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Joseph A. Martino, Laurence E. Earley

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Research Article

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The Effects of Infusion of Water on Renal Hemodynamics and the Tubular Reabsorption of Sodium *

JOSEPH A. MARTINO AND LAURENCE E. EARLEY †

(From the Thorndike Memorial Laboratory, Second and Fourth [Harvard] Medical Services, Boston City Hospital, and the Department of Medicine, Harvard Medical School, Boston, Mass.)

Summary. Anesthetized dogs receiving an infusion of chlorothiazide and ethacrynic acid were given 600-ml infusions of distilled water or dilute dextrose solutions. The absolute rate of tubular sodium reabsorption was depressed, and the glomerular filtration rate was increased during the water loading, despite the associated decreases in plasma sodium concentration and decreases in the filtered load of sodium. The extent to which fractional sodium reabsorption decreased and the excretion of sodium increased was inversely related to the degree to which the filtered load of sodium was depressed as a result of the decreased plasma sodium concentration. We conclude that, in the presence of the diuretic blockade of distal tubular sodium reabsorption, infusion of water depresses proximal tubular reabsorption of sodium and that these changes are qualitatively similar to those previously observed during infusions of saline. Similar depression of tubular reabsorption of sodium and increased excretion of sodium occurred during water loading in the absence of diuretics in dogs undergoing saline diuresis, which presumably provided a high rate of distal sodium reabsorption before water loading.

We suggest that volume expansion with water depresses proximal tubular reabsorption of sodium in a manner qualitatively similar to infusions of saline and that the extent to which sodium excretion is increased during water loading is dependent upon 1) the absolute extent to which proximal reabsorption is depressed, 2) the extent to which the filtered load of sodium is maintained in the presence of a falling concentration of sodium in plasma, and 3) the extent to which increased distal reabsorption compensates for the depressed proximal reabsorption of sodium. Mechanisms are suggested whereby the previously reported inverse relationship between plasma concentration of sodium and over-all tubular reabsorption of sodium may be only apparent, and could be the result of physiologic "glomerulotubular balance" during the specific experimental maneuvers.

Introduction

It has been established in the dog that expansion of the extracellular fluid volume by infusing saline depresses the over-all tubular reabsorption of sodium (1-4), and micropuncture studies by Dirks, Cirksena, and Berliner have indicated that this depressed reabsorption occurs in the proximal tubule (5). Studies from our laboratory have

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Address requests for reprints to Dr. Laurence E. Earley, Thorndike Memorial Laboratory, Boston City Hospital, 818 Harrison Ave., Boston, Mass. 02118.

demonstrated that in the presence of reduced renal vascular resistance over-all tubular reabsorption of sodium may relate inversely to renal perfusion pressure (6, 7) and also that proximal tubular reabsorption of sodium may relate directly to plasma oncotic pressure (7). Since infusions of saline lower plasma oncotic pressure and may increase arterial pressure and lower renal vascular resistance, we have suggested that these physical changes may be involved in the depression of proximal tubular reabsorption of sodium during infusions of saline (6-8). If so, then infusions of water without sodium also should result in demonstrable depressions of proximal tubular reabsorption, since similar hemodynamic and compositional changes may occur. It is recognized that the simultaneous administration of water and vasopressin, which maintains volume expansion, results in increased excretion of sodium and negative sodium balance (9), and the same may occur pathologically in patients with syndromes limiting their ability to excrete ingested water (10, 11). Also, micropuncture studies by Clapp, Watson, and Berliner indicated that volume reabsorption by the proximal tubule may be depressed in water-loaded dogs when compared to a group of hydropenic animals (12). However, certain evidence has been presented recently that hyponatremia per se during water loading may result in increased tubular reabsorption and decreased excretion of sodium despite simultaneous volume expansion (13). Therefore, the present studies were designed to re-examine the effect of volume expansion with water on sodium reabsorption and excretion, utilizing a previously described technique of distal tubular blockade, which, to some extent, permits evaluation of reabsorptive changes occurring in the proximal tubule. The results indicate that infusions of water have the same qualitative effects to depress proximal tubular reabsorption of sodium as do infusions of saline.

