

# Increased cortical bone mineral content but unchanged trabecular bone mineral density in female $ER\beta^{-/-}$ mice

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Ovariectomy in young, growing rodents results in decreased trabecular bone mineral density (BMD) and increased radial growth of the cortical bone. Both of these effects are reversed by treatment with estrogen. The aim of the present study was to determine the physiological role of estrogen receptor- $\beta$  ( $ER\beta$ ) on bone structure and bone mineral content (BMC). The BMC was increased in adult (11 weeks old), but not prepubertal (4 weeks old), female  $ER\beta^{+/+}$  mice compared with wild-type (WT) mice. This increase in BMC in females was not due to increased trabecular BMD, but to an increased cross-sectional cortical bone area associated with a radial bone growth. Male  $ER\beta^{+/+}$  mice displayed no bone abnormalities compared with WT mice. Ovariectomy decreased the trabecular BMD to the same extent in adult female  $ER\beta^{+/+}$  mice as in WT mice. The expression levels of osteoblast-associated genes –  $\alpha 1(I)$  collagen, alkaline phosphatase, and osteocalcin mRNAs – were elevated in bone from adult  $ER\beta^{+/+}$  females compared with WT mice. These observations provide a possible explanation for the increased radial bone growth seen in female mutants, suggesting a repressive function for  $ER\beta$  in the regulation of bone growth during female adolescence. In summary,  $ER\beta$  is essential for the pubertal feminization of the cortical bone in female mice but is not required for the protective effect of estrogens on trabecular BMD.

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## Introduction

Postmenopausal osteoporosis is a condition primarily caused by the severe decrease of serum estrogen levels after cessation of ovarian function. The absence of estrogen results in an increase in bone turnover (1) and a negative bone remodeling balance, leading to bone loss and an increased fracture risk. The decrease in bone mass can be prevented by treatment with estrogens (2). Although the bone-preserving effect of estrogen replacement is indisputable (1), the cellular mechanism of action for this hormone effect is unclear. Osteoblasts express estrogen receptors (3, 4), indicating a direct effect of estrogens on bone tissue. However, indirect effects of estrogens on bone cannot be excluded.

It has been reported that a man who was homozygous for an inactivating point mutation in the estrogen receptor- $\alpha$  ( $ER\alpha$ ) gene demonstrated unfused growth plates and severe osteoporosis (5). Based on this clinical finding, it was assumed that  $ER\alpha$  is important for growth-plate closure and for adult bone metabolism. In contrast, mice lacking a functional  $ER\alpha$  had only minor skeletal abnormalities (6), suggesting that other mechanisms or receptors for estrogen action might be important during skeletal development of the mouse.

The cloning of a novel estrogen receptor, estrogen receptor- $\beta$  ( $ER\beta$ ), suggested that there may exist alter-

native mechanisms of action for estrogen (7). In general,  $ER\beta$  is expressed in the same tissues as  $ER\alpha$ , but expression levels vary (8). We and others have demonstrated that  $ER\beta$  is expressed in growth-plate chondrocytes and osteoblasts, indicating a possible role for  $ER\beta$  in the regulation of longitudinal bone growth and/or adult bone metabolism (refs. 9–12; and S. H. Windahl, unpublished results). However, the physiological role of  $ER\beta$  in the regulation of growth and bone metabolism is still unknown. We have recently generated mice devoid of functional  $ER\beta$  protein, and reported that  $ER\beta$  is essential for normal ovulation efficiency but not for female or male sexual development, fertility, or lactation (13). The aim of the present study was to determine the physiological role of  $ER\beta$  for longitudinal bone growth and bone mineral content (BMC) using the  $ER\beta^{+/+}$  mouse model.

## Methods

**Animals.** The animals were maintained under standardized environmental conditions, with free access to food and water. Genotyping of tail DNA was performed at 4–5 weeks of age using PCR with partly different primers than described previously (13). The primers used were one primer in intron 2 ( $\beta$ NHD4-25; 5'-AGAATGTTGCACTGCCCTGCTGC-3'), one in

**Table 1**  
Body weight and dimensions of bones

		Female		Male	
		WT	<i>ERβ</i> <sup>-/-</sup>	WT	<i>ERβ</i> <sup>-/-</sup>
Prepubertal mice	Body weight (g)	14.8 ± 0.5	14.7 ± 0.6	16.7 ± 0.6	16.1 ± 0.4
	Tibia length (mm)	16.6 ± 0.07	16.7 ± 0.1	16.5 ± 0.14	16.4 ± 0.04
	Femur length (mm)	11.2 ± 0.08	11.3 ± 0.08	11.4 ± 0.14	11.6 ± 0.10
Adult mice	Body weight (g)	19.9 ± 0.4	23.6 ± 1.1 <sup>A</sup>	25.9 ± 0.6	26.8 ± 1.7
	Tibia length (mm)	17.6 ± 0.11	17.9 ± 0.11	18.2 ± 0.04	18.0 ± 0.16
	Femur length (mm)	14.6 ± 0.13	15.2 ± 0.11 <sup>A</sup>	15.0 ± 0.09	15.2 ± 0.20
	Femur growth-plate width (μm)	123 ± 8.1	106 ± 5.6	99 ± 6.1	106 ± 11.1

