RESEARCH ARTICLE

RNA-binding protein ZFP36L1 maintains posttranscriptional regulation of bile acid metabolism

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Bile acids function not only as detergents that facilitate lipid absorption but also as signaling molecules that activate the nuclear receptor farnesoid X receptor (FXR). FXR agonists are currently being evaluated as therapeutic agents for a number of hepatic diseases due to their lipid-lowering and antiinflammatory properties. FXR is also essential for maintaining bile acid homeostasis and prevents the accumulation of bile acids. Elevated bile acids activate FXR, which in turn switches off bile acid synthesis by reducing the mRNA levels of bile acid synthesis genes, including cholesterol 7α-hydroxylase (*Cyp7a1*). Here, we show that FXR activation triggers a rapid posttranscriptional mechanism to degrade *Cyp7a1* mRNA. We identified the RNA-binding protein *Zfp36l1* as an FXR target gene and determined that gain and loss of function of ZFP36L1 reciprocally regulate *Cyp7a1* mRNA and bile acid levels in vivo. Moreover, we found that mice lacking hepatic ZFP36L1 were protected from diet-induced obesity and steatosis. The reduced adiposity and antisteatotic effects observed in ZFP36L1-deficient mice were accompanied by impaired lipid absorption that was consistent with altered bile acid metabolism. Thus, the ZFP36L1-dependent regulation of bile acid metabolism is an important metabolic contributor to obesity and hepatosteatosis.

Introduction

Primary bile acids are synthesized in the liver and stored in the gall bladder and, following a meal, are secreted into the intestine, where they facilitate lipid absorption (1, 2). Virtually all aspects of the enterohepatic circulation involving bile acid synthesis, secretion, conjugation, and resorption in the intestine are dependent on the nuclear receptor farnesoid X receptor (FXR) (encoded by *Nr1h4*), which is highly expressed in enterocytes and hepatocytes (1). Endogenous bile acids such as chenodeoxycholic acid (CDCA), deoxycholic acid (DCA), and cholic acid (CA) (3, 4) are known to activate FXR, while muricholic acid (MCA) is thought to function as an FXR antagonist (5). A number of FXR agonists, including bile acid analogs, are currently being tested in clinical trials as potential treatments for steatosis and cholestasis (6).

Bile acid levels are tightly regulated through a negative feedback loop and end-product feedback inhibition that was first described almost half a century ago (2). Such feedback is critical, as elevated levels of bile acids can be toxic and result in severe metabolic complications including cholestasis, diarrhea, lipid malabsorption, inflammation, and cancer (1). The mechanism for feedback inhibition of bile acid synthesis is highly complex but largely dependent on FXR. In response to elevated bile acid levels, FXR is activated, leading to signaling cascades in both the liver and intestine that result in decreased hepatic mRNA levels of cholesterol 7α-hydroxylase (*Cyp7a1*), the rate-limiting enzyme of bile acid synthesis (2), and *Cyp8b1*, which is required for the synthesis of CA (7). At present, the known mechanisms that lead to decreased *Cyp7a1* expression following FXR activation are dependent on transcriptional repression. In one pathway, FXR activates the gene encoding the nuclear receptor SHP (*NrOb2*), a classic FXR target gene and transcriptional repressor (8). In a second pathway, FXR activation in intestinal enterocytes induces the expression and subsequent secretion of FGF15 (FGF19 in humans) into the circulation (9). FGF15/19 then binds to a heterodimeric receptor on hepatocytes to initiate a signaling cascade leading to transcriptional repression of *Cyp7a1* (10). FGF15/19 signaling was also shown to require SHP (11). Defects in a number of genes in bile acid metabolism pathways are associated with diverse metabolic disturbances, consistent with the premise that maintaining proper bile acid homeostasis is critical for preventing metabolic diseases.

In the present study, we identify and characterize an FXR-regulated posttranscriptional pathway that controls *Cyp7a1* mRNA and bile acid levels. We identified ZFP36L1, also known as TIS11b (12), BRF1, or RNF162B, as a direct FXR target gene. ZFP36L1 is an RNA-binding protein (RBP) that has been shown to bind to adenylate-uridylate–rich (AU-rich) elements in the 3′-UTRs of specific cytokine mRNAs in immune cells to promote mRNA degradation (13). Here, we used synthetic and endogenous FXR agonists to demonstrate that activation of hepatic FXR leads to a rapid induction of hepatic *Zfp36l1* mRNA and protein in vivo and in vitro. Our in vitro studies demonstrate that ZFP36L1 can target both human or mouse *Cyp7a1* 3′-UTRs. In addition, in vivo ZFP36L1 gain- and loss-of-function studies showed that ZFP36L1 regulates *Cyp7a1* mRNA levels and alters bile acid levels. Finally, we demonstrate that mice lacking hepatic
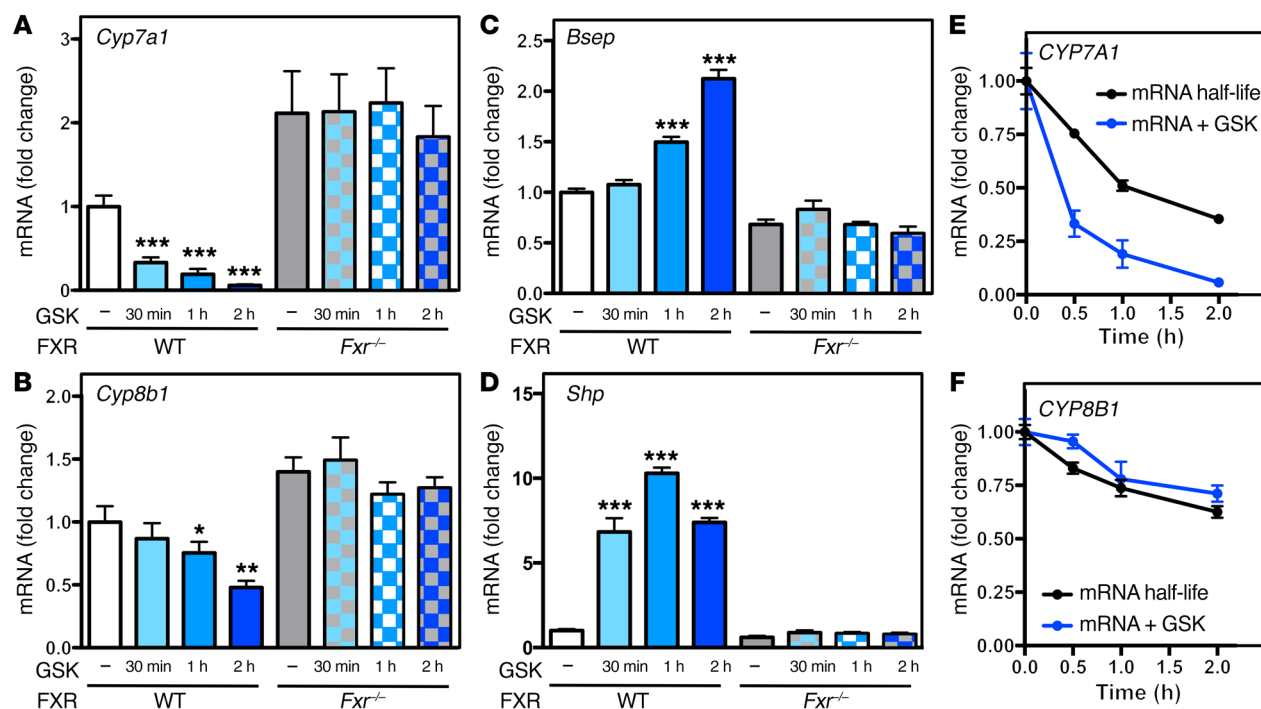
Figure 1. FXR activation leads to rapid changes in gene expression. (**A**–**D**) Hepatic gene expression of *Cyp7a1*, *Cyp8b1*, *Shp*, and *Bsep* in WT and *Fxr$^{-/-}$* mice. Mice were treated with either vehicle (*n* = 16 WT; *n* = 7 *Fxr$^{-/-}$*) or GSK2324, and RNA was isolated 30 minutes (*n* = 12 WT; *n* = 6 *Fxr$^{-/-}$*), 1 hour (*n* = 10 WT; *n* = 6 *Fxr$^{-/-}$*), or 2 hours (*n* = 8 WT; *n* = 7 *Fxr$^{-/-}$*) after treatment, prior to sacrifice. Gene expression analysis was determined by qRT-PCR and normalized to *Tbp*. (**E** and **F**) Comparison of *CYP7A1* and *CYP8B1* mRNA levels in actinomycin D–treated IHHs (black lines) with *Cyp7a1* and *Cyp8b1* mRNA levels in mice treated with GSK2324 (blue lines indicate the same data as in **A** and **B**). Data represent the mean ± SEM. *$P < 0.05$, **$P < 0.01$, and ***$P < 0.001$, by 1-way ANOVA.

Zfp36l1 (*Zfp36l1^{L-KO}*) are partially resistant to diet-induced adiposity and steatosis, due, at least in part, to impaired lipid absorption that results from altered bile acid metabolism.

Results

Pharmacologic FXR activation with the synthetic FXR agonists GSK2324 or GW4064 results in a greater than 95% reduction of *Cyp7a1* and *Cyp8b1* mRNA levels within 4 hours (8, 14). To better determine the kinetics of decay of *Cyp7a1* and *Cyp8b1* mRNA levels following FXR activation, we treated WT and *Fxr$^{-/-}$* mice with a single dose of vehicle or GSK2324 (30 mg/kg body weight [mpk]) and analyzed gene expression 30 minutes, 1 hour, and 2 hours later. *Cyp7a1* mRNA levels declined by more than 50% within 30 minutes of GSK2324 treatment of WT mice (Figure 1A). In contrast, *Cyp8b1* mRNA levels decreased more gradually, reaching 50% expression levels after approximately 2 hours (Figure 1B). Neither mRNA decreased following GSK2324 treatment of *Fxr$^{-/-}$* mice, in which basal expression was elevated compared with that in WT controls (Figure 1, A and B). As expected, 2 classic FXR target genes, *Shp* and *Bsep,* were induced in the livers of GSK2324-treated WT mice, but not in the livers of *Fxr$^{-/-}$* mice (Figure 1, C and D), consistent with a requirement of FXR for the regulation of specific genes. The rapid decrease in the levels of *Cyp7a1* and, to a lesser degree, of *Cyp8b1* was specific to these key bile acid synthesis genes, since the remaining mRNAs encoding other enzymes of bile acid synthesis were not rapidly regulated following FXR activation (Supplemental Figure 1, A–K; supplemental material available online with this article; https://doi.org/10.1172/JCI94029DS1).

The rapid regulation of *Cyp7a1* observed following FXR activation (Figure 1A) led us to consider the half-life of *Cyp7a1* mRNA. A previous study in which HepG2 cells were used reported the half-life of human *CYP7A1* to be 4.6 hours (15). Thus, our observation that *Cyp7a1* mRNA levels decreased by approximately 50% within 30 minutes of GSK2324 treatment (Figure 1A) suggested that a posttranscriptional mechanism might enhance the degradation of preexisting *Cyp7a1* mRNA following FXR activation in mice. To determine the half-life of *Cyp7a1* mRNA in vivo is challenging, therefore we first considered using isolated primary mouse hepatocytes. However, we observed a near-complete loss of *Fxr, Cyp7a1*, and *Cyp8b1* mRNAs within 16 hours of isolation and culturing of primary mouse hepatocytes (Supplemental Figure 1L), suggesting that these cells are not a suitable system by which to study the regulation of bile acid synthesis genes.