Methods

Studies were carried out in 18 mongrel dogs of either sex, ranging in weight from 12.7 to 18.6 kg. The animals were anesthetized with pentobarbital and ventilated through an endotracheal tube connected to a Harvard respirator.¹ Fifteen animals were deprived of water for 12 hours and received by im injection 10 mg deoxycorticosterone acetate, and 5 U vasopressin, in oil approximately 4 hours before experimental collections. Ureters were cannulated with polyethylene tubing through flank incisions, and a plastic catheter was inserted into the left renal vein in the direction of the kidney, usually via the ovarian or spermatic vein. Polyethylene catheters were inserted into a femoral artery and vein for measurements of aortic and inferior vena caval pressures, with Sanborn pressure transducers and recorder, and for withdrawal of arterial blood samples. At least 2 hours before experimental collections an iv infusion was begun at 0.3 to 0.4 ml per minute to deliver inulin and p-aminohippurate (PAH) in amounts adequate for clearance measurements. In 15 studies this maintenance infusion also contained deoxycorticosterone (20 to 30 μ g per minute) and vasopressin (30 to 40 mU per kg per hour). Approximately 1 hour before experimental collections "distal tubular blockade" as previously described (7) was instituted in 12 of the experiments. This was accomplished by an acute iv injection of 250 mg chlorothiazide and 50 mg ethacrynic acid,² followed by a maintenance infusion of 250 mg chlorothiazide and 50 mg ethacrynic acid per hour. The diuretic-induced urinary losses were replaced quantitatively by the iv infusion of an isotonic solution containing Na 145, K 4.5, Cl 129.5, and HCO₃, 20 mEq per L. Once the rate of this replacement solution had been adjusted (during the first 30 minutes after beginning the diuretics) to replace urinary losses, it was infused at a constant rate throughout the remainder of the experiment, independent of any other experimental maneuvers. After urine had been collected for 3 to 7 clearance periods, experiments were continued according to one of the following protocols.

Water loading with distal tubular blockade alone. After control collections during diuretic blockade alone 8 animals received an infusion of 600 ml of 1% dextrose in water at 30 ml per minute, after which an infusion of distilled water was continued at 5 to 20 ml per minute.⁸ Thirty to 60 minutes after this loading procedure had begun, collections were taken for an additional 5 to 7 periods. In 4 of these experiments the animals were not deprived of water before the study, nor did they receive vasopressin and deoxycorticosterone. In 2 of these stud-

³ The high rate of infusion of isotonic solution for replacement of diuretic-induced losses permitted the infusion of 1% dextrose or distilled water through the same iv catheter with little or no hemolysis. In some experiments water loading was accomplished by appropriately diluting the isotonic replacement solution with distilled water and increasing the rate of infusion to provide the same replacement of electrolytes plus the additional load of water. In some experiments in which the dextrose solution was infused, slight glycosuria occurred. However, no experimental collections were taken until urinary glucose was absent as determined by Clinitest reactions.

¹ Harvard Apparatus, Dover, Mass.

² Ethacrynic acid and chlorothiazide were kindly supplied by Dr. William H. Wilkinson of Merck Sharp & Dohme Research Laboratories, West Point, Pa.

ies, after collections following the water load, vasopressin was administered by injecting 200 mU intravenously followed by an infusion of 1,000 mU per hour, after which additional collections were made. The remaining 4 animals were deprived of water before the experiment and received deoxycorticosterone and vasopressin as described above.

Saline loading followed by water loading during distal blockade. In 4 experiments after collections during infusion of diuretics and replacement of urinary losses, the animals received a 600-ml infusion of isotonic Ringer's solution (the same solution described above for replacement of urinary losses) at 30 ml per minute, which afterwards was continued at 10 to 20 ml per minute. Thirty to 40 minutes after initiation of this infusion of saline additional collections were taken. The water loading procedure described above was then begun, and further collections were taken.

Saline loading followed by water loading in the absence of distal blockade. Six experiments were performed without the administration of chlorothiazide and ethacrynic acid. After control collections the animals received 600 ml of the Ringer's solution at 30 ml per minute, which afterwards was continued at 10 ml per minute. Additional collections were made during the saline infusion, after which the animals received the water load as described above, and collections were continued.

