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THE COAGULATION DEFECT IN HEMOPHILIA: THE EFFECT, IN HEMOPHILIA, OF THE PARENTERAL ADMINISTRATION OF A FRACTION OF THE PLASMA GLOBULINS RICH IN FIBRINOGEN

George R. Minot, ... , H. J. Tagnon, F. H. L. Taylor

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**THE COAGULATION DEFECT IN HEMOPHILIA: THE EFFECT,
IN HEMOPHILIA, OF THE PARENTERAL ADMINIS-
TRATION OF A FRACTION OF THE PLASMA
GLOBULINS RICH IN FIBRINOGEN^{1, 2, 3}**

By GEORGE R. MINOT, C. S. DAVIDSON, JESSICA H. LEWIS, H. J. TAGNON,
AND F. H. L. TAYLOR

(From the Thorndike Memorial Laboratory, Second and Fourth Medical Services (Harvard),
Boston City Hospital, and the Department of Medicine, Harvard Medical School, Boston)

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Previous studies from this laboratory have shown that normal human plasma, essentially free from formed elements, fibrinogen and prothrombin, can cause a marked reduction in the coagulation time of the blood in hemophilia when administered intravenously or intramuscularly (1). Furthermore, it was shown that such activity was associated with the plasma euglobulin of normal plasma (2) and was deficient in hemophilic blood (3). The preceding paper (4) has shown that this antihemophilic activity is largely present in Fractions I and III-2, obtained in the separation of the various globulin fractions of the plasma proteins.

The present communication concerns preliminary observations on the effects *in vivo* of the administration in hemophilia of small amounts of Fraction I.⁴ Fraction I contains from 60 to 70 per cent fibrinogen together with smaller amounts of other globulins.

METHODS

Four samples of Fraction I of the plasma globulins, prepared at different times by the Department of Physical

¹This is paper No. 39 in the "Studies of Plasma Proteins" of the Harvard Medical School, on products developed by the Department of Physical Chemistry, from blood collected by the American Red Cross.

²The products of plasma fractionation employed in this work were developed from blood collected by the American Red Cross, by the Department of Physical Chemistry, Harvard Medical School, under contract recommended by the Committee on Medical Research, between the Office of Scientific Research and Development and Harvard University.

³The expenses of this investigation were defrayed in part by gift from the Smith, Kline and French Laboratories, Philadelphia, and in part by a grant "In recognition of Dr. Francis W. Peabody's services to the Foundation" by the Ella Sachs Plotz Foundation.

⁴We are indebted to Professor Edwin J. Cohn and Dr. John T. Edsall for furnishing the material on which these observations were made.

Chemistry of the Harvard Medical School (Numbers 162, 163, 171, 172), were used in this investigation. Numbers 162 and 163 were a pool of 7 sub-fractions of Fraction I. Their individual *in vitro* anti-hemophilic activity is shown in Table I. Five patients with classical hemophilia were studied. Sixteen injections of Fraction I were made in varying amounts either intravenously or intramuscularly.

The coagulation time at 37.5° C. of the patient's blood was determined before, and at various intervals after, injection using the method of Pohle and Taylor (5). Prothrombin times were determined at the same time intervals as the coagulation times, using a modification of Quick's method in certain of the studies.

TABLE I

*The effect of the addition of 0.1 ml. of the components of
run 162 on the coagulation time of 2 ml. of
hemophilic blood (in vitro)*

Fraction	Control C.T.*	Antihemophilic activity			T.P.**
		0	1/5 dilution	1/50 dilution	
	minutes		minutes		grams per 100 ml.
162-1	74	53	30	25	1.35
162-2	74	20	22	46	1.29
163-1	74	16½	17½	22	1.04
163-2	74	13½	17	32	1.63
163-3	67	22	19½	19½	1.29
163-4	67	25	19½	24	1.34
163-5	67	26	22	21	1.26

* C.T. = coagulation time.

** T.P. = total protein in original solution of fraction.

The materials used were received as dried powders and dissolved in small amounts of isotonic saline. Preparations of Fractions 162 and 163 were sterilized by passage through a Berkefeld filter. The other fractions were received from the Massachusetts Antitoxin and Vaccine Laboratory as sterile dry powder. These were dissolved in sterile isotonic saline solution and injected without further sterilization. The amounts injected in milligrams of protein are given in Table II.

