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### Research Article

A new type of enzyme hydrolyzing the elastase substrate succinyl-L-alanyl-L-alanine-4-nitroanilide has been found in cell-free rheumatoid synovial fluid. Normal plasma and osteoarthritic synovial fluid contained relatively little enzyme. The pH optimum was 8.0. Unexpectedly, the enzyme activity was not due to leukocyte elastase or any proteinase bound to alpha2-macroglobulin. The enzyme activity was metal-dependent being inhibited by chelating agents but not by diisopropylfluorophosphate or thiol-blocking reagents. Gel chromatography showed the enzyme activity was associated with material of high molecular weight. On Sepharose 4B chromatography two-thirds of the activity eluted in the void volume and one-third in a position of about 106 mol wt. Ultracentrifugation showed that both components were associated with lipid. The buoyant density of the higher molecular weight material was 1.15-1.22 g/ml., and that of lower molecular weight material was 1.2-1.33 g/ml. No latency of the enzyme was revealed by freezing and thawing or treatment with detergents. The nature of the enzyme is discussed. It is likely to be a proteinase possibly bound to some kind of membrane fragment.

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# Hydrolysis of the Elastase Substrate Succinyl-L-alanyl-L-alanyl-L-alanine-4-nitroanilide by a Metal-Dependent Enzyme in Rheumatoid Synovial Fluid

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**ABSTRACT** A new type of enzyme hydrolyzing the elastase substrate succinyl-L-alanyl-L-alanyl-L-alanine-4-nitroanilide has been found in cell-free rheumatoid synovial fluid. Normal plasma and osteoarthritic synovial fluid contained relatively little enzyme. The pH optimum was 8.0. Unexpectedly, the enzyme activity was not due to leukocyte elastase or any proteinase bound to  $\alpha_2$ -macroglobulin. The enzyme activity was metal-dependent being inhibited by chelating agents but not by di-isopropylfluorophosphate or thiol-blocking reagents. Gel chromatography showed the enzyme activity was associated with material of high molecular weight. On Sepharose 4B chromatography two-thirds of the activity eluted in the void volume and one-third in a position of about  $10^6$  mol wt. Ultracentrifugation showed that both components were associated with lipid. The buoyant density of the higher molecular weight material was 1.15–1.22 g/ml., and that of lower molecular weight material was 1.2–1.33 g/ml. No latency of the enzyme was revealed by freezing and thawing or treatment with detergents. The nature of the enzyme is discussed. It is likely to be a proteinase possibly bound to some kind of membrane fragment.

## INTRODUCTION

It has been frequently postulated that tissue destruction in rheumatoid arthritis may be caused by lysosomal proteinases (1, 2). Of particular interest are the proteinases of the neutrophilic polymorphonuclear leukocytes, since large numbers of these cells are found in rheumatoid synovial fluid. Detailed studies

of the action of these proteinases on cartilage proteoglycan have been reported recently (3, 4). Three proteinases from human neutrophils have been described, and all are optimally active near physiological pH: leukocyte elastase (5, 6) a chymotrypsin-like enzyme now called cathepsin G (7, 8) and a collagenase (9, 10). Synovial fluid contains potent inhibitors of these enzymes, the major ones being  $\alpha_1$ -proteinase inhibitor and  $\alpha_2$ -macroglobulin ( $\alpha_2$ M).<sup>1</sup> Ohlsson (11) has shown by immunological techniques that rheumatoid synovial fluid contains complexes of neutrophil proteinases with the inhibitors, which suggests that the proteinases are being released from the cells into the fluid.

Complexes of proteinase and  $\alpha_1$ -proteinase inhibitor are catalytically inactive, but complexes of proteinase with  $\alpha_2$ M will hydrolyze low molecular weight substrates (12, 13). The work to be described arose from an attempt to detect leukocyte elastase bound to  $\alpha_2$ M in rheumatoid synovial fluid by using the highly specific and stable elastase substrate succinyl-L-alanyl-L-alanyl-L-alanine-4-nitroanilide (Suc-Ala<sub>3</sub>-NPhNO<sub>2</sub>) (14). Rheumatoid synovial fluid was found to contain enzymic activity that hydrolyzed this substrate but it was not attributable to leukocyte elastase because inhibition experiments showed that the activity was metal-dependent and did not have the characteristics of a serine enzyme. Nor was the activity associated with  $\alpha_2$ M, so it was not due to a complex of proteinase with this protein.

Finding a metal-dependent enzyme hydrolyzing the elastase substrate was of great interest because it was likely to be a proteinase, and was a hitherto unrecog-

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<sup>1</sup> Abbreviations used in this paper:  $\alpha_2$ M,  $\alpha_2$ -macroglobulin; Suc-Ala<sub>3</sub>-NPhNO<sub>2</sub>, succinyl-L-alanyl-L-alanine-4-nitroanilide; Dip-F, di-isopropylfluorophosphate; Pms-F, phenylmethanesulfonyl fluoride;  $\rho$ , density.

nized enzyme in rheumatoid synovial fluid which could be involved in tissue destruction. Further experiments were done to attempt to isolate and characterize the enzyme responsible for the activity.