In each of the protocols clearance periods were usually 5 minutes in duration, except during antidiuretic periods when urine flow was low. Samples of arterial blood were withdrawn during alternate periods, and no collections for clearances were made after experimental maneuvers until urine flow rates had stabilized. Mean arterial pressure was recorded at the beginning of each clearance period.

Inulin, PAH, osmolality, sodium, and potassium were determined by methods previously described for this laboratory (8). Total protein in plasma was determined by a modification of the biuret method (14), and hematocrits were measured by the standard Wintrobe technique. Renal plasma flow (RPF) was calculated by the formula of Wolf (15): RPF = [V(U-R)]/(A - R), where V = rate of urine flow and U urinary, R renal venous, and A arterial concentrations of PAH. Renal blood flow (RBF) = RPF/(1-0.95 hematocrit). Filtered sodium (F_{Na}) was calculated as the product of the glomerular filtration rate (GFR) and the concentration of sodium in plasma (P_{Na}) . Tubular reabsorption of sodium $(T_{Na}) = F_{Na} - U_{Na}V$ $(U_{Na}V = urinary sodium)$ excretion), and fractional reabsorption = T_{Na}/F_{Na} . Changes in fractional reabsorption are expressed as percentage, and = $(T_{Na1}/F_{Na1}) \times 100/(T_{Na2}/F_{Na2})$.

Results

Effects of diuretics alone. During the steady state effect of chlorothiazide and ethacrynic acid mean arterial pressure averaged 113 mm Hg, RBF averaged 248 ml per minute per kidney, and left renal vascular resistance averaged 0.51 mm Hg per ml per minute. GFR averaged 25 ml per minute per kidney, and the fractional reabsorption of sodium averaged 0.66. These values are in close agreement with those previously observed under similar conditions (7).

Effects of infusion of water in the presence of distal tubular blockade. In 4 experiments water loads were infused during distal tubular blockade (infusion of chlorothiazide and ethacrynic acid) in animals not receiving vasopressin or deoxycorticosterone and in 4 animals receiving these hormones. Details of a representative experiment from each of these groups are given in Tables I and II. In the absence of vasopressin the infusion of water was associated with a decrease in mean arterial pressure averaging - 10 mm Hg (range -3 to -15 mm Hg) and decreased RBF averaging -27 ml per minute (range -13 to -46ml per minute). In the presence of vasopressin and deoxycorticosterone mean arterial pressure during the infusion of water was largely unchanged (range + 1 to + 6 mm Hg), and RBF increased an average of 40 ml per minute per kidney (range +1 to +90 ml per minute). In the absence of the hormones GFR during water loading increased an average of 9% (range + 2 to + 4 ml per minute per kidney), and in the presence of the hormones GFR increased somewhat more (+17%), range +2 to +7 ml per minute per kidney). Plasma sodium during water loading decreased an average of 18 mEq per L in the absence of vasopressin and deoxycorticosterone and an average of 19 mEq per L in the presence of the hormones. Thus, in the animals receiving vasopressin and deoxycorticosterone, arterial pressure, RBF, and GFR during the infusion of water were greater than in the animals not receiving these agents. The effects of the infusion of water on sodium reabsorption and excretion were qualitatively similar in both groups of animals. However, because of the greater increases in GFR in the animals receiving vasopressin and deoxycorticosterone the filtered load of sodium was decreased less than in the untreated group (Figures 1 and 2). Despite increases in GFR, the filtered load of sodium was depressed below control due to the fall in plasma sodium concentration in 10 of the 16 kidneys of these 8 experiments. During the infusion of water the absolute rate of reabsorption of sodium was