In 1 patient, a comparison of the coagulation effect of whole blood, plasma and Fraction I was made.

TABLE II
Effect of the parenteral administration of Fraction I on the coagulation time of the blood in hemophilia

Patient	Run no.	Protein injected	Route of injection	Coagulation time											
				Pre-injection (control)	Post-injection										
					10 min.	½ hr.	1½ hr.	4 hrs.	5 hrs.	6 hrs.	8 hrs.	24 hrs.	48 hrs.	72 hrs.	
J. C.	162-163*	11.5	I.V.	96		46			50			112			
J. C.	162-163*	125	I.V.	105	20	23		36			44	72			
W. G.	162-163*	125	I.M.	168	172	140	210								
R. W.	162-163*	125	I.M.	35	10	18	21	40							
J. S.	171	50+150†	I.V.	36		21½	18½		22½	27		38	43		
J. C.	171	50+150†	I.V.	88		21½	23		19		21½	34	72		
R. W.	171	100	I.V.	33		13½				20		25			
R. W.	171	100	I.V.	25		19				25		35			
R. W.	171	100	I.V.	35		19				21½		32			
J. C.	171	100	I.V.	82		19				20½		38			
J. C.	171	100	I.V.	38		20				37		38½			
J. C.	171	100	I.V.	38½		17				21		58			
J. S.	171	200	I.V.	43		17				29½		35			
T. K.	171	200	I.V.	62		19				21½		34	52		
J. C.	172	400	I.V.	100		13½				16		34	36	75	
T. K.	172	600	I.V.	52		15				16½		44	45		

* Pooled Fraction I. Run 162 (Cut 1 and 2) and Run 163 (Cut 1 to 5).

† 20 minutes between injections.

RESULTS

The data are presented in Table II and Figures 1 and 2. With the exception of patient W. G. in whom the response to the injection was minimal,

the administration of Fraction I produced a prompt and marked fall in the coagulation time of the patient's blood.