In the absence of primary hepatocytes or the appropriate murine cell lines that express *Cyp7a1*, we determined the half-life of *CYP7A1* and *CYP8B1* mRNA using immortalized human hepatocytes (IHHs) (16). IHHs express many of the bile acid synthesis genes, including *CYP7A1* (16). We then treated IHHs with the transcriptional inhibitor actinomycin D for different lengths of time prior to isolation and quantification of mRNA levels to determine mRNA half-lives. The half-lives of human *CYP7A1* and *CYP8B1* mRNAs were approximately 1 and 4 hours, respectively (Supplemental Figure 1, M and N). We then compared the mRNA decay rates observed in IHHs (black lines) with those from GSK2324-treated mice (blue lines) and found that FXR activation with GSK2324 increased the rate of decrease in *Cyp7a1*, but not in
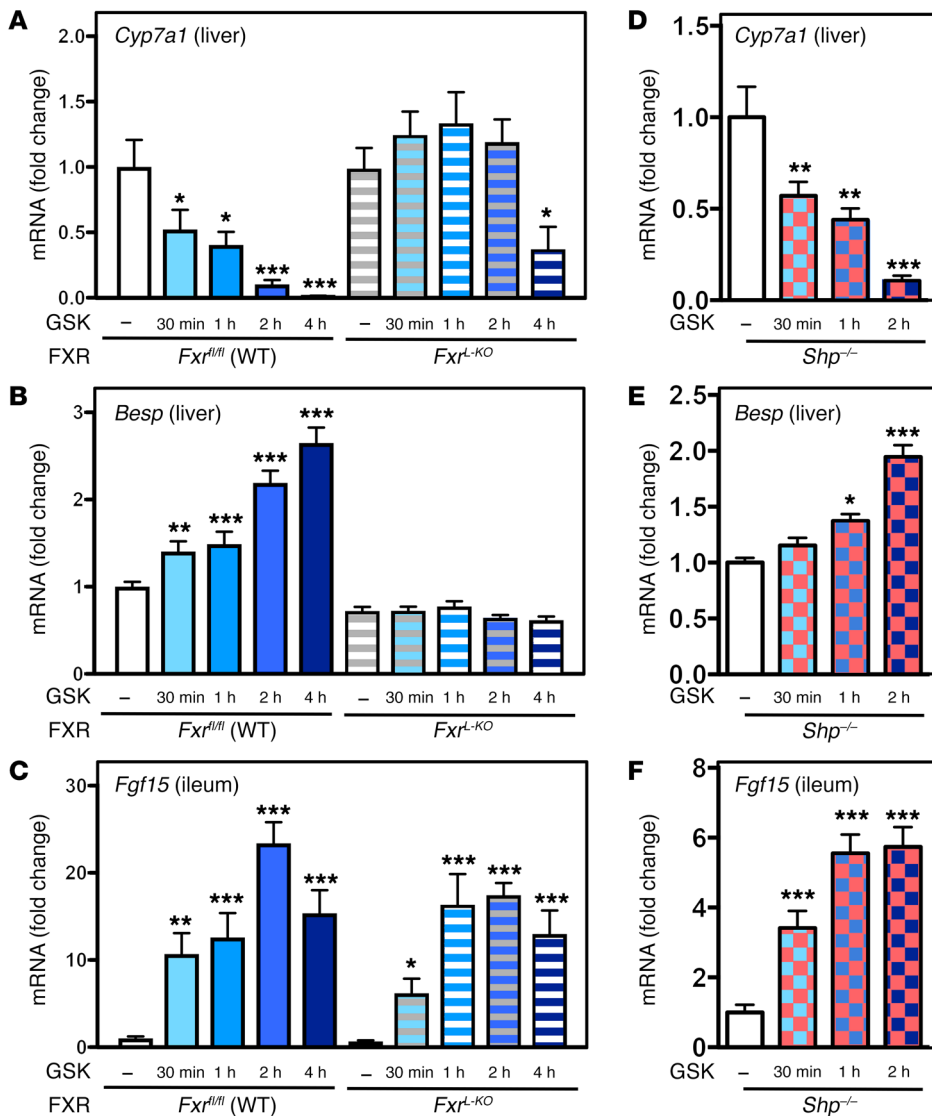
Figure 2. Rapid decrease in *Cyp7a1* following FXR activation requires hepatic FXR but is independent of SHP. (**A–C**) Gene expression of hepatic *Cyp7a1* and *Bsep* and ileal *Fgf15* in littermate *Fxr$^{fl/fl}$* and *Fxr^{L-KO}* mice following treatment with either vehicle (*n* = 13 *Fxr$^{fl/fl}$*; *n* = 11 *Fxr^{L-KO}*) or GSK2324 for 30 minutes (*n* = 9 *Fxr$^{fl/fl}$*; *n* = 8 *Fxr^{L-KO}*), 1 hour (*n* = 7 *Fxr$^{fl/fl}$*; *n* = 9 *Fxr^{L-KO}*), 2 hours (*n* = 8 *Fxr$^{fl/fl}$*; *n* = 7 *Fxr^{L-KO}*), or 4 hours (*n* = 5 *Fxr$^{fl/fl}$*; *n* = 10 *Fxr^{L-KO}*). (**D–F**) Gene expression of hepatic *Cyp7a1* and *Bsep* and ileal *Fgf15* in *Shp$^{-/-}$* mice treated with either vehicle (*n* = 8) or GSK2324 for 30 minutes (*n* = 8), 1 hour (*n* = 7), or 2 hours (*n* = 8). Gene expression was determined by qRT-PCR and normalized to *Tbp*. Data represent the mean ± SEM. *$P < 0.05$, **$P < 0.01$, and ***$P < 0.001$, by 1-way ANOVA.

Cyp8b1, mRNA levels (Figure 1, E and F). The differences in mRNA half-lives between these conditions are suggestive of the existence of posttranscriptional mechanisms that destabilize *Cyp7a1* mRNA.

Two pathways have been identified that are involved in feedback regulation of hepatic *Cyp7a1* mRNA levels (1). One involves intestinally derived FGF15 (FGF19 in humans), an FXR target gene that is secreted into the circulation in response to activation of FXR in intestinal enterocytes (9). The second involves induction of SHP, a known transcriptional repressor, following activation of hepatic FXR (8).

To determine whether hepatic FXR is required for the rapid decrease in *Cyp7a1* that occurs following FXR activation in vivo, we generated liver-specific FXR-KO mice (*Fxr^{L-KO}*) and littermate control floxed mice (*Fxr$^{fl/fl}$*) by crossing *Fxr$^{fl/fl}$* mice with albumin-Cre–expressing mice to delete FXR in hepatocytes. We then treated both *Fxr$^{fl/fl}$* and *Fxr^{L-KO}* animals with either vehicle or GSK2324 for 30 minutes, 1 hour, 2 hours, and 4 hours. *Cyp7a1* mRNA levels in the liver were reduced by 50% within 30 minutes, and the levels were almost completely abolished after 4 hours of GSK2324 treatment of *Fxr$^{fl/fl}$* mice (Figure 2A). In contrast, no

inhibition of *Cyp7a1* mRNA levels was observed for up to 2 hours after treatment of *Fxr^{L-KO}* mice with GSK2324 (Figure 2A). These data demonstrate that the initial and rapid GSK2324-dependent decrease in *Cyp7a1* mRNA requires hepatic FXR. However, 4 hours after GSK2324 treatment of *Fxr^{L-KO}* mice, there was significant inhibition of *Cyp7a1* mRNA (Figure 2A), suggesting that this latter inhibition is likely a result of intestinally derived FGF15.

Cyp8b1 mRNA levels were consistently reduced at a slower rate than were *Cyp7a1* mRNA levels after GSK2324 treatment, and the initial decline in *Cyp8b1* levels that occurred within 2 hours of GSK2324 treatment was dependent on hepatic FXR (Supplemental Figure 2A). The FXR target genes *Shp* and *Bsep* were induced in the livers of *Fxr$^{fl/fl}$*, but not *Fxr^{L-KO}*, mice treated with GSK2324 (Figure 2B and Supplemental Figure 2B). In contrast, GSK2324 treatment induced *Fgf15* and *Fabp6* (*iBabp*) mRNAs in the distal ileum in both *Fxr$^{fl/fl}$* and *Fxr^{L-KO}* mice (Figure 2C and Supplemental Figure 2C), demonstrating that intestinal FXR and the subsequent induction of intestinal FXR target genes were unaffected by loss of hepatic FXR. These results suggest that a specific factor that is controlled by hepatic FXR mediates the rapid decline of *Cyp7a1* mRNA levels following FXR activation.
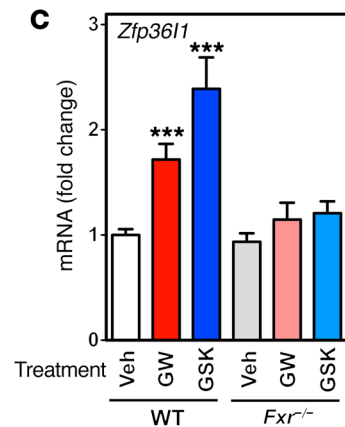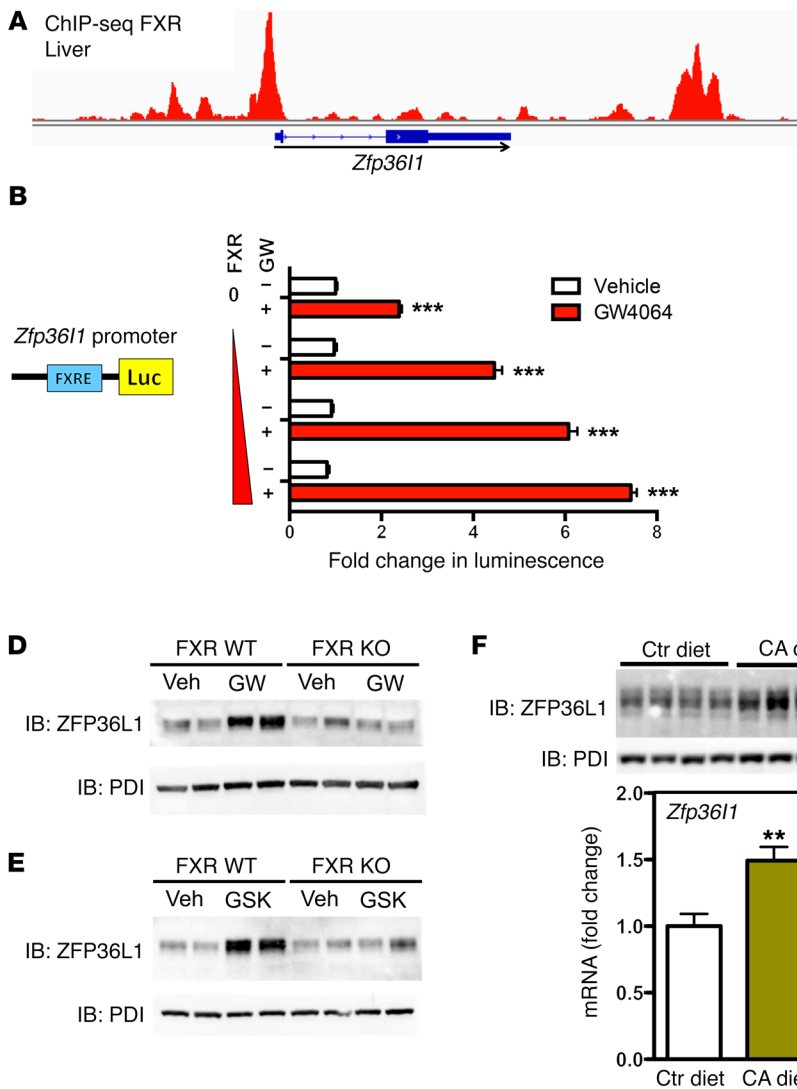
Figure 3. *Zfp36l1* is a direct FXR target gene and is induced by both pharmacologic and physiologic FXR agonists. (**A**) FXR ChIP-seq analysis (21) of the *Zfp36l1* genomic loci showing putative FXREs. (**B**) IHHs were transfected with a plasmid containing the *Zfp36l1* promoter region (2 kb) upstream of a luciferase reporter in combination with increasing amounts of a mouse *Fxrα2* expression plasmid. Cells were treated with vehicle or GW4064 (GW) (1 μM) for 24 hours after transfection. Luciferase activity was normalized to β-gal and is expressed as the fold change (*n* = 6 wells/condition). ZFP36L1 mRNA (**C**) and protein (**D** and **E**) in C57BL/6 WT and *Fxr⁻/⁻* mice treated daily with vehicle, GW4064, or GSK2324 (60 mpk) for 3 days (*n* = 7–9 mice/group). (**F**) ZFP36L1 mRNA and protein in C57BL/6 WT mice fed either a control (Ctr) or 0.5% CA diet. Gene expression analysis was determined by qRT-PCR and normalized to *Tbp*, and protein analysis was determined by Western blotting, with PDI used as a loading control. Data represent the mean ± SEM. **P < 0.01 and ***P < 0.001, by 1-way ANOVA (**B** and **C**) and Student's *t* test (**F**). Veh, vehicle.