	>		GFR	R	Сран	ΛH	RBF	U _{Na} V	V.	$\mathbf{U}_{\mathbf{K}}\mathbf{V}$	N	ч	F_{Na}	T _{Na} ,	T na/F na	Pla	Plasma	
	R	Г	R	L	R	L	L I	R	L	2	د	R	L	Я	Ц	TP	Na	Arterial pressure
	ml/min	uin	ml/min	nin	ml/min	nin	ml/min	μEq/min	min	μEq	μEq/min	μEq	uEq/min			g/100 ml	mEq/ L	mm Hg
-25	Inj Ad	Inject 250 mg chloroth Adjust replacement inf	mg chle acemer		zide an ion for	d 50 m diureti	iazide and 50 mg ethacrynic acid; begin infusing chlorothiazide 250 mg per hour and ethacrynic acid 50 mg per hour usion for diuretic-induced losses to 16.5 ml per minute.	nic acid; losses to	begin infi 16.5 ml	using ch	nlorothi ute.	iazide 250) mg per l	10ur and	ethacryn	iic acid 5	0 mg pe	er hour.
ŝ	6.8	7.6	21		75	76 76	195	1,020	1,094	89 87	68 68	3,024	3,024	0.66	0.64	5.67	144	91 82
- 10 15 15	0.0	0.0 0.0 0.0	522	52	261	13 13	188	1,043	1,102 1,146	825	80 123	3,212	3,212 3,212	0.08	0.64	5.67	146	82
25	1.4 7.5	8.0 8	77	22	13	14 72	195	1,110	1,100	68	12	3,190	3,190	0.65	0.04	5.66	145	32
26-46	Ìnf	Infuse 600 ml 1%	ml 1%	dext	rose in w	water, fo	followed by distilled	r distilled	water at 10 ml		per minute.	nute.						
65- 70 70 75	9.4	9.6	25	25	28	63	198 1 06	1,231	1,229	56	58	3,200	3,200	0.62	0.62	4.35	128	86
	4.6 9.8	10.8	55 25	26	83	20	178	1,254	1,240 1,339	9 S S	8 S	3,300	3,432	0.62	0.61	4.35	132	9 8
80- 85 85- 00	9.8 101	10.8	24	25 25	57	57	172	1,264	1,350	59	65 68	3,144 3,120	3,275	0.60	0.59	4 38	130	87 80
92 25	10.1	11.6	57 77	20 72	26	61 61	188	1,273	1,427	11	82	3,225	3,354	0.61	0.58	00 F	001	86
95-100	10.0	11.4	24	25	55	57	175	1,240	1,391	20	68	3,048	3,175	0.59	0.56	4.55	127	88
	Inj	Inject 200 mU vasopr	mU va		in intra	svenous	ssin intravenously followed by 1	d by 1 U	per hour.									
100-105	11.6	13.1	26	28 26	54 54	53	184 166	1,415	1,611	02 08	79 74	3,198	3,444 3,108	0.56	0.53	4 50	123	100 197
110-115	10.5	11.5	24	22	22	52	167	1,271	1,403	95	69	2,952	3,075	0.57	0.54			8
115-120	10.5	11.4	24	24	51	54	171	1,271	1,436	74	68 89	2,952	2,952	0.57	0.51	4.54	123	80
125-130	10.6	11.6	24	24 24	51	51	166	1,251	1,438	74	81	3,000	3,000	0.58	0.52	4.36	125	87

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TABLE I

TABLE II	iding on renal hemodynamics and electrolyte excretion in the presence of diaretic-induced distal tubula during administration of vasopressin and deoxycorticosterone*
	load
	•

The effects of water

ar blockade

	Artarial	pressure	mm Hg	per hour.	81	2/8	78	79	78		81	81	82	83	80
	Plasma	Na	mEq/ L	50 mg per	146		145		147		133		131		131
	Pla	ТР	8/100 ml		5.98		5.98		6.19		5.15		5.23		5.21
	T _{Na} /F _{Na}	L	-	l ethacry	0.79	0.79	0.79	0.78	0.78		0.74	0.72	0.72	0.71	0.73
	T _{Na.}	R		hour and	0.77	0.77	0.77	0.76	0.76		0.74	0.72	0.72	0.72	0.72
	e	L	min	mg per	3,796	3,929	3,915	3,796	3,969		4,256	4,224	4,192	4,061	4,061
	Fna	R	µEq/min	iazide 250 mg per hour and ethacrynic acid nute.	3,650	3,929	3,770	3,942	3,969	ute.	4,256	4,092	4,061	4,061	3,900
,	Λ	Г	min	<u>4.5</u>	20	65	6 6	6	64	per min	89	92	83	83	80
	UĸV	R L	μEq/min	using chloro 12.5 ml per 1	69	99	9 0	69	70	10 ml 1	88	83	83	83	79
	V	L	min	begin inf losses to	805	826	828	843	884	water at	1,128	1.178	1,178	1.168	1,116
•	U _{Na} V	R	µEq/min	nic acid; urinary	841	888	888	955	949	r distilled	1,096	1,141	1,141	1.132	1,077
	RBF	1	ml/min	ng ethacry tic-induced	476	457	452	396	395	ollowed by	497	489	461	440	415
0	Cpaii	L	ml/min	nd 50 n r diuret	<u>92</u>	87	85	75	76	vater, f	70	67	63	61	59
	Ū	Я	/Im	azide and ition for di	88	87	81	62	74	ose in v	6 6	2	61	90	56
	GFR	Ч	ml/min	llorothi ent solu	26	27	27	26	27	% dextr	32	32	32	31	31
	U	×	m) mg cł placem	25	27	26	27	27) ml 19	32	31	31	31	30
		Ч	ml/min	Inject 250 mg chlorotl Adjust replacement so	5.83	5.94	6.00	6.02	6.36	nfuse 600 ml 1% dex	8.88	9.20	9.20	9.20	8.86
	-	R	m1/	Ϋ́	6.23	6.58	6.58	6.92	6.98	Ir	8.84	9.20	9.20	9.20	8.76
		Time	min	-65 -6030	0-0	6-11	11-16	16-22	22-27	28-48	55-60	60-65	65-70	70-75	75-80

