

Renal Gluconeogenesis in Acidosis, Alkalosis, and Potassium Deficiency: Its Possible Role in Regulation of Renal Ammonia Production *

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In man, dog, and rat the induction of metabolic acidosis leads to an increase in renal production and excretion of ammonia (2-4) that appears to derive primarily from glutamine (4-6). Studies of the renal cortex of the acidotic rat reveal an increase in the activity of glutaminase I, the enzyme that deamidates glutamine to glutamate (Figure 1), and it is assumed that this may contribute to the increase in ammoniogenesis from glutamine (2).

The mechanism by which acidosis evokes an increase in renal glutaminase I activity in the rat is not known. If acidosis directly stimulates the synthesis or activation of glutaminase I it would be expected that the intracellular concentration of glutamate would be increased. Actually, the glutamate content of the renal cortex of acidotic rats is decreased (7, 8).

The concurrence in acidotic rats of decreased renal glutamate concentration and increased renal glutaminase I activity is of much interest. In a variety of biologic systems there exists a negative feedback between the intracellular concentration of an immediate or distant product of an enzymatic

reaction, and either the rate of synthesis of the enzyme or the specific activity of the enzyme (9). It has been suggested that such a relationship may exist between glutamate and renal glutaminase I, and that the reduction in renal glutamate concentration in acidosis either stimulates the synthesis or enhances the specific activity of glutaminase I (7, 8).

As the fall in cortical glutamate content in acidosis may play a crucial role in the increase in renal ammoniogenesis, the mechanism of this fall is of interest. Renal cortex is known to have a remarkable capacity to produce glucose from glutamate and its products (10), and hence the possibility has been investigated that acidosis may decrease cortical glutamate by accelerating its conversion to glucose. In the studies to be described, it was found that renal cortical slices taken from rats with metabolic acidosis have an increased capacity to convert glutamate and α -ketoglutarate (α -KG) to glucose, and that in alkali-fed rats the cortical gluconeogenic capacity is decreased. Since renal glutaminase I and urinary ammonium excretion are known to be increased in potassium deficiency (11, 12), it was of interest to find that cortical tissue from potassium-depleted rats has an increased ability to convert glutamate and α -KG to glucose.

These findings are consistent with the hypothesis that in metabolic acidosis and potassium depletion, the increase in cortical glutaminase I and ammonia production is mediated by a decrease in intracellular glutamate due to an increase in the rate of conversion of glutamate to glucose. Furthermore, the increased renal glutamine transaminase activity in acidotic rats and in potassium deficient rats (12) may result from a decrease in α -KG—the secondary product of the transaminase

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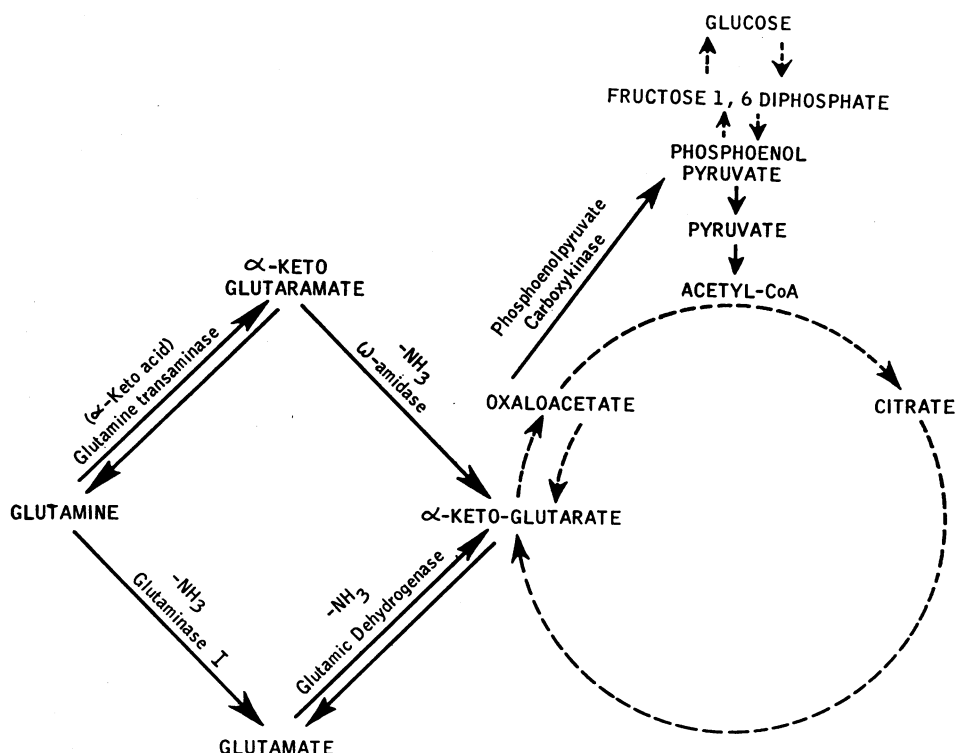


