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J Clin Invest. 1956;**35**(11):1291-1298. <https://doi.org/10.1172/JCI103384>.

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A STUDY ON THE NARCOTIC ACTION OF THE SHORT CHAIN FATTY ACIDS¹

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(Submitted for publication October 3, 1955; accepted July 5, 1956)

That the short chain fatty acids have an inhibitory action on many metabolic reactions has been shown in baker's yeast (1), bacteria (2-4), fungi (5), cell-free yeast extracts (1), and mammalian muscle (6). However, the effects of the short chain fatty acids on "intact" animals have not been studied in similar detail, except for a few studies on the toxicity of butyrate (7), β -hydroxybutyrate (8, 9), acetone (10) and acetoacetate (11). The present work is a study of the narcotic action of the neutralized salts of the short chain fatty acids upon "intact" rats.

METHODS

Solutions of the fatty acid salts were prepared daily by adding a weighed amount of the acid (Fisher Scientific Co.) to distilled water and neutralizing it to a pH of 7.4 with 20 per cent w/v NaOH. The pH was determined with a glass electrode pH meter while air bubbled through the solution to insure adequate mixing. In this connection, pH determinations are subject to error because these acids tend to form two phase systems and colloidal gels. In the present experiments care was taken to neutralize all the free fatty acid and only homogeneous preparations were used. The concentration of the fatty acid anion is specified in the individual cases. The β -hydroxybutyrate was purchased as the sodium salt (Nutritional Biochemical Corp.) and solutions were prepared by dissolving a weighed amount in distilled water and bringing it to a pH of 7.4.

The rats used in these experiments were females from a Sprague-Dawley strain maintained on Nutrena® dog food nuggets and weighing between 50 and 200 grams. They were fasted 24 hours before experimentation and weighed immediately prior to the fatty acid injection. For species comparisons, mice, guinea pigs, dogs, chicks and frogs were used; however, detailed data were collected only with rats.

Nephrectomized rats were prepared according to the directions of Farris and Griffith (12). With the animal under ether anesthesia a dorsal midline incision was made, the renal connections isolated and tied off at the hilum, then the kidney excised. With the operation concluded,

¹ Supported by a research grant from the University of Kansas General Research Appropriation and the Nat'l Insts. of Health Grant A-321, United States Public Health Service.

the incision was closed by two or three skin sutures and the area sealed with collodion. Rats were made alloxan-diabetic by a tail vein injection of alloxan monohydrate (Nutritional Biochemical Corp.), 40 mg. per Kg. body weight. Two weeks later, the animals were fasted 24 hours and then urine samples collected for glucose analysis. Only those rats with glucose in the urine greater than 1 per cent were considered alloxan-diabetic.

To determine whether or not an animal was conscious the animal was placed on its back at one minute intervals after the fatty acid solution was injected. If it did not right itself within ten seconds, it was judged unconscious. With most animals, and rats in particular, this gives a reproducible end point.

Urine analyses for glucose and acetone were carried out with commercially obtained tablets (Ames Co.). The determination of the fatty acids in the urine was done chromatographically (13).

RESULTS AND DISCUSSION

Intravenous or intraperitoneal injection of the sodium salts of the short chain fatty acids produces unconsciousness in rats, frogs, chicks, mice, dogs and guinea pigs. The effect of various amounts and concentrations of the short chain fatty acids given intraperitoneally in rats is presented in Table I. As can be seen, unconsciousness occurs in two to forty minutes after injection and may persist for as long as an hour. The amount of fatty acid anion which will produce unconsciousness in 50 per cent of a sample of rats (E_{50}) was determined by plotting the per cent of each group of animals that lost consciousness against the amount injected and then selecting the amount which corresponded to 50 per cent (14).

There is a definite relationship between the amount of the fatty acid which will produce unconsciousness and the carbon chain length of the compound. As might be expected, the E_{50} decreases rapidly with the increase in chain length (Figure 1).

It should be noted that the E_{50} for a given fatty acid depends upon the concentration of the acid as well as its chain length. This point is demonstrated in Figure 2 where the E_{50} for octanoate

TABLE I
The effect of the intraperitoneal injection of the sodium salts of the short chain fatty acids

Rat no.	Fatty acid	Conc. M	Amount injected mM/Kg.	Response	Time until unconscious minutes	Duration unconscious minutes	ES ₅₀ mM/Kg.	
1	Acetate	1.0	20	None				
2			21	None				
3			30	None				
4			33	None				
5			36	None				
6		2.0	56	Unconsc.	18	15 (died)		
7	Propionate	1.0	28	None				
8			28	None				
9			28	None				
10			28	Unconsc.	18	18		
11			28	Unconsc.	20	36		
12			30	None				
13			30	None				29.0
14			30	Unconsc.	20	4		
15			30	Unconsc.	20	4		
16			30	Unconsc.	18	18		
17	Butyrate	1.0	12.5	None				
18			12.5	None				
19			12.5	None				
20			12.5	None				
21			12.5	None				
22			14.0	None				
23			14.0	None				
24			14.0	None				
25			14.0	Unconsc.	11	2	14.2	
26			14.0	Unconsc.	11	3		
27			16.0	Unconsc.	14	6		
28			16.0	Unconsc.	8	20		
29			16.0	Unconsc.	8	21		
30			16.0	Unconsc.	7	11		
31			16.0	Unconsc.	7	20		
32			20.0	Unconsc.	11	5		
33			20.0	Unconsc.	9	51		
34			20.0	Unconsc.	8	40		
35			20.0	Unconsc.	7	50		
36			20.0	Unconsc.	6	42		
37	0.5	0.5	20.0	None				
38			20.0	None				
39			20.0	None				
40			20.0	None				
41			20.0	None				
42			23.0	None				
43			23.0	None			23.0	
44			23.0	Unconsc.	24	2		
45			23.0	Unconsc.	14	12		
46			26.0	Unconsc.	14	1		
47			26.0	Unconsc.	12	5		
48			26.0	Unconsc.	12	7		
49			26.0	Unconsc.	11	9		
50	Valerate	0.67	18	None				
51			18	None				
52			18	Unconsc.	32	6		
53			18	Unconsc.	22	28		
54			18	Unconsc.	22	22	18.0	
55			18	Unconsc.	22	26		
56			18	Unconsc.	22	30		
57			18	Unconsc.	21	44		
58	18	Unconsc.	20	28				
59	0.50	0.50	18	None				
60			18	None				
61			18	None				
62			18	None				

TABLE I—Continued

Rat no.	Fatty acid	Conc. M	Amount injected mM/Kg.	Response	Time until unconscious minutes	Duration unconscious minutes	E_{50} mM/Kg.						
63	Valerate		18	Unconsc.	28	4	19.0						
64			20	None									
65			20	None									
66			20	Unconsc.									
67			20	Unconsc.									
68			20	Unconsc.									
69			22	Unconsc.									
70			22	Unconsc.									
71			22	Unconsc.									
72			22	Unconsc.									
73	Caproate	0.50	12	None									
74			12	None									
75			12	None									
76			12	None									
77			12	Unconsc.				9	2	15.0			
78			14	None									
79			14	None									
80			14	None									
81			14	None									
82			14	Unconsc.									
83			15	None									
84			15	None									
85			15	Unconsc.									
86			15	Unconsc.									
87			15	Unconsc.									
88			16	Unconsc.									
89			16	Unconsc.									
90			16	Unconsc.									
91			16	Unconsc.									
92			16	Unconsc.									
93	Heptanoate	0.50	5	None									
94			5	None									
95			5	None									
96			5	None									
97			5	None									
98			6	None									
99			6	None									
100			6	None									
101			6	Unconsc.				5	5	6.2			
102			6	Unconsc.									
103			7	None									
104			7	Unconsc.									
105			7	Unconsc.									
106			7	Unconsc.									
107			7	Unconsc.									
108	Octanoate	1.0	2	None									
109			2	None									
110			2	Unconsc.							4	4	2.0
111			2	Unconsc.									
112			2	Unconsc.									
113			0.5										
114	3.4	None											
115	3.4	None											
116	3.4	None											
117	3.4	None											
118	3.6	None											
119	3.6	None											
120	3.6	None											
121	3.6	Unconsc.			5	2	3.7						
122	3.6	Unconsc.											
123	3.8	None											
124	3.8	None											
125	3.8	Unconsc.											
126	3.8	Unconsc.											
127	3.8	Unconsc.											