decreased in 14 of the 16 kidneys, and the absolute rate of excretion of sodium was increased in 12 of the kidneys. Although the rate of tubular reabsorption of sodium was decreased in all but 2 of the experiments, the changes in excretion of sodium appeared directly related to the changes in the rate of filtration of sodium, and during the infusion of water the experiments in which there was a decrease, or at least no increase, in the excretion of sodium were the ones in which the filtered load of sodium underwent the larger decreases (Figure 1). When vasopressin was infused in the presence of water loading, there was a transient increase in arterial pressure, GFR, and sodium excretion. However, when arterial pressure and GFR returned to the prior values, there was no evidence that administration of the hormone had any effect on sodium reabsorption and excretion (Table I).

The decreases in absolute tubular reabsorption of sodium during the infusion of water were not the result of limited rates of filtered sodium, since

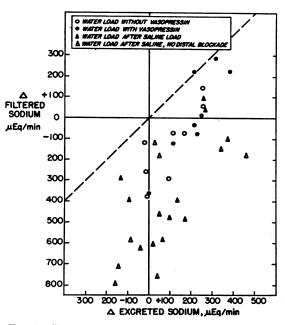


FIG. 1. EFFECTS OF WATER LOADING ON FILTERED AND EXCRETED SODIUM. Each point is the mean of multiple consecutive collections from indivdual kidneys and represents the change from the mean of multiple collections before infusing the water load. The broken diagonal line indicates unity, and all points below this line indicate absolute decreases in tubular reabsorption of sodium. All points to the right of the solid vertical line indicate increased excretion of sodium.

TABLE III effects of infusion of saline followed by infusion of water on renal hemodynamics and electrolyte e of distretic-induced distal tubular blockade
The ef