## METHODS

### Materials

All chemicals used were analytical reagent grade and obtained from British Drug Houses, Ltd., Poole, Dorset, England, except where specified.

**Synovial fluid and plasma.** Synovial fluid was aspirated from knee joints of 21 patients with rheumatoid arthritis and put into sterile plastic containers. According to the American Rheumatism Association criteria, 18 had classical rheumatoid arthritis and 3 had definite rheumatoid arthritis. The latter all had a negative sheep cell agglutination test for rheumatoid factor while the former were all positive. The ages of the patients ranged from 30 to 70 yr. Blood samples were taken simultaneously with the synovial fluid from 11 patients and put into heparinized tubes, from these the plasma was separated. After leukocyte counts, the leukocytes were separated from the synovial fluid by centrifugation at 3,000 rpm for 20 min at 4°C. Fluid was stored at 4°C and assayed for enzymic activity within 24 h. Samples of synovial fluid for chromatography and ultracentrifugation were treated with ovine hyaluronidase (hyalase, Fisons Ltd., Loughborough, England). 10 manufacturer's U were added per 1 ml of synovial fluid and the fluid was incubated at 37°C for 20 min. The hyaluronidase preparation caused no hydrolysis of Suc-(Ala)<sub>3</sub>-NPhNO<sub>2</sub> at the concentration used.

Synovial fluid was also taken from knee joints of five patients with osteoarthritis. These were noninflammatory effusions, all with leukocyte counts <1,000 per mm<sup>3</sup>, and were treated in the same way as rheumatoid fluid. Plasma (heparinized) was obtained from 15 normal volunteers of ages 25–60 yr.

**Synovial fluid cell extracts.** The leukocyte pellet from 25 ml of synovial fluid was washed three times with 0.9% NaCl, suspended in 4 ml of 0.1 M Tris-HCl buffer, pH 8.0, and subjected to ultrasonic disintegration for 1 min at amplitude 8 μm peak to peak in a Measuring and Scientific Equipment 100 W Ultrasonic Disintegrator (Measuring and Scientific Equipment Ltd., Crawley, Sussex, England). The sonicate was centrifuged at 3,000 rpm for 10 min to remove unbroken cells and coarse debris, and the supernate was kept at 4°C till use.

**Gel chromatography.** Columns of Sephadex G-150 and Sepharose 4B (Pharmacia Ltd., London, W5 5SS, England) were run at room temperature with 0.1 M Tris-HCl buffer pH 8.0. Eluates were concentrated by ultrafiltration in a Diaflo apparatus (Amicon Ltd., High Wycombe, Buckinghamshire, England).

**Electrophoresis.** Electrophoresis was in polyacrylamide gel cylinders 0.3 × 6 cm (1.2 ml) containing 5% acrylamide monomer and 0.25% N, N'-methylene bis-acrylamide in 0.35 M Tris-HCl buffer pH 8.9. Samples (up to 50 μl) were applied to the top of a 2.5% acrylamide stacking gel (0.1 ml) containing 0.06 M Tris-phosphate buffer, pH 7.2. Gels were polymerized with ammonium persulphate, and electrophoresis was carried out towards the anode for 2 h at 2 mA/gel at 4°C with 52 mM Tris-glycine buffer pH 8.9 in the cathode reservoir and 0.1 M Tris-HCl pH 8.1 in the anode reservoir. Gels were stained with amido black or sectioned transversely into 4-mm slices. Protein was eluted

from the slices by homogenizing them in 0.1 M Tris-HCl buffer, pH 8.0, and leaving them overnight at 4°C. Gel fragments were removed by centrifugation. For electrophoresis of mixtures of α<sub>2</sub>M and extracts of rheumatoid synovial fluid cells, the mixture was made in the presence of 1 M KCl and 0.1% Triton X-100 to solubilize leukocyte elastase (15).

**Ultracentrifugation.** Samples of synovial fluid (3 ml) were adjusted to the required density by addition of solid potassium bromide or sucrose, and were overlaid with 7 ml of 0.1 M Tris-HCl buffer, pH 8.0, which had been adjusted to the same density with potassium bromide or sucrose. Centrifugation was performed in a Measuring and Scientific equipment Superspeed 75 centrifuge (Measuring and Scientific Equipment Ltd.) by using the Ti ioxio 10 × 10 ml rotor at 50,000 rpm for 20 h at 15°C. The tube contents were collected in 2-ml fractions which were dialyzed against two changes of the Tris buffer at 4°C and then assayed for enzymic activity.