To determine whether the rapid decrease in *Cyp7a1* mRNA observed in response to GSK2324 required the transcriptional repressor SHP, we obtained *Shp⁻/⁻* mice (17) and treated them with vehicle or GSK2324 for 30 minutes, 1 hour, or 2 hours. Notably, *Cyp7a1* mRNA levels declined by approximately 50% within 30 minutes of treating *Shp⁻/⁻* mice with GSK2324, indicating that SHP was not required for the rapid decrease in *Cyp7a1* mRNA levels (Figure 2D). Treatment of *Shp⁻/⁻* mice with GSK2324 also resulted in a decrease in *Cyp8b1* mRNA after 2 hours (Supplemental Figure 2D). The induction of the known FXR target genes *Bsep* (Figure 2E) and *Insig2a* (Supplemental Figure 2E) in the liver and induction of *Fgf15* in the distal Ileum (Figure 2F) were similar in *Shp⁻/⁻* mice, consistent with normal function of hepatic and intestinal FXR signaling in *Shp⁻/⁻* mice.

Taken together, these data demonstrate that the initial rapid decrease in *Cyp7a1* mRNA levels in response to FXR activation in vivo requires hepatic FXR but is independent of both SHP and induction of intestinal *Fgf15*. Furthermore, our data suggested that activation of hepatic FXR utilizes a previously unrecognized posttranscriptional mechanism to control *Cyp7a1* mRNA levels.

Various posttranscriptional mechanisms have been described that modulate mRNA stability: for example, the binding of micro-

RNAs (miRs) to seed sequences within target mRNA, or the interaction of the mRNA with specific RBPs (18, 19). We previously demonstrated that FXR regulates surprisingly few miRs. Among the direct FXR-regulated miRs we identified are the miR-144/miR-451 cluster (20) and miR-33 (21). Further, miRs are thought to be fine-tuners of gene expression and are therefore unlikely to be rapid regulators of gene expression (19). Thus, miRs seemed to be unlikely candidates for mediating the rapid change in *Cyp7a1* mRNA. We next considered RBPs, which represent a large class of genes that are reported to be more abundant in the mammalian genome than are transcription factors (18). RBPs bind RNA targets and either stabilize or destabilize mRNAs, usually in a sequence-specific manner (18). Since FXR activation rapidly decreased *Cyp7a1* mRNA levels, we hypothesized that FXR activation might result in the rapid induction of one or more specific RBPs that function to destabilize, and therefore enhance, the degradation of preexisting *Cyp7a1* mRNA.

To test this hypothesis and to identify potential FXR-regulated RBPs, we searched the literature for RBPs that degrade mRNA targets and manually checked those for potential FXR response elements (FXREs) using publicly available FXR ChIP-sequencing (ChIP-seq) data sets (22, 23). This approach
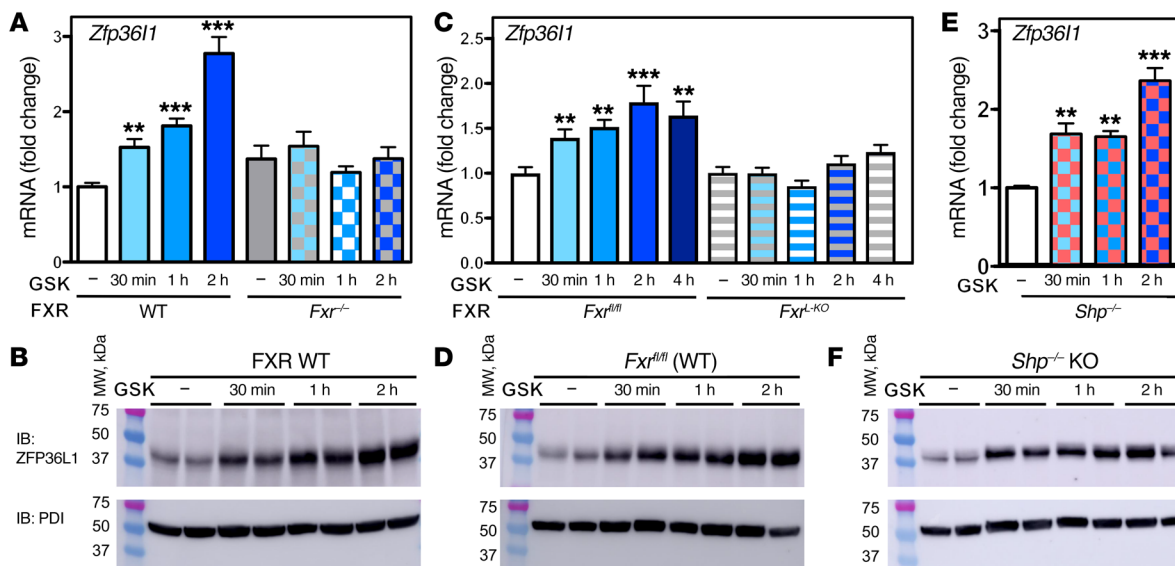
Figure 4. *Zfp36l1* is rapidly induced following FXR activation with GSK2324. (**A**, **C**, and **E**) *Zfp36l1* mRNA and (**B**, **D**, and **F**) ZFP36L1 protein in the livers of (**A** and **B**) WT and *Fxr*$^{-/-}$ mice (n = 16–8 WT; n = 7–6 *Fxr*$^{-/-}$ mice/group); (**C** and **D**) littermate *Fxr*$^{fl/fl}$ and *Fxr*$^{L-KO}$ mice (n = 13–7 WT; n = 11–7 *Fxr*$^{L-KO}$ mice/group); and (**E** and **F**) *Shp*$^{-/-}$ mice (n = 8–7 mice/group) treated with either vehicle or GSK2324 for 30 minutes, 1 hour, or 2 hours. Gene expression analysis was determined by qRT-PCR and normalized to *Tbp*, and protein analysis was determined by Western blotting, with PDI used as a loading control. Data represent the mean ± SEM. **P < 0.01 and ***P < 0.001, by 1-way ANOVA. MW, molecular weight.

led us to investigate ZFP36L1, since liver FXR ChIP-seq analysis (22) identified several potential FXREs at the mouse *Zfp36l1* locus. One FXRE is predicted to lie within the proximal promoter region of *Zfp36l1*, while a second FXRE is predicted to lie downstream of the gene (Figure 3A). These data suggest that *Zfp36l1* may be directly regulated by FXR.
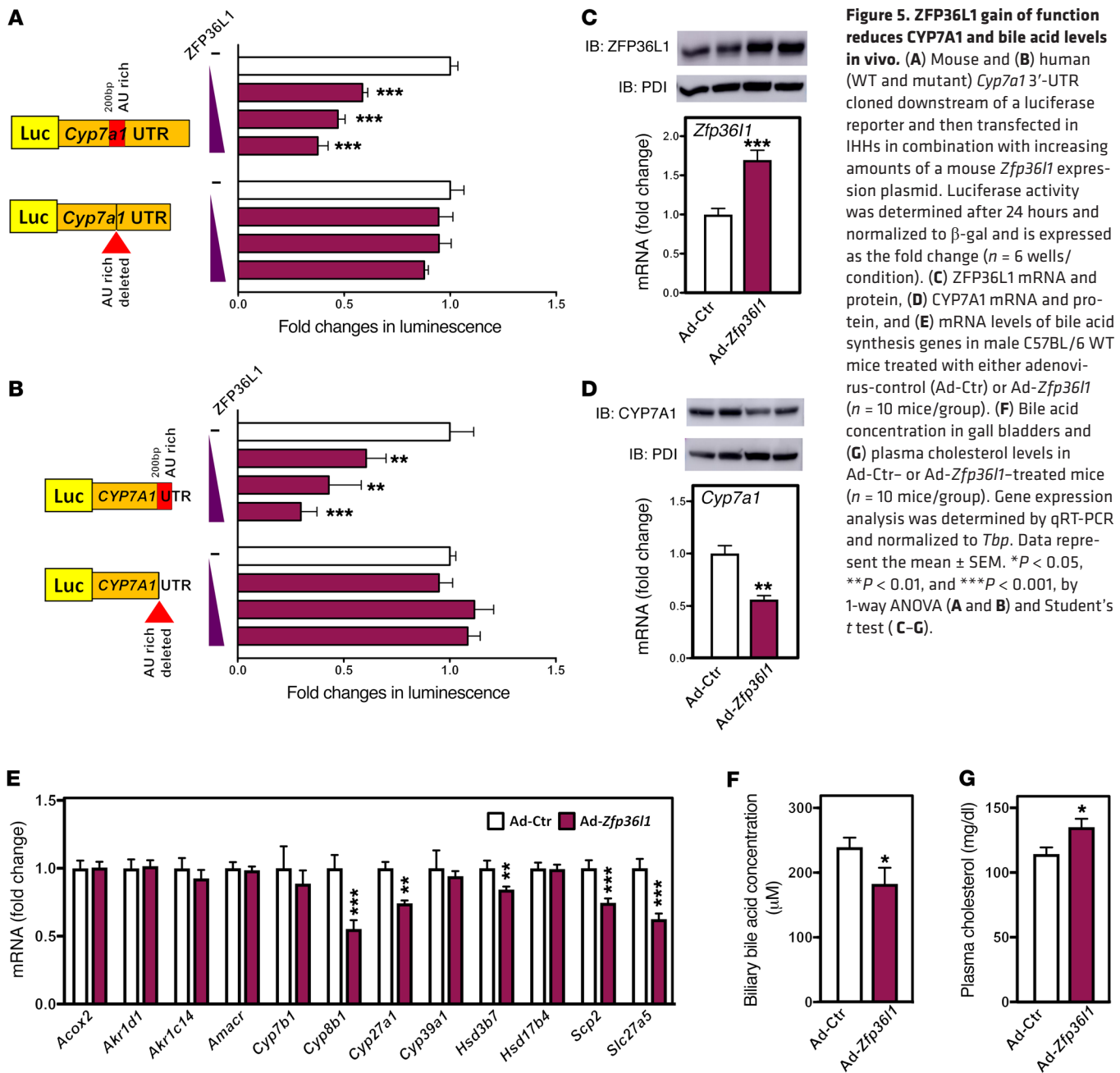
To determine whether the putative FXRE in the *Zfp36l1* promoter was functional, we cloned a 2-kb region corresponding to the promoter of *Zfp36l1*, upstream of a luciferase reporter gene. Cells were then cotransfected with this reporter gene in combination with increasing amounts of an FXRα2 expression plasmid and treated with either vehicle or the FXR agonist GW4064. The luciferase reporter driven by the mouse *Zfp36l1* promoter was highly induced by FXRα2 and the presence of GW4064 in a dose-dependent manner (Figure 3B), suggesting that the promoter of *Zfp36l1* contains functional FXREs.

To determine whether FXR activation results in the regulation of hepatic *Zfp36l1* in vivo, we treated WT and *Fxr*$^{-/-}$ mice with either FXR agonist, GW4064 or GSK2324 (60 mpk), for 3 days. *Zfp36l1* mRNA and protein were both induced in WT, but not *Fxr*$^{-/-}$, mice treated with either FXR agonist (Figure 3, C–E). To determine whether bile acids, which are endogenous FXR agonists, also regulate *Zfp36l1*, we fed WT mice a diet supplemented with CA for 7 days and found that CA feeding also led to an increase in hepatic *Zfp36l1* mRNA and protein (Figure 3F, and see the complete unedited blots in the supplemental material). As expected, CA feeding resulted in increased *Shp* mRNA and robust reductions of *Cyp7a1* and *Cyp8b1* mRNA levels (Supplemental Figure 3, A and B). To examine whether bile acids and other FXR agonists regulate *ZFP36L1* mRNA in human cells, we treated IHHs with either endogenous (CDCA) or synthetic (GW4064) FXR agonists. Both agonists increased ZFP36L1 mRNA and protein levels and

decreased *CYP7A1* mRNA levels (Supplemental Figure 3, C and D). Taken together, these results show that FXR activation with either synthetic or endogenous agonists results in the induction of ZFP36L1 in both mouse livers and IHHs, consistent with ZFP36L1 as a direct FXR target gene.

We hypothesized that the regulation of ZFP36L1 by FXR at both mRNA and protein levels would have to be rapid if ZFP36L1 were to be involved in the initial (30 min) decrease in *Cyp7a1* mRNA (Figures 1 and 2). To test this hypothesis, we determined how rapidly ZFP36L1 mRNA and/or protein levels were induced in WT, *Fxr*$^{-/-}$, *Fxr*$^{fl/fl}$, *Fxr*$^{L-KO}$, and *Shp*$^{-/-}$ mice following short-term treatment with GSK2324. Importantly, we show that the induction of ZFP36L1 mRNA and protein was already observed 30 minutes after GSK2324 treatment of WT (Figure 4, A and B), *Fxr*$^{fl/fl}$ (Figure 4, C and D), and *Shp*$^{-/-}$ mice (Figure 4, E and F, and see the complete unedited blots in the supplemental material). In contrast, *Zfp36l1* mRNA was not induced following GSK2324 treatment of *Fxr*$^{-/-}$ and *Fxr*$^{L-KO}$ mice (Figure 4, A and C). We also determined the half-life of *ZFP36L1* mRNA to be approximately 30 minutes in IHHs treated with actinomycin D, suggesting that *Zfp36l1* is a short-lived and rapidly regulated mRNA (Supplemental Figure 3E). Finally, we show that *ZFP36L1* expression was rapidly induced in IHHs treated with either GW4064 or CDCA (Supplemental Figure 3, F and G). Together, these in vitro and in vivo experiments demonstrate that activation of hepatic FXR results in a rapid (30 min) increase in both ZFP36L1 mRNA and protein levels.

The stability of specific mRNAs has been shown to be dependent on the interaction of the 3′-UTR with various factors, including miRs and RBPs (18). Indeed, ZFP36L1 promotes mRNA degradation after binding to AU-rich sequences in the 3′-UTR of specific cytokines and then recruiting deadenylation complexes (13, 24). Interestingly, the *Cyp7a1* 3′-UTR is large (2.5 kb in mice, 1.5 kb in

Figure 5. ZFP36L1 gain of function reduces CYP7A1 and bile acid levels in vivo. (**A**) Mouse and (**B**) human (WT and mutant) *Cyp7a1* 3′-UTR cloned downstream of a luciferase reporter and then transfected in IHHs in combination with increasing amounts of a mouse *Zfp36l1* expression plasmid. Luciferase activity was determined after 24 hours and normalized to β-gal and is expressed as the fold change (*n* = 6 wells/condition). (**C**) ZFP36L1 mRNA and protein, (**D**) CYP7A1 mRNA and protein, and (**E**) mRNA levels of bile acid synthesis genes in male C57BL/6 WT mice treated with either adenovirus-control (Ad-Ctr) or Ad-*Zfp36l1* (*n* = 10 mice/group). (**F**) Bile acid concentration in gall bladders and (**G**) plasma cholesterol levels in Ad-Ctr– or Ad-*Zfp36l1*–treated mice (*n* = 10 mice/group). Gene expression analysis was determined by qRT-PCR and normalized to *Tbp*. Data represent the mean ± SEM. *$P < 0.05$, **$P < 0.01$, and ***$P < 0.001$, by 1-way ANOVA (**A** and **B**) and Student's *t* test (**C**–**G**).

human) and contains multiple conserved AU-rich elements (24). To determine whether ZFP36L1 can regulate *Cyp7a1* mRNA stability, we generated a reporter plasmid containing the mouse *Cyp7a1* 3′-UTR downstream of a constitutively transcribed luciferase reporter. Cotransfection of a plasmid encoding ZFP36L1, together with the *Cyp7a1* 3′-UTR reporter gene, resulted in a ZFP36L1 dose–dependent decrease in luciferase activity (Figure 5A). The mouse *Cyp7a1* 3′-UTR has a 200-bp central region that contains several tandem AU-rich elements (Figure 5A). A reporter plasmid containing the mouse *Cyp7a1* 3′-UTR that lacked this 200-bp region was no longer responsive to coexpression of ZFP36L1 (Figure 5A). The human *CYP7A1* 3′-UTR also contains a similar 200-bp AU-rich sequence, which, in contrast to the mouse, is found at the 3′ end of the *CYP7A1* 3′-UTR. Cotransfection of ZFP36L1 with the luciferase

reporter gene construct containing the human *CYP7A1* 3′-UTR also led to a decrease in luciferase activity (Figure 5B). Furthermore, deletion of the 200-bp AU-rich sequence from the 3′-terminus of the UTR resulted in a reporter gene that was unresponsive to cotransfected ZFP36L1 (Figure 5B). We conclude that ZFP36L1 targets both human and mouse *CYP7A1* mRNA by binding to AU-rich elements in the 3′-UTR, leading to degradation of the mRNA.

To determine whether ZFP36L1 can also target endogenous *Cyp7a1* mRNA in vivo, we generated *Zfp36l1*-expressing adenovirus particles and infused them into the tail veins of male C57BL/6 mice. Recombinant adenovirus particles resulted in a modest increase in hepatic ZFP36L1 mRNA and protein levels (Figure 5C). Consistent with our in vitro studies involving hybrid reporter genes, enforced ZFP36L1 expression in WT mice significantly
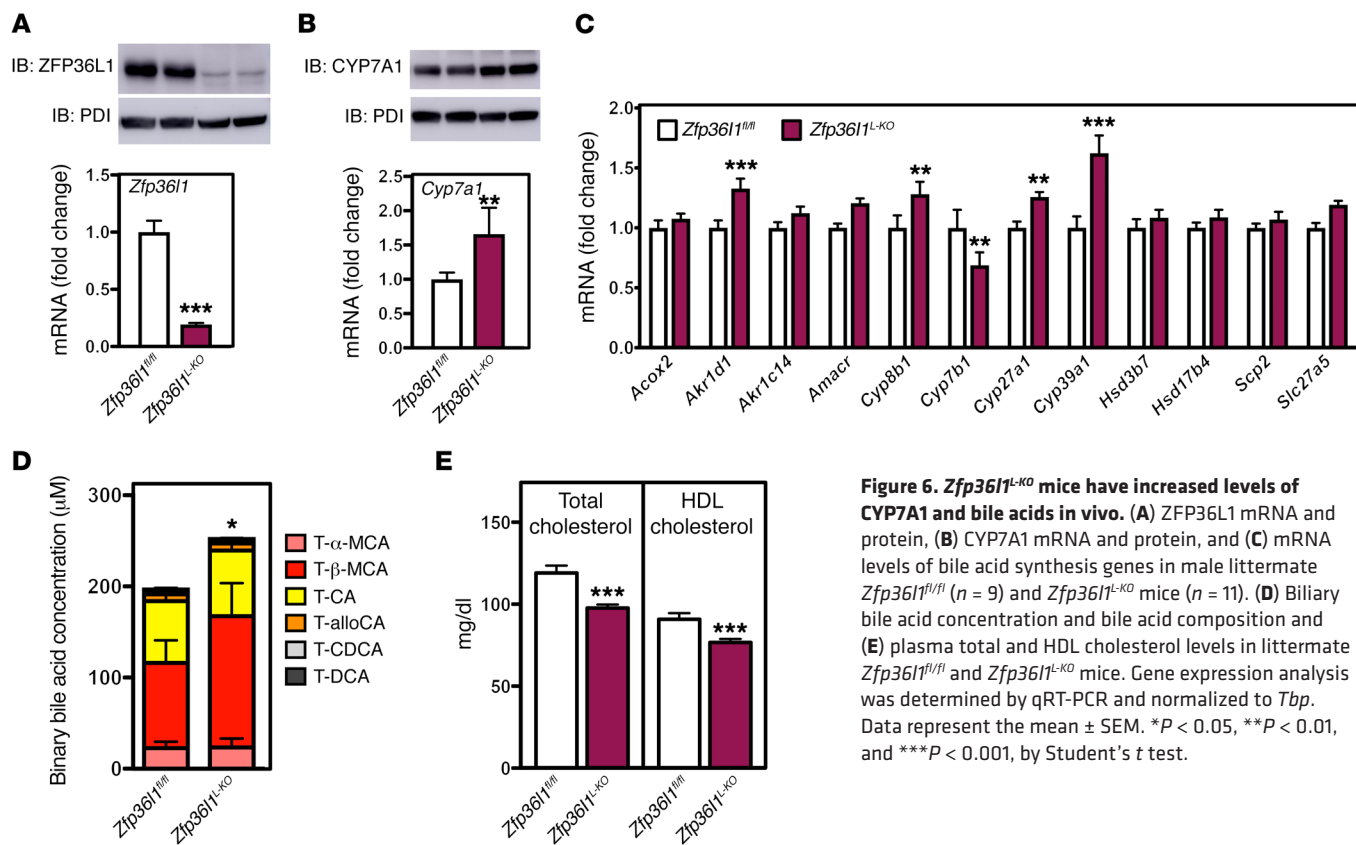
Figure 6. *Zfp36l1*^{L-KO} mice have increased levels of CYP7A1 and bile acids in vivo. (**A**) ZFP36L1 mRNA and protein, (**B**) CYP7A1 mRNA and protein, and (**C**) mRNA levels of bile acid synthesis genes in male littermate *Zfp36l1*^{fl/fl} (n = 9) and *Zfp36l1*^{L-KO} mice (n = 11). (**D**) Biliary bile acid concentration and bile acid composition and (**E**) plasma total and HDL cholesterol levels in littermate *Zfp36l1*^{fl/fl} and *Zfp36l1*^{L-KO} mice. Gene expression analysis was determined by qRT-PCR and normalized to *Tbp*. Data represent the mean ± SEM. *$P < 0.05$, **$P < 0.01$, and ***$P < 0.001$, by Student's *t* test.

decreased hepatic CYP7A1 mRNA and protein levels (Figure 5D, and see the complete unedited blots in the supplemental material).