Autoriol	pressure	mm Hg	per hour.	90 78	- 	81		100 99	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	102		98 70	16	5,5
Plasma	Na	mEq/ L	50 mg	142	143	142		144	143	143		128	126	201
Plac	ΤP	8/100 ml	nic acid	6.50	6.30	6.10		3.67	3.48	3.45		2.87	2.84	0 1 2
T_{Na}/F_{Na}	ы		ethacry	0.76	0.76	0.78		0.61 0.61	0.61	0.59		0.52	0.52	0.24
T _{Na}	R		hour and	0.78	0.79	0.82		0.60 0.63	0.61	0.60		0.51	0.51	0.52
Ya	Ч	min	azide 250 mg per hour and ethacrynic acid 50 mg per hour.	2,414 2,288	2,288	2,130		2,592 2.592	2,574	2,717		2,944	2,646	711.7
FNa	Я	µEq/min	iazide 25(2,414 2,288	2,288	2,414		2,592 2.736	2,717	2,860		2,816	2,646	711.7
UKV		min	hloroth ite.	50	55	48 18		78 84	2 5 %	86		96 20	388	76
U.	ж	μEq/min	nfusing chlor per minute.	56 53	51	47	minute.	61 77	8.58	62		97 05	325	33
U _{Na} V	г	µEq/min	begin inf 8.0 ml p	571 556	546	481	ml per	1,015	1,001	1,120	nute.	1,408	1 285	1,2/5
'n	R	μEq.	ynic acid; begin i d losses to 8.0 ml	526 403	479	440	then slow to 13.0	1,047 1.007	1,051	1,146	ml per minute.	1,372	1,310	1,000
RBF	Ч	ml/min	lazide and 50 mg ethacry usion for diuretic-induced	148 132	131	105		151 142	132 143	143	to 12.5	112	92 56	103
CPAH	Ц	ml/min	nd 50 n r diuret	53 48	48	42	inger's solution	51 49	47 49	48	hen slov	40 37	34	ŝ
Ü	2	ml/	iazide and 50 usion for diur	52 48	46	4 2	Ringer's	52 49	49 49	49	water then slow	41 36	345	4 7
GFR	г	ml/min		17 16	16	15	otonic I	18 18	18 20	19	· · ·	23 23	128	77
9	æ	ml,	0 mg cl placem	17 16	16	17	0 ml isc	18 19	19 19	20	0 ml di	22	128	72
v	г	ml/min	Inject 250 mg chloroth Adjust replacement inf	4.20 4.00	3.90	3.46	Infuse 600 ml isotonic	7.10 7.00	7.00	7.78	Infuse 540 ml distilled	11.00	10.20	07.01
	R	ml,		3.76 3.52	3.42	3.14		7.22 7.04	7.40 7.58	7.90		10.80	10.40	10.01
	Time	min	-60 -4530	4 م 10 م	10-15		25-45	85- 90 90- 95	95-100 100-105	105-110	111-131	145-150	155-160	145 170

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TABLE I

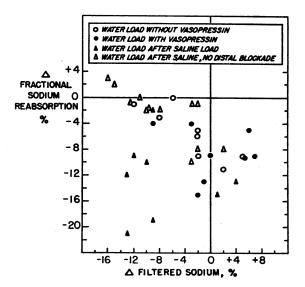


FIG. 2. EFFECTS OF WATER LOADING ON THE FRACTIONAL REABSORPTION OF SODIUM. Points are the means of the same collection periods shown in Figure 1. The fractional reabsorption of sodium usually decreased during water loading in each of the experimental designs, despite decreases in the filtered load of sodium in most of the studies.

tubular reabsorption was depressed by the infusion whether or not large decreases in the filtered load of sodium occurred (Figure 1). Furthermore, in all experiments large amounts of sodium still escaped tubular reabsorption to appear in the urine, despite the decreases in the filtered load of sodium in some experiments.

Effects of infusion of water in saline-loaded animals, with and without distal tubular blockade. In 4 studies after control collections during infusion of chlorothiazide and ethacrynic acid the animals received a 600-ml infusion of isotonic Ringer's solution (see Methods) at 30 ml per minute, which afterwards was continued at 10 ml per minute. This infusion of "saline" resulted in increases in sodium excretion averaging 732 µEq per minute, and in each of these studies the absolute rate of sodium reabsorption was depressed during the infusion of saline (Table III). Fractional reabsorption of sodium decreased an average of 23%. After collections during the saline infusion the animals then received an additional 600 ml of water at 30 ml per minute, which afterwards was continued at 10 to 12 ml per minute. The infusions of water resulted in decreases in plasma sodium concentration averaging 19 mEq per L,