Four-week-old mice are indicated as prepubertal mice (female WT and *ERβ*<sup>-/-</sup> mice [*n* = 6]; male WT and *ERβ*<sup>-/-</sup> mice [*n* = 7]). Eleven-week-old mice are indicated as adult mice (female WT and *ERβ*<sup>-/-</sup> mice [*n* = 7]; male WT and *ERβ*<sup>-/-</sup> mice [*n* = 5]). Femur growth-plate width was measured in the distal femur. Values are given as mean ± SEM. <sup>A</sup>*P* < 0.01 vs. WT.

intron 3 (C1wt-27; 5'-GGAGTAGAAACAAG-CAATCCAGACATC-3'), and one in the Neo cassette (Neo-25; 5'-GCAGCCTCTGTTCCACATACACTTC-3'). The PCR program used was as follows: 95°C for 2 minutes (95°C for 30 seconds, 64°C for 1 minute, 72°C for 1 minute) for 30 cycles, and 72°C for 7 minutes. A 650-bp product (βNHD4-25 and C1wt-27) was amplified for the homozygous wild-type (WT; +/+) mice, and a 450-bp (βNHD4-25 and Neo-25) product was amplified for the homozygous mutant (-/-) mice; both bands were amplified for the heterozygous (+/-) mice.

**Histological examination.** Right femora were fixed in 4% paraformaldehyde, embedded in paraffin, and sectioned and stained with Alcian blue/van Gieson. The width of the growth plate was measured using an image-processing system (Easy Image; Bergströms Instrument, Stockholm, Sweden) coupled to a microscope. The average of 30 growth-plate measurements (3 sections, 10 measurements per section) was calculated for each femur.

**Dual x-ray absorptiometry.** Areal bone mineral density (BMD; BMC/cm<sup>2</sup>) and BMC were measured with the pDEXA Sabre and Sabre Research software (both from Norland Medical Systems Inc., Fort Atkinson, Wisconsin, USA).

In vivo measurements of animals were performed to determine total body, spine, and cranium BMC (medium-resolution scan with line spacing set at 0.05 cm). Three mice were analyzed at a time. A mouse that was

sacrificed at the beginning of the experiment was included in all the scans as an internal standard in order to avoid interscan variations.

Ex vivo measurements of the left femur and tibiae and vertebrae L<sub>5</sub> were performed on excised bones placed on a 1-cm-thick Plexiglas™ table. All bones compared were measured in the same scan (high-resolution scan with line spacing set at 0.01 cm).

**Peripheral quantitative computerized tomography.** Computerized tomography was performed with the Stratec peripheral quantitative computerized tomography (pQCT) XCT Research M (software version 5.4B; Norland Medical Systems Inc.) operating at a resolution of 70 μm (14).

Mid-diaphyseal pQCT scans of femora and tibiae were performed to determine the cortical volumetric BMD, the cortical cross-sectional area, the periosteal circumference, the endosteal circumference, the moment of resistance, and the cross-sectional moment of inertia. The mid-diaphyseal region of femora and tibiae in mice contains only cortical bone.

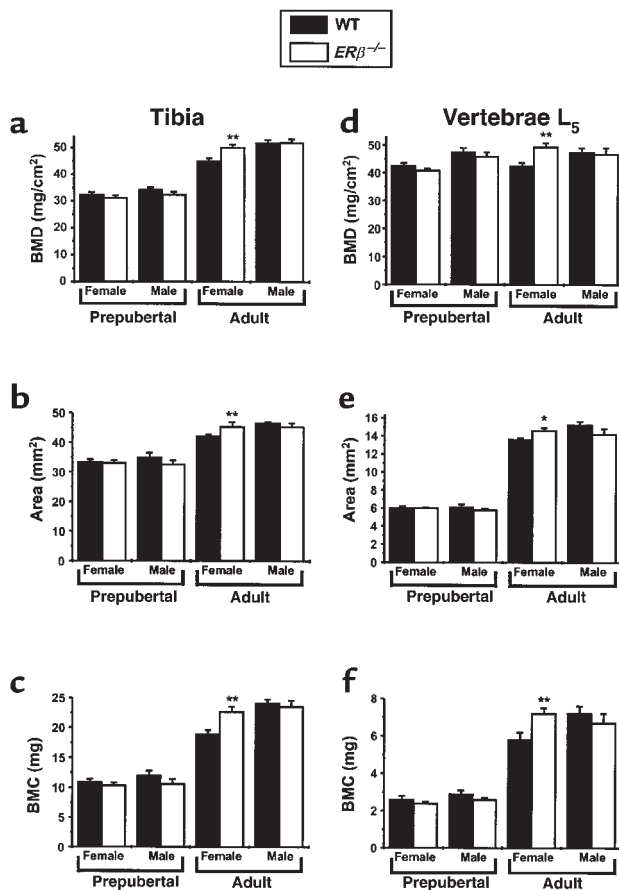
Metaphyseal pQCT scans of left femora and tibiae were performed to measure trabecular volumetric BMD. The scan was positioned in the metaphysis at a distance from the distal growth plate corresponding to 4% of the total length of the femur (an area containing cortical and trabecular bone). The trabecular bone region was defined by setting an inner area to 45% of the total cross-sectional area. The interassay coefficients of variation for the pQCT measurements were less than 2%.