TABLE I—Continued

Rat no.	Fatty acid	Conc. M	Amount injected mM/Kg.	Response	Time until unconscious minutes	Duration unconscious minutes	E ₅₀ mM/Kg.	
128	Octanoate		5.0	Unconsc.	5	7		
129			7.5	Unconsc.	3	32		
130		0.1	6.0	Unconsc.	11	12		
131			6.0	Unconsc.	10	14		
132			6.0	Unconsc.	9	22		
133			6.0	Unconsc.	8	>32		
134			6.0	Unconsc.	7	>32		
135			Pelargonate	0.3	2.5	None		
136	2.5	None						
137	2.5	None						
138	2.5	None						
139	2.5	None						
140	2.7	None						
141	2.7	None					2.8	
142	2.7	None						
143	2.7	None						
144	2.7	Unconsc.				8	2	
145	3.0	Unconsc.				5	4	
146	3.0	Unconsc.				4	8	
147	3.0	Unconsc.				3	6	
148	3.0	Unconsc.				3	10	
149	3.0	Unconsc.		3	10			
150	Caprate	0.1	2.8	None				
151			2.8	None				
152			2.8	None				
153			2.8	None				
154			2.8	None				
155			3.2	None				
156			3.2	None				
157			3.2	None				3.3
158			3.2	None				
159			3.2	Unconsc.		14		2
160			3.4	None				
161			3.4	None				
162			3.4	Unconsc.		7		1
163			3.4	Unconsc.		4		4
164			3.4	Unconsc.		4		6
165			3.6	Unconsc.		7		1
166			3.6	Unconsc.		5		3
167			3.6	Unconsc.		5		3
168			3.6	Unconsc.		5		6
169	3.6	Unconsc.		7	6			

as a function of concentration is presented. This pronounced effect of concentration upon the E₅₀ is probably a result of a rapid disposal of the fatty acid anion and the influence of concentration upon the rate of absorption from the injection site. With propionate, solutions of low concentration are not effective enough to be adequately studied, whereas with pelargonate and caprate, only solutions of low concentration are sufficiently homogeneous to give reliable results. Therefore, the action of the three, nine and ten carbon members (propionate, pelargonate, and caprate respectively) cannot be quantitatively compared. However, their effectiveness corresponds with the general pattern as seen in Table I.

At the two carbon chain length the narcotic action becomes so weak that large quantities of acetate can be administered without the characteristic effect exhibited by the other acids. The injection of about 56 millimoles per Kg. body weight of 2 M sodium acetate will cause unconsciousness, but the pattern of the response is different. Following the injection of the other fatty acids there is reduced muscular tone and activity, whereas after the injection of the sodium acetate severe muscular spasms and convulsive movements occur. It is interesting to note that the intraperitoneal injection of the same amount (56 millimoles per Kg.) of 2 M NaCl produces the same type of response: that is, a few minutes after the injection the rat

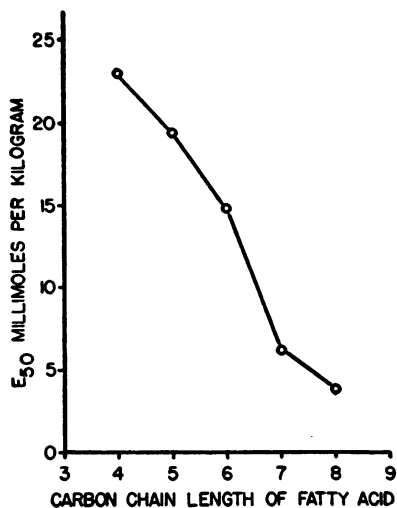


FIG. 1. E_{50} OF FATTY ACID ANION AS A FUNCTION OF CHAIN LENGTH

All acids neutralized to pH 7.4; conc. 0.5 M; given intraperitoneally. Data taken from Table I.

shows muscular twitching which becomes progressively increased until severe muscular spasms cause the animal to thrash about violently. The animal loses consciousness and dies, usually within an hour after the injection. The similarity of the response from the 2 M sodium acetate injection to that from the 2 M NaCl suggests that the mechanism of action here is related to the sodium ion rather than the acetate anion. This effect of high sodium ion has been reported by Ulrich and Shternov (15).

As might be expected, the length of time from injection until unconsciousness, the E_{50} , and the length of time of unconsciousness also depend to some extent upon the rate of absorption from the injected site. Consequently, subcutaneous administration is not very effective and nothing more than a sluggishness occurs. Further, the forced feeding of as much as twice the E_{50} will not even produce sluggishness. On the other hand, when the compounds are given intravenously unconsciousness occurs within a few seconds after the injection and with somewhat less than half of the amount necessary to cause unconsciousness with the intraperitoneal route (Table II).

Hemolysis

As it is common knowledge that washed red blood cells will hemolyze when suspended in a sufficiently concentrated solution of the fatty acid

anions (16), it seemed reasonable to consider what part hemolysis might play in the reactions which follow fatty acid injection. Accordingly, we have drawn blood by cardiac puncture from rats made unconscious from a fatty acid injection and examined it grossly after centrifugation: in no instance was hemolysis noted.

