



# Glucokinase and IRS-2 are required for compensatory $\beta$ cell hyperplasia in response to high-fat diet–induced insulin resistance

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**Glucokinase (*Gck*) functions as a glucose sensor for insulin secretion, and in mice fed standard chow, haploinsufficiency of  $\beta$  cell–specific *Gck* (*Gck*<sup>+/-</sup>) causes impaired insulin secretion to glucose, although the animals have a normal  $\beta$  cell mass. When fed a high-fat (HF) diet, wild-type mice showed marked  $\beta$  cell hyperplasia, whereas *Gck*<sup>+/-</sup> mice demonstrated decreased  $\beta$  cell replication and insufficient  $\beta$  cell hyperplasia despite showing a similar degree of insulin resistance. DNA chip analysis revealed decreased insulin receptor substrate 2 (*Irs2*) expression in HF diet–fed *Gck*<sup>+/-</sup> mouse islets compared with wild-type islets. Western blot analyses confirmed upregulated *Irs2* expression in the islets of HF diet–fed wild-type mice compared with those fed standard chow and reduced expression in HF diet–fed *Gck*<sup>+/-</sup> mice compared with those of HF diet–fed wild-type mice. HF diet–fed *Irs2*<sup>+/-</sup> mice failed to show a sufficient increase in  $\beta$  cell mass, and overexpression of *Irs2* in  $\beta$  cells of HF diet–fed *Gck*<sup>+/-</sup> mice partially prevented diabetes by increasing  $\beta$  cell mass. These results suggest that *Gck* and *Irs2* are critical requirements for  $\beta$  cell hyperplasia to occur in response to HF diet–induced insulin resistance.**

## Introduction

Glucokinase (*Gck*) catalyzes the conversion of glucose into glucose-6-phosphate, and more than 30 years ago Matschinsky and Ellerman proposed that it is critical for glucose sensing (1). Spontaneous inactivating mutations of the *Gck* gene coupled with autosomal-dominant inheritance patterns have been identified in maturity-onset diabetes of the young (MODