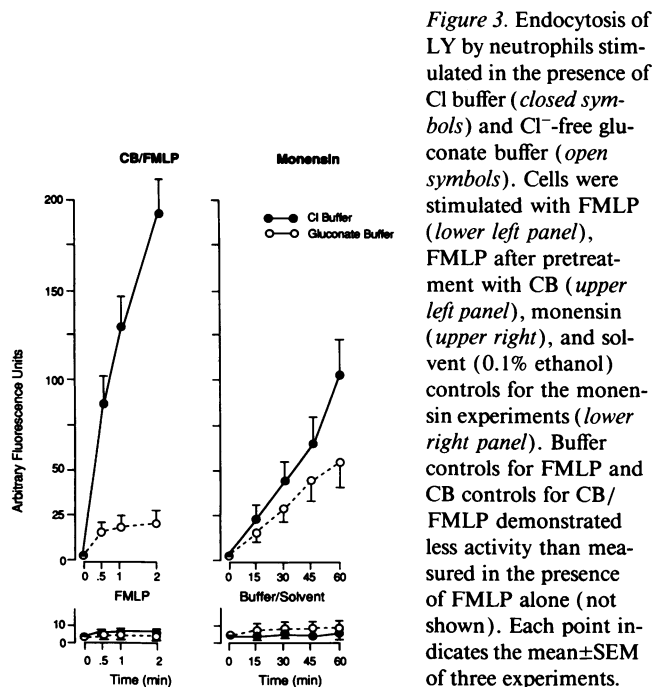


Figure 3. Endocytosis of LY by neutrophils stimulated in the presence of Cl buffer (closed symbols) and  $Cl^-$ -free gluconate buffer (open symbols). Cells were stimulated with FMLP (lower left panel), FMLP after pretreatment with CB (upper left panel), monensin (upper right), and solvent (0.1% ethanol) controls for the monensin experiments (lower right panel). Buffer controls for FMLP and CB controls for CB/FMLP demonstrated less activity than measured in the presence of FMLP alone (not shown). Each point indicates the mean  $\pm$  SEM of three experiments.