FIG. 1. SCHEMATIC DIAGRAM OF RELATION OF RENAL GLUTAMINE METABOLISM TO GLUCONEOGENESIS.

reaction—as a consequence of the enhanced conversion of α -KG to glucose.

Methods

Sprague-Dawley male rats¹ weighing 250 to 350 g were used in all experiments. For experiments requiring adrenalectomized rats, bilateral adrenalectomy was performed under ether anesthesia 4 days before initiation of the experimental protocol.

Acid-feeding protocol. A group of rats was deprived of solid food at the start of the experiment and given isotonic saline ad libitum. Half of the group were tube fed twice daily 10 ml of a 20% dextrose solution containing 300 mM NH_4Cl . The other half were tube fed in the same manner a 20% dextrose solution devoid of NH_4Cl . After two days of tube feeding the animals were sacrificed, and the gluconeogenic capacity of their renal cortical tissue was determined in a manner to be described.

To eliminate adrenal glucocorticoid secretion as a variable, we applied a similar protocol to a group of adrenalectomized rats. The feeding solutions were modified in that half of the rats received a 20% dextrose solution containing 130 mM NH_4Cl , whereas the other half received the same solution devoid of NH_4Cl . At the time of sacrifice, blood was collected from some of these

rats by decapitation, and the serum CO_2 content was found to be 17.2 ± 1.5 mmoles per L ($n=5$) in the NH_4Cl -fed group, and 25.1 ± 0.8 mmoles per L ($n=4$) in the control group.

To dissociate the acidifying effect of NH_4Cl administration from the effect of NH_4Cl per se, we made a group of adrenalectomized rats acidotic by tube feeding a 20% dextrose solution containing 150 mM NH_4Cl and 150 mM NaCl, whereas the control group received a 20% dextrose solution containing 150 mM NH_4Cl and 150 mM NaHCO_3 .

To determine whether the administration of NH_4Cl would affect the renal gluconeogenic capacity in as little as 12 hours, we performed the following study. Half of a group of adrenalectomized animals were tube fed 10 ml of a 20% dextrose solution containing 150 mM NaCl and 150 mM NH_4Cl , and half were tube fed the same volume of a 20% dextrose solution containing 150 mM NaCl but devoid of NH_4Cl . The animals were sacrificed 12 hours after the single feeding for studies of renal gluconeogenesis. In another experiment, the same protocol was followed except that the animals were sacrificed 6 hours after the feeding.

Alkali-feeding protocol. A group of rats was deprived of solid food at the start of the experiment. Half were tube fed twice daily 10 ml of a 20% dextrose solution containing 450 mM NaHCO_3 and allowed to drink ad libitum a solution containing 75 mM NaHCO_3 and 75 mM

¹ Holtzman Laboratories, Madison, Wis.

NaCl. The other half were tube fed a 20% dextrose solution containing 450 mM NaCl and given isotonic saline ad libitum. After 2 days of tube feeding the animals were sacrificed and studies of renal gluconeogenesis were performed.