		pressure	mm Hg	130	125		125	118	115	113		152	152	155	152	150
	Plasma	Na	mEq/ L	151	149		149		151	151		135		135		133
acu	Plas	ΤP	8/100 ml	6.17	0.17 6.55		5.40		5.32	5.02		4.32		4.20		4.04
the abse	T _{Na} /F _{Na}	د		0.98	0.97		0.81	0.83	0.84	0.84 0.83		0.80	0.79	0.81	0.81	0.82
cretion in	T _{Na} ,	Я		0.98	0.98		0.81	0.83	0.83	0.84 0.84		0.79	0.80	0.80	0.81	0.82
trolyte ex		L	nin	4,681	5,000 4,200		6,109	6,000	5,738	5,738 5,738		5,535	5,535	5,535	5,360	5,187
cs and ele blockade	FNa	Я	µEq/min	4,530	4,/08 4,050		6,109	6,105	5,889	0,040 5,889		5,670	5,535	5,400	5,360	5,054
dynami tubular	٢٧	Г	uEq/min	35	35		90	81	75	26		88	85	83	8	88
al hemo d distal	UĸV	R	µEQ,	35	33 33	ute.	91	8	88	67 47		88	86	84	81	86
saline followed by infusion of water on renal hemodynamics and electrolyte excretion in the absence of diuretic-induced distal tubular blockade	RBF U _{Na} V	г	min	84	11/	per minu	1,159	1,051	944	88 88	نە	1,138	1,186	1,071	967	957
		Я	µEq/min	88	77 88	io 19.5 m	1,162	1,049	1,026	965 965	per minute	1,172	1,082	1,068	1,021	920
		د	ml/min	153	101	then slow to 19.5 m	232	239	248	267	18.5 ml p	285	275	289	276	229
se followe	Сран	1	ml/min	402 io 34	149	150 156	ı slow to	160	157	170	157	139				
n of sali	Ű	×	m1/	85	76	<u>– – – – – – – – – – – – – – – – – – – </u>	146	152	154	108	ater then	170	165	154	146	144
The effects of infusion of	GFR	-1	ml/min	31	58 58	onic R	41	40	38	38 38	illed w	41	41	41	40	39
ects of	0	æ	ml/	30	27	ml isot	41	41	39	9£	ml dist	42	41	40	40	38
The eff		Ч	min	0.47	0.61	Infuse 600 ml isotonic Ring	8.16	7.40	6.84 7.25	7.18	Infuse 600 ml distilled wate	12.50	12.20	11.90	11.24	11.00
		R	ml/min	0.50	0.50	In	8.24	7.60	7.28	7.42	In	12.60	12.30	12.00	11.60	10.70
		Time	min	9 10 10	20- 30 20- 30	30- 50	90- 95	95-100	100-105	110-115	115-135	150-155	155-160	160-165	165-170	170-175

and the filtered load of sodium was decreased in 7 of the 8 kidneys of these experiments. Despite the falls in plasma sodium concentration and the filtered load of sodium, the excretion of sodium increased during the infusion of water in 6 of the 8 kidneys (range -133 to $+264 \mu Eq$ per minute). The fractional reabsorption of sodium was depressed an average of 13% (range -2 to -21%) during the water loading. The changes in filtered and excreted sodium produced by the infusion of water in these 4 animals are summarized in Figure 1, and details of a representative experiment are given in Table III.

In six similar studies chlorothiazide and ethacrynic acid were not administered, and after control collections during hydropenia the animals received the saline infusion as described above. When urinary flow rates were stable in the presence of the saline load, the additional 600-ml infusion of water was given. Details of one of these experiments without distal tubular blockade are given in Table IV. In these studies without diuretics the infusion of water resulted in changes in plasma sodium concentration, GFR, filtered sodium, and sodium excretion similar to those observed in the presence of the infusion of the diuretics (Table IV, Figures 1 and 2).

Discussion

The present results demonstrate that infusions of relatively small volumes of water result in a depression of tubular reabsorption of sodium. In each study there was a decrease in the absolute amount of sodium reabsorbed during the infusion of water, and in most studies this was manifested by decreased fractional reabsorption and increased excretion of sodium, despite decreased filtered loads of sodium in most of the experiments. Decreases in fractional sodium reabsorption and increases in excreted sodium occurred in those experiments with the smaller decreases in the filtered load of sodium. Since the combination of ethacrynic acid and chlorothiazide may interfere with the major part of sodium reabsorption beyond the proximal tubule (7, 16, 17), the changes in reabsorption observed in the present study probably are attributable to changes occurring in the proximal tubule. The factors upon which such a conclusion is based have been discussed in detail in a previous publication from this labortory (7). It

may be concluded, therefore, that in these studies volume expansion with water produced changes in tubular sodium reabsorption qualitatively similar to those observed during infusions of saline (7). Even when there was no absolute increase in sodium excretion during water loading, there was an absolute depression in "proximal" reabsorption of sodium. This fall in absolute reabsorption cannot be attributed solely to associated falls in the filtered load of sodium since large amounts of sodium still escaped proximal reabsorption to appear in the urine. If it is correct that the diuretics have no net effect on proximal reabsorption of sodium (16), then the decreased filtered load of sodium per se was not adequate to limit the amount of sodium available for proximal reabsorption during the infusion of water. In none of the present experiments was there any evidence that the decreased concentration of sodium in plasma resulting from the infusion of water was associated with increased tubular reabsorption of sodium. Whether the infusion of water was given in the presence or absence of saline loading, or in the presence or absence of the diuretic agents, the absolute rate sodium reabsorption of was depressed.

In contrast to the present observations, Blythe and Welt have reported that hyponatremia produced by infusing a dextrose solution into dogs previously loaded with saline resulted in increased tubular sodium reabsorption and decreased sodium excretion (13). In their studies GFR was depressed (by aortic occlusion) during saline loading and was allowed to increase during the hyponatremic phase in order to maintain a constant filtered load of sodium despite different plasma concentrations of sodium. The studies of Dirks and his associates have demonstrated that in the salineloaded dog changes in GFR (by renal arterial occlusion) are accompanied by proportional changes in the absolute rate of proximal tubular sodium reabsorption resulting in a constant fractional reabsorption (5). Such "glomerulotubular balance" could relate to changes in the volume of filtrate rather than to changes in the filtered load of sodium per se, and the likelihood of such a relationship is supported by studies demonstrating a proportionality between proximal tubular volume and the absolute rate of proximal reabsorption (18, 19). Therefore, when the filtered volume

was allowed to increase during hyponatremia in the studies of Blythe and Welt (13), the absolute rate of proximal reabsorption could increase in response to the larger filtered volume and resultant tubular distension, and the proximal reabsorption of sodium would be increased despite a relatively constant filtered load of sodium. Such an interpretation does not require that hyponatremia per se have any direct effect on tubular sodium reabsorption, and such an interpretation is entirely compatible with the presently observed relationships between GFR, filtered sodium, proximal fractional reabsorption, absolute sodium reabsorption, and sodium excretion during water loading and hyponatremia.

A similar line of reasoning could account for the results of experiments designed to demonstrate that hypernatremia depresses the reabsorption of sodium (20, 21). In the studies of Kamm and Levinsky (21) kidney circuits were infused with hypertonic saline, and GFR was depressed simultaneously to maintain a lowered filtered load of sodium. Therefore, if the absolute rate of proximal tubular reabsorption relates in some manner to the filtered volume (as discussed above), the rate of proximal sodium reabsorption will be depressed when the filtered load of sodium is kept constant (by decreased GFR) as plasma sodium concentration increases. It may not matter whether the compensating decrease in GFR is produced experimentally or occurs spontaneously as plasma sodium concentration is increased (21). Again, this mechanism would not require that hypernatremia have any direct effect to depress proximal tubular sodium transport. Other observations suggest that hypernatremia may facilitate distal tubular transport of sodium as judged by increases in concentrating capacity $(T^{c}_{H_{2}O})$ during infusion of hypertonic saline (22, 23).

On the basis of the present results and the above conclusions, we suggest that volume expansion with water has the same qualitative effect as expansion with saline to depress tubular sodium reabsorption. Therefore, whether volume expansion with water increases the excretion of sodium would depend upon 1) the extent to which absolute reabsorption by the proximal tubule is depressed by the water load, 2) the extent to which the filtered load of sodium is maintained in the presence of a falling serum sodium, and 3) the extent to which sodium rejected from proximal reabsorption is recaptured by distal tubular reabsorption. These observations do not exclude the possibility that decreases in plasma sodium concentration have some more direct effect on distal tubular sodium reabsorption, which over-all is greater than the effect of the associated volume expansion to depress proximal sodium reabsorption. If so, then the present experimental designs could have permitted demonstration of the effect of volume expansion to depress proximal reabsorption (despite hyponatremia), because of either the drug-induced blockade of distal reabsorption or the "overloading" of distal reabsorption by prior saline diuresis. However, the interpretations outlined above do not require that plasma sodium concentration have any special effect on either proximal or distal tubular sodium transport.

If the above conclusions are correct, then the sodium wasting and negative sodium balance associated with the chronic retention of water (9-11), and occurring independent of adrenal hormones (24), could result from the effect of volume expansion to depress proximal tubular sodium reabsorption through the same pathways as does volume expansion with saline.

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