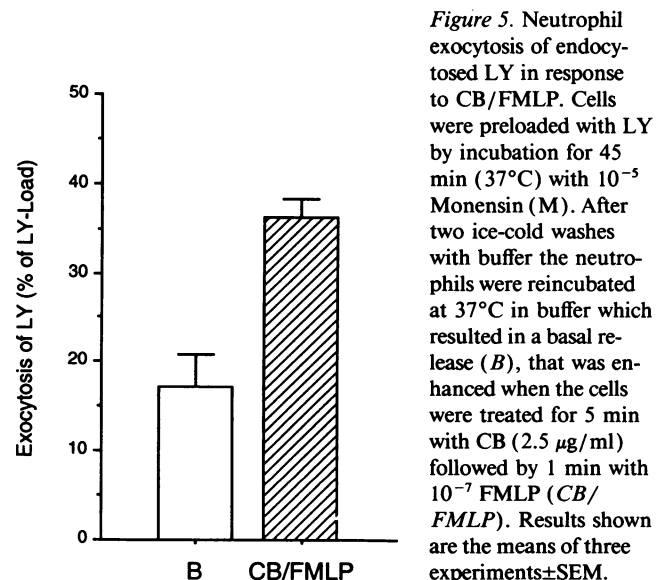
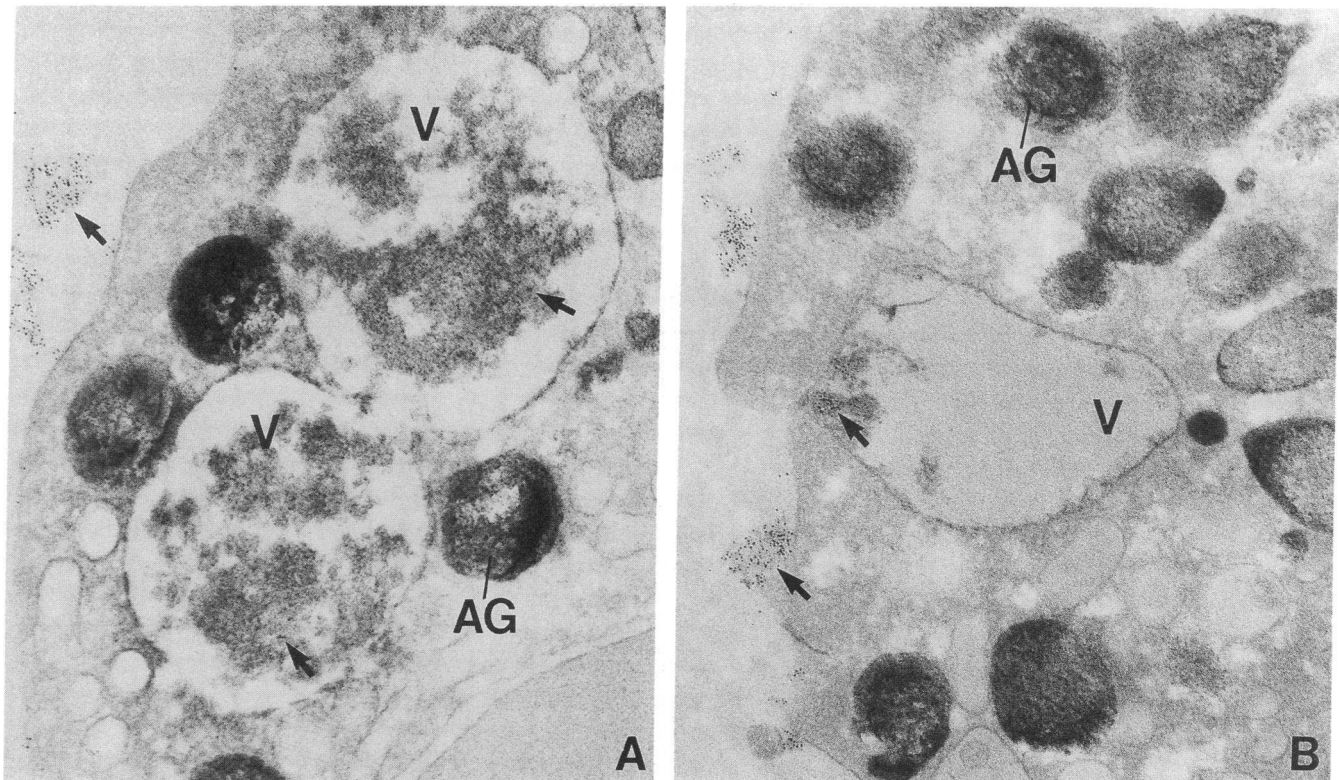


Figure 5. Neutrophil exocytosis of endocytosed LY in response to CB/FMLP. Cells were preloaded with LY by incubation for 45 min ( $37^\circ C$ ) with  $10^{-5}$  Monensin (M). After two ice-cold washes with buffer the neutrophils were reincubated at  $37^\circ C$  in buffer which resulted in a basal release (B), that was enhanced when the cells were treated for 5 min with CB ( $2.5 \mu g/ml$ ) followed by 1 min with  $10^{-7}$  FMLP (CB/FMLP). Results shown are the means of three experiments  $\pm$  SEM.



**Figure 6.** Colocalization of endocytosed cationized ferritin and MPO in vacuoles derived from the fusion of endosomes and azurophil granules. Neutrophils were incubated in ferritin-containing buffer with and without stimuli (see Methods). Only neutrophils treated with Monensin (*A*) or CB/FMLP (*B*) (but not buffer controls or cells treated with CB or FMLP, respectively) showed ferritin and MPO in the same organelles. V, vacuoles containing MPO (fine black reaction product) and coarse ferritin grains (arrows); AG, azurophil granules.  $\times 52,000$ . Peroxidase without counterstain; glutaraldehyde with  $O_3O_4$  postfixation.