A similar protocol was applied to a group of adrenalectomized rats. The tube-feeding solutions were modified, in that half of the animals received a 20% dextrose solution containing 300 mM NaHCO₃, whereas the other half received a 20% dextrose solution containing 300 mM NaCl.

Potassium depletion protocol. In studying the effect of potassium deficiency on renal gluconeogenesis, a protocol for producing potassium depletion was employed which ensured that at the end of the study both potassium-depleted and control animals would have had identical nutritional intakes. This was deemed important because alteration in carbohydrate intake is known to have a profound effect on renal glucose production (10).

A group of rats was placed on a low potassium diet.² Isotonic saline was allowed ad libitum from the initiation of the synthetic diet until the time of sacrifice. During the first 9 days the animals were given daily subcutaneous injections of 1 mg of deoxycorticosterone acetate in 0.4 ml sesame oil. On the twelfth day they were deprived of the synthetic diet, and half were tube fed twice daily 10 ml of a 20% dextrose solution containing 200 mM KCl, whereas the other half were fed in the same manner a 20% dextrose solution devoid of KCl. After 3 days of tube feeding, both the potassium-repleted and the potassium-depleted rats were sacrificed, and renal gluconeogenesis was studied.

A similar protocol was employed in a second study, with the modification that on the ninth day of the study all of the rats were bilaterally adrenalectomized under ether anesthesia.

In vitro studies of renal cortical gluconeogenic capacity. On completion of the various tube-feeding regimens, the rats were rapidly decapitated, the kidneys removed, and renal cortical slices made with a Stadie-Riggs microtome (13). Several 150- to 200-mg portions of sliced cortex from each animal were rinsed in isotonic saline at room temperature for a few minutes. One portion of slices from each animal was placed in a 50-ml flask containing 10 ml of modified Krebs-Ringer medium without added substrate, and the other portions were put in 50-ml flasks containing 10 ml of the same medium to which individual gluconeogenic substrates had been added in a 10 mM concentration. The electrolyte composition of the substrate-free medium was Na, 145 mEq; K, 4.5 mEq; Ca, 2.6 mEq; Mg, 1.2 mEq; Cl, 126 mEq; HCO₃, 24 mEq; H₂PO₄, 1.2 mmoles per L; and SO₄, 1.2 mEq; it was equilibrated with 95% O₂ - 5% CO₂ before use and the resultant pH was 7.35 to 7.45. Glutamic acid was added as monosodium glutamate, and α -ketoglutaric and oxaloacetic acids were modified before addition to the

media by titrating solutions of these acids to pH 7.40 with NaHCO₃ (the pH determinations being made after elimination of H₂CO₃ by bubbling with nitrogen). After flushing of the gas phase of the flasks with 95% O₂ - 5% CO₂, the flasks were incubated for 90 minutes at 37° C in an Eberbach metabolic shaker at 100 oscillations per minute.

After incubation, the tissue and media were separated by centrifugation, and the tissue was dried to constant weight by heating at 95° C for 24 hours. The media were deproteinized by the zinc sulfate-barium hydroxide method of Nelson (14), and glucose concentrations determined by the glucose oxidase technique (15). Glucose production in each flask was calculated as micromoles glucose produced per gram dry weight of tissue in 90 minutes. The production of glucose from a particular substrate was calculated for each animal by subtracting the glucose production of the animal's cortical slices incubated in substrate free medium from the glucose produced by its slices incubated in the presence of the substrate.

Changes in the glycogen content of the slices during incubation were not taken into account in the determination of glucose production. In preliminary studies cortical glycogen was determined by the method of Good, Kramer, and Somogyi (16), with the modification that the glucose derived from the glycogen was measured by the glucose oxidase technique (15). It was found that the glycogen content of the slices was very small (less than 2.5 μ moles per g dry wt) immediately before incubation, and that it was not significantly different at the end of incubation in either media with substrate or media without substrate.