In one instance, a dose of 11.5 mgm. of protein

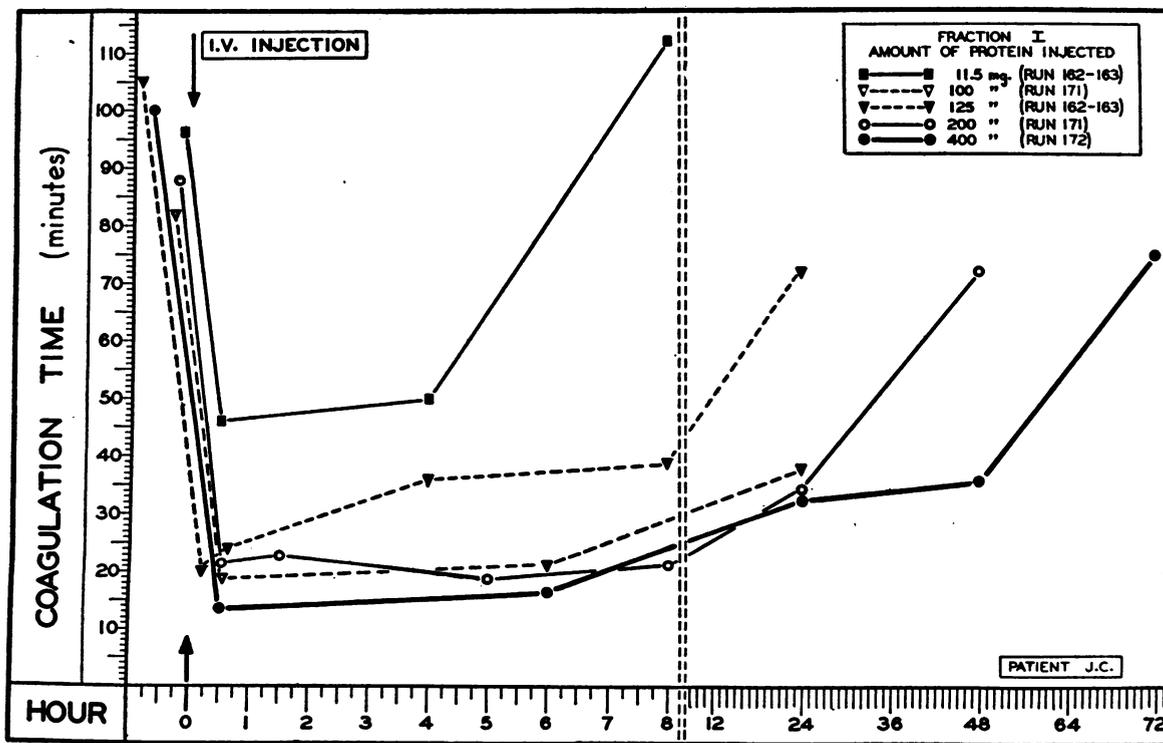


FIG. 1. EFFECT OF PARENTERAL ADMINISTRATION OF FRACTION I ON CLOTTING TIME IN HEMOPHILIA

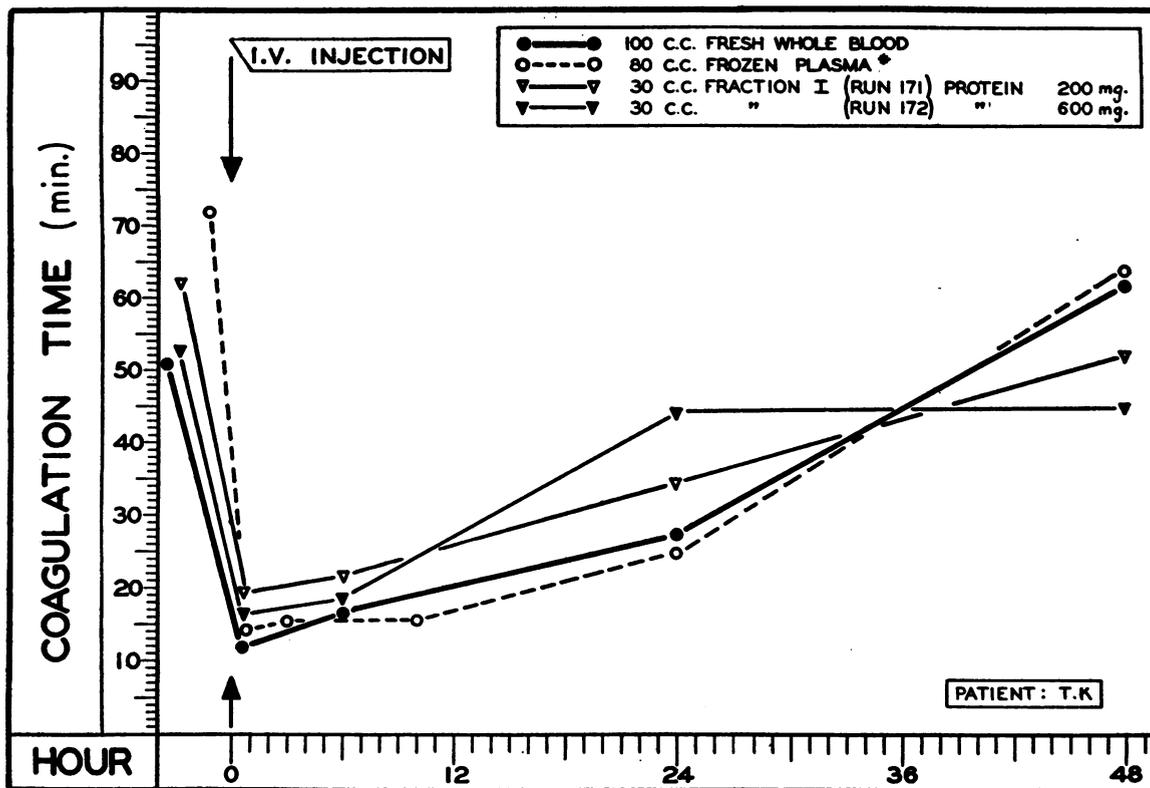


FIG. 2. COMPARISON OF THE EFFECTS OF WHOLE BLOOD, BLOOD PLASMA AND FRACTION I, GIVEN PARENTERALLY, ON CLOTTING TIME IN HEMOPHILIA

* Plasma obtained from fresh whole blood and immediately frozen to minus 20° C.

gave a marked drop in the coagulation time of the patient's blood. The fall was not optimal and the duration of the effect was not long. With amounts between 100 and 200 mgm. of protein the coagulation time fell toward normal limits and occasionally reached them. The duration of the effective reduction for clinical purposes lasted from 6 to 8 hours although the coagulation time of the blood 24 hours after injection was usually prolonged but often shorter than the control coagulation time.