It should be emphasized that dual x-ray absorptiometry (DXA) gives the areal BMD, whereas the pQCT gives the real/volumetric BMD. Thus, DXA gives the mineral content per area, not per volume. Therefore, a factor regulating the outer dimensions of a bone will affect the areal BMD (DXA) but not the volumetric BMD (pQCT).

**Table 2**  
DXA measurements of BMC in vivo

			Female		Male	
			WT	<i>ERβ</i> <sup>-/-</sup>	WT	<i>ERβ</i> <sup>-/-</sup>
Prepubertal mice	Total body	BMC (mg)	367 ± 18	334 ± 11	418 ± 13	393 ± 17
	Cranium	BMC (mg)	140 ± 4.0	123 ± 4.1 <sup>A</sup>	145 ± 3.4	138 ± 3.8
Adult mice	Total body	BMC (mg)	507 ± 15	596 ± 15 <sup>B</sup>	603 ± 20	626 ± 34
	Cranium	BMC (mg)	201 ± 2.9	234 ± 5.9 <sup>B</sup>	204 ± 4.0	215 ± 6.1
	Spine	BMC (mg)	70 ± 4.3	92 ± 5.9 <sup>B</sup>	103 ± 11	94 ± 8.6

Four-week-old mice are indicated as prepubertal mice (female WT and *ERβ*<sup>-/-</sup> mice [*n* = 6]; male WT and *ERβ*<sup>-/-</sup> mice [*n* = 7]). Eleven-week-old mice are indicated as adult mice (female WT and *ERβ*<sup>-/-</sup> mice [*n* = 7]; male WT and *ERβ*<sup>-/-</sup> mice [*n* = 5]). Values are given as mean ± SEM. <sup>A</sup>*P* < 0.05 vs. WT. <sup>B</sup>*P* < 0.01 vs. WT.



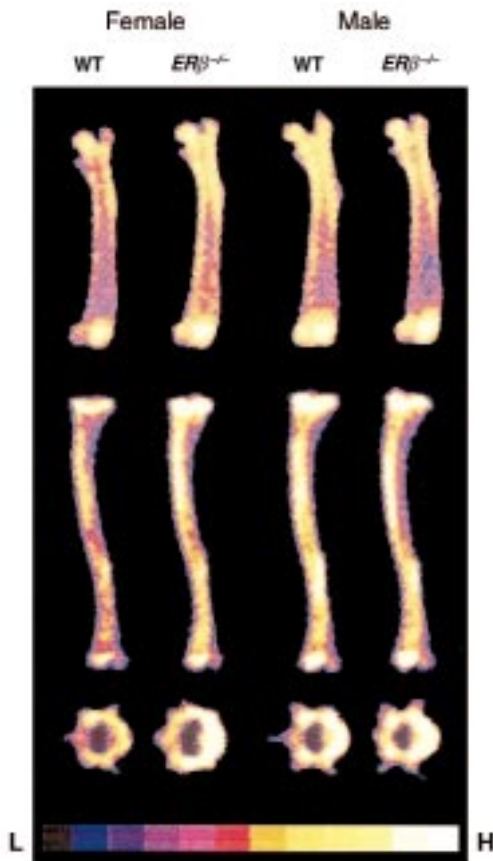
**Figure 1**  
DXA measurements of bone parameters of excised bones. The area BMD (a and d), bone area (b and e), and BMC (c and f) of excised tibiae (a-c) and vertebrae L<sub>5</sub> (d-f) were measured using DXA as described in Methods. Four-week-old mice are indicated as prepubertal mice (female WT and ERβ<sup>-/-</sup> mice [n = 6]; male WT and ERβ<sup>-/-</sup> mice [n = 7]). Eleven-week-old mice are indicated as adult mice (female WT and ERβ<sup>-/-</sup> mice [n = 7]; male WT and ERβ<sup>-/-</sup> mice [n = 5]). Values are given as mean ± SEM. \*P < 0.05, \*\*P < 0.01 vs. WT.

**Table 3**  
Trabecular volumetric BMD and cortical bone parameters measured using pQCT

			Female		Male	
			WT	ERβ <sup>-/-</sup>	WT	ERβ <sup>-/-</sup>
Prepubertal mice	Tibia	Trabecular density (mg/mm <sup>3</sup> )	0.196 ± 0.007	0.191 ± 0.012	0.215 ± 0.016	0.218 ± 0.017
		Cortical density (mg/mm <sup>3</sup> )	0.938 ± 0.010	0.929 ± 0.015	0.951 ± 0.007	0.938 ± 0.003
		Cortical area (mm <sup>2</sup> )	0.48 ± 0.03	0.46 ± 0.02	0.52 ± 0.02	0.54 ± 0.01
		Cortical BMC (mg/mm)	0.46 ± 0.03	0.43 ± 0.03	0.49 ± 0.02	0.50 ± 0.01
Adult mice	Tibia	Trabecular density (mg/mm <sup>3</sup> )	0.282 ± 0.011	0.299 ± 0.009	0.331 ± 0.006	0.328 ± 0.007
		Cortical density (mg/mm <sup>3</sup> )	1.130 ± 0.010	1.172 ± 0.004 <sup>A</sup>	1.168 ± 0.011	1.173 ± 0.015
		Cortical area (mm <sup>2</sup> )	0.67 ± 0.01	0.76 ± 0.02 <sup>A</sup>	0.85 ± 0.03	0.83 ± 0.03
		Cortical BMC (mg/mm)	0.75 ± 0.02	0.89 ± 0.02 <sup>A</sup>	0.99 ± 0.03	0.97 ± 0.04
	Femur	Trabecular density (mg/mm <sup>3</sup> )	0.287 ± 0.007	0.274 ± 0.010	0.316 ± 0.010	0.309 ± 0.014
		Cortical density (mg/mm <sup>3</sup> )	1.147 ± 0.011	1.182 ± 0.008 <sup>B</sup>	1.156 ± 0.020	1.166 ± 0.009
		Cortical area (mm <sup>2</sup> )	0.80 ± 0.02	0.91 ± 0.03 <sup>A</sup>	0.97 ± 0.03	0.99 ± 0.05
		Cortical BMC (mg/mm)	0.91 ± 0.03	1.07 ± 0.04 <sup>A</sup>	1.12 ± 0.04	1.15 ± 0.06

Four-week-old mice are indicated as prepubertal mice (female WT and ERβ<sup>-/-</sup> mice [n = 6]; male WT and ERβ<sup>-/-</sup> mice [n = 7]). Eleven-week-old mice are indicated as adult mice (female WT and ERβ<sup>-/-</sup> mice [n = 7]; male WT and ERβ<sup>-/-</sup> mice [n = 5]). Values are given as mean ± SEM. <sup>A</sup>P < 0.01 vs. WT. <sup>B</sup>P < 0.05 vs. WT.

**RNA preparation and RT-PCR.** Total RNA was extracted from individual intact femoral bones of WT and ERβ<sup>-/-</sup> animals after homogenization in denaturation buffer with a Polytron homogenizer, using the kit ToTALLY RNA (Ambion Inc., Austin, Texas, USA) according to the manufacturer's instructions. cDNA synthesis was done with 5 μg total RNA and 200 U Superscript Reverse Transcriptase (Life Technologies Inc., Gaithersburg, Maryland, USA) at 42 °C for 1 hour, using oligo-(dT)<sub>12-18</sub> as primer (GIBCO BRL, Paisley, Scotland, United Kingdom). For the PCR amplification, 5% of the synthesized cDNA was added to a 33-μL PCR mix containing 130 ng of each oligonucleotide primer, 0.5 U Taq DNA-polymerase (Promega Corp., Madison, Wisconsin, USA), and the corresponding buffer containing 15 mM MgCl<sub>2</sub>. The cDNA was amplified for 25 cycles [α1(I) collagen (Col. I), alkaline phosphatase (ALP), cathepsin K (Cath. K), and tartrate-resistant acid phosphatase (TRAP)] or 20 cycles (osteocalcin [OC] and GAPDH) by incubation at 94 °C for 30 seconds, 55 °C for 30 seconds, and 74 °C for 30 seconds. The oligonucleotide primers used for the amplification are as follows: Col. I (GenBank accession no. X 54876): forward primer 5'-GAAGTCAGCTGCATACAC-3', corresponding to the sequence from nucleotide 3289 to 3306; reverse primer 5'-AGGAAGTCCAGGCTGTCC-3', corresponding to the sequence from nucleotide 3932 to 3915; product size 313 bp. ALP (GenBank accession no. J02980): forward primer 5'-AGCAGGATTGACCACGG-3', corresponding to the sequence from nucleotide 1181 to 1198; reverse primer 5'-TGTAGTTCTGCTCATGGA-3', corresponding to the sequence from nucleotide 1620 to 1603; product size 440 bp. OC (GenBank accession no. U11542): forward primer 5'-TCTGCTCACTCTGCTGAC-3', corresponding to the sequence from nucleotide 33 to 50; reverse primer 5'-GGAGCTGCTGTGACATCC-3', corresponding to the sequence from nucleotide 420 to 403; prod-