Changes in the glucose content of the slices during incubation were also not taken into account. In preliminary studies cortical glucose was determined by homogenizing slices of cortex in 2% perchloric acid and measuring the glucose in the supernatant by the glucose oxidase technique (15). It was found that the glucose content of the slices was extremely small (less than 0.5 μ mole per g dry wt) immediately before incubation, and that it was not significantly altered after incubation in either media with substrate or media without substrate.

TABLE 1

*Effect of NH₄Cl feeding of normal rats on the gluconeogenic capacity of renal cortex in vitro**

Substrate†	Glucose production		Per cent change	p
	Control	NH ₄ Cl-fed		
	<i>μmoles/g dry wt/90 minutes \pm SD</i>			
None	19 \pm 3	23 \pm 3	+21	<0.05
Glutamine	89 \pm 16	156 \pm 23	+75	<0.001
Glutamate	91 \pm 18	140 \pm 35	+54	<0.001
α -KG	133 \pm 22	219 \pm 33	+65	<0.001

* Renal cortex of seven NH₄Cl-fed and seven control-fed animals was studied.

† Concentration = 10 mmoles per L. α -KG = α -ketoglutarate.

² "Low potassium and sodium diet" of Nutritional Biochemicals Corp., Cleveland, Ohio, to which NaCl, 170 mmoles per kg of diet, was added.

TABLE II

*Effect of NH₄Cl feeding of adrenalectomized rats on the gluconeogenic capacity of renal cortex in vitro**

Substrate†	Glucose production		Per cent change	p
	Control	NH ₄ Cl-fed		
	<i>μmoles/g dry wt/90 minutes ± SD</i>			
None	18 ± 5	24 ± 8	+33	>0.05
Glutamine	104 ± 18	205 ± 27	+96	<0.001
Glutamate	119 ± 32	188 ± 31	+58	<0.001
α-KG	175 ± 39	289 ± 50	+65	<0.001

* Renal cortex of seven NH₄Cl-fed and seven control-fed animals was studied.

† Concentration = 10 mmoles per L.

Results

Acid-feeding studies. Renal cortical slices from normal rats fed NH₄Cl for 2 days produced significantly more glucose from glutamine, glutamate, and α-KG than did slices from normal rats not fed NH₄Cl (Table I). Slices from adrenalectomized rats fed NH₄Cl for 2 days also had an increased capacity to produce glucose from these substrates (Table II). In similar studies of renal cortex from NH₄Cl-fed adrenalectomized rats, glucose production from oxalacetate increased, but there was no significant increase in glucose production from glycerol or fructose (Table III).

Cortical slices from a large group of normal rats fed NH₄Cl for 2 days were compared with slices from an equal number of normal rats that had not received NH₄Cl, with regard to their capacity for glucose production when incubated in the absence of exogenous substrate. In 27 animals fed NH₄Cl, mean cortical glucose production was 24 ± 6 μmoles per g dry wt tissue per 90 minutes, whereas in 27 control-fed animals it was 18 ± 4 (p <

TABLE III

*Effect of NH₄Cl feeding of adrenalectomized rats on the capacity of the renal cortex to produce glucose from oxalacetate, fructose, and glycerol in vitro**

Substrate†	Glucose production		Per cent change	p
	Control	NH ₄ Cl-fed		
	<i>μmoles/g dry wt/90 minutes ± SD</i>			
Oxalacetate	95 ± 14	172 ± 25	+81	<0.001
Fructose	425 ± 70	429 ± 29	+ 1	>0.10
Glycerol	53 ± 6	50 ± 13	- 6	>0.10

* Renal cortex of seven NH₄Cl-fed and seven control-fed animals was studied.

† Concentration = 10 mmoles per L.