We recently reported that expression of most of the 17 genes involved in the synthesis of bile acids from cholesterol is repressed following activation of FXR (14). We therefore examined whether these bile acid synthesis genes were also targeted by *Zfp36l1*. Enforced expression of ZFP36L1 in the livers of male mice led to the repression of some additional bile acid synthesis genes, namely *Cyp8b1*, *Cyp27a1*, *Hsd3b7*, *Scp2*, and *Scl27a5* (Figure 5E). However, only *Cyp7a1* and *Cyp8b1* mRNA levels were decreased when female mice were treated with adenovirus expressing *Zfp36l1* (Supplemental Figure 4, A–C), suggesting that these 2 mRNAs were particularly sensitive to ZFP36L1.

CYP7A1 is the rate-limiting enzyme involved in the conversion of hepatic cholesterol to primary bile acids (2). Consequently, we next tested the hypothesis that the ZFP36L1-dependent decrease in CYP7A1 mRNA and protein resulted in decreased bile acids. Bile acids turn over very slowly, with only 5% of the bile acid pool being excreted per day, and this loss by excretion is replenished by de novo bile acid synthesis (1). As shown in Figure 5F, biliary bile acid concentration significantly decreased following 5 days of ZFP36L1 overexpression. The total amount of bile acids in the gall bladders of adenovirus-*Zfp36l1*–treated (Ad-*Zfp36l1*–treated) mice was also decreased, but the volume of bile recovered from the gall bladder was unchanged (Supplemental Figure 4, D and E).

We also determined other metabolic parameters in mice overexpressing *Zfp36l1*. First, as shown in Figure 5G, plasma total cholesterol levels were significantly elevated following *Zfp36l1* overexpression. In contrast, plasma insulin and glucose levels were

unaffected in mice following hepatic overexpression of *Zfp36l1* (Supplemental Figure 4, F and G). Further, plasma levels of 2 liver enzymes, alanine aminotransferase (ALT) and aspartate aminotransferase (AST), were not altered following hepatic *Zfp36l1* overexpression (Supplemental Figure 4, H and I). These results emphasize an important role of ZFP36L1 in the regulation of lipid metabolism, given that short-term gain of function of *Zfp36l1* in vivo results in reduced *Cyp7a1* expression, decreased bile acids, and increased plasma cholesterol levels.

To complement our gain-of-function studies, we next investigated whether loss of *Zfp36l1* reciprocally affects bile acid metabolism. Germline deletion of *Zfp36l1* results in embryonic lethality (25, 26). Consequently, we obtained floxed *Zfp36l1* mice (*Zfp36l1*^{fl/fl}) (27) and crossed them with albumin-Cre–expressing animals to generate hepatocyte-specific *Zfp36l1*-KO mice (*Zfp36l1*^{L-KO}). *Zfp36l1* deletion in hepatocytes resulted in a greater than 80% reduction in total hepatic ZFP36L1 mRNA and protein levels (Figure 6A, and see the complete unedited blots in the supplemental material). The residual hepatic *Zfp36l1* mRNA detected in the *Zfp36l1*^{L-KO} mice is likely a result of *Zfp36l1* expression in nonparenchymal liver cells such as Kupffer, endothelial, and/or stellate cells.

We next investigated whether loss of ZFP36L1 in hepatocytes alters bile acid metabolism. Consistent with the hypothesis that ZFP36L1 normally functions to lower hepatic *Cyp7a1* levels, CYP7A1 mRNA and protein levels were significantly elevated in the livers of *Zfp36l1*^{L-KO} as compared with levels in control *Zfp36l1*^{fl/fl} mice (Figure 6B, and see the complete unedited blots in the supplemental material). mRNA levels of the majority of additional bile acid synthesis genes in the livers of *Zfp36l1*^{L-KO}
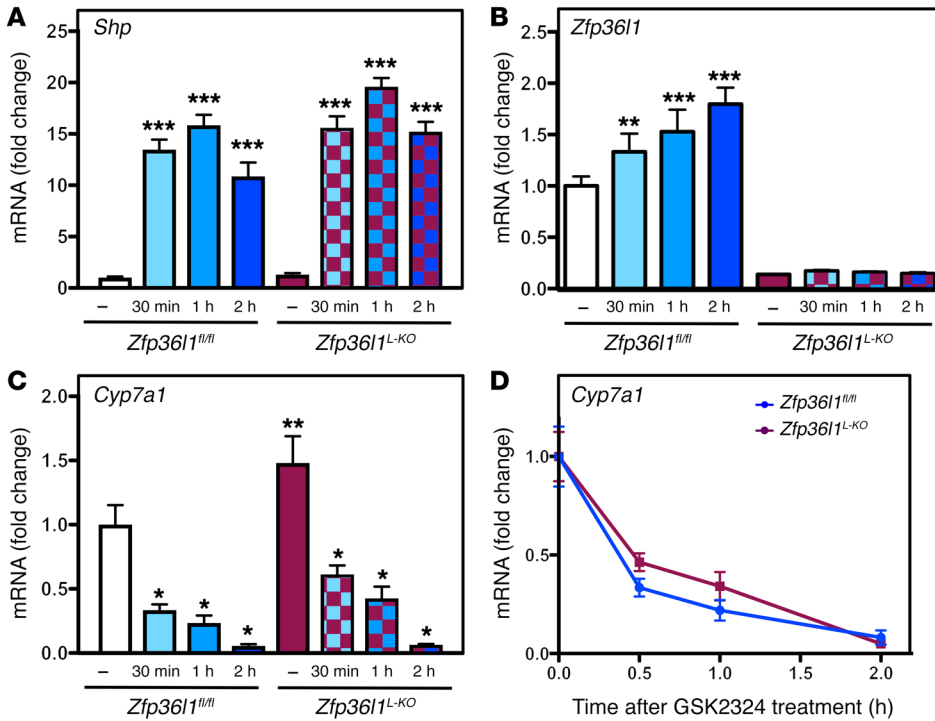
Figure 7. Redundant pathways controlled by FXR to regulate *Cyp7a1*. (A–C) Hepatic expression of *Shp*, *Zfp36l1*, and *Cyp7a1* genes in *Zfp36l1*^{fl/fl} and littermate *Zfp36l1*[L-KO] mice treated with either vehicle (*n* = 10, *Zfp36l1*^{fl/fl}; *n* = 13, *Zfp36l1*[L-KO]) or GSK2324 for 30 minutes (*n* = 8, *Zfp36l1*^{fl/fl}; *n* = 7, *Zfp36l1*[L-KO]), 1 hour (*n* = 8, *Zfp36l1*^{fl/fl}; *n* = 8, *Zfp36l1*[L-KO]), or 2 hours (*n* = 8, *Zfp36l1*^{fl/fl}; *n* = 7, *Zfp36l1*[L-KO]) before sacrifice. Gene expression analysis was determined by qRT-PCR and normalized to *Tbp*. **(D)** *Cyp7a1* levels after GSK treatment in *Zfp36l1*^{fl/fl} and *Zfp36l1*[L-KO] mice compared with levels in vehicle-treated mice, set to 1 (blue lines represent the same data as in **C**). **(E)** Summary diagram depicting known FXR-regulated pathways that control bile acid synthesis feedback inhibition. Data represent the mean ± SEM. *$P < 0.05$, **$P < 0.01$, and ***$P < 0.001$, by 1-way ANOVA.
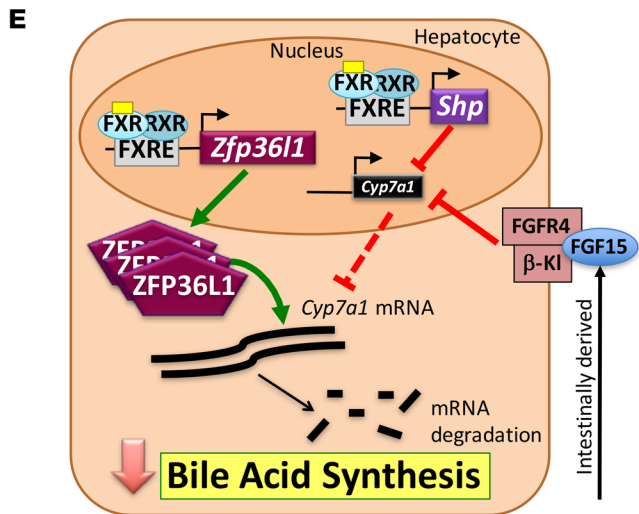
using indirect calorimetry. Oxygen consumption, carbon dioxide production, and activity were not significantly different in littermate *Zfp36l1*^{fl/fl} and *Zfp36l1*[L-KO] mice fed a standard rodent diet (Supplemental Figure 5, I–K).

Together, our combined in vivo gain- and loss-of-function studies strongly support an important role for hepatic ZFP36L1 specifically as a regulator of bile acid homeostasis. To determine whether the FXR/ZFP36L1 pathway is essential for the FXR-dependent regulation of bile acid synthesis, we carried out a time course of GSK2324 treatment of *Zfp36l1*^{fl/fl} and littermate *Zfp36l1*[L-KO] mice. *Shp* and *Zfp36l1* mRNA levels were induced in *Zfp36l1*^{fl/fl} mice, but only *Shp* was induced in *Zfp36l1*[L-KO] mice in response to the FXR agonist (Figure 7, A and B). Basal *Cyp7a1* mRNA levels were elevated in vehicle-treated *Zfp36l1*[L-KO] mice (Figure 7B), consistent with the data shown in Figure 6. However, *Cyp7a1* mRNA levels, which were rapidly decreased in *Zfp36l1*^{fl/fl} mice treated with GSK2324, were still decreased in *Zfp36l1*[L-KO] mice following GSK2324 treatment (Figure 7C). For direct comparison of the rates of *Cyp7a1* mRNA degradation, we also show the data for both genotypes (*Zfp36l1*^{fl/fl} and *Zfp36l1*[L-KO]) as the fold change relative to the respective vehicle-treated animals (Figure 7D). These data show a modest delay in the loss of *Cyp7a1* mRNA levels at 30 minutes and 1 hour following GSK2324 treatment of *Zfp36l1*[L-KO] as compared with *Zfp36l1*^{fl/fl} mice (Figure 7D). These latter findings suggest that additional FXR-dependent genes may encode other proteins that also function to degrade *Cyp7a1* mRNA. Nonetheless, we conclude that the new pathway whereby FXR activation induces ZFP36L1 mRNA and protein, which subsequently targets *Cyp7a1* mRNA for degradation, is not essential for feedback regulation of *Cyp7a1*. Our results suggest that multiple redundant and complementary pathways target *Cyp7a1* via both transcriptional (SHP/FGF15) and posttranscriptional (ZFP36L1) mechanisms to ultimately block bile acid synthesis upon FXR activation (Figure 7E).

mice were unchanged, although some gene expression levels were increased (*Akr1d1*, *Cyp8b1*, *Cyp27a1*, and *Cyp39a1*), and *Cyp7b1* mRNA expression was decreased (Figure 6C).