**Purification of α<sub>2</sub>M.** α<sub>2</sub>M was purified from fresh human plasma as follows: after gel filtration of 15 ml of plasma on a 5 × 100-cm column of Sephadex G-150, the void volume peak was concentrated to 10 ml, adjusted to 35% saturation with ammonium sulphate, and the precipitate was removed by centrifugation. The supernate was dialyzed against 10 mM Tris-HCl buffer pH 8.0 and subjected to preparative electrophoresis with a Buchler Polyprep apparatus (Nuclear Chicago Corp., Des Plaines, Ill.) according to the makers' instructions. The resolving gel (3 cm length) contained 4% acrylamide and 0.25% agarose; the buffer system was as described for analytical electrophoresis. Eluate fractions containing α<sub>2</sub>M were pooled and concentrated by ultrafiltration. Details of this procedure have been described elsewhere (16).

**Enzyme assays.** Hydrolysis of Suc-Ala<sub>3</sub>-NPhNO<sub>2</sub> (Bachem Fine Chemicals, Inc., Marina del Rey, Calif.) by synovial fluid was measured spectrophotometrically. The assay buffer was 0.1 M Tris-HCl, pH 8.0. Up to 0.75 ml of plasma or synovial fluid was added to 0.75 ml of 2 mM Suc-(Ala)<sub>3</sub>-NA and the mixture was incubated for 4 h at 37°C (assay vol 1.5 ml). 0.5 ml of 12% trichloroacetic acid was added and the precipitate was removed by centrifugation at 10,000 rpm for 15 min. To 1 ml of the supernate, 0.1 ml of 1.84 M NaOH was added to restore the pH to about 7. The absorbance at 410 nm of the solutions was then read against control assays to which substrate was added at the end of the incubation. Precipitation of protein by trichloroacetic acid was necessary to remove the high background absorbance of the assays and controls. Restoration of the pH to neutral by addition of NaOH was necessary because the nitroaniline color disappears below pH 2.5, but can be restored by raising the pH, and is constant between pH 3 and 10. Above pH 10, nitroaniline absorbance increases sharply and at strongly alkaline pH hydrolysis of Suc-(Ala)<sub>3</sub>-NA occurs (17). Acid precipitation of the protein did not cause significant hydrolysis of the substrate or destruction of nitroaniline. In the assay, the absorbance change at 410 nm was linearly related to the amount of fluid added. Enzyme activity was expressed as nanomoles of substrate hydrolyzed per hour per milliliter of synovial fluid or plasma under the conditions of the assay. Identical results were found with plasma and serum. The spontaneous hydrolysis of the substrate over the incubation period used was very little (0.07%/h, pH 8.0 [14]). The very low blank values (A<sub>410</sub> = 0.01–0.03) enabled precise measurements of low rates of substrate hydrolysis.

Fractions from chromatography, ultracentrifugation, and electrophoresis were assayed for enzymic activity by adding

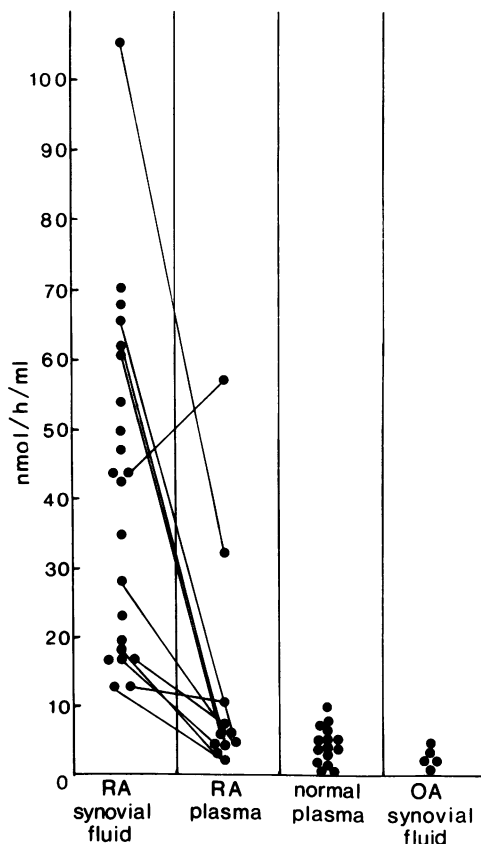


FIGURE 1 Hydrolysis of  $\text{Suc}-(\text{Ala})_3\text{-NPhNO}_2$  by synovial fluid and plasma.

0.1 ml of 10 mM  $\text{Suc}-(\text{Ala})_3\text{-NPhNO}_2$  to 1 ml of the fraction. After incubation for the specified time (1–8 h) the absorbance change at 410 nm was measured against a control assay to which substrate was added after incubation. For inhibition of nitroanilide hydrolase activity, inhibitors were preincubated with enzyme solution for 20 min at room temperature before addition of substrate. In some experiments di-isopropylfluorophosphate (Dip-F) was preincubated with enzyme for up to 10 h. Dip-F, phenylmethane sulfonyl-fluoride (Pms-F), 1, 10 phenanthroline, EDTA, p-chloromercuribenzoic acid, iodoacetamide, soybean trypsin inhibitor, and Triton X-100 were all from Sigma Chemical Co., Ltd., London, England. Basic pancreatic trypsin inhibitor was Trasylol from Bayer AG, Wuppertal-Elberfeld, Germany.