When more than 200 mgm. were injected the blood coagulation time reached normal limits and the evidence indicates a somewhat longer period of effective reduction. The data of Figure 1 indicate the changes in the coagulation time of the blood of patient J. C. using various amounts of Fraction I.

Experience in this laboratory has shown that the injection of 80 ml. of fresh plasma or 100 ml. of whole blood is an effective therapeutic proce-

cedure in reducing the coagulation time of the patient's blood to normal prior to surgical procedure. The effectiveness of 200 and 600 mgm. of the protein of Fraction I were compared to the effectiveness of 80 ml. of plasma and 100 ml. of whole blood. The results are shown in Figure 2. It would appear that from 200 to 600 mgm. of the protein were on the whole just as effective as the amounts of whole blood and plasma generally used in this clinic. The duration of the effect was approximately the same.

As shown by the data of Table I, in 1 patient there was no essential difference between the intramuscular and intravenous routes of administration. There was no change in the prothrombin time of the patients following the administration of the globulin fraction.

It is of some practical interest that the injection of a patient with an active globulin fraction had no influence on the effectiveness of subsequent injections of the material.

DISCUSSION

The preliminary data show that a sharp fall in the coagulation time of the blood in hemophilia follows the intravenous administration of as little as 11.5 mgm. of the protein of Fraction I. Since it is known that 60 to 70 per cent of the Fraction I protein is fibrinogen (6) and that globulin fractions devoid of fibrinogen are active (1), it can be stated reasonably that the amount of anti-hemophilic factor injected could be much smaller than the total amount of protein administered. Hence further separation of the protein of Fraction I may well further reduce the amounts of the active protein required to produce effective reduction of the coagulation time of the blood in hemophilia. Some suggestions that this may eventually be accomplished are given in the preceding paper (4) where it is shown that a fibrinogen-free fraction (Fraction III-2) has marked anti-hemophilic activity *in vitro*.

The hemophilic patient who failed to respond satisfactorily to the injection of 125 mgm. of the protein of Fraction I, responds poorly even to the injection of 250 ml. of normal human plasma. His coagulation time is often 170 minutes. He has not returned to this clinic and thus no information is available as to effect of larger doses. It is possible that even he might have responded to such larger doses of the globulin.

The dosage required of the material is not known and will require a considerable amount of investigation using fractions of the same potency. At present it appears that from 200 to 600 mgm. of the protein are as effective as 80 ml. of plasma or 100 ml. of whole blood.

The only untoward reaction observed was a slight sclerosis of an injected vein in one instance. The degree of sclerosis was of trivial magnitude such as is often encountered following the injection of 50 per cent glucose solution. Since the fraction was administered in high concentration and quite rapidly, future consideration of these points probably will remove this objectionable feature. The same patient has been reinjected on several occasions without this untoward reaction.

These observations clearly indicate that Fraction I of Cohn is an active anti-hemophilic preparation. This communication does not suggest

that it is the most active of the globulin preparations. Our investigations for the future will determine whether other fractions are more or less active than Fraction I.

CONCLUSIONS

The administration, intravenously or intramuscularly, of small amounts of the globulin fraction (Fraction I) of pooled normal human plasma reduced the blood coagulation time of hemophilic blood toward or to normal values in 15 out of 16 instances where it was employed. One of these patients responded to as little as 11.5 mgm. of the globulin. In 1 patient, the effect of the intramuscular administration of 125 mgm. of the protein was minimal. The dosage for therapeutic use has not been established but 200 to 600 mgm. of the globulin have an effect equal to that obtained by 80 ml. of fresh plasma or 100 ml. of whole blood.

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