Total biliary bile acids were significantly elevated in *Zfp36l1*[L-KO] mice, and the increase was almost exclusive in 1 species of bile acid, namely tauro-β-muricholic acid (T-β-MCA) (Figure 6D). *Zfp36l1*[L-KO] mice also had modestly larger gall bladders, resulting in a larger increase in the total amounts of biliary bile acid (Supplemental Figure 5, A and B). In line with increased bile acid production, *Zfp36l1*[L-KO] mice also had decreased plasma levels of total and HDL cholesterol (Figure 6E). In contrast, the levels of plasma triglycerides (plasma TAG), free fatty acids, ALT, AST, insulin, and glucose were unaffected by loss of hepatic *Zfp36l1* (Supplemental Figure 5, C–H). Finally, we detected no gross metabolic abnormalities in *Zfp36l1*[L-KO] mice

Bile acids are both signaling molecules and detergents that facilitate lipid absorption, and mouse models with altered bile acid metabolism have a number of important metabolic phenotypes. For example, transgenic mice that overexpress human *CYP7A1* in hepatocytes have increased bile acid synthesis but are also resistant to diet-induced obesity and steatosis (28–30). The precise mechanisms by which elevated CYP7A1 levels lead to changes in obesity or steatosis are not well understood. Given our observations that *Zfp36l1*[L-KO] mice have elevated CYP7A1 mRNA and protein as well as increased bile acid levels (Figure 6), we hypothesized that loss of hepatic *Zfp36l1* would result in metabolic disturbances similar to those reported in *CYP7A1*-transgenic mice. We therefore challenged *Zfp36l1*[L-KO] and littermate control (*Zfp36l1*^{fl/fl}) mice with a Western-style diet (40 kCal fat, 0.21% cholesterol) for 64 days and measured body weight and fat and lean mass weekly. *Zfp36l1*[L-KO] animals fed the Western diet had less body weight gain and reduced fat mass (Figure 8, A and B) as well as reduced lean mass (Supplemental Figure 6A) compared with littermate *Zfp36l1*^{fl/fl} mice. We obtained similar results when we fed *Zfp36l1*^{fl/fl} and *Zfp36l1*[L-KO] animals a diet only enriched in fat (high-fat diet: 45 kCal fat, 0.03% cholesterol), and once again, *Zfp36l1*[L-KO] mice were resistant to diet-induced weight gain (Supplemental Figure 6, B–D). To determine whether the reduced body weight and fat mass were due to differences in energy metabolism, we placed littermate *Zfp36l1*^{fl/fl} and *Zfp36l1*[L-KO] animals in metabolic chambers and performed comprehensive metabolic analyses after 64 days of Western diet feeding. We observed no significant differences in energy expenditure (Figure 8C), oxygen consumption, carbon dioxide production, or activity (Supplemental Figure 6, E–G), suggesting that loss of hepatic *Zfp36l1* did not result in gross energy metabolism abnormalities. However, despite exhibiting decreased body and fat weights, *Zfp36l1*[L-KO] mice consumed more food than did their *Zfp36l1*^{fl/fl} littermates (Figure 8D). Moreover, *Zfp36l1*[L-KO] mice were markedly protected from diet-induced hepatosteatosis after 64 days on a Western diet (Figure 8E). Lipid extraction from the livers of control *Zfp36l1*^{fl/fl} and *Zfp36l1*[L-KO] mice confirmed reduced hepatic triglyceride (TAG) and cholesterol levels in *Zfp36l1*[L-KO] mice (Figure 8, F and G). Plasma TAG and cholesterol levels were also lower in the Western diet–fed *Zfp36l1*[L-KO] mice as compared with levels in control mice (Figure 8, H and I), as were plasma insulin and ALT levels (Figure 8, J and K). Plasma glucose levels were lower, but not significantly, whereas plasma AST levels were not altered (Supplemental Figure 6, H and I). Hepatic expression of the inflammatory cytokines *Il1b* and *Tnfa* were also significantly lower in the livers of Western diet–fed *Zfp36l1*[L-KO] mice (Supplemental Figure 6J). Together, these changes are consistent with improved hepatic function and improved metabolic handling in *Zfp36l1*[L-KO] mice following challenges with fat-enriched diets.

We also measured bile acid parameters in *Zfp36l1*[L-KO] mice fed a Western diet. Total biliary bile acid levels were elevated in Western diet–fed *Zfp36l1*[L-KO] mice, and the change was largely restricted to elevated T-β-MCA levels (Figure 8L). Moreover, Western diet–fed *Zfp36l1*[L-KO] mice had increased hepatic CYP7A1 mRNA and protein levels and altered expression of a number of bile acid synthesis genes (Figure 8, M and N, and see the complete unedited blots in the supplemental material). These changes are consistent with our analysis of mice on a standard rodent diet (Figure 6).

Given the central role of bile acids as detergents, we hypothesized that loss of hepatic *Zfp36l1* might affect intestinal lipid absorption, particularly under Western diet–fed conditions, as a consequence of the altered bile acid metabolism. To determine differences in lipid absorption, we first subjected Western diet–fed littermate *Zfp36l1*^{fl/fl} and *Zfp36l1*[L-KO] mice to an intragastric fat challenge and measured circulating triglycerides over a 6-hour period. *Zfp36l1*[L-KO] mice had a reduced excursion of plasma TAG levels after the fat challenge, suggesting that loss of hepatic *Zfp36l1* resulted in defective lipid absorption (Figure 8O).

Reduced lipid absorption should also result in increased caloric content in the feces, and, indeed, the total energy in the form of calories that was recovered in the feces from *Zfp36l1*[L-KO] mice was almost double that in feces from control mice (Figure 8P). Fecal calories were elevated even when expressed per gram, but the increased fecal calorie content was compounded by an increased fecal output by *Zfp36l1*[L-KO] mice (Supplemental Figure 6, K and L). Taken together, these data suggest that loss of hepatic *Zfp36l1* results in pronounced whole-body metabolic changes that are explained, at least in part, by decreased lipid absorption resulting from altered bile acid metabolism.

Discussion

Here, we identify *Zfp36l1* as an FXR target gene that functions to enhance the rate of degradation of *Cyp7a1* mRNA. We used gain- and loss-of-function studies to demonstrate that hepatic ZFP36L1 expression is inversely proportional to bile acid levels and, in addition, affects the composition of the bile acid pool. Thus, the current findings identify and characterize a previously unrecognized pathway by which activated FXR rapidly regulates bile acid synthesis. We show that FXR activation in vivo results in an intensely rapid decrease in *Cyp7a1* mRNA by a posttranscriptional mechanism that requires hepatic FXR but is independent of the transcriptional repressor SHP. To determine the molecular mechanism of the degradation of *Cyp7a1* mRNA, we identified the RBP *Zfp36l1* (12). The *Zfp36l1* gene locus contains multiple putative FXR response elements, consistent with its induction in response to natural (CA) or synthetic (GW4064, GSK2324) FXR agonists in vivo. Further, reporter gene assays indicated the presence of a functional FXRE in the proximal promoter of the *Zfp36l1* gene. Importantly, we show that in mice, induction of *Zfp36l1* mRNA and protein in response to FXR activation with GSK2324 occurs within 30 minutes. Taken together, these data suggest that rapid FXR-dependent induction of *Zfp36l1* leads to a reduction of *Cyp7a1* mRNA via a posttranscriptional mechanism, a hypothesis supported by our in vitro reporter gene studies.

We show that luciferase reporter genes linked to either the mouse or human *Cyp7a1* 3′-UTRs are repressed following overexpression of ZFP36L1. Additional reporter gene assays indicate that ZFP36L1-dependent regulation requires a region containing conserved AU-rich elements in the 3′-UTR of *Cyp7a1* mRNA. Indeed, previous studies have shown that *Zfp36l1* functions to repress cytokine and cell-cycle mRNAs by binding to AU-rich sequences in their 3'-UTRs (13, 27, 31). However, a role for *Zfp36l1* in regulating hepatic mRNAs in vivo, including those involved in lipid and bile acid metabolism, has not been reported. Notably, cytokine mRNAs were unaffected in the liver following treatment of mice with Ad-*Zfp36l1* or in *Zfp36l1*[L-KO] mice (data not shown).
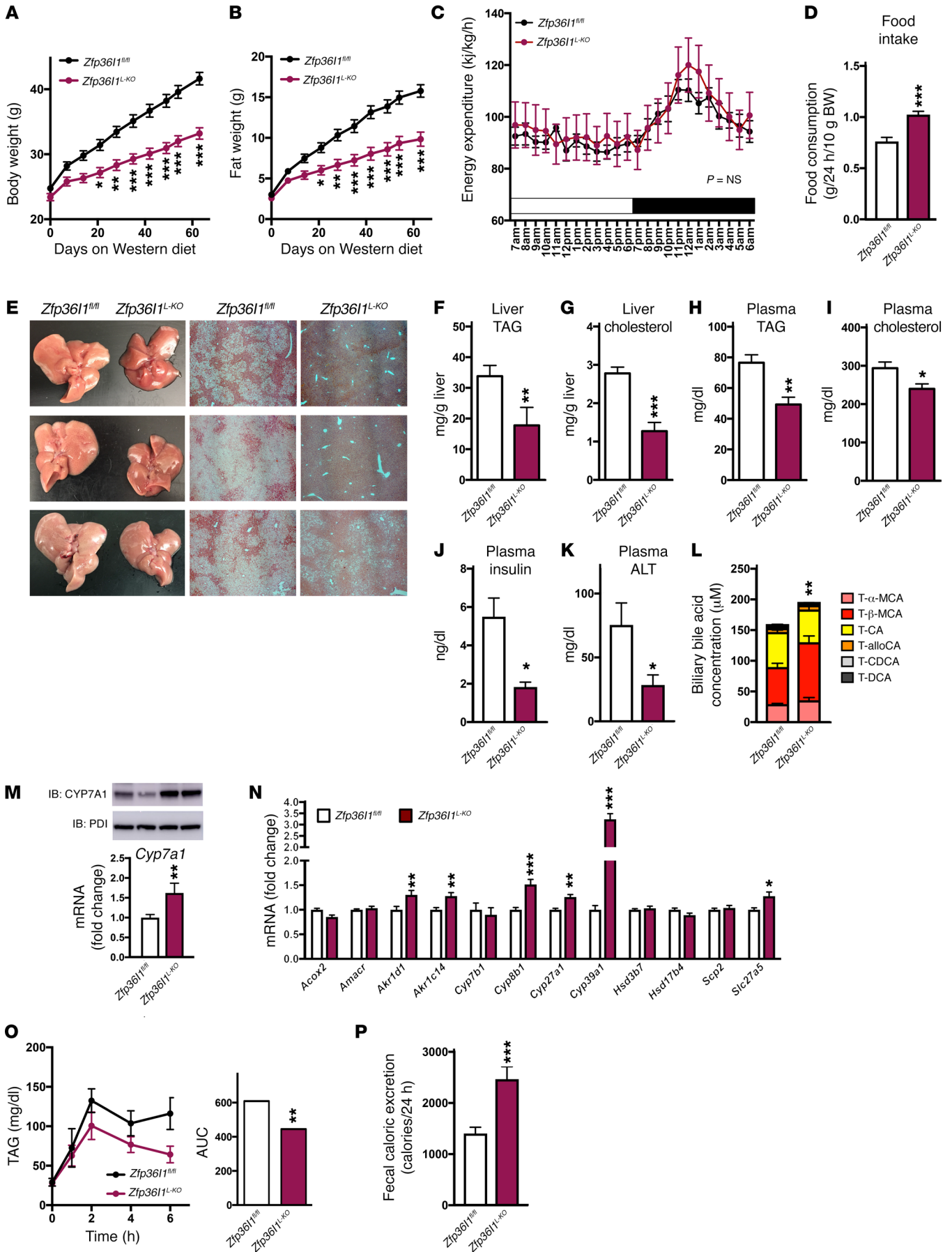
Figure 8. Loss of hepatic *Zfp36l1* results in resistance to diet-induced obesity, protection from steatosis, and reduced lipid absorption. (**A**) Body weight (g) and (**B**) fat mass (g) of male littermate *Zfp36l1*^fl/fl^ (*n* = 31) and *Zfp36l1*^L-KO^ (*n* = 19) mice measured weekly over a 64-day period of Western diet feeding. (**C**) Energy expenditure of male littermate *Zfp36l1*^fl/fl^ (*n* = 5) and *Zfp36l1*^L-KO^ (*n* = 6) mice fed a Western diet for 64 days. (**E**) Representative images of livers and H&E-stained sections from littermate pairs of *Zfp36l1*^fl/fl^ and *Zfp36l1*^L-KO^ mice fed a Western diet. Levels of (**F**) Hepatic triglyceride (TAG), (**G**) hepatic cholesterol, (**H**) plasma TAG, (**I**) plasma cholesterol, (**J**) plasma insulin, and (**K**) plasma ALT in littermate pairs of *Zfp36l1*^fl/fl^ and *Zfp36l1*^L-KO^ mice fed a Western diet (*n* = 19–10 mice/genotype). (**L**) Biliary bile acid levels and bile acid species, (**M**) CYP7A1 mRNA and protein levels, and (**N**) mRNA levels of other bile acid synthesis genes in littermate *Zfp36l1*^fl/fl^ and *Zfp36l1*^L-KO^ mice fed a Western diet (*n* = 19–10 mice/genotype). (**O**) Plasma TAG levels following an intragastric fat challenge of male littermate *Zfp36l1*^fl/fl^ (*n* = 6) and *Zfp36l1*^L-KO^ mice (*n* = 7) fed a Western diet. Graph at right shows the AUC. (**P**) Fecal calorimetric data expressed as calories per 24-hour period for feces from *Zfp36l1*^fl/fl^ (*n* = 12) and *Zfp36l1*^L-KO^ mice (*n* = 9). Data represent the mean ± SEM. *$P < 0.05$, **$P < 0.01$, and ***$P < 0.001$, by 2-way, repeated-measures ANOVA (**A** and **B**), repeated-measures 2-way ANCOVA (**C**), and Student's *t* test (**D**–**P**).