Inhibition of chymotrypsin activity (Bovine chymotrypsin Type II, Sigma Chemical Co., Ltd.) and proteolytic activity of rheumatoid synovial fluid leukocyte extracts by  $\alpha_2\text{M}$  was measured by use of the substrate hide-power azure (Calbiochem Ltd., Hereford, HR4 9BO, England) as described elsewhere (18).

Ultracentrifuge fractions of synovial fluid were assayed for proteolytic activity by use of azocasein substrate (Sigma Chemical Co., Ltd.) (19), hide-power azure and Remazol brilliant blue dyed elastin (15). These assays were done with 0.1 M Tris-HCl buffer, pH 8.0, containing 0.1% Triton X-100. Reaction mixtures were incubated for periods up to 10 h at 37°C.

## RESULTS

**Detection of hydrolysis of succinyltrialanine nitroanilide.** Rheumatoid synovial fluid contained more enzymic activity hydrolyzing  $\text{Suc}-(\text{Ala})_3\text{-NPhNO}_2$  than normal plasma or osteoarthritic synovial fluid (Fig. 1). Two samples of rheumatoid plasma also contained a high level of enzymic activity. Apart from one patient, the synovial fluid levels were higher than the plasma levels. The enzymic activity in synovial fluid correlated poorly with the total leukocyte counts and the linear regression coefficient,  $r = 0.464$  was only significant at the 5% level (Student's  $t$  test = 2.29, degrees of freedom = 15).

The enzymic activity was independent of ionic strength ( $I$ ) in the range  $I = 0.1\text{--}1.0$  and the pH dependence is shown in Fig. 2. There is a sharp optimum at pH 8.0 and no detectable activity below pH 6.0. The assay could not be used above pH 10.0 because of the susceptibility of nitroanilides to hydrolysis at alkaline pH.

To investigate possible latency of the enzymic activity in rheumatoid synovial fluid, five samples were assayed after rapidly freezing and thawing six times, and in the presence of 0.1% Triton X-100. In three fluids 0.1% Triton X-100 caused slight increases of activity (up to 20%) in the other two there was no effect. Freezing and thawing caused no change in the activity.

**Sephadex gel chromatography.** Fractionation on Sephadex G-150 of rheumatoid synovial fluid (Fig. 3a) and rheumatoid plasma (Fig. 3b) containing high levels of nitroanilide hydrolase activity showed that all of the enzyme activity was associated with high molecular weight material eluting in the void volume. The recovery of activity in these experiments was 90–95%.

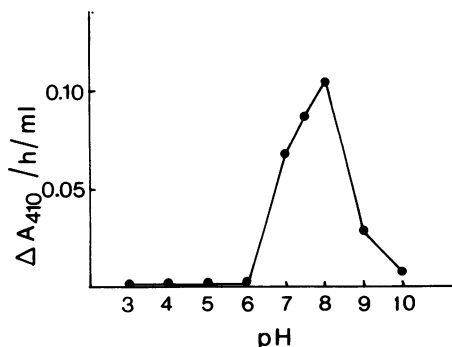


FIGURE 2 Effect of pH on hydrolysis of  $\text{Suc}-(\text{Ala})_3\text{-NPhNO}_2$  by rheumatoid synovial fluid. Assay buffers used were pH 3–6; 0.1 M citrate, pH 7–9; 0.1 M Tris-HCl, pH 10; 0.1 M glycine-NaOH. Enzyme activity is expressed as absorbance change ( $\Delta A_{410}$ )/hour per milliliter synovial fluid added to the assay.

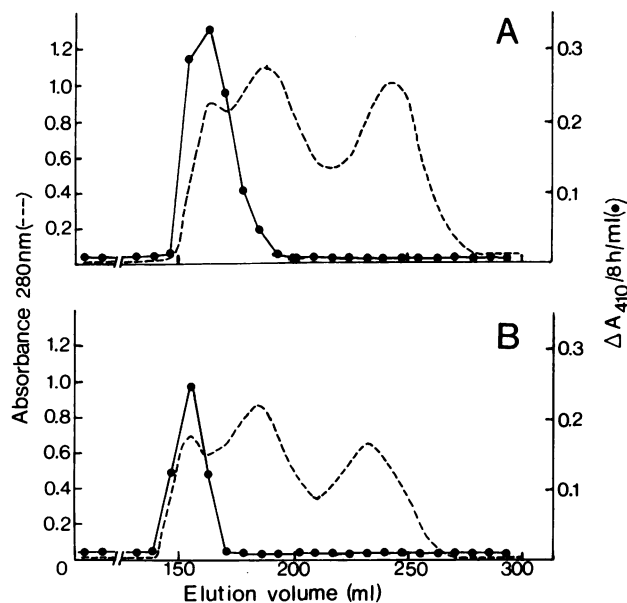


FIGURE 3 Sephadex G150 chromatography of rheumatoid synovial fluid (A) and rheumatoid plasma (B). Column  $2.5 \times 75$  cm; samples: 2 ml synovial fluid, 1 ml plasma. Absorbance at 280 nm (---), hydrolysis of  $\text{Suc}(\text{Ala})_3\text{-NPhNO}_2$  expressed as absorbance change ( $\Delta A_{410}/8$  h per ml of fraction (●)).