**Figure 2**  
DXA scan of femur (top), tibia (middle), and vertebrae (bottom) from  $ER\beta^{+/-}$  and WT mice. The relative areal BMD is indicated: H = high density, L = low density.

uct size 388 bp. TRAP (GenBank accession no. S70805): forward primer 5'-TGACAAGAGGTTCCAGGA-3', corresponding to the sequence from nucleotide 4 to 21; reverse primer 5'-AGCCAGGACAGCTGAGTG-3', corresponding to the sequence from nucleotide 321 to 304; product size 312 bp. Cath. K (GenBank accession no. X94444): forward primer 5'-CTTGTGGACTGTGTGACT-3', corresponding to the sequence from nucleotide 499 to 516; reverse primer 5'-AACACTG-

CATGGTTCACA-3', corresponding to the sequence from nucleotide 836 to 819; product size 338 bp.

As a control for cDNA synthesis, PCR amplification was made with GAPDH (GenBank accession no. M32599): forward primer 5'-GTGAACGGGAAGCTCACTGG-3', corresponding to the sequence from nucleotide 710 to 729; reverse primer 5'-TGAGGTC-CACCACCCTGTTG-3', corresponding to the sequence from nucleotide 1022 to 1003; product size 313 bp.

The PCR products were run on a 2% agarose gel in the presence of ethidium bromide.

## Results

**Body weight and dimensions of bones.**  $ER\beta^{+/-}$  and WT mice were analyzed at 4 weeks of age (prepubertal) and 11 weeks of age (adult). The body weight and the length of the long bones were unchanged in prepubertal  $ER\beta^{+/-}$  mice compared with WT mice. No significant difference was seen between prepubertal WT females and WT males (Student's *t* test). However, as expected, adult male mice were heavier and had longer tibiae and femora than did adult female mice (Table 1 and Figure 2; Student's *t* test). Surprisingly, the adult female  $ER\beta^{+/-}$  mice were heavier and had longer femora than did adult female WT mice (Table 1).

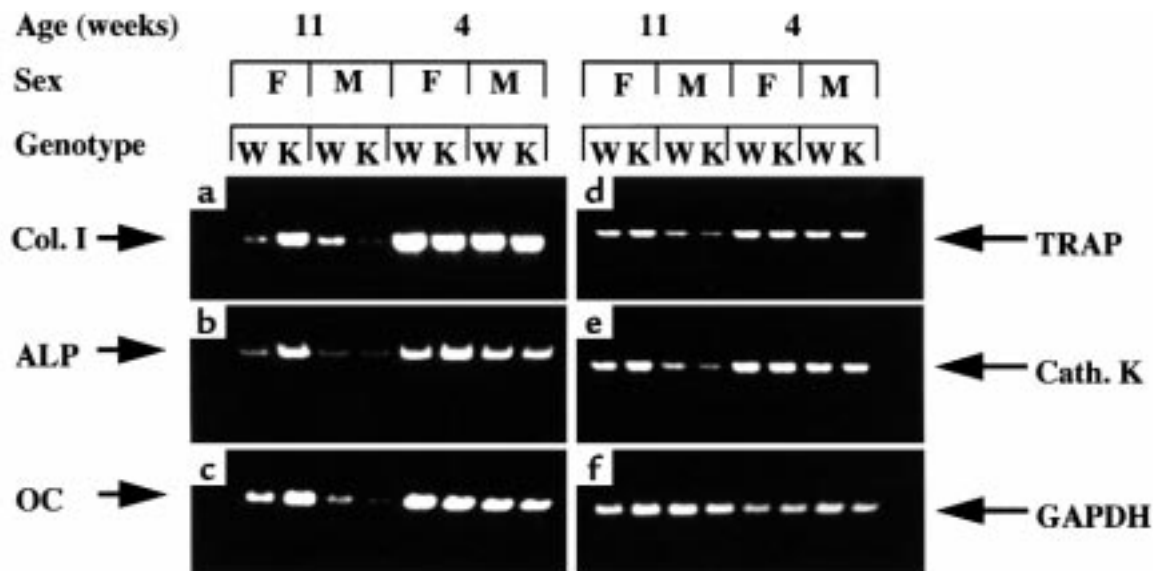
A disproportional longitudinal bone growth, with a 4% increase in tibial length and a 30% increase in femoral length, was seen from 4 weeks of age to 11 weeks of age in female WT mice (Table 1). Most likely, this difference is due to the fact that most of the tibial growth occurs before puberty, whereas the femur demonstrates a significant adolescent growth spurt. This observation provides a possible explanation for the finding of the present study that femoral length, but not tibial length, is increased in  $ER\beta$ -deficient female mice. It also suggests that  $ER\beta$  plays a repressive role during pubertal growth of murine females.