TABLE IV

*A comparison of the effect of NH₄Cl-NaHCO₃ feeding and of NH₄Cl-NaCl feeding in adrenalectomized animals on the gluconeogenic capacity of renal cortex in vitro**

Substrate†	Glucose production		Per cent change	p
	NH ₄ Cl-NaHCO ₃ -fed	NH ₄ Cl-NaCl-fed		
	<i>μmoles/g dry wt/90 minutes ± SD</i>			
None	16 ± 4	24 ± 12	+50	<0.01
Glutamine	102 ± 14	149 ± 28	+46	<0.001
Glutamate	97 ± 27	140 ± 17	+44	<0.001
α-KG	125 ± 20	161 ± 26	+29	<0.01

* Renal cortex of nine rats fed NH₄Cl-NaHCO₃ and nine fed NH₄Cl-NaCl was studied.

† Concentration = 10 mmoles per L.

0.001). In a similar study in adrenalectomized rats, mean cortical glucose production in 44 NH₄Cl-fed animals was 20 ± 5, whereas in 46 control-fed animals it was 16 ± 5 (p < 0.001).

Renal cortex from 13 adrenalectomized rats that were sacrificed 12 hours after a single feeding of 1.5 mmoles NH₄Cl was found to produce 37% more glucose from glutamine (p < 0.01) and 23% more glucose from oxalacetate (p < 0.01) than did cortex from an equal number of control rats; gluconeogenesis from other substrates was not studied. No significant increase in gluconeogenesis from glutamine and oxalacetate was observable when adrenalectomized animals were sacrificed 6 hours after a single feeding of 1.5 mmoles NH₄Cl.

Renal cortex from adrenalectomized rats that were fed NH₄Cl and an equimolar amount of NaCl for 2 days was found to produce more glucose from glutamine, glutamate, and α-KG than did cortex from adrenalectomized rats fed the same amount of NH₄Cl and an equimolar amount of NaHCO₃ (Table IV).

TABLE V

*Effect of NaHCO₃ feeding of normal rats on the gluconeogenic capacity of renal cortex in vitro**

Substrate†	Glucose production		Per cent change	p
	Control	NaHCO ₃ -fed		
	<i>μmoles/g dry wt/90 minutes ± SD</i>			
None	19 ± 2	19 ± 3	0	
Glutamine	74 ± 11	45 ± 21	-39	<0.02
Glutamate	66 ± 13	36 ± 17	-45	<0.01
α-KG	98 ± 39	55 ± 15	-44	<0.02

* Renal cortex of seven NaHCO₃-fed and seven control-fed animals was studied.

† Concentration = 10 mmoles per L.

TABLE VI

*Effect of NaHCO₃ feeding of adrenalectomized rats on the gluconeogenic capacity of renal cortex in vitro**

Substrate†	Glucose production		Per cent change	p
	Control	NaHCO ₃ -fed		
	<i>μmoles/g dry wt/90 minutes ± SD</i>			
None	19 ± 2	18 ± 2	- 5	>0.05
Glutamine	74 ± 9	49 ± 9	-34	<0.001
Glutamate	123 ± 49	63 ± 19	-49	<0.05
α-KG	154 ± 22	108 ± 15	-30	<0.01

* Renal cortex of five NaHCO₃-fed and seven control-fed animals was studied.

† Concentration = 10 mmoles per L.

Alkali-feeding studies. Renal cortical slices from normal rats fed NaHCO₃ for 2 days produced significantly less glucose from glutamine, glutamate, and α-KG than did slices from normal rats not fed NaHCO₃ (Table V). Cortex from adrenalectomized animals that had been fed NaHCO₃ for 2 days was also found to have a decreased capacity to produce glucose from these substrates (Table VI).

Potassium deficiency studies. Renal cortex from normal rats that were depleted of potassium produced significantly more glucose from glutamine, glutamate, and α-KG than did cortex from potassium-repleted normal rats (Table VII). Cortex from potassium deficient adrenalectomized rats also produced more glucose from these substrates than did cortex from potassium-repleted adrenalectomized rats (Table VIII). In both normal and adrenalectomized animals, potassium deficiency significantly enhanced the capacity of cortex to produce glucose in the absence of exogenous substrate (Tables VII and VIII).