This result was compatible with the idea that the substrate was being hydrolyzed by leukocyte elastase bound to  $\alpha_2\text{M}$ . Leukocyte elastase is a serine proteinase and is inhibited by compounds such as Dip-F and Pms-F which react with the serine residue in its active site (5, 6) so the effect of various proteinase inhibitors on the synovial fluid nitroanilide hydrolase activity was studied.

**Inhibition of the hydrolysis of succinyltrialanine nitroanilide.** The results of inhibition studies are shown in Table 1. The enzymic activity was not attributable to a serine proteinase since it was not inhibited by Dip-F (preincubated up to 10 h) or Pms-F. The activity was not significantly inhibited by the thiol blocking agents p-chloromercuribenzoate and iodoacetamide, but it was inhibited by the chelating agents EDTA and 1,10 phenanthroline, showing that the enzymic activity was metal dependent. The failure of soybean trypsin inhibitor or Trasylol to inhibit the activity was not surprising since these are serine proteinase inhibitors, although it is conceivable that if the enzyme were present in complexes with another macromolecule it might be sterically hindered from reacting with the higher molecular weight inhibitors.

**Polyacrylamide gel electrophoresis.** The possibility that the enzymic activity might be due to elastase or some other proteinase bound to  $\alpha_2\text{M}$  was ex-

plored further by using electrophoresis. The following preliminary experiments showed that polyacrylamide gel electrophoresis was a suitable method for detecting  $\alpha_2\text{M}$ /proteinase complexes. The change in the electrophoretic behaviour of  $\alpha_2\text{M}$  caused by adding a proteinase to it is shown in Fig. 4. Saturation of  $\alpha_2\text{M}$  with chymotrypsin caused the  $\alpha_2\text{M}$  to run slightly ahead of the native  $\alpha_2\text{M}$  position (gels a and b). Addition of enough chymotrypsin to react with half of the  $\alpha_2\text{M}$  (determined from proteolytic inhibition assays) resulted in about half of the protein running in the faster band (complex) and half in the slower band (free  $\alpha_2\text{M}$ ) (gel c). Chymotrypsin itself is a cationic protein and does not run into the gel.

A further experiment in which an extract of rheumatoid synovial fluid cells (which are rich in leukocyte elastase 15, 20) was added to  $\alpha_2\text{M}$  showed a similar result (gels d and e). Gels containing  $\alpha_2\text{M}$  saturated with the cell extract (gel d) were sliced and protein was eluted from the homogenized slices.

The eluates (1 ml) were assayed for elastase activity by hydrolysis of  $\text{Suc-Ala}_3\text{-NPhNO}_2$ . The upper part of Fig. 5 shows that the enzyme was found in the slice corresponding to the  $\alpha_2\text{M}$  position. The activity was abolished by preincubation of the eluates with Dip-F. Control gels in which rheumatoid synovial fluid cell extract was run alone yielded no enzyme activity (not shown). Leukocyte elastase itself is a cationic protein and does not enter the gel under these conditions.

It had thus been shown that  $\alpha_2\text{M}$ /proteinase com-

TABLE I  
Effect of Inhibitors on Hydrolysis of  $\text{Suc}(\text{Ala})_3\text{-NPhNO}_2$  by Rheumatoid Synovial Fluid

Compound	Concentration	Change of activity %
Diisopropylfluorophosphate	1 mM	0
Phenylmethanesulfonyl fluoride	1 mM	0
p-Chloromercuribenzoic acid	2 mM	0
Iodoacetamide	2 mM	-15
Cysteine	5 mM	0
Ethylenediamine tetra-acetic acid	2 mM	-90
Ethylenediamine tetra-acetic acid	5 mM	-95
1, 10-Phenanthroline	1 mM	-95
Soybean trypsin inhibitor	100 $\mu\text{g/ml}$	0
Basic pancreatic trypsin inhibitor (Trasylol)	100 U/ml	0

Inhibition is expressed as percentage change of activity of control assays done without inhibitor.