Kidneys

The fatty acids and some of their metabolic products appear in the urine following their injection (Table III). From these findings we reasoned that the recovery from the narcotic action of the compounds rested mainly in excretion by the kidneys. But this idea was not supported by experiments on nephrectomized rats. The E_{50} and the length of time until recovery in nephrectomized rats seem to be of the same order of magnitude as in the control rats (compare Table IV with Table I).

Influence of (OH) group in carbon chain

To determine if the introduction of a hydroxyl group into the carbon chain would alter the action, we injected lactate and β -hydroxybutyrate and compared their effectiveness with the corresponding fatty acids, propionate and butyrate. The results show that the hydroxy compounds are much less effective (Table V): In fact, the E_{50} for 1 M lactate and β -hydroxybutyrate could not be de-

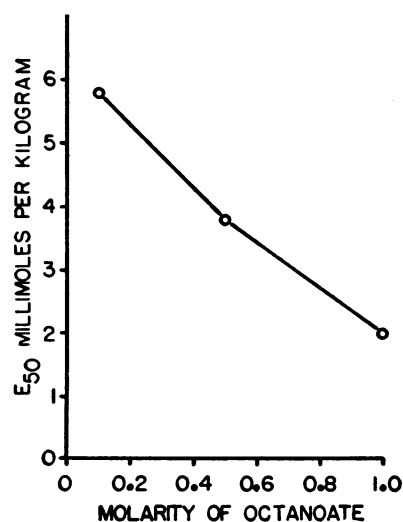


FIG. 2. E_{50} OF SODIUM OCTANOATE AS A FUNCTION OF CONCENTRATION

pH 7.4; given intraperitoneally. Data taken from Table I.

TABLE II
The effect of the injection site on the response to the sodium salts of the fatty acids

Rat no.	Injection site	Fatty acid	Conc. M	Amount injected mM/Kg.	Response	Time until uncons.	Duration of uncons.
170	Intravenous (tail vein)	Propionate	1.0	12.3	None		
171				18.0	Uncons.	5 sec.	Died
172				19.0	Uncons.	5 sec.	25 sec.
173		Valerate	1.0	2.0	None		
174				8.8	None		
175				10.0	Uncons.	<1 min.	2 min.
176				12.0	Uncons.	<1 min.	2 min.
177		Caproate	0.5	5.6	None		
178				6.2	Uncons.	30 sec.	3 min.
179		Heptanoate	0.4	1.6	None		
180				2.0	Uncons.	<30 sec.	<30 sec.
181				2.0	Uncons.	5 sec.	55 sec.
182		Octanoate	0.5	0.8	Uncons.	5 sec.	40 sec.
183				0.8	None		
184				1.0	Uncons.	5 sec.	1 min.
185				1.2	Uncons.	20 sec.	1 min.
186	1.5			Uncons.	5 sec.	3 min.	
187	Pelargonate			0.3	0.5	None	
188		0.5	None				
189		0.7	Uncons.		5 sec.		
190		0.7	Uncons.		5 sec.	160 sec.	
191		0.7	Uncons.		5 sec.	6 min.	
192	Caprate	0.1	0.5	None			
193			0.6	Uncons.	20 sec.	1 min.	
194			0.8	Uncons.	10 sec.	95 sec.	
195	Subcutaneous	Valerate	1.0	22.0	None		
196	Gastro-intestinal (forced feeding)	Valerate	1.0	22.0	None		
197				22.0	None		
198				26.0	None		
199				35.0	None		

terminated because a definitive state of unconsciousness did not occur. Instead, convulsions similar to those seen after the injection of NaCl discussed earlier resulted. With 1 M β -hydroxybutyrate

these convulsions occurred after the administration of about 40 millimoles per Kg. body weight, whereas the E_{50} of 1 M butyrate is 14.2 millimoles per Kg. body weight.

TABLE III

Urine analysis following intraperitoneal injection of the fatty acid salts*

Fatty acid injected	Urine analysis		
	Fatty acid %	Glucose %	Ketones %
Propionate (30 mM/Kg.)		1.0	0.05
Butyrate (28 mM/Kg.)	0.2-0.3	0.0	2.0
Valerate (24 mM/Kg.)	0.4-0.7	1.0	0.0
Caproate (13 mM/Kg.)	0.2	0.0	2.0
Octanoate (3.9 mM/Kg.)	0.0 Octanoate 0.1 Butyrate		

* Rats fasted 24 hours before experiment. Urine collected for 6 to 12 hours after injection.