Our gain- and loss-of-function studies show that there are significant metabolic consequences to modulation of *Zfp36l1*. Hepatic overexpression of *Zfp36l1* in mice resulted in a decrease in both *Cyp7a1* and *Cyp8b1* mRNA levels. Complementary loss-of-function studies demonstrated that loss of *Zfp36l1* in the livers of mice results in an elevated expression of a number of mRNAs, including *Cyp7a1* and *Cyp8b1*, in both normal and Western diet–fed mice. Consistent with these findings, *Zfp36l1*^L-KO^ mice have increased biliary bile acid levels and an altered biliary bile acid composition. These results are consistent with the hypothesis that *Zfp36l1* normally functions to repress *Cyp7a1* mRNA and reduce bile acid synthesis. The reduction in plasma cholesterol levels that accompanied the increased bile acid levels is also consistent with increased bile acid synthesis in *Zfp36l1*^L-KO^ mice.

One of the major functions of bile acids is to facilitate lipid absorption, and it is clear that not all bile acids act in the same manner (1, 2). For example, *Cyp8b1*^-/-^ mice have increased T-β-MCA levels and no detectable tauro-CA. These same *Cyp8b1*^-/-^ mice have increased CYP7A1 enzymatic activity and an increased bile acid pool, yet decreased cholesterol absorption (7). Interestingly, *Cyp8b1*^-/-^ mice were recently shown to be resistant to steatosis and weight gain (32). The improved steatosis and decreased adiposity are similar to our findings in *Zfp36l1*^L-KO^ mice, which also had increased bile acid levels and, in particular, increased levels of T-β-MCA. Thus, the different bile acid composition of *Zfp36l1*^L-KO^ mice may account, at least in part, for the decrease in lipid absorption and the increase in fecal calorie content as well as the resistance to diet-induced adiposity and the decrease in steatosis. While the changes in plasma triglycerides following an oral lipid challenge were modest, the changes in body weight and adiposity are likely reflective of cumulatively defective lipid absorption over the 64-day period that the animals were on the diet.

Previous studies have defined two different FXR-dependent pathways, one requiring hepatic SHP and the other being dependent on intestinally derived FGF15/19, that are involved in the repression of *Cyp7a1* transcription (8, 9). Both these pathways have also been shown to work together, as recombinant FGF19

was unable to reduce *Cyp7a1* mRNA levels in *Shp*^-/-^ mice (11). We recently described an FXR-dependent pathway that functions through another transcriptional repressor, MAFG, which does not directly repress *Cyp7a1*. MAFG functions to repress numerous genes in the bile acid synthesis pathway, including *Cyp8b1*, the regulatory gene of CA synthesis (14). The relative contribution of each of these pathways to feedback regulation of bile acid synthesis has not been comprehensively established. Previous studies using *Shp*^-/-^ mice showed that treatment with GW4064 failed to repress *Cyp7a1* mRNA levels (33, 34), supporting the idea that SHP has a role in FXR-dependent repression of this gene. In contrast, we and others have reported that *Cyp7a1* mRNA levels decline following treatment of *Shp*^-/-^ mice with either GW4064 (35), CA (33, 34), or GSK2324, as we have shown here. At present, it is unclear whether these divergent results are due to the different genetic backgrounds of the animal models or to differences in the modes of administration, tissue uptake, or pharmacokinetics of the FXR agonists. Consequently, the exact role and importance of SHP in the repression of *Cyp7a1* remains to be clearly elucidated, although our data suggest that SHP is not essential for feedback regulation of bile acid synthesis.

The finding that treatment of *Zfp36l1*^L-KO^ mice with GSK2324 results in reduced *Cyp7a1* expression, albeit at a slower rate than in their WT littermates, suggests that *Zfp36l1* is also not essential for feedback regulation of bile acid synthesis. Nonetheless, the findings that hepatic loss of ZFP36L1 results in elevated levels of *Cyp7a1* and bile acids, reduced adiposity, and steatosis indicate that this protein functions in controlling *Cyp7a1* mRNA. Importantly, here we show that GSK2324 treatment of WT, *Shp*^-/-^, and *Zfp36l1*^L-KO^ mice reduces *Cyp7a1* mRNA levels. In contrast, *Cyp7a1* mRNA levels were unaltered in *Fxr*^-/-^ mice treated with GSK2324. Taken together, we conclude that FXR utilizes multiple redundant pathways to mediate feedback inhibition of bile acid synthesis. Redundancy in feedback inhibition of bile acid synthesis was also proposed in the original reports characterizing *Shp*^-/-^ mice (33, 34).

Our identification of ZFP36L1 as a regulator of *Cyp7a1* mRNA and bile acid composition provides a pathway that complements the known transcriptional repression pathways that decrease bile acid synthesis. ZFP36L1 may function to rapidly decrease preexisting *Cyp7a1* mRNA levels, and subsequent transcriptional repression mechanisms in response to FGF15 and/or SHP then maintain reduced levels of *Cyp7a1* mRNA under conditions of elevated bile acids and/or FXR activation. In addition to ZFP36L1, we have identified at least 1 other RBP that appears to be FXR regulated and can target and degrade *Cyp7a1* mRNA (data not shown). However, we have not yet characterized this pathway in detail. It remains to be determined whether the different RBPs that are responsive to FXR activation target *Cyp7a1* mRNA function in concert.

Studies conducted over a decade ago by Davis and colleagues had proposed that *Cyp7a1* might be regulated by posttranscriptional mechanisms (24). However, no molecular mechanism was identified at that time, although the AU-rich elements present in the *Cyp7a1* UTR were found to be required for the proposed posttranscriptional regulation (24). Since ZFP36L1 requires these AU-rich elements to repress *Cyp7a1* mRNA levels, we believe we have identified a factor involved in the posttranscriptional regulation of *Cyp7a1*.

ZFP36L1 can bind RNA directly but does not have the capability of degrading mRNAs by itself. Rather, ZFP36L1 binds mRNA targets in a sequence-specific fashion and then recruits additional proteins, including deadenylases, that then mediate mRNA degradation (13). Thus, ZFP36L1 acts as a guide for deadenylase complexes by recognizing specific motifs on mRNAs that are to be targeted for degradation. ZFP36L1 is known to bind AU-rich elements, which are common in 3′-UTRs of many genes, including *Cyp7a1*. However, it is clear that not all genes that contain AU-rich elements are regulated in the same way. The mRNA targets of ZFP36L1 are probably cell specific and depend not only on the presence of other specific proteins but also on the abundance of target mRNAs. Thus, the specificity of ZFP36L1 for particular targets is likely a combination of mRNA sequences and secondary structure, mRNA abundance, and protein-protein interactions. Additional studies will be required to identify and characterize the protein components in the liver that are involved in regulating *Cyp7a1* mRNA stability and degradation.

ZFP36L1 has also been implicated in human disease, as GWAS identified variants in the *ZFP36L1* locus associated with Crohn's disease and inflammatory bowel disease (IBD) (36). Since altered bile acid metabolism has also been implicated in diseases of the gut, our studies may provide an additional mechanism to explain, at least in part, how variants in the *ZFP36L1* locus are associated with IBD and Crohn's disease.

Bile acids are both signaling molecules and detergents, thus, we also determined whether loss of *Zfp36l1* in the liver results in broader metabolic dysfunction. Compared with their WT littermates, *Zfp36l1*[L-KO] mice had markedly reduced obesity, without changes in energy expenditure compared with their littermate WT controls. *Zfp36l1*[L-KO] mice were also protected from diet-induced hepatosteatosis. We propose that these metabolically beneficial effects are due to defects in lipid absorption, since *Zfp36l1*[L-KO] mice had a reduced response following an intragastric fat challenge and increased fecal calorie output. Interestingly, *CYP7A1*-transgenic mice exhibit many of the same phenotypes we have described here in *Zfp36l1*[L-KO] mice, including resistance to obesity and protection from steatosis (28–30). However, the mechanisms leading to the changes in obesity, steatosis, and lipid absorption in *CYP7A1*-transgenic mice remain unknown (28–30). Nonetheless, our studies suggest that many of the phenotypic changes we observed in *Zfp36l1*[L-KO] mice were a direct result of increased CYP7A1 activity, increased bile acid synthesis, and an altered bile acid pool size and composition that then affected lipid absorption in the gut. The prevalence of nonalcoholic fatty liver disease (NAFLD) and obesity has increased worldwide, and the pathogenesis of NAFLD is poorly understood (37). Our studies suggest that dysregulated bile acid metabolism is probably important in NAFLD progression.