**Total BMC and BMC of individual bones.** The bones from the  $ER\beta^{+/-}$  mice were analyzed in detail using DXA and pQCT. The whole-body BMC was increased in adult female  $ER\beta^{+/-}$  mice, but not in adult male  $ER\beta^{+/-}$  mice, compared with WT mice — as measured using DXA (Table 2). Actually, the gender difference seen in adult

**Table 4**  
Mid-diaphyseal dimensions in adult mice measured using pQCT

		Female		Male	
		WT	$ER\beta^{-/-}$	WT	$ER\beta^{-/-}$
Tibia	Cortical periosteal circumference (mm)	4.04 ± 0.04	4.34 ± 0.05 <sup>A</sup>	4.51 ± 0.08	4.46 ± 0.12
	Cortical endosteal circumference (mm)	2.82 ± 0.05	3.05 ± 0.03 <sup>A</sup>	3.12 ± 0.07	3.09 ± 0.11
	Cortical cross-sectional moment of inertia (mm <sup>4</sup> )	0.17 ± 0.01	0.24 ± 0.02 <sup>A</sup>	0.29 ± 0.02	0.29 ± 0.03
	Cortical moment of resistance (mm <sup>3</sup> )	0.23 ± 0.01	0.29 ± 0.01 <sup>A</sup>	0.32 ± 0.02	0.30 ± 0.02
Femur	Cortical periosteal circumference (mm)	4.93 ± 0.07	5.28 ± 0.06 <sup>A</sup>	5.52 ± 0.16	5.51 ± 0.10
	Cortical endosteal circumference (mm)	3.78 ± 0.08	4.06 ± 0.06 <sup>B</sup>	4.28 ± 0.18	4.24 ± 0.08
	Cortical cross-sectional moment of inertia (mm <sup>4</sup> )	0.33 ± 0.02	0.46 ± 0.02 <sup>A</sup>	0.54 ± 0.05	0.56 ± 0.05
	Cortical moment of resistance (mm <sup>3</sup> )	0.36 ± 0.01	0.46 ± 0.02 <sup>A</sup>	0.49 ± 0.03	0.50 ± 0.03

Female WT and  $ER\beta^{-/-}$  mice (*n* = 7); male WT and  $ER\beta^{-/-}$  mice (*n* = 5). Values are given as mean ± SEM. <sup>A</sup>*P* < 0.01 vs. WT. <sup>B</sup>*P* < 0.05 vs. WT.



**Figure 3**

Expression of osteoblast- and osteoclast-associated genes in long bones of prepubertal (4 weeks old) and adult (11 weeks old) male (M) and female (F) wild-type (W) mice and  $ER\beta^{+}$  knockout (K) mice by RT-PCR. Osteoblast markers: (a) Col. I, (b) ALP, and (c) OC. Osteoclast markers: (d) TRAP, (e) Cath. K, and (f) GAPDH (the control).

WT mice, with higher total BMC in males compared with females, was not seen in adult  $ER\beta^{+}$  mice (Student's *t* test). The effect on individual bones was also studied using DXA. The BMC of cranium, spine, vertebrae L<sub>5</sub>, tibia, and femur was increased in adult female  $ER\beta^{+}$  mice compared with WT mice (cranium, 16%; spine, 31%; vertebrae L<sub>5</sub>, 24%; tibia, 20%; and femur, 27%, over that of WT; Table 2 and Figures 1 and 2). WT male mice had higher BMC than did WT females in the spine, the vertebrae L<sub>5</sub>, and the tibia (Figure 1 and Table 2; Student's *t* test). This gender difference was not seen in  $ER\beta^{+}$  mice. No difference in total, spine, tibial, and vertebral BMC was seen between  $ER\beta^{+}$  and WT in prepubertal male and female mice or in adult male mice.

The increase in tibial and vertebral BMC in adult female  $ER\beta^{+}$  mice (20% and 24%, respectively, over that of WT) was a result of both an increased bone area (tibia, 8%; vertebrae L<sub>5</sub>, 11%, over that of WT) and an increased areal BMD (tibia, 11%; vertebrae L<sub>5</sub>, 16%, over that of WT; Figure 1).