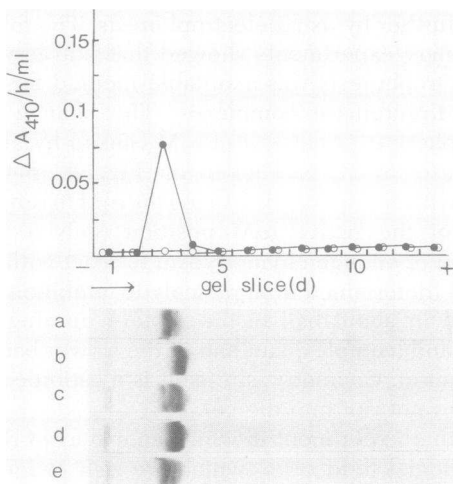


FIGURE 4 Polyacrylamide gel electrophoresis of mixtures of  $\alpha_2$ M and proteinases. (a)  $30 \mu\text{g } \alpha_2\text{M}$ , (b)  $\alpha_2\text{M}$  saturated with chymotrypsin. Equireactant amounts were calculated from proteolytic inhibition. (c)  $\alpha_2\text{M}$  half saturated with chymotrypsin, (d)  $\alpha_2\text{M}$  saturated with rheumatoid synovial fluid cell extract, (e)  $\alpha_2\text{M}$  half saturated with rheumatoid synovial fluid cell extract. The arrow marks the direction of migration. The line diagram shows the hydrolysis of  $\text{Suc}(\text{Ala})_3\text{-NPhNO}_2$  by eluates from sliced gels run with equireactant amounts of  $\alpha_2\text{M}$  and rheumatoid synovial fluid leukocyte extract (same as gel d).  $\circ$ , eluates treated with DFP (1 mM) for 20 min before addition of substrate;  $\bullet$ , not treated with DFP. See under Methods for details of electrophoretic conditions.

plexes run slightly ahead of free  $\alpha_2\text{M}$  in this electrophoretic system, and that it was possible to elute the complexes from the gel to detect their enzymic activity, and that this activity was inhibited by Dip-F in the case of a serine proteinase. The purified  $\alpha_2\text{M}$  (gel a) contained a small amount of protein running ahead of the main band and this could represent a trace of  $\alpha_2\text{M}$ /proteinase complex, denatured  $\alpha_2\text{M}$ , or impurity.

To see if the nitroanilide hydrolase activity in synovial fluid was associated with  $\alpha_2\text{M}$ , active fractions from Sephadex G-150 chromatography were concentrated by ultrafiltration and run in electrophoresis. Gels were stained for protein or sliced and protein eluted; the eluates were assayed for hydrolysis of  $\text{Suc-Ala}_2\text{-NPhNO}_2$  (Fig. 5a). 95% of the activity failed to enter the resolving gel, being trapped in the first slice, but there was a small peak of activity (representing about 5% of the activity) in the region of  $\alpha_2\text{M}$ . Fig. 5b shows a similar experiment with activity from rheumatoid plasma after Sephadex G-150 chromatography; all the activity recovered was in the first gel slice. The overall recovery of activity from electrophoresis was about 40%. The recovery of 50–60% of  $\alpha_2\text{M}$  (measured as chymotrypsin inhibition) in these experiments showed that protein elution was satis-

factory. An identical distribution of enzymic activity was found when whole synovial fluid or plasma was run on electrophoresis. The enzymic activity that was eluted from the first gel slice was not inhibited by Dip-F.

These results gave no support to the idea that the hydrolysis of  $\text{Suc-Ala}_2\text{-NPhNO}_2$  was due to leukocyte elastase or any other proteinase bound to  $\alpha_2\text{M}$ . Rather they suggested that the enzyme was of very high molecular weight or was associated with some high molecular weight protein other than  $\alpha_2\text{M}$ .

**Ultracentrifugation.** These experiments were done to see if the enzyme activity was associated with lipid-containing material rather than with  $\alpha_2\text{M}$ . The synovial fluid was centrifuged at starting densities 1.006, 1.063, and 1.225 g/ml. These were chosen because they are standard densities used for flotation of very low density, low density and high density lipoproteins, respectively (21). Either sucrose or KBr was used to adjust the density with essentially the

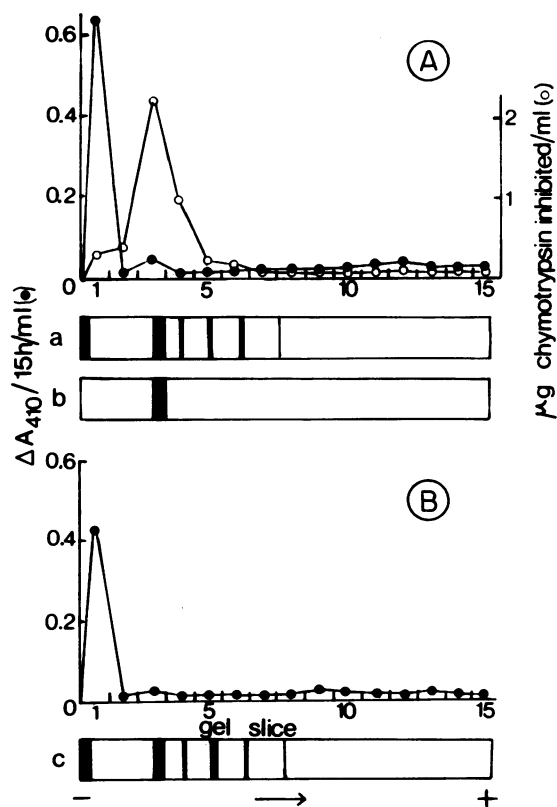


FIGURE 5 Polyacrylamide gel electrophoresis of the nitroanilide hydrolase activity from rheumatoid synovial fluid (A) and plasma (B). Samples were from Sephadex G150 chromatography void volume peak. Gel (a) (synovial fluid) and gel (c) (plasma), show distribution of protein, gel (b) is pure  $\alpha_2\text{M}$ . Eluates of gel slices were assayed for hydrolysis of  $\text{Suc}(\text{Ala})_2\text{-NPhNO}_2$  ( $\bullet$ ), and inhibition of chymotrypsin ( $\circ$ , shown in A only).

same results. After 20 h centrifugation at 50,000 rpm the enzymic activity sedimented to the bottom of the tube at  $\rho = 1.006$  and 1.063 g/ml, but 75% of it floated in the top fraction at  $\rho = 1.225$  g/ml (Fig. 6). Five samples of synovial fluid gave similar results and the overall recovery was 70–80%. Evidently a major part of the enzymic activity was associated with lipid.