Methods

Animals and treatments. All animals were bred and housed in a pathogen-free animal facility. C57BL/6 liver– and intestine–specific *Fxr*^{−/−} mice and their respective (littermate) *Fxr*^{fl/fl} WT controls as well as whole-body *Fxr*^{−/−} mice were generated as previously described (20). C57BL/6 littermate *Zfp36l1*^{fl/fl} (27) and *Zfp36l1*[L-KO] mice were generated by crossing *Zfp36l1*^{fl/fl} mice (31) with albumin-Cre–expressing animals (The Jackson Laboratory). Whole-body *Shp*^{−/−} mice (17) were obtained and backcrossed at UCLA for 6 further generations on a C57BL/6 back-

ground. All mice were maintained on a 12-hour light/12-hour dark cycle. In general, animals were used at 60 days of age, fasted at 9 am for 4 to 5 hours, and then sacrificed between 1 pm and 2 pm. For treatments with FXR agonists, GSK2324 was dissolved in water and administered once to mice via i.p. injection at 30 mpk for 30 minutes, 1 hour, 2 hours, or 4 hours before sacrifice. Vehicle-treated mice were injected with water for randomly assigned time points (between 30 min and 4 h). All mice were fasted for 4 hours and sacrificed at the same time of day (1–3 pm) to ensure a consistent circadian time point. Studies with GW4064 and GSK2324 at 60 mpk for 3 days were described previously (14).

Adenovirus production. All adenoviruses were prepared in biosafety level 2–category (BSL-2–category) facilities. Briefly, cDNAs for mouse *Zfp36l1* were cloned from whole-liver cDNA into a pAdTrack CMV plasmid and prepared as described previously (14). For animal experiments, 1×10^9 PFU were infused into either male or female C57BL/6 mice for 5 to 7 days before tissue collection.

Bile acid analysis. Gall bladders were removed after a 4- to 6-hour fast, bile was removed, and the contents were stored at –80°C. Bile acid species were measured using an HPLC system as described previously (14). Conjugated bile acids were analyzed by HPLC (Shimadzu) using a Kinetex 5m C-18 100A 250 × 4.6 mm column (Phenomenex) with isocratic elution at 0.75 ml/min. The eluting solution was composed of a mixture of methanol and 0.01 M KH_2PO_4 (67.4% v/v), adjusted to an apparent pH of 5.25 with H_2PO_4. Bile acids were quantified by measuring their absorbance at 205 nm and identified by matching their relative retention times with those of known standards.

Total bile acids were quantified with a calorimetric assay (Diazyme) using standards prepared with Na-tauro-CA. For biliary bile acids, samples were diluted at 1:1,000, and 10 μl was assayed. Bile acid amounts were calculated by multiplying the concentrations per microliter with the volume of bile in each gall bladder.

RNA isolation and quantitative real-time PCR. Liver samples (approximately 100 mg) were removed from mice and immediately flash frozen in liquid nitrogen and then stored at –80°C. Frozen tissue was homogenized in QIAzol (QIAGEN) and extracted according to the manufacturer's instructions. RNA was then treated with DNAse (rDNAseI; Ambion, Life Technologies, Thermo Fisher Scientific) for 1 hour at 37°C and re-extracted by phenol/chloroform/isoamyl alcohol (25:24:1, pH 6.6; Life Technologies, Thermo Fisher Scientific). cDNA was synthesized from 500 ng RNA using the High Capacity cDNA Reverse Transcriptase Kit (Applied Biosciences, Thermo Fisher Scientific) according to the manufacturer's instructions. Quantitative real-time PCR (qRT-PCR) standards were prepared from an aliquot from each cDNA reaction, which was then pooled. Standards were then diluted over a 3-log range (dilution range of 1:5, 1:10, 1:50, 1:100, 1:500, and 1:1,000). qRT-PCR was performed with primers designed to cross exon-exon boundaries using the Roche UPL primer design website (https://lifescience.roche.com/en_us/brands/universal-probe-library.html). qPCR was performed in triplicate for each sample in a 384-well format using Kapa LC480 SYBR Green Mix (Kapa Biosystems). qPCR was performed using a Lightcycler 480 (Roche), and concentrations were determined from the standard curve using the efficiency-corrected method (second derivative maximum, Roche). Relative quantification was determined by normalizing the expression of each gene to a housekeeping gene. Two housekeeping genes (*36B4* and *Tbp*) were used to normalize gene expression data. The primer sequences were previously described (14), except for *Zfp36l1* (forward: TTCAC-TACACACCAGATCCT; reverse: TGAGCAtCTTGTTACCCTTGC).

FXR agonist treatments and mRNA half-life determination in cultured cells. IHHs were seeded in 6-well plates and treated with 5 mg/ml actinomycin D (Sigma-Aldrich) dissolved in DMSO for various time intervals. All cells treated with actinomycin D for various time periods were harvested at the same time. CDCA (Sigma-Aldrich) or GW4064 (Sigma-Aldrich) was dissolved in vehicle (DMSO) and added to cells plated at 70% to 80% confluency. IHHs were treated at the concentrations and for the durations specified in the figure legends. Cells were then washed in PBS and harvested in QIAzol, and RNA was isolated using a miRNeasy Mini Kit (QIAGEN) according to the manufacturer's instructions. Gene expression was determined as described above. The primer sequences were previously described (14), except for hu*ZFP36L1* (forward: GATGACCACCACCCTCGT; reverse: TGGGAGCACTATAGTTGAGCATC).

Western blot analysis. Liver samples (approximately 100 mg) were homogenized in 1 ml RIPA buffer supplemented with protease inhibitor complex (Cell Signaling Technology). Protein was quantified using the BCA assay (Thermo Fisher Scientific), and 50 μg protein was used for Western blot analysis. PVDF membranes (EMD Millipore) were probed with antibodies overnight, and HRP detection was performed using ECL Reagent (Sigma-Aldrich) or ECL Prime (GE Healthcare) according to the manufacturers' instructions. Anti-ZFP36L1 antibody (BRF1/2, catalog 2119; Cell Signaling Technology; 1:1,000); anti-CYP7A1 antibody (catalog MABD42; Sigma-Aldrich; 1:1,000); protein disulfide isomerase (PDI) (catalog 3501; Cell Signaling Technology; 1:1,000); and secondary anti-rabbit HRP-conjugated antibody (GE Healthcare; 1:10,000) were used. HRP signal detection was determined electronically using an Amersham Imager 600UV system (GE Healthcare), and exposure was determined using GE software strictly set below the saturation point.

Promoter and UTR reporter analysis. A mouse *Zfp36l1* promoter (2 kb) luciferase reporter construct was generated by amplifying these regions from mouse genomic DNA using KAPA HiFi polymerase (Kapa Biosystems) and cloning them into a pGL4.10[luc2] plasmid (Promega). Mouse or human *Cyp7a1* UTR sequences were cloned into pcDNA3.1(+) containing luciferase (luc2 gene; Promega) inserted at the beginning of the multiple cloning site. Luciferase reporter constructs were transfected using Fugene HD (Promega), according to the manufacturer's instructions, into human IHHs plated onto 48-well dishes (n = 6 wells/condition). After 24 hours, medium was replaced, and for promoter reporter experiments, cells were treated with either vehicle (DMSO) or GW4064 (1 μM in DMSO) in medium containing 10% charcoal-stripped serum (Omega Scientific) for a further 24 hours.

Diet feeding studies and metabolic analysis. The Western-style diets (high-fat, high-cholesterol; catalog D12079B) and high-fat diets (catalog D12451) were purchased from Research Diets. CA-containing diets (0.5%) and global control diets were purchased from Envigo (Custom Diets). Body composition was determined weekly using NMR (Bruker Minispec) by measuring body fat mass and lean mass. For metabolic analysis, oxygen consumption, carbon dioxide production, and respiratory exchange ratio were determined using a modified open-circuit calorimeter (comprehensive laboratory animal monitoring system [CLAMS]; Columbus Instruments). Data for VO_2, VCO_2, and RER were used to calculate energy expenditure, as described previously (38).

Food consumption and calorimetric analysis. Littermate *Zfp36l1*$^{fl/fl}$ and *Zfp36l1*$^{L-KO}$ mice were fed a Western diet for 64 days and then individually housed for 2 days in cages containing metal grills to allow for acclimation. After 48 hours, mice were moved to a new clean cage with a metal grill, and food consumption was monitored every 24 hours for 48 hours. After 48 hours, fecal content was collected, dried, and weighed. Bomb calorimetric analysis of dried fecal samples was performed at the UT Southwestern Metabolic Phenotyping Core. Calories are expressed per gram of feces and per total mass excreted for each animal.

Plasma and liver lipid analysis. Plasma lipids were analyzed as previously described (20). For hepatic lipid analysis, liver tissue was snap frozen in liquid nitrogen, and total lipids were extracted by a modified Folch extraction method (39). Briefly, 50–100 mg liver tissue was homogenized in methanol. Lipids were extracted overnight in chloroform/methanol (2:1, v/v) and filtered. The extraction tube was rinsed twice with chloroform/methanol (2:1, v/v) and combined with the filtrate. To induce phase separation, 0.043% magnesium chloride was added, and the upper aqueous phase and interface (containing salted out proteins) were removed. The lower organic phase was dried under a nitrogen stream. The dried lipid was resuspended in 1% Triton X-100 in chloroform (3 ml per 0.1 g tissue) and dried down once more under a nitrogen stream. The dried lipid was resuspended in 1.8% Triton X-100 in water for lipid quantification using a calorimetric triglyceride or cholesterol assay kit (Thermo Fisher Scientific). Liver sections were prepared from paraformaldehyde tissue fixed overnight at the UCLA Translational Pathology Core Laboratory (TPCL) and stained with H&E.

Plasma metabolites and enzymes. EDTA plasma samples from animals were stored at –80°C after collection. Plasma ALT and AST (Teco Diagnostics) and plasma glucose levels were determined according to the manufacturer's instructions (Stanbio Laboratory). Plasma insulin levels were determined by ELISA (Alpco).

Statistics. All error bars represent the mean ± SEM. Significance was calculated using a 2-tailed, paired Student's *t* test for comparison of 2 groups (Microsoft Excel) or a 1- or 2-way ANOVA (GraphPad Prism, GraphPad Software) for comparison of more than 2 groups. For dietary studies over time, we used a 2-way repeated-measures ANOVA (GraphPad Prism Software). A repeated-measures 2-way ANCOVA (SPSS Inc.) was performed for analysis of metabolic parameters, with body weight, fat mass, and lean mass as defined covariates. Where Mauchly's test for sphericity failed, significance was calculated using the Greenhouse-Geisser correction. A *P* value of less than 0.05 was considered statistically significant.

Study approval. All animal experiments were performed according to NIH guidelines and were approved by the Office of Animal Research Oversight (OARO) at UCLA.

Author contributions

Study concept and design: TDAV; data acquisition: EJT, BLC, JC, AC, EL, PM, and TDAV; data analysis and interpretation: EJT, BLC, and TDAV; statistical analysis: BLC and TDAV; CLAMS: BLC and TS; mouse model: MT; technical support: JC, AC, EL, and PM; writing of the manuscript: EJT and TDAV; revision of the manuscript: EJT, TS, MT, and TDAV; study supervision: TDAV.

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