Alloxan-diabetic rats

Although the alloxan-diabetic rat does not develop ketosis as is seen in severe human diabetes (17), there is some disturbance of fat metabolism in alloxan diabetes (18) thus it seemed worthwhile to ascertain the susceptibility of alloxan-diabetic rats to the narcotic action of the fatty acid anions. The results of these experiments are given in Table VI. It is clear from these data that the alloxan-diabetic rats were actually less susceptible than normal rats.

Mechanism of action

The narcotic actions studied here are probably a direct action of the fatty acid anion on the cen-

TABLE IV
The effect of intraperitoneal injection of sodium butyrate and sodium valerate on nephrectomized rats

Rat no.	Fatty acid	Conc. <i>M</i>	Amount injected <i>mM/Kg.</i>	Response	Time until uncons. <i>minutes</i>	Duration of uncons. <i>minutes</i>		
200	Butyrate	0.95	15.0	None	11	10		
201			15.0	None				
202			20.0	Uncons.				
203	Valerate	1.0	19.5	None				
204				None				
205				Uncons.			28	4
206				Uncons.			24	2
207				Uncons.			24	30
208				Uncons.			18	10
209				Uncons.			18	22
210	Uncons.	9	60					

tral nervous tissue. The electroencephalographic changes which occur during the unconscious state support this idea (19). The fatty acid salts may inhibit the metabolic activity of cerebral tissue as they do muscle (6) and yeast (1). Several properties characterize their inhibition of yeast cell metabolism: 1. A nonspecificity, as evidenced by the large number of reactions affected, 2. An increasing action with an increase in chain length, 3. A reduction of the inhibitory action when a hydroxyl or carboxyl group is introduced into the hydrocarbon part of the molecules, 4. A reversibility.

The similarity of these properties with those demonstrated in the present study is certainly

striking. However, this similarity does not necessarily mean that the cellular mechanism of action is the same in the two situations.

SUMMARY

Injection of the neutralized short chain fatty acids will produce unconsciousness in experimental animals. The amount of the fatty acid which will produce this response decreases with an increase in chain length. Further, the amount which will produce a loss of consciousness for a given fatty acid depends upon the concentration and the site of injection. The introduction of an (OH) group into the carbon chain reduces the narcotic action.

TABLE V
The effect of intraperitoneal injection of sodium lactate, sodium β -hydroxybutyrate and acetone on rats

Rat no.	Compound injected	Conc. <i>M</i>	Amount injected <i>mM/Kg.</i>	Reaction
211	Sodium lactate	0.5	30	Sluggish movements, no loss of consciousness
212			30	Sluggish movements, no loss of consciousness
213			30	Sluggish movements, no loss of consciousness
214			34	Sluggish movements, no loss of consciousness
215			34	Sluggish movements, no loss of consciousness
216			36	Sluggish movements, no loss of consciousness
217			38	Sluggish movements, no loss of consciousness
218			38	Sluggish movements, no loss of consciousness
219	Sodium β -hydroxybutyrate	0.5	30	No loss of consciousness
220			30	No loss of consciousness
221			40	Severe muscular spasms and death in 57 min.; righting reflexes present until death.
222			50	Severe muscular spasms; righting reflexes present until death in about one hour.
223	Acetone	1.0	7	No loss of consciousness
224			37	No loss of consciousness
225			40	No loss of consciousness
226			50	No loss of consciousness
227			60	No loss of consciousness
228			80	Loss of consciousness for five minutes, approximately four minutes after injection.

TABLE VI
The effect of intraperitoneal injection of sodium valerate on alloxan-diabetic rats

Rat no.	Fatty acid	Conc. M	Amount injected mM/Kg.	Response	Time until uncons. minutes	Duration of uncons. minutes		
229	Valerate	0.5	18	None				
230				None				
231				None				
232				None				
233			20	None				
234				None				
235				None				
236				Uncons.			20	6
237			22	None				
238				None				
239				Uncons.			28	4
240				Uncons.			16	20
241			24	Uncons.	38	2		
242				Uncons.	22	6		
243				Uncons.	16	12		

There is no hemolysis from the amount of fatty acid which will produce unconsciousness. Nephrectomy does not seem to alter the duration of the narcotic action.

It is suggested that the mechanism of action at the cellular level may be the same as that in the fatty acid inhibition of yeast metabolism.

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