TABLE VII

*Effect of potassium deficiency in normal rats on the gluconeogenic capacity of renal cortex in vitro**

Substrate†	Glucose production		Per cent change	p
	K-repleted	K-deficient		
	<i>μmoles/g dry wt/90 minutes ± SD</i>			
None	14 ± 6	22 ± 7	+57	<0.01
Glutamine	87 ± 28	123 ± 28	+41	<0.01
Glutamate	96 ± 22	128 ± 30	+33	<0.01
α-KG	97 ± 16	127 ± 22	+31	<0.001

* Renal cortex of 14 potassium deficient and 14 potassium-repleted animals was studied.

† Concentration = 10 mmoles per L.

TABLE VIII

*Effect of potassium deficiency in adrenalectomized rats on the gluconeogenic capacity of renal cortex in vitro**

Substrate†	Glucose production		Per cent change	p
	K-repleted	K deficient		
	<i>μmoles/g dry wt/90 minutes ± SD</i>			
None	19 ± 3	25 ± 4	+32	<0.001
Glutamine	78 ± 17	110 ± 29	+41	<0.001
Glutamate	55 ± 10	101 ± 26	+84	<0.001
α-KG	121 ± 30	170 ± 39	+40	<0.001

* Renal cortex of 23 potassium deficient and 23 potassium-repleted animals was studied.

† Concentration = 10 mmoles per L.

Discussion

The present observations indicate that in rats the administration of NH₄Cl causes an increase in the capacity of the renal cortex to produce glucose from appropriate exogenous substrate. This increase is not mediated by enhanced production of adrenal glucocorticoid hormone (17), as it is demonstrable in adrenalectomized animals. It appears to be due to the acidifying action of NH₄Cl rather than to a direct effect of this substance on the gluconeogenic process, for animals receiving NH₄Cl and an equimolar amount of NaCl had increased gluconeogenesis compared with animals receiving the same amount of NH₄Cl and an equimolar amount of NaHCO₃. Consistent with the observation that the administration of an acidifying agent stimulates gluconeogenesis was the observation that the administration of alkali, in the form of NaHCO₃, suppresses gluconeogenesis.

Acidosis might enhance cortical production of glucose from gluconeogenic substrates, either by increasing transport of these substrates into the cell, or by directly stimulating the intracellular mechanism for converting them to glucose. The possibility that the intracellular gluconeogenic mechanism is stimulated directly is strongly favored by the observation that when cortex from NH₄Cl-fed rats was incubated in the absence of exogenous substrate, it produced more glucose—undoubtedly from intracellular metabolites—than did slices from control animals. The finding that in NH₄Cl-fed animals there is increased renal glucose production from oxalacetate, as well as from glutamine, glutamate, and α-KG, suggests that the primary stimulatory effect of acidosis on gluconeogenesis is on a rate-limiting step between oxalacetate and glucose (Figure 1).

The effects of metabolic acidosis and alkalosis on cortical gluconeogenesis may well be due to a direct influence of the pH of extracellular fluid on the cortical gluconeogenic process. Consistent with this hypothesis is the finding that cortical slices incubated in Krebs-Ringer medium at pH 7.1 [HCO_3 , 12 mEq; and CO_2 pressure (Pco_2), 40 mm Hg] produce more glucose from glucose precursors than do slices incubated at pH 7.4 (HCO_3 , 24 mEq; Pco_2 , 40 mm Hg), and that slices incubated at pH 7.7 (HCO_3 , 48 mEq; Pco_2 , 40 mm Hg) produce less glucose than do slices incubated at pH 7.4 (18).

Increased cortical conversion of glutamate to glucose may be responsible for the decrease in cortical glutamate concentration in acidotic animals (7, 8). Goldstein and Copenhaver have hypothesized that a negative feedback exists between renal glutamate and the synthesis of glutaminase I (7), and it is relevant that such a relationship appears to exist between glutamate and glutaminase I in rat retina (19). Furthermore, glutamate is an inhibitor of glutaminase I activity (20), and the concentration of glutamate in rat renal cortex is approximately that required for 50% inhibition (8); consequently, the decrease in cortical glutamate in acidosis might well result in an increased rate of deamidation of glutamine, even in the absence of an increase in the concentration of the enzyme. Accordingly, the observed increase in cortical conversion of glutamate to glucose after acid feeding may constitute the first of the series of biochemical events leading to increased ammonia production via the glutaminase I pathway.