**Trabecular BMD.** Trabecular volumetric BMD can be measured in the metaphysis of the distal femur and proximal tibia using pQCT. Adult, but not prepubertal, female mice had significantly lower trabecular volumetric BMD than did male mice (Table 3; Student's *t* test). In contrast to the total BMC of tibia and femur, no effect was seen on the trabecular volumetric BMD in adult female  $ER\beta^{+}$  mice compared with WT mice. Thus, the increased BMC in female  $ER\beta^{+}$  mice was not caused by an increased trabecular volumetric BMD.

**Cortical bone parameters.** As the trabecular volumetric BMD was not changed, the cortical bone parameters were studied in detail. Cortical bone parameters were

investigated by mid-diaphyseal pQCT sections. The cortical BMCs of the mid-diaphyseal section of tibia and femur were increased in adult female  $ER\beta^{+}$  mice compared with WT (tibia, 19%; femur, 18%, over that of WT); this increase was mainly due to an increased cross-sectional bone area (tibia, 13%; femur, 14%, over that of WT) and, to a lesser extent, to an increased volumetric BMD (tibia, 4%; femur, 3%, over that of WT; Table 3). The increase in cross-sectional area was associated with an increase of the periosteal circumference and the endosteal circumference (Table 4). The changes in the size and position of the cross-sectional cortical bone area in adult female  $ER\beta^{+}$  mice resulted in a large increase of both the cortical cross-sectional moment of inertia (tibia, 41%; femur, 39%, over that of WT) and the cortical moment of resistance (tibia, 26%; femur, 28%, over that of WT; Table 4). There was a gender difference in all of the cortical bone parameters between adult female WT and male WT mice. However, no gender difference was seen for these parameters between female  $ER\beta^{+}$  mice and male  $ER\beta^{+}$  mice.

**Effect of ovariectomy in adult female mice.** Female  $ER\beta^{+}$  mice were ovariectomized at 13 weeks of age. The bones of the animals were analyzed 8 weeks later. Ovariectomy decreased the uterine weight in both  $ER\beta^{+}$  and WT mice, demonstrating that the ovariectomy was complete (Table 5). Ovariectomy decreased the BMC to the same extent in  $ER\beta^{+}$  mice as in WT mice (Table 5). This decrease in BMC was associated with a large decrease in trabecular volumetric BMD and a small decrease in cortical BMC.

**Expression of osteoblast- and osteoclast-associated genes.** To investigate molecular mechanisms behind the bone phenotypic alterations in adult female  $ER\beta^{+}$  mice, the

**Table 5**  
Effect of ovariectomy in adult female mice

		Female	
		WT	<i>ERβ</i> <sup>-/-</sup>
Uterine weight		-82 ± 3% <sup>A</sup>	-80 ± 2% <sup>A</sup>
Cranium	Total BMC	-9.0 ± 4%	-7.9 ± 2.6%
Vertebrae L <sub>5</sub>	Total BMC	-21 ± 3%	-27 ± 6%
Tibia	Total BMC	-20 ± 1% <sup>B</sup>	-26 ± 4% <sup>A</sup>
Femur	Total BMC	-18 ± 2% <sup>B</sup>	-17 ± 4% <sup>B</sup>
	Trabecular density	-36 ± 5% <sup>B</sup>	-27 ± 5% <sup>A</sup>
	Cortical BMC	-18 ± 3% <sup>A</sup>	-21 ± 3% <sup>A</sup>
	Cortical density	-6 ± 0.9% <sup>A</sup>	-4 ± 0.4% <sup>A</sup>
	Cortical area	-13 ± 3% <sup>A</sup>	-18 ± 3% <sup>B</sup>

Values are given as percent decrease compared with sham-operated control and are expressed as mean ± SEM (*n* = 5–6). <sup>A</sup>*P* < 0.01 vs. sham-operated mice. <sup>B</sup>*P* < 0.05 vs. sham-operated mice.

expression of osteoblast-associated mRNAs (Col. I, ALP, OC) and osteoclast-associated mRNAs (TRAP, Cath. K) was assessed by RT-PCR of RNA extracted from long bones of WT and *ERβ*<sup>+/-</sup> mice (Figure 3). The expression levels of these genes were generally higher and not sexually differentiated in prepubertal WT mice, consistent with increased bone metabolism and turnover during rapid postnatal growth. In female adult *ERβ*<sup>+/-</sup> mice, the expression of the osteoblast-associated genes was, however, increased compared with age-matched WT female mice. As to the osteoclast-associated genes, no difference could be observed between adult *ERβ*<sup>+/-</sup> and WT female mice, although expression levels were higher in adult females than in males.