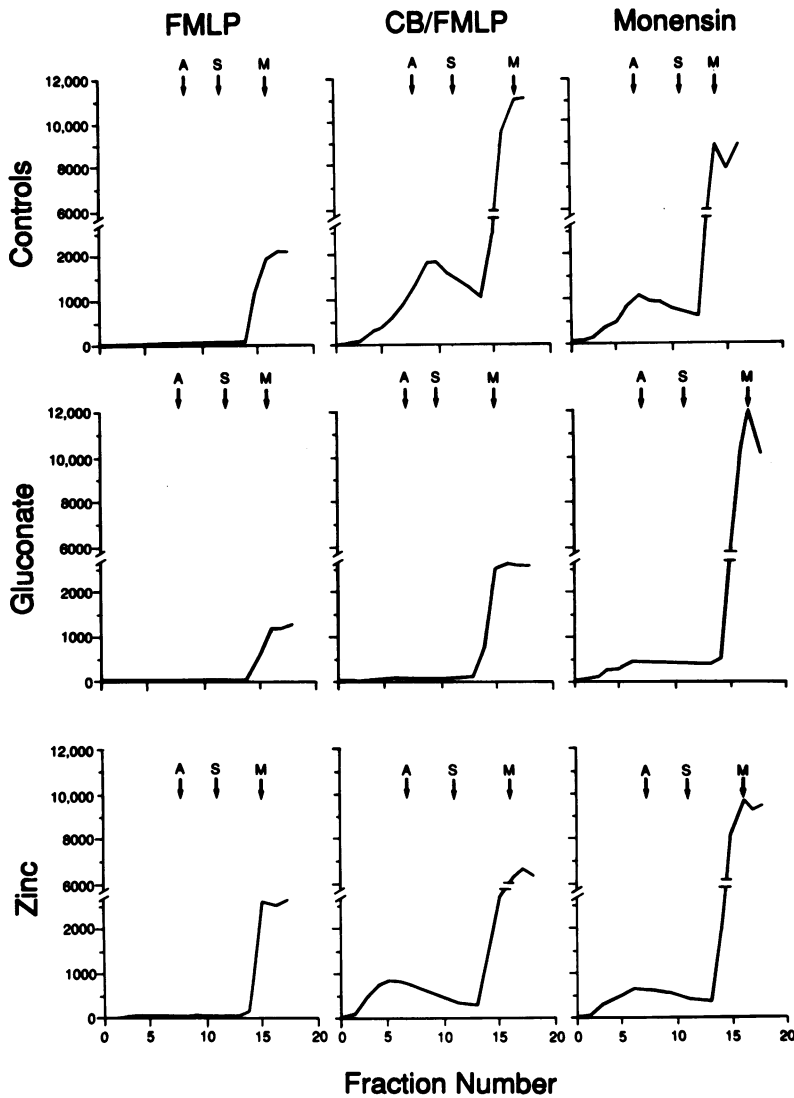
with azurophil granules. Control cells in the absence of secretagogues demonstrated no association of ferritin with azurophil granules vacuoles, although some smaller ferritin-containing endosomes (no larger than azurophil granules) were sometimes present within  $1.5 \mu\text{m}$  beneath the plasma membrane.

To examine endosome-azurophil granule fusion more quantitatively, neutrophils were stimulated with FMLP, CB/FMLP, or Monensin in the presence of the fluid phase marker  $^{125}\text{I}$ -BSA, followed by cell homogenization and density centrifugation. The subcellular distribution of  $^{125}\text{I}$  in neutrophils is shown in Fig. 7 and Table I. Cells exposed to FMLP alone showed no measurable uptake of  $^{125}\text{I}$ -BSA into the granule fractions; the supernates (fractions 20–24), however, did contain some radiolabel. By contrast, neutrophils stimulated with either Monensin or CB/FMLP in chloride buffer had abundant label in the granule fractions. The marker was found in fractions containing the azurophil granules, as well as those of lower density. This distribution would be expected if the  $^{125}\text{I}$ -BSA was in organelles representing fusion products of the dense azurophil granules and of endosomes, which are of much lower density. Label was also present in membrane and supernate fractions. Most of this radioactivity in the supernate was originally cell associated and not caused by insufficient washes, since it exceeded the  $^{125}\text{I}$  content present in equivalent volumes of the last cell wash by 5–10-fold. It may have originated from endosomes and/or endosome-granule fusion products that broke during the homogenization procedure, as suggested by the presence of MPO in the same fractions.