In acidotic rats there is an increase in cortical glutamine transaminase activity (12), which presumably contributes to the increase in ammonia-gene-sis (Figure 1). In many biologic systems a decrease in the concentration of a distant product of an enzymic reaction stimulates an increase in the synthesis or in the specific activity of the enzyme (9); it is reasonable to hypothesize that a decrease in cortical α -KG (the secondary product of the glutamine transaminase reaction) consequent to increased conversion of α -KG to glucose may be the cause of the increased glutamine transaminase activity in acidosis.

In potassium deficiency, as in metabolic acidosis, urinary ammonium excretion is elevated and the

cortical activity of glutaminase I and glutamine transaminase is increased (11, 12). The finding of increased cortical gluconeogenic capacity in potassium-depleted rats supports the hypothesis that the rate of cortical gluconeogenesis may play an important role in the regulation of renal ammonia production.

Renal gluconeogenesis may be a significant factor in over-all metabolism of carbohydrate in the body, for *in vivo* production of glucose by the kidneys is considerable (21, 22). The observation that acidosis and potassium depletion enhance the capacity of kidney cortex to produce glucose *in vitro* suggests that in these states the renal production of glucose *in vivo* may be increased. This may contribute to the decreased glucose tolerance observed in both metabolic acidosis (23) and potassium deficiency (24).

It has been observed that metabolic alkalosis decreases renal consumption of α -KG *in vivo* (25). This may be explained by the present finding that alkalosis decreased the capacity of the kidney to convert α -KG to glucose, for the ability of the kidney to dissimilate α -KG is probably contingent in part on its capacity to incorporate it into glucose.

The compounds of the citric acid cycle cannot be dissipated through the reactions of this cycle per se, for, although with each passage of an intermediate around the cycle two carbon atoms are removed as CO_2 , two other carbons are added as acetate. Consequently, the dissimilation of α -KG in the body is probably dependent upon the fact that in some tissues the oxalacetate arising from this compound can "escape" the cycle by conversion to phosphoenolpyruvate (PEP) under the influence of PEP carboxykinase (26) (Figure 1). Consistent with this concept is the fact that the only tissues known to extract significant quantities of α -KG from blood are those that contain PEP carboxykinase, namely kidney and liver (26, 27). The PEP formed in these organs from oxalacetate can either be converted to acetate and oxidized by the citric acid cycle, or converted to glucose, which can then be metabolized by glycolytic tissue such as muscle and brain. The renal conversion of α -KG to glucose is probably considerable, since the renal uptake of oxygen is much less than would be expected if all the α -KG extracted by the kidney were oxidized to CO_2 and water (28).

Summary

Renal cortical slices from rats fed NH_4Cl have an increased capacity to produce glucose from glutamine, glutamate, and α -ketoglutarate (α -KG), and slices from NaHCO_3 -fed rats have a decreased capacity to produce glucose from these substrates. Cortex from potassium-depleted rats manifests increased gluconeogenesis from these compounds. The stimulatory effect of acidosis and potassium depletion on renal gluconeogenic capacity can be demonstrated in adrenalectomized rats, and is therefore not mediated by increased adrenal glucocorticoid secretion.

The increased renal formation of glucose from glutamate and α -KG in acidosis and potassium depletion is intimately related to the increase in renal ammonia production observed in these states. The hypothesis is presented that enhanced conversion of glutamate and α -KG to glucose causes a decrease in the intracellular concentration of these metabolites, and that this decrease causes accelerated synthesis or activation of glutaminase I and glutamine transaminase, with a consequent increase in ammonia production from glutamine.

The present findings may be relevant to the diminished glucose tolerance in metabolic acidosis and potassium depletion and to the decrease in renal extraction of α -KG in alkalosis.

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