Acute Exacerbations of Chronic Type B Hepatitis Are Accompanied by Increased T Cell Responses to Hepatitis B Core and e Antigens

Implications for Hepatitis B e Antigen Seroconversion

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Abstract

T cell proliferative responses to hepatitis B virus-encoded envelope antigen $(S + preS_2 + preS_1)$, recombinant core antigen (HBcAg), and natural hepatitis B e antigen (HBeAg) were examined in 22 HBeAg-positive patients with chronic type B hepatitis and 17 healthy hepatitis B surface antigen (HBsAg) carriers. The results showed that HBeAg-positive patients had (a) higher levels of T cell responses to HBcAg/HBeAg than those of healthy HBsAg carriers (P < 0.001 and P < 0.01, respectively); (b) a further increase in these T cell responses during acute exacerbations (P < 0.05 and P < 0.05, respectively); (c) subsidence in the T cell responses to HBcAg/HBeAg after recovery from acute exacerbations and HBeAg seroconversion, whereas the responses would persist at high levels if the patients did not enter a clinical remission; and (d) low levels of T cell responses to $S + preS_2 + preS_1$ either before or after HBeAg seroconversion. The appearance of increasing T cell responses to HBcAg/HBeAg usually occurred in the early phase of acute exacerbations. These findings imply that HBcAg/HBeAg-specific T cells play an important role in the exacerbations of chronic hepatitis B and in HBeAg seroconversion. HBcAg/HBeAg-specific precursor T cell frequencies were serially studied in selected cases by limiting dilution assay. Elevation (two- to fourfold) of HBcAg/HBeAg-specific precursor T cell frequencies contributed to the increase of HBcAg/HBeAg-specific T cell proliferation during acute exacerbations. (J. Clin. Invest. 1992. 89:87-96.) Key words: hepatitis B virus • immune clearance • repertoire renewal process • tolerance

Introduction

The hepatitis B virus $(HBV)^1$ is estimated to infect chronically more than 250 million people throughout the world and is the

most important etiology of cirrhosis and hepatocellular carcinoma in hyperendemic areas (1, 2). Patients with chronic HBV infection can be generally divided into two groups: (a) those with chronic liver disease, usually referred to as having chronic type B hepatitis (CH-B); and (b) those without liver disease, referred to as being in an "inactive" or "healthy" hepatitis B surface antigen (HBsAg) carrier state (3). In addition to elevated serum alanine aminotransferase (ALT) activities and detectable HBsAg in serum and liver, patients with CH-B have markers of active viral replication, such as hepatitis B e antigen (HBeAg) or HBV DNA in serum or hepatitis B core antigen (HBcAg) and HBeAg in the liver (4). In contrast, healthy HBsAg carriers have HBsAg but without HBV DNA or HBeAg in serum, or detectable HBcAg and HBeAg in the liver. These carriers usually have normal serum ALT levels and no active inflammation or hepatocellular necrosis as revealed in liver biopsies (3).

Studies on the natural history of chronic HBV infection (3, 5, 6) indicate that, except in some patients with point mutations of the pre-core (pre-C) region of the HBV genome (7, 8), these two forms probably represent two stages of chronic HBV infection. Either spontaneously or during treatment, patients with CH-B can lose HBV DNA and HBeAg from serum and then have a remission. With subsequent appearance of antibody to HBeAg (anti-HBe), the disease usually evolves from chronic hepatitis to the healthy HBsAg carrier state. Seroconversion from HBeAg to anti-HBe is thus a "critical" event in the natural history of chronic HBV infection, and has been used as a major criterion for the success of interferon treatment (9).

Although the clinicopathological and virological features of HBeAg seroconversion are well known (5, 10-13), the mechanisms of the seroconversion are still unclear. Circumstantial evidence indicates that HBV is not directly cytopathic for the infected hepatocytes, and that HBV-induced liver cell injury is mediated by an antiviral "cellular" immune response (14-16). Because those who have cleared HBeAg frequently have temporary exacerbations of hepatitis before the seroconversion, it has been suggested this event represents an "immune clearance" of hepatocytes containing actively replicating HBV as well as HBcAg/HBeAg (4, 17). Furthermore, it has been demonstrated in a murine system that (a) the production of antibody against nonparticulate HBeAg is helper T cell dependent (18), and (b) HBeAg, the nonparticulate form of HBcAg, is cross-reactive with HBcAg at the T-cell level, but antibodies against HBcAg do not cross-react with HBeAg (19). Therefore, it is reasonable to infer that the HBeAg/HBcAg-specific T cells will play a key role in the modulation of acute exacerbation and HBeAg seroconversion. To test this hypothesis, we prospectively examined the T cell responses to HBV antigens and T cell precursor frequencies during acute exacerbations of CH-B. The results are then analyzed in relation to the HBeAg seroconversion.

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Received for publication 23 May 1991 and in revised form 24 September 1991.

^{1.} Abbreviations used in this paper: Ag, antigen; ALT, alanine aminotransferase; CH-B, chronic type B hepatitis; HAV, HBV, HCV, and HDV, hepatitis A, B, C, and D viruses; similarly, HBcAg, HBeAg, and HBsAg, hepatitis B core, e, and surface antigens; likewise, anti-HAV, anti-HBc, anti-HBe, and anti-HBs, antibodies to HAV, HBcAg, HBeAg, and HBsAg; nHBeAg, natural HBeAg; PCR, polymerase chain reaction; rHBcAg, recombinant HBcAg; SI, stimulation index.

J. Clin. Invest.

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Methods

Patients. At the National Taiwan University Hospital, in November 1988, 22 HBeAg-positive patients (16 men and 6 women, mean age 35 yr) with histologically proven CH-B were enrolled for this prospective study. 17 healthy HBsAg carriers (10 men and 7 women, mean age 33 yr) and 12 healthy volunteer adults negative for all HBV markers served as controls. Informed consent was obtained from each participant. All of the HBsAg-positive subjects had clinical follow-up every 1–3 mo. The follow-up included clinical assessment, conventional biochemical liver tests, and serological markers of viral hepatitis, including hepatitis A virus (HAV), HBV, C virus (HCV), and D virus (HDV), as well as human immunodeficiency virus (HIV). The hepatitis A and B markers, including total or IgM anti-HAV, HBsAg, anti-HBs, anti-HBc, HBeAg, and anti-HBe, were assayed by commercially available radioimmunoassays (RIA): Havab or Havab-M, Ausria-II, Ausab, Corab, and HBeAg-RIA, respectively; Abbott Laboratories, North Chi-

cago, IL. The antibody to HDV was determined in serum diluted to 1:10 by competitive solid-phase RIA (Abbott Anti-delta, Abbott Laboratories). Antibody to HCV (anti-C100-3) was detected by a commercial enzyme-linked immunosorbent assay (ELISA) (Abbott HCV Enzyme Immunoassay Diagnostic Kit, Abbott Laboratories). HIV antibody was assayed by ELISA (Enzygnost Anti-HIV Micro, Behringwerke AG, Marburg, Federal Republic of Germany). None of these patients had superinfections with HAV, HCV, HDV, or HIV. No immunosuppressive agents or antiviral therapies were given before or during the studying period (follow-up duration: > 26 mo in all patients).

Acute exacerbations in chronic type B hepatitis were defined as episodes of abrupt elevation of ALT (> 300 IU/liter, normal \leq 31 IU/liter) with or without significant symptom aggravation. Reactivations of HBV in healthy HBsAg carriers were defined as reappearance of HBeAg and/or HBV DNA in the serum of a patient who was previously negative for these markers (20). Persistence of HBeAg after spontaneous flares was referred to as "abortive seroconversion." Clinical



Figure 1. Flow chart showing the scheme for purification of natural HBeAg from plasma. S, HBsAg; e, HBeAg; α -S, anti-HBs; α -e, anti-HBe; PPT, precipitate; a, contained Dane particles; b, HBeAg was still positive; PBS, phosphate-buffered saline; EIA, enzyme immunoassay. remissions indicated that CH-B patients developed HBeAg seroconversion and normalization of liver function tests.

Detection of HBV DNA. Serum HBV DNA was detected by slot blot hybridization analysis as described previously (21).

DNA sequencing of the pre-C region. In two selected patients who had frequent exacerbations with high serum HBV DNA levels after HBeAg clearance and seroconversion, respectively, the pre-C region of HBV genome was directly sequenced by asymmetric polymerase chain reaction (PCR) (22). The oligonucleotide primers hybridizing pre-C/ C sequences (5-GGAGGCTGTAGGCATAAATTGGTCTGCGC-3, 1776-1804) and (5-GATCTTCTGCGACGCGGCGATTGAGACC-3, 2428-2401) were used in the optimal ratio of 100:1. PCR was performed in a total volume of 100 μ l. The reaction mixture contained dNTPs 200 μ M each, 1 \times Taq polymerase buffer (67 mM Tris, pH 8.8, 16 mM (NH₄)₂ SO₄, 1.5 mM MgCl₂, 10 mM 2-mercaptoethanol, 6.7 µM EDTA, 170 µg/ml bovine serum albumin, 0.005% Tween 20, 0.005% NP-40), and 2.5 U of Taq polymerase (Perkin-Elmer Cetus, Norwalk, CT). 35 cycles of PCR were performed using a Perkin-Elmer Cetus apparatus, with denaturation at 94°C, annealing of primers at 50°C, and extension at 68°C for 1 min each. The single-strand HBV DNA of the PCR product was eluted from preparative 8% polyacrylamide gel electrophoresis (PAGE). The pre-C region was then sequenced directly by the dideoxy-chain termination method (23) with the second primer.

HBV antigens (Ag). (a) HBsAg: Plasma-derived HBsAg/adw particles were purified from HBeAg-positive patients by immunoaffinity chromatography as described previously (24). Using mouse anti-preS₂ and anti-preS₂ monoclonal antibodies (MAbs; Institute of Immunology Co., Tokyo) and solid-phase ELISA, levels of preS₁ and preS₂ in this Ag preparation were about 1% and 5% of total HBsAg reactivity, respectively. This Ag was referred to as $S + preS_2 + preS_1$. (b) Recombinant (r) HBcAg: The Escherichia coli cells harboring a plasmid containing the core gene under the drive of λP_1 promoter were cultured in supplemented M9 minimum medium at 30°C until the density reached 0.3-0.5 of OD₆₀₀ (25). The incubation temperature was subsequently raised to 42°C for 10 min and followed by 37°C for another 3 h. After induction, the cell pellet was harvested by centrifugation and dissolved in sample buffer, rHBcAg protein was then eluted directly from a preparative SDS-PAGE and used as antigen after dialysis. Purity of this eluted rHBcAg was > 98% as determined by scanning densitometry of Coomassie Blue-stained SDS-PAGE. (c) Natural (n) HBeAg: Because recombinant HBeAg is not available, we decided to use nHBeAg in our experiments. Consequently, we purified HBeAg from pooled HBeAg-positive plasma by the method described previously (26-28) with some modifications (Fig. 1). The equivalent band in Western blot of nHBeAg (15-17 kD) protein, as shown by using mouse MAb against HBeAg/a and HBeAg/b (Institute of Immunology Co.), was then eluted directly from a preparative SDS-PAGE. After dialysis it



HBe/b antibodies were used for Western blot analysis of rHBcAg and nHBeAg, respectively. Only SDS-PAGE with silver stain was shown for HBsAg. M, molecular weight markers; c, rHBcAg; e, nHBeAg; S, major protein of HBsAg—the band of lower molecular weight is nonglycosylated form of HBsAg, P24, and the higher, glycosylated from of HBsAg, GP27; S_2 , pre S_2 . Lane I, before induction; lane 2, after induction.

Figure 2. (A) Pictures of electron microscope, (B) SDS-PAGE, and (C) immunoblot analysis of hepatitis B virus antigens. To purify the HBcAg particles, 1 ml of E. coli lysate containing HBcAg was sedimented through 10 ml of 5-25% of linear sucrose gradient prepared in phosphate-buffered saline. The samples were centrifuged for 5 h at 25,000 rpm in an SW41 rotor (Beckman Instruments, Inc., Palo Alto, CA) at 20°C. After centrifugation, they were collected at 1 ml per fraction from the bottom of the tube. From each fraction, HBcAg was measured by enzyme immunoassay (HBeAg enzyme immunoassay Diagnostic Kit, Abbott Laboratories). Positive fractions were pooled and applied to a 17-23-29-35-41% (wt/wt) stepwise CsCl gradient (2 ml for each density) for further purification. They were centrifuged for 17 h at 35,000 rpm in an SW41 rotor at 20°C, followed by collection and enzyme immunoassay as described above. The rHBcAg particles, gel-eluted nHBeAg, and immunoaffinity-purified HBsAg particles (S + preS₂ + preS₁) were negatively stained with uranyl acetate. Electron micrographs were taken with a Philips EM201. Magnification: ×150,000 (rHBcAg), ×150,000 (nHBeAg), and ×50,000 (HBsAg). Bar, 50 nm. No particle was found in gel eluted nHBeAg. The SDS-PAGE was performed in 12.5% for rHBcAg, 15% for nHBeAg, and HBsAg. The rabbit polyclonal anti-HBc and mouse monoclonal anti-HBe/a + anti-

Characteristics	CH-B (group a, n = 22)	Healthy carrier state (group b, n = 17)	Normal controls (group c , n = 12)	<i>P</i> value		
				a vs. b	b vs. c	a vs. c
Sex (M/F)	16/6	10/7	7/5	NS	NS	NS
Age (yr), mean±SD	35±7	33±9	36±10	NS	NS	NS
Serum HBeAg	All positive	All negative	All negative	_	_	_
Serum HBV DNA*	All positive	All negative	All negative	_	_	
ALT (IU/liter),						
mean±SD	158±64	21±9	16±8	< 0.001	NS	<0.001
No. (%) with positive						
T cell response to						
$S + preS_2 + preS_1$	3 (13.6)	1 (5.9)	0 (0.0)	NS	NS	NS
rHBcAg	21 (95.5)	3 (17.6)	0 (0.0)	<0.001	NS	< 0.01
nHBeAg	19 (86.4)	2 (11.8)	0 (0.0)	<0.01	NS	<0.01
Stimulation index (mean±SD) of						
$S + preS_2 + preS_1$	1.30±0.42	1.18 ± 0.18	1.11±0.22	NS	NS	NS
rHBcAg	3.35±2.19	1.53±0.58	1.10±0.18	<0.01	< 0.05	< 0.005
nHBeAg	3.44±2.28	1.34±0.30	0.99±0.23	<0.001	<0.005	<0.001

Table I. T Cell Responses to HBV Ag in Subjects with Chronic HBV Infection and Normal Controls

* Detected by slot blot hybridization method.

was then used as antigen. Results of characterization of these HBV antigens are shown in Fig. 2.

Lymphocyte preparation. Peripheral blood mononuclear cells (PBMC) were prepared from fresh, heparinized blood by centrifugation on a Ficoll-Hypaque density gradient (29). Separation of T cells and non-T cells was performed by rosetting PBMC with sheep erythrocytes pretreated with 2-aminoethylisothiouronium bromide hydrobromide (Sigma Chemical Co., St. Louis, MO) (30). The E rosette-forming cells (T cells) were separated from nonrosetting cells (non-T cells) by centrifugation on the Ficoll-Hypaque density gradient. Contaminant erythrocytes were removed by hypotonic lysis with sterile distilled water. Flow cytometry analysis (FACSTAR-I, SimulSET Software Version 2.2 8/89, Becton, Dickinson & Co., Mountain View, CA) by direct immunofluorescence with mouse MAb to Leu4 (CD3, human T cell-specific; Becton, Dickinson & Co.) revealed that the T cell population consisted of > 95% CD3⁺ cells (whole T cells), whereas the non-T cell fraction consisted of < 3% CD3⁺ cells. Isolated T cell populations were then resuspended to 1×10^6 cells per ml in complete medium: RPMI 1640 supplemented with 25 mM Hepes, 2 mM L-glutamine, 10% heatinactivated human AB serum (Gibco Laboratories, Grand Island, NY), and antibiotics.

Epstein-Barr virus transformed B cell lines were prepared by incubating PBMC from six selected patients (four with CH-B and two healthy HBsAg carriers) with the culture supernatant of the Epstein-Barr virus-producing cell, B95-8 line (31). After expansion, they were frozen in liquid nitrogen until use.

T cell proliferative assay. In general, the T cell proliferative assay was examined every 1–3 mo. When the patients developed acute exacerbations, they were admitted and T cell responses were assayed every 1–2 wk. Purified T cells were cultured in 96-well microtiter plates (Costar, Cambridge, MA). Aliquots of 1×10^5 cells per well (200 µl) were incubated in complete medium with mitomycin C-treated (50 µg/ml, 45 min at 37°C) autologous non-T cells (1×10^4 cells per well) which served as antigen-presenting cells. Incubation was carried out for 7 d at 37°C in a humidified 5% CO₂ atmosphere in the presence of different concentrations (0, 1.0, 2.0, 4.0 µg/ml) of each of the HBV Ag as described above. Lysate proteins from the non-rHBcAg transformant and

proteins other than the nHBeAg from the human plasma were also included as negative controls. All proliferative assays were performed in triplicate, and 0.5 μ Ci per well of [³H]thymidine (sp act 2 Ci/mmol; Amersham, Bucks, England) was added to each well 18 h before being harvested with a Skatron (Lierbyen, Norway). The data were expressed as the stimulation index (SI = mean counts per minute of antigenstimulated cultures/mean counts per minute of control cultures). To examine the responsiveness, results were calculated as mean counts per minute of triplicate determinations ([³H]thymidine incorporation). The positive response was defined as that in which the [³H]thymidine uptake was greater than the mean + 3 SD of the control.

Precursor frequency analysis. In the six selected patients, a limiting dilution assay (LDA) with replicate cultures (sets of 24) was established in round-bottom microtiter wells. Various numbers of T lymphocytes $(5, 4, 3, 2, 1, 0.75, 0.5, 0.25, and 0.125 \times 10^4$ cells per well) were cocultured with 5×10^4 irradiated (8,000 rads), autologous Epstein-Barr virus B cell lines. Identical sets were established with either HBV Ag or controls. Cultures were incubated at 37°C in the presence of 5% CO2. On day 6, 20 U of recombinant human interleukin 2 (Genzyme Corp., Boston, MA) was added to each well and on day 9, 50% of the medium in each well was removed and replaced with fresh complete medium and 5% IL-2. On day 12, cultures were incubated with [3H]thymidine (1 μ Ci per well) and harvested 18 h later for measurement of incorporated radioactivity by liquid scintillation counting. For each set of 24 replicates, antigen-containing cultures were scored as positive if the proliferative response was greater than the mean + 3 SD of control cultures without antigen. The percentage of negative cultures was used to determine the precursor frequency according to the Poisson distribution and the χ^2 minimization (32).

Statistics. Statistic analysis was done by using χ^2 test, Fisher's exact test, Student's *t* test, paired *t* test, and the correlation coefficiency for linear regression. Kinetic analysis and precursor frequency determinations were performed by the statistical methods of χ^2 minimization (32). When the data showed P > 0.05, the relationship between responder cell dose and the number of nonresponding wells (F_0) was considered consistent with a single-hit kinetic model. The precursor frequency (f) is equivalent to the slope of the regression line.



Figure 3. Follow-up study of T cell proliferative responses to HBV Ag in 10 patients with CH-B developing acute exacerbations in the follow-up period. (\odot) HBeAg seroconversion after acute episodes; (\bullet) no HBeAg seroconversion; (\triangle) HBeAg seroclearance with no seroconversion. *AE*, acute exacerbation of CH-B—the data represent the peak levels of T cell responses during AE; *B*, before AE—the data are results of initial examination; *A*, after AE—the last follow-up data.

Results

Initial study of T cell proliferative responses to HBV Ag. Table I summarizes the clinical features and the results of the initial study of T cell responses to HBV Ag in chronic HBV infection and normal controls. Both patients with CH-B and healthy HBsAg carriers uniformly showed low levels of T cell response to S + preS₂ + preS₁ (positive rates, 13.6% vs. 5.9%; P > 0.05). The SI (mean \pm SD) to S + preS₂ + preS₁ were 1.30 \pm 0.42 and 1.18±0.18, respectively. In contrast, 21 (95.5%) and 19 (86.4%) patients with CH-B, but only three (17.6%) and two (11.8%) healthy HBsAg carriers had a positive response to rHBcAg and nHBeAg, P < 0.001 and P < 0.01, respectively. No statistical correlation between serum ALT levels and the SI of T cell response to either rHBcAg or nHBeAg was found (data not shown). The levels of T cell response to both rHBcAg and nHBeAg in CH-B patients (SI = 3.35 ± 2.19 vs. 3.44 ± 2.28 , P > 0.05) and in healthy HBsAg carriers (SI = 1.53 ± 0.58 vs. 1.34 ± 0.30 , P > 0.05) did not have a difference in statistical significance. The SI of T cell proliferation to $S + preS_2 + preS_1$, rHBcAg and nHBeAg of the normal controls in this study were

1.11±0.22, 1.10±0.18, and 0.99±0.23, respectively. Compared with normal controls, the healthy carriers of HBsAg showed no significant difference in the levels of T cell proliferation to S + preS₂ + preS₁ (P > 0.05), but still had a significant increase in T cell proliferation to both rHBcAg (P < 0.05) and nHBeAg (P < 0.005). The control cultures with eluted *E. coli* lysate proteins and background protein bands of partially purified nHBeAg revealed no significant T cell proliferation as compared with only culture medium, which can be considered to be the background T cell proliferation in our assay.

Follow-up study of T cell proliferative responses to HBV Ag during acute exacerbation and HBeAg seroconversion. Followup T cell proliferative responses to HBV Ag were studied in all CH-B patients and healthy HBsAg carriers. Of the 22 CH-B patients a total of 14 episodes (28% per person per year) of acute exacerbations in 10 patients was observed during the follow-up period. 8 (16.2%/yr) of these 10 patients spontaneously underwent HBeAg clearance, 7 (14.1%/yr) of them had a HBeAg seroconversion, and 6 also had a clinical remission. During acute exacerbations, all of these 10 patients showed a prominent increase in the peak levels of T cell proliferation to rHBcAg (SI = 6.31 ± 2.83) and to nHBeAg (SI = 6.12 ± 3.70) (Fig. 3), but not to $S + preS_2 + preS_1$ (SI = 1.32±0.44). The difference of peak levels of T cell responses to rHBcAg and nHBeAg was not statistically significant (P > 0.05). No linear correlation was noted between the peak serum ALT levels and the peak levels of T cell responses to rHBcAg or nHBeAg (data not shown).

In general, the onsets of peak levels of T cell responses to HBcAg/HBeAg were usually coupled with the onsets of peak serum ALT levels (Table II). However, the detectable increasing levels of the HBcAg/HBeAg-specific proliferation usually appeared before the onsets of peak serum ALT levels, i.e., occurred in the early phase of acute exacerbations. The data suggest that T cell responses increase at a time before or simultaneously with the hepatitis activity.

Of the 14 episodes of acute exacerbations, there was no significant difference in the peak levels of T cell responses to rHBcAg and to nHBeAg between the eight episodes followed by HBeAg clearance and the other six episodes without HBeAg clearance (abortive seroconversion) (Table II).

On follow-up, those six patients (patients 1, 4, 5, 6, 7, 8; Table II) having a clinical remission also showed a significant decrease in the levels of T cell responses to rHBcAg and nHBeAg 3-6 mo after HBeAg seroconversion. Some of them had a decrease of T cell responses down to the levels of the healthy HBsAg carriers 6-9 mo after remission from acute exacerbations. A typical case (patient 8) is depicted in Fig. 4 (top). Patients 9 and 10 remained HBeAg positive after acute exacerbations. Their T cell responses to both rHBcAg and nHBeAg persisted at high levels associated with fluctuating serum ALT levels. Despite HBeAg seroclearance and further follow-up for 14 mo, patient 3 (without HBeAg seroconversion) developed submassive hepatic necrosis with hepatic failure later. His serum HBV DNA became strongly positive as detected by slot blot hybridization. The SI of T cell responses to $S + preS_2$ + preS₁, rHBcAg, and nHBeAg were 1.2, 10.6, and 9.8, respectively. Patient 2 had HBeAg seroconversion and had clinical remission within 3 mo after the first episode of acute exacerbation. On follow-up, he developed reactivation of HBV manifested by the reappearance of serum HBV DNA, disappearance of anti-HBe, and acute exacerbation in conjunction with an

	Timing of T cell responses in relation to the onsets of peak ALT levels		Peak levels of T cell responses [‡]		
	Increasing levels*	Peak levels	to rHBcAg	to nHBeAg	
HBeAg seroclearance					
and/or seroconversion					
Patient 1	4 wk, before	1 wk, after [¶]	10.62	10.40	
Patient 2 [§]	Simultaneously	8 wk, after	6.60	6.40	
Patient 3	6 wk, before	Simultaneously	5.50	5.50	
Patient 4	Simultaneously	8 wk, after	4.00	3.25	
Patient 5 2nd episode	2 wk, before	4 wk, after	5.10	4.66	
Patient 6 2nd episode	6 wk, before	Simultaneously	3.35	2.90	
Patient 7 3rd episode	6 wk, before	Simultaneously	8.02	7.00	
Patient 8 [§]	4 wk, before	2 wk, before	12.00	12.50	
			$Mean \pm SD = 6.90 \pm 3.24^{**}$	6.59±4.58 ^{‡‡}	
HBeAg persistent					
(abortive seroconversion)					
Patient 9	2 wk, before	3 wk, after	4.64	4.75	
Patient 10	2 wk, before	4 wk, after	4.50	4.50	
Patient 5 1st episode	Simultaneously	4 wk, after	4.10	3.14	
Patient 6 1st episode	2 wk, before	2 wk, after	3.90	4.52	
Patient 7 1st episode	4 wk, before	Simultaneously	2.98	3.04	
Patient 7 2nd episode	1 wk, before	1 wk, after	6.82	6.40	
			$mean \pm SD = 4.49 \pm 1.26^{**}$	4.39±1.22**	

Table II. Timing of Detectable Increasing Levels and Peak Levels of T Cell Responses to HBcAg/HBeAg in Relation to the Onsets of Peak Serum ALT Levels during Acute Exacerbations in Patients with CH-B

* Mean counts per minute ($\overline{\text{CPM}}$) of triplicate determinations corrected for background proliferation in the absence of Ag (Δ CPM) is greater than Δ $\overline{\text{CPM}}$ + 3 SD of the lowest level stimulated with the same concentration of Ag before acute exacerbations.

[‡] Expressed by stimulation index.

[§] Depicted in Fig. 4.

^{II} Before the onset of peak serum ALT levels in acute exacerbation.

¹ After the onset of peak serum ALT levels in acute exacerbation.

** P > 0.05, ** P > 0.05.

increase in T cell responses to rHBcAg and nHBeAg (Fig. 4, *bottom*). The pre-C region of HBV genome in these two HBeAg-negative patients was sequenced. No point mutation at the initiation codon of the pre-C region was detected.

None of the 17 healthy carriers developed HBV reactivations during the follow-up period. No significant changes in T cell responses to HBV Ag were detected. The healthy HBsAg carriers with positive T cell responses to HBV Ag on initial study became unresponsive on follow-up.

HBV Ag-specific precursor T cell frequency analysis. To further explore the possible mechanisms of changes in T cell responses to HBV Ag in the course of acute exacerbations, six selected cases including four CH-B patients and two healthy carriers of HBsAg were studied by LDA to determine the HBV Ag-specific precursor T cell frequencies. Three of the four CH-B patients developed acute exacerbations, one of them followed by HBeAg seroconversion and clinical remission, whereas another patient remained unchanged in clinical status during follow-up. The two healthy HBsAg carriers were stable and asymptomatic and had normal liver tests on follow-up. The results of initial and follow-up LDA were shown in Table III. There was no significant difference between CH-B patients and healthy carriers of HBsAg in the frequencies of S + preS₂ + preS₁-specific precursor T cells ($\sim 1/10^5$). However, the

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rHBcAg/nHBeAg-specific precursor T cell frequencies of CH-B patients were significantly higher than those of healthy carriers (P < 0.05, two-sided t test performed on geometric means). During acute exacerbations, rHBcAg/nHBeAg-specific precursor T cell frequencies were elevated to two- to fourfold of the original levels (P < 0.01, paired t test), but S + preS₂ + preS₁-specific precursor T cell frequencies remained unchanged. Fig. 5 shows the serial follow-up of standard LDA plots of case 4 in Table III. 6 mo after seroconversion to anti-HBe and clinical remission, his rHBcAg/nHBeAg-specific precursor T cell frequencies decreased to two to three cells per 10⁵ T cells, approximating to the levels of healthy HBsAg carriers. Worthy of note is that nHBeAg-specific precursor T cell frequencies in cases 1 and 3 were higher than rHBcAg-specific precursor T cell frequencies during acute exacerbations.