In the absence of chloride ions (gluconate buffer), neutrophils stimulated with either CB/FMLP or Monensin showed much less radiolabel in the granule fractions (Fig. 7 and Table I). This was in keeping with the inhibition of LY endocytosis observed in this buffer.

Importantly, zinc also reduced incorporation of  $^{125}\text{I}$ -BSA into the granule fractions after stimulation with CB/FMLP or Monensin (Fig. 7 and Table I). The inhibition was basically similar to that achieved with Cl replacement, although cell preparations treated with zinc frequently contained more label in the supernate fractions, consistent with enhanced endocytosis. Taken together with the experiments on LY endocytosis, these observations suggest that zinc, while not impairing endocytosis, does in fact inhibit fusion between endosomes and azurophil granules and raise the possibility that this is the mechanism for its inhibition of secretion.

In contrast to the link between fluid endocytosis and the secretion process studied here, the closely related association of particle uptake and secretion has been thoroughly studied previously. We, therefore, asked whether the conditions that modified granule-endosome interaction also interfered with phagocytosis and/or phagosome-azurophil granule fusion. In gluconate buffer, at low particle/cell ratio ( $\leq 33:1$ ), neutrophil phagocytic activity was significantly lower ( $44\% \text{ decrease} \pm 3.5$ ,  $\text{mean} \pm \text{SEM}$  in three experiments) than in chloride buffer. At higher ratios (100:1), this effect was completely overcome, and phagocytic uptake was comparable in both conditions (see footnote, Table II). To examine whether  $\text{Cl}^-$ -free conditions



*Figure 7.* Fractionation of neutrophil homogenates after endocytic stimulation in Cl buffer, gluconate buffer and Cl buffer containing 3 mM ZnSO<sub>4</sub>. Stimulation with FMLP, CB/FMLP, and Monensin, respectively, in the presence of the endocytic marker <sup>125</sup>I-BSA resulted in uptake of label. After homogenization and separation of the subcellular organelles by density centrifugation, label was found in membrane fractions (peak at M) and in granule fractions (A, peak of the azurophil granule marker MPO; S, peak of the specific granule marker Vit B<sub>12</sub> BP). Neutrophils incubated in buffer or CB alone demonstrated similarly low activity as shown for FMLP. Cells stimulated in gluconate buffer or in the presence of 3 mM ZnSO<sub>4</sub> incorporated less <sup>125</sup>I into the granule fractions than did those stimulated in Cl buffer. This experimental result was representative of three similar experiments.

inhibited the fusion of phagosomes and azurophil granules, we isolated neutrophil phagosomes by cell fractionation using discontinuous Percoll gradients. Table II shows a comparison of the MPO activity in the phagosomal fraction obtained from neutrophils in gluconate buffer and in chloride buffer (particle/cell ratio = 100:1). It is apparent that the phagosomal fraction (90% Percoll) of cells incubated in gluconate buffer contained significantly less MPO than did the fraction of cells incubated in chloride buffer. The MPO activity in the nuclear fraction (60% Percoll) may stem from contaminating phagosomes and/or MPO adsorbed to the nuclear material. This question was not further investigated. Thus, our results suggest that chloride ions may also be required for the fusion of phagosomes with azurophil granules.

Similar experiments with zinc were precluded by its inhibitory effect on phagocytosis (32% inhibition ± 4.1, mean ± SEM in three experiments) even at a particle/cell ratio of 100:1.