### Discussion

The present study demonstrated that the adult female *ERβ*<sup>+/-</sup> mice had an increased total BMC caused by increased cortical BMC, whereas the trabecular volumetric BMD was unchanged. This increase in cortical BMC was mainly caused by an increase in the cortical cross-sectional area, associated with radial cortical growth (increased periosteal circumference) of the bones. No effect was seen in male *ERβ*<sup>+/-</sup> mice. Actually, the gender differences seen in adult WT mice (higher total BMC, increased cross-sectional cortical area, and increased periosteal circumference in males compared with females) were not seen in adult *ERβ*<sup>+/-</sup> mice. Thus, it appears that the cortical bone in female *ERβ*<sup>+/-</sup> mice displays a loss of feminization. It has previously been demonstrated that gonadectomy of young rats results in decreased radial cortical bone growth in males and increased radial growth in females, such that the gender difference is largely eliminated. The gender difference is reestablished in ovariectomized rats by administration of estrogen to females (1, 15). This finding, together with our present result of a loss of feminization of the cortical bone in adult female *ERβ*<sup>+/-</sup> mice, indicates that *ERβ* is involved in feminization of the cortical bone in rodents. The effect of *ERβ* on cortical bone mass may include direct effects on the bone tissue or indirect effects such as regulation of systemic hormones. A

direct effect on the bone tissue is made possible by recent findings that *ERβ* is expressed in osteoblasts (refs. 9–11; and S. H. Windahl, unpublished results).

In the tibial long bone, which has almost completed its longitudinal growth before the onset of puberty, an increase in BMC, but not bone length, was seen in the adult female *ERβ*<sup>+/-</sup> mice compared with WT mice. This finding demonstrates that the increased BMC in adult female *ERβ*<sup>+/-</sup> mice was not caused solely by a stimulation of longitudinal bone growth.

It is well known from clinical and rat studies that ovariectomy results in a decrease in BMC, and that this decrease is predominantly caused by a reduction of the trabecular volumetric BMD (1). The ovariectomy mouse model is less well characterized. However, we recently demonstrated, by using the same techniques as were used in the present study, that ovariectomy in mice also results in a large decrease in trabecular volumetric BMD (16). Interestingly, in the present study, no reduction in trabecular volumetric BMD was seen in *ERβ*<sup>+/-</sup> females compared with WT mice. Furthermore, ovariectomy decreased the trabecular volumetric BMD to the same extent in *ERβ*<sup>+/-</sup> and WT mice, demonstrating that ovariectomy-induced reduction in trabecular volumetric BMD does not depend solely on *ERβ*. Therefore, one may speculate that either *ERα* by itself or *ERα* and *ERβ* in a redundant manner protect against ovariectomy-induced trabecular bone loss. Future experiments with ovariectomy of *ERα* and *ERαβ* double-knockout mice will provide more insight into the receptor specificity of estrogens on bone mass. A functional receptor specificity for *ERα* versus *ERβ* in cardiovascular homeostasis has recently been described (17). It was demonstrated that estrogen inhibits vascular injury response by a mechanism that is independent of the *ERα*, suggesting that *ERβ* was involved in this response. In contrast, the same degree of decrease in uterine weight in *ERβ*<sup>+/-</sup> and WT mice after ovariectomy, as demonstrated in the present study, indicates that *ERβ* is not required as a mediator for the effect of estrogens on the uterus. Thus, *ERα* and *ERβ* may have both independent and common functions in normal physiology as well as pathophysiology.

The molecular mechanisms of action for *ERα* versus *ERβ* have recently been investigated. *ERα* and *ERβ* have almost identical DNA-binding domains, and studies in vitro have demonstrated that the 2 receptors have some similarities in the affinity for estrogenic compounds (7, 18, 19). The amino acid sequence of *ERβ* differs from *ERα* in the NH<sub>2</sub>- and COOH-terminal transactivating regions. Therefore the transcriptional activation mediated by *ERβ* may be distinct from that of *ERα* (20). Considering the great similarities in DNA-binding specificity, it has been speculated that a differential tissue distribution of estrogen receptors may be important for mediating tissue-specific responses to estrogens (21). Thus, the unique transactivating domains of the 2 receptor subtypes, in combination with differential tissue distribution, could be important factors in determining the estrogen response in target tissues.

In conclusion, *ERβ*<sup>+</sup> mice have unchanged trabecular BMD. In contrast, adult female mice devoid of *ERβ* have an increased cortical BMC caused by an increased cross-sectional bone area, resulting in a loss of feminization of the cortical bone. This finding indicates that *ERβ* is essential for the endogenous estrogen effect on cortical bone in female mice. As suggested by the pattern of osteoblast and osteoclast gene expression, the absence of active *ERβ* prevents the estrogen-induced downregulation of osteoblast-associated genes occurring in WT mice during adolescence. These observations confirm, and provide a potential explanation at the molecular level for, the sexually differentiated bone phenotype in female mice and, moreover, indicate a repressive role for *ERβ* in regulating osteoblast function.

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