The material buoyant at 1.225 g/ml was also assayed for proteinase activity. The sample from one synovial fluid hydrolyzed azocasein in the presence of 0.1% Triton X-100. No activity was observed without detergent and the activity was inhibited by Dip-F and not EDTA. The samples from the other four synovial fluids did not hydrolyze azocasein. None of the samples hydrolyzed hide-powder azure or Remazol brilliant blue-elastin. It was concluded that there was no detectable proteinase activity attributable to the enzyme hydrolysing Suc-(Ala)<sub>3</sub>-NPhNO<sub>2</sub>. The proteinase activity found in the one sample was due to a serine proteinase.

**Sepharose 4B gel chromatography.** The concentrate from the Sephadex G-150 column (Fig. 3a) was fractionated further on Sepharose 4B (Fig. 7). 65% of the enzymic activity recovered was in the void volume and the remainder in the first part of the main protein peak. The main peak corresponds to  $\alpha_2$ M as shown by chymotrypsin inhibition: note that the second enzyme peak does not correspond to the  $\alpha_2$ M

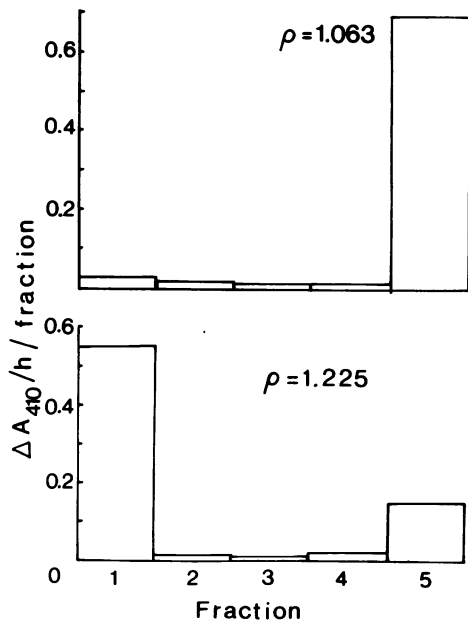


FIGURE 6 Ultracentrifugation of rheumatoid synovial fluid. The histograms show the distribution of enzyme hydrolysing Suc-(Ala)<sub>3</sub>-NPhNO<sub>2</sub>. Fraction 1 = top of tube, fraction 5 = bottom of tube. 3 ml of rheumatoid synovial fluid were centrifuged in total volume of 10 ml. Density adjusted with KBr. Centrifugation at 50,000 rpm, 20 h, 15°C.

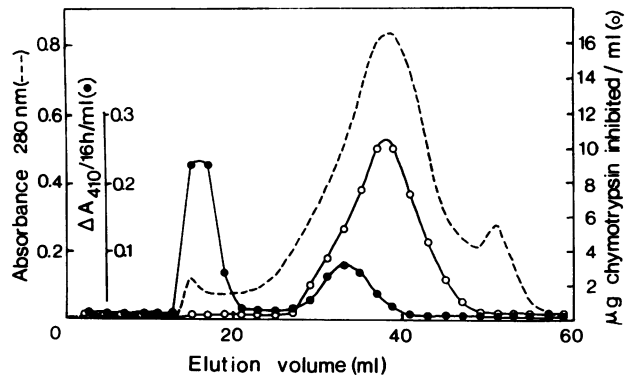


FIGURE 7 Sepharose 4B chromatography of void volume peak from Sephadex G150 chromatography or rheumatoid synovial fluid. Column 15 × 30 cm. Absorbance at 280 nm (---), hydrolysis of Suc-(Ala)<sub>3</sub>-NPhNO<sub>2</sub> (●), inhibition of chymotrypsin (○).

peak. A similar distribution was obtained on chromatography of whole synovial fluid and in both experiments the overall recovery of activity was about 80%. On rechromatography the active peaks eluted in their original positions. Inhibition studies on the enzymic activity in the two peaks showed that it was inhibited by EDTA and not Dip-F.