### Discussion

To be able to independently control secretion of two different granule populations, neutrophils must have either differentiating mechanisms in their intracellular signaling pathways or in

their granule delivery to the plasma membrane or both. Recent evidence (9) suggests that the intracellular signals eliciting specific granule but not azurophil granule secretion include the action of protein kinase C. Here, we provide supporting evidence that there may also be differences in the manner by which the contents of the granule is delivered to the outside and suggest that azurophil granule, but not specific granule, secretion occurs via endosomal organelles. Conceptually, this is an attractive possibility with some experimental support in other cell systems (17). The well-documented endosomal shuttle that moves material and membrane from the plasma membrane to lysosomes and back to the periphery provides an ideal means of transport for granule contents, particularly since the azurophil granule is the lysosome equivalent in this cell. Evidence in support of the suggested mechanism includes: (a) Monensin, an azurophil granule-selective secretagogue (7) that does not act through receptor-associated mechanisms, induced fluid endocytosis (pinocytosis) concurrent with the secretion. (b) The Monensin-induced secretion was prevented by inhibition of either endocytosis per se, or of the observed fusion of endosomes with azurophil granules. (c) In the case of a complete secretagogue (the combination of cytochalasin B and

Table I. Fractionation of Neutrophils Stimulated to Pinocytose-soluble <sup>125</sup>I-BSA; Uptake of Label into Granule Fractions\*

Marker	Groups		Stimulants <sup>§</sup>		
			FMLP	CB/FMLP	Monensin
<sup>125</sup> I (cpm)	Controls	G <sup>‡</sup>	751±182	17,865±6,572	7,713±697
		M	3,356±853	15,302±5,176	19,789±5,794
	Gluconate	G	944±301	2,386±480	3,688±1,013
		M	2,896±1,220	7,462±2,767	16,702±5,894
	ZnSO <sub>4</sub>	G	764±339	7,382±3,362	3,723±2,479
		M	6,367±3,339	13,455±4,101	17,703±8,335
MPO (arbitrary units)	Controls	G	58,396±6,803	33,117±6,424	44,679±6,001
		M	10,745±1,940	20,379±4,118	19,608±6,588
	Gluconate	G	51,650±5,990	51,472±8,828	49,337±8,857
		M	12,720±2,097	17,506±3,897	14,968±7,853
	ZnSO <sub>4</sub>	G	52,186±14,080	43,633±9,838	45,978±11,283
		M	7,418±1,474	5,534±3,260	14,825±3,115
Vit B <sub>12</sub> BP (arbitrary units)	Controls	G	41,196±6,105	23,469±4,835	31,544±6,977
		M	13,747±5,977	16,454±3,747	15,742±3,235
	Gluconate	G	39,973±8,074	39,514±6,354	37,360±4,371
		M	14,872±2,897	10,537±2,216	13,871±3,832
	ZnSO <sub>4</sub>	G	41,986±8,817	43,241±8,569	39,056±5,385
		M	9,135±2,920	8,317±2,558	11,748±6,141

\* Results shown represent the mean±SEM of three experiments. <sup>‡</sup> Membrane fractions (M) were identified using the marker enzyme alkaline phosphatase (not shown). The granule fractions (G) were defined as those lacking alkaline phosphatase activity. <sup>§</sup> Stimulants were used at concentrations indicated in Methods.

FMLP), inhibition of endocytosis or endosome-granule fusion prevented secretion of only azurophil granule contents; i.e., did not affect the release of specific granules.

Ligand-receptor interaction triggers endocytic activity in a variety of cells, including neutrophils. Endosomes thus formed transport ligand-receptor complexes and/or fluid to intracellular sites, such as lysosomes, where such complexes may be dissociated or degraded (26). However, neutrophils stimulated in

the absence of CB with chemotactic ligands such as FMLP or C5a, complement fragment 5a, are known to internalize ligand-receptor complexes by a pathway that bypasses the azurophil granules (27). This process appears to be associated with uptake of only small amounts of fluid phase marker as seen with LY and <sup>125</sup>I-BSA in this study. By contrast, stimulation of cells pretreated with CB enhanced uptake of both LY and of <sup>125</sup>I-BSA, i.e. markers of fluid phase endocytosis as also observed previously by others (28). This was accompanied by a marked amplification of azurophil granule exocytosis but had little effect in these studies on the release of specific granules. While the data are consistent with the hypothesis under examination, they appear at odds with previous reports that CB inhibits endocytosis in neutrophils (29). A significant difference between the systems, however, is that the studies reported herein used fluid phase markers, whereas the inhibitory effects of CB were on ligand uptake (29) (or on particles with ligands on them) (30). Therefore, it seems possible that FMLP can induce fluid phase pinocytosis after pretreatment with CB, even when the uptake of the FMLP-receptor complexes is reduced (31). The exact mechanism(s) by which cytochalasins enhance neutrophil responses is unknown, and there may indeed be more than one effect. The data reported here are consistent with a contribution to azurophil granule secretion through increased/ altered endosomal activity.

The endosomal pathways within a given cell type appear to be quite complicated (26), and their driving forces and targeting mechanisms are still poorly understood. This complexity also implies that a number of sites within these pathways may be sensitive to modification and/or inhibition. In the model of endosome-linked secretion suggested here, these points could include (a) endosome formation itself, (b) transport of endosomes to azurophil granules, (c) fusion between endosomes

Table II. Fractionation of Neutrophil Homogenates after Zymosan Phagocytosis\*\*

Fraction	Gluconate buffer	Chloride buffer
Granule fraction (supernate)	68.8±4.2	38.5±6.1
Nuclear fraction (60% Percoll)	15.8±2.1	18.5±3.8
Phagosomal fraction (90% Percoll)	3.2±1.0	7.8±0.9
Neutrophil supernate (secretion)	12.2±2.3	35.2±3.4
Total	100%	100%

\* Results show the distribution of MPO activity in percent of the total activity of the sample, and are expressed as the means±SEM of three experiments. <sup>‡</sup> Phagocytic activity (50 cells evaluated in duplicate per buffer condition and experiment).

Gluconate buffer: 0-4 particles = 11.2% of neutrophil population (range = 6-18%)

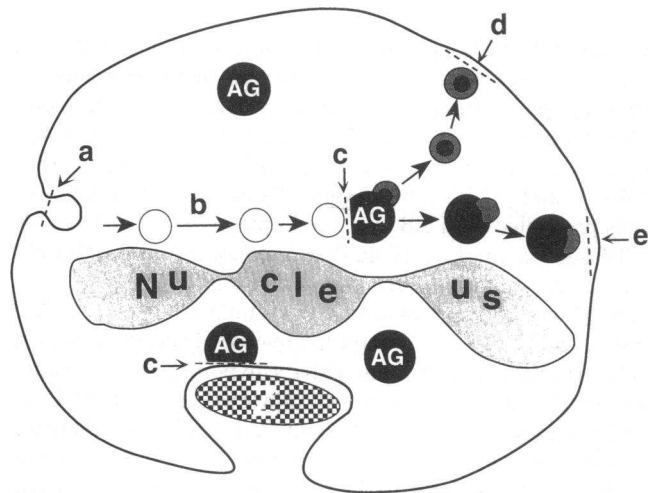
5-8 particles = 84.4% (range = 77-90%)  
9 + particles = 4.4% (range = 0-8%)

Chloride buffer: 0-4 particles = 8.4% (range = 4-15%)  
5-8 particles = 81.6% (range = 77-84%)  
9 + particles = 10% (range = 8-12%)



and granules, (d) transport of endosome/granule fusion product back to the plasma membrane, and (e) exocytosis of these at the plasma membrane (see model Fig. 8). In the present work, two separate steps within the transcellular pathway of neutrophil endosomes were found to be sensitive to modification. Thus, the formation of endosomes, identified by uptake of endosomal markers, appeared to be sensitive to Cl replacement with gluconate, an anion that is unable to substitute for Cl in most anion translocations across membranes (32, 33). It is unclear whether the Cl ions were required intracellularly or extracellularly, because in the absence of extracellular Cl, cytoplasmic Cl is likely to leak out of the cell (down its concentration gradient) through an anion exchanger (33), presumably leading to a secondary intracellular Cl deficiency.

The next steps in the azurophil granule-endosome interaction are vesicle transport to the granules and the fusion of both organelles. One or both of these actions appear to be impaired in the presence of zinc. Endosomes, during their course through the cell, are acidified by an electrogenic proton ATPase (proton pump) (32, 34), and zinc is known to inhibit this activity (35). It is, therefore, an attractive possibility that is consistent with our findings that the proton pump may influence endosomal transport to and/or endosomal fusion with azurophil granules. Since the proton pump requires cotransport of Cl<sup>-</sup> for full activity (32), it seems likely that impairment of anion conductance (as is the case in gluconate buffer) contributes to the regulation of this step as well.



**Figure 8.** This model summarizes the postulated interaction between azurophil granules and the endosomal cycle: upon appropriate stimulation endosomes are formed (a), are transported to (b), and fuse (c) with azurophil granules (AG), resulting in large azurophil vacuoles with flocculent content as frequently observed in neutrophils stimulated *in vivo* (see also reference 41) and *in vitro*. The endosomes may detach again and transport some granule content back to the plasma membrane (d) or the whole vacuole may be translocated to the periphery (e), perhaps using the endosomal membrane as contact site for recognition and fusion with the plasma membrane. In gluconate buffer, step a is inhibited (and because of this, possible effects on step c were not apparent), whereas ZnSO<sub>4</sub> appears to impair steps b and/or c. Inhibitors of step d or e are not yet known. Phagosomes undergo a similar interaction with azurophil granules (below nucleus): the phagosome forms enclosing the particle Z, contacts and fuses with the granule. This fusion process, which conceptually corresponds to that in the endosomal pathway, was therefore also designated (c) and is impaired in gluconate buffer.

The findings described above are consistent with recent studies in several cell types obtained from cystic fibrosis patients showing that endosomal transcytosis and acidification are influenced by Cl conductance through anion channels (36, 37). It is, therefore, not unexpected that azurophil granule secretion was found to be impaired in neutrophils of cystic fibrosis patients (reference 38 and Fittschen, C., unpublished observation).

The observations that zinc and chloride replacement impaired not only azurophil granule secretion elicited by CB/FMLP and Monensin, but also that associated with zymosan phagocytosis prompted us to study also phagosome-granule interactions. Phagosomes have the advantage, (a) that their fusion with azurophil granules is well established (5, 39) and (b) that they are more easily isolated than endosomes, allowing us to address the question whether a treatment affected vesicle-granule fusion. Analogies in both processes were clearly apparent in chloride replacement studies: zymosan uptake was significantly decreased in gluconate buffer at low particle/cell ratios, presumably corresponding to the impaired fluid uptake observed with CB/FMLP and Monensin. When this inhibition was overridden at a high particle/cell ratio a second effect was identified, namely, that chloride replacement with gluconate downregulated phagosome-azurophil granule fusion. This requirement for chloride, one might speculate, could also be present in endosome-azurophil granule fusion. It may not be demonstrable in the fluid phase system, because the earlier step of endosome formation is so effectively blocked in the absence of chloride. Similar experiments could not be performed with zinc because of its consistent inhibitory effect on phagocytosis.

Although these observations suggest that the exocytosis of azurophil, but not of specific granule content, depends on the transcytosis of fluid phase endosomes, it is also clear that stimulation of fluid endocytosis by itself does not result in azurophil granule secretion. Thus, the endocytic response to CB/FMLP extended over a several-fold longer timespan than did the secretory phase. Moreover, PMA, a strong stimulus for fluid endocytosis elicits neither endosome-azurophil granule fusion nor azurophil granule secretion (40). Accordingly, azurophil granule secretion appears to require not only the availability and transcellular movement of endosomes, but also an additional event(s) that controls the fusion between both organelles and that is regulated independently from endosome formation. Monensin, which seems to activate both endocytosis and fusion events in parallel through ionophore activity (7), should be a useful tool for identifying the control mechanisms involved.

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