Discussion

T cell proliferative responses to HBV antigens in different stages of HBeAg-positive CH-B were prospectively evaluated in this study. The results showed that such patients had (a) higher levels of T cell responses to rHBcAg/nHBeAg than those in healthy HBsAg carriers, (b) a further increase in T cell proliferative responses to rHBcAg/nHBeAg during acute exacerba-





Figure 4. T cell proliferative responses to HBV Ag in CH-B. Serial assays of the T cell responses to $1 \mu g/ml$ of HBV Ag: S + preS₂ + preS₁ (•), rHBcAg (\circ), and nHBeAg (Δ) in two representative cases. (*Top*) A typical patient who developed acute exacerbation followed by HBeAg seroconversion and clinical remission; (*bottom*) HBV reactivation after HBeAg seroconversion in a man whose serum HBV DNA was extracted and pre-C region was directly sequenced by asymmetric PCR. No point mutation at nucleotide position 1896 of the pre-C region was found. Serum ALT levels were expressed by vertical open bars. "Serum sample used for sequencing of pre-C region. The concentrations of serum HBV DNA were ranked as follows: -, undetectable; +, 1-10 pg/ml; ++, 10-100 pg/ml; +++, 100-1,000 pg/ml; ++++, > 1,000 pg/ml.

Case no.	Initial study				Follow-up study			
	Clinical status	Serum HBeAg	In vitro stimulation*	HBV Ag-specific precursors per 10 ⁵ T cells (95% CL) [‡]	Clinical status	Serum HBeAg	In vitro stimulation*	HBV Ag-specific precursors per 10 ⁵ T cells (95% CL) [‡]
1	CH-B [§]	+	S	1.1 (0.7–1.6)	CH-B c AE ¹	+	S	1.4 (0.8–2.0)
			с	4.4 (3.8-6.1)			с	7.0 (5.4-8.6)
			e	4.0 (3.0-5.2)			e	7.9 (6.6–9.5)
2	CH-B	+	S	$\overline{0.9}$ (0.5–1.3)	CH-B	+	S	1.3 (0.7–2.0)
			с	7.1 (6.0-8.2)			с	8.2 (5.9–10.5)
			е	8.0 (6.9-9.2)			е	8.8 (6.8-10.7)
3	CH-B	+	s	1.2 (0.8–1.5)	CH-B c AE	+	S	1.5 (1.0-2.0)
			с	3.7 (3.1-4.5)			с	17.2 (12.0-22.4)
			е	4.4 (3.0-6.0)			е	20.1 (14.8-26.4)
4	CH-B	+	S	1.0 (0.7–1.3)	CH-B c R**	-	S	1.3 (0.7–3.7)
			с	12.1 (9.0–15.0)			с	2.7 (1.7-3.7)
			e	7.7 (6.7-8.7)			е	$\overline{2.1}$ (1.3–3.0)
5	HC-HBsAg	_	s	$\overline{0.8}$ (0.3–1.3)			ND ^{‡‡}	<u> </u>
	C		с	2.6 (1.1-3.9)				
			e	2.0 (1.0-3.0)				
6	HC-HBsAg	-	s	0.9 (0.6-1.2)			ND	
	C C		с	1.9 (0.9-3.2)				
			e	2.0 (1.0-3.0)				

Table III. Initial and Follow-up Study of HBV Ag-specific Precursor T Cell Frequencies in Chronic HBV Infection

Underlined values indicate significant changes in precursor T cell frequencies between initial and follow-up studies.

* s, $S + preS_2 + preS_1$; c, rHBcAg; e, nHBeAg.

[‡]CL, confidence limits.

[§] CH-B, chronic hepatitis B.

^{II} HC-HBsAg, healthy carrier of HBsAg.

¹ AE, acute exacerbation.

** R, HBeAg seroconversion and clinical remission.

^{‡‡} ND, not determined.

tions, accompanied by elevated rHBcAg/nHBeAg-specific precursor T cell frequencies, and (c) subsidence in the T cell proliferative responses to rHBcAg/nHBeAg after recovery from exacerbations and HBeAg seroconversion. In contrast, T cell proliferative responses in the presence of rHBcAg/nHBeAg persisted at high levels if they did not reach a clinical remission from chronic active liver disease with either HBeAg positivity or HBV reactivation. On the other hand, such responses were low when tested by $S + preS_2 + preS_1$ either before or after HBeAg seroconversion. These findings together with the appearance of detectable increasing levels of T cell responses to HBcAg/HBeAg usually in the early phase of acute exacerbations indicate that activation of HBcAg/HBeAg-specific T cells parallels with the exacerbations of CH-B and HBeAg seroconversion. A similar pattern of T cell responses to HBV Ag has been reported in patients with acute self-limited hepatitis B (33).

The T cell responses are similar when evaluated by rHBcAg or nHBeAg in different stages of chronic HBV infection, suggesting that HBeAg in humans is also cross-reactive with HBcAg at the T cell level, as has been found in the murine system (16, 19).

In Taiwan, a hyperendemic area of HBV infection, the vast majority of patients with HBeAg-positive CH-B were born to HBeAg-positive mothers and infected in the neonatal or perinatal period at that time their T cells were probably tolerant to "HBeAg," a secreted protein, may cross the placenta and circulate to the fetal thymus where through a mechanism of thymic education leads to the functional deletion or inactivation of major histocompatibility complex class II-restricted helper T cells in utero resulting in host tolerance specific for the HBcAg/ HBeAg. But the HBcAg/HBeAg-specific host tolerance is reversible. In the absence (or decrease in the level) of tolerogen (i.e., HBeAg), new HBcAg/HBeAg-specific thymocytes can emerge from the thymus, and this HBcAg/HBeAg-specific T cell "repertoire renewal process" requires \sim 13-16 wk in the murine model. In humans, we propose that once the level of HBeAg (tolerogen) declines to a threshold not sufficient to maintain the tolerance status, the HBcAg/HBeAg-specific T cell repertoire renewal process may be initiated even in the presence of HBeAg. Indeed, it is during the low replicative phase when the HBeAg (tolerogen) levels are lowering, the CH-B patients are attacked by a series of relapses and remissions associated with histologic signs of chronic active liver disease (10, 11). Milich et al. (36) have recently demonstrated that in the murine transgenic model, "quiescent" HBeAg-specific helper T cells can be reactivated by a single injection of the synthetic T cell site e129-140, resulting in a rapid, transient seroconversion to anti-HBe. Both the hypothesis of repertoire renewal process and the phenomenon of reactivation of quiescent HBeAg-specific T helper cells can be supported by our

HBeAg (34). Milich and co-workers (35) have suggested that



Figure 5. Serial follow-up study of HBV Ag-specific precursor T cell frequencies of case 4 in Table III. CH-B, chronic type B hepatitis; AE, acute exacerbation; R, HBeAg seroconversion and clinical remission.

study that acute exacerbation in CH-B is temporally correlated with the elevated T cell responses to rHBcAg/nHBeAg and with the increase of rHBcAg/nHBeAg-specific precursor T cell frequencies.

Compatible with the results from the study using recombinant HBeAg in acute and chronic hepatitis B (33), the levels of T cell responses to nHBeAg were also slightly lower than to rHBcAg during acute exacerbations in CH-B. The reasons may be due to the conformational features of rHBcAg, which could be more efficiently internalized and then presented by antigenpresenting cells (18), and partly due to the presence of HBcAgspecific T cell epitopes within the 39 amino acids unique for HBcAg at the carboxyl terminus. Nevertheless, some patients had higher levels of T cell responses to nHBeAg than to rHBcAg and have more prominent increase in the nHBeAgspecific precursor T cell frequencies than that of rHBcAg. This suggests that the additional 10 NH2-terminal amino acids present only within the nHBeAg (37, 38) probably contain an HBeAg-specific T cell epitope and can contribute to the antigen recognition by T cells during the course of HBeAg seroconversion.

After HBeAg seroconversion, most patients with CH-B will resolve into healthy HBsAg carrier state. No more active HBV replication is detected and the T cell responses to rHBcAg/nH-BeAg will decline gradually to a level equivalent to that in healthy HBsAg carriers. However, despite seroconversion, there is one group of patients whose hepatitis continues to progress, accompanied by high levels of HBV DNA in the serum (39). Carman et al. (7) demonstrated a point mutation ($G \rightarrow A$) at nucleotide 1896 in the pre-C region of HBV genome precluding secretion of HBeAg in seven out of eight patients with anti-HBe-positive CH-B. In the present study, one patient with active HBV replication after HBeAg seroconversion, and another in the window period, were examined for their pre-C sequences. No point mutation at position 1896 was found. Therefore, after HBeAg seroconversion it is not known whether anti-HBe-positive patients with point mutations at pre-C region of HBV genome have the same patterns of T cell responses to HBV antigens as those without pre-C point mutation. Additional studies are apparently needed.

Although increased HBcAg/HBeAg-specific T cell responses are closely related to hepatitis activity, the mechanism responsible for exacerbation of CH-B is not yet settled. It is necessary to study whether or not there is increase in the HBcAg/HBeAg-specific T cell population in the liver. In fact, Ferrari and co-workers (40) isolated lymphocytes from diagnostic liver biopsies of CH-B patients and successfully established and characterized polyclonal HBcAg-specific CD4⁺ and CD8⁺ T cell lines; but no HBsAg-specific cell lines could be identified. It implies that these intrahepatic nucleocapsid Agspecific T cells may be responsible for mediating hepatitis activities, and very likely reflects in the increased T cell responses to rHBcAg/nHBeAg in the peripheral blood. They have subsequently cloned one of these lines to produce four CD4⁺ T-cell clones that undergo class II–restricted proliferation in response to HBcAg and are capable of providing antigen-specific help to autologous B cells producing anti-HBc (41). However, whether or not these HBcAg-specific T cell clones are cross-reactive with the natural HBeAg and are able to provide an antigen-specific help to produce anti-HBe has not yet been clarified. Thus, to explore further the immune mechanisms of HBeAg seroconversion in chronic HBV infection, functional studies of HBcAg/HBeAg-specific T cell clones generated from the inflammatory infiltrate in the liver and analysis of their fine specificities as well as T cell receptor gene usages are ongoing in our laboratories.

Acknowledgments

We are grateful to Miss M. S. Chuang for expert secretarial assistance.

This work is supported in part by grants from the Department of Health, the National Science Council, Executive Yuan, and Institute of Biomedical Sciences, Academia Sinica, Republic of China.

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