Because ultracentrifugation had shown that a major part of the enzymic activity was of buoyant density <1.225 g/ml, experiments were done to determine the buoyant densities of the enzymic activity in the two Sepharose 4B peaks. The active peaks were concentrated by ultrafiltration and 1-ml samples were ultracentrifuged at starting densities in the range 1.1–1.33 g/ml at 50,000 rpm for 20 h at 15°C. Densities were adjusted by addition of solid KBr and the enzyme solutions were overlaid with 9 ml of KBr solution. After centrifugation the tube contents were collected as 3.3-ml fractions, dialyzed against 0.1M Tris-HCl buffer, pH 8.0, and hydrolysis of Suc-Ala<sub>3</sub>-NPhNO<sub>2</sub> was measured. The percentage of total activity recovered in the top fraction (i.e. buoyant) was plotted against the starting density (Fig. 8). The enzymic activities in the two Sepharose 4B peaks were clearly of different buoyant densities. The activity in the void volume peak became buoyant over the starting density range 1.15–1.22 g/ml, and the activity in the second peak over the range 1.2–1.33 g/ml. Since protein has a density of about 1.37 g/ml it can be concluded from the low buoyant density of the enzymic activity in both Sepharose 4B peaks that the enzyme was associated with lipid as well as protein.

## DISCUSSION

The results of the inhibition experiments, electrophoresis, and ultracentrifugation showed that the major

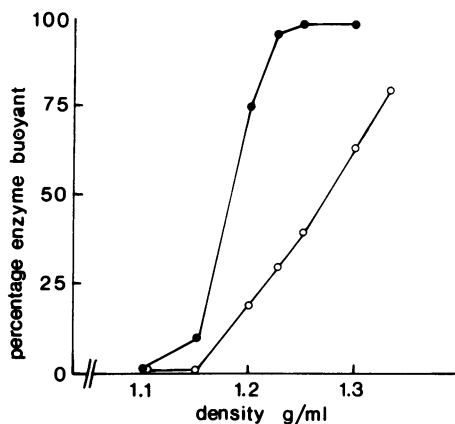


FIGURE 8 Ultracentrifugal flotation of nitroanilide hydrolase activity fractionated from rheumatoid synovial fluid. The percentage of enzyme buoyant (in the top third of the tube) is plotted against the density at which centrifugation was performed. ●, the void volume peak from Sepharose 4B fractionation of rheumatoid synovial fluid (see Fig. 8) and ○, the second enzyme peak from Sepharose 4B. 10-ml tubes were centrifuged at 50,000 rpm for 20 h at 15°C.

part (95%) of the nitroanilide hydrolase activity was unlikely to be due to leukocyte elastase or indeed any proteinase bound to  $\alpha_2M$ . Although inhibition studies of crude material such as synovial fluid can be subject to error, the failure of Dip-F to cause any significant inhibition after preincubations up to 10 h, as well as its failure to inhibit the enzyme activity in either peak from Sepharose 4B chromatography, was very strong evidence against the activity being due to any serine proteinase such as leukocyte elastase. Furthermore Dip-F failed to inhibit the enzyme eluted from the top of the polyacrylamide gel after electrophoresis.

The ultracentrifugal flotation experiments showed that the two forms of the enzymic activity separated by Sepharose 4B chromatography were both associated with some lipid. The larger form contained more lipid than the smaller form since it had a lower buoyant density. It is not known whether the two forms contained the same enzyme. The large form was unlikely to be a simple aggregate of the small form because it had a different buoyant density. It is possible that the small form may have arisen from breakdown of the large form. The interaction with lipid may not have been fortuitous since it was not disrupted by high salt concentrations, which usually prevent non-specific association between protein and lipid. Although it was possible that the enzyme may have been forming aggregates with plasma lipoproteins present in synovial fluid, the buoyant densities and chromatographic characteristics of both forms did not correspond to those of plasma lipoproteins. The large form behaved like very low density lipoproteins or chylomicrons on

Sepharose 4B chromatography but had a much higher density than either of these. The small form had a higher density than high density lipoprotein and eluted slightly earlier from the Sepharose column. The large form could well have been some type of membrane fragment, perhaps arising from cell breakdown; its buoyant density was consistent with this suggestion. The small form could have been a low molecular weight enzyme aggregated with lipid or even a high molecular weight lipoprotein enzyme.

The activities of nitroanilide hydrolase were, with one exception, higher in the synovial fluid than in the plasma so the enzymic activity probably arose within the joint cavity. Studies are in progress to see whether similar activity can be found in the synovial membrane or synovial fluid leukocytes.

Amino acid and peptide nitroanilide substrates are generally hydrolyzed by proteinases and aminopeptidases. The synovial fluid enzyme is unlikely to be an aminopeptidase since the terminal amino group of  $\text{Suc-(Ala)}_3\text{-NPhNO}_2$  is blocked. Therefore the enzyme responsible is very likely to be a proteinase. No metal-dependent proteolytic activity was detected in the enzyme-rich fractions prepared by ultracentrifugal flotation, but this does not mean that the synovial fluid enzyme was not a proteinase. The enzyme may have been hindered from attacking a high molecular weight or powder substrate because of its association with other material or the substrate specificity of the enzyme may have been such that the substrates used were unsuitable.

Identification of the enzyme as well as determination of any role it might play in tissue destruction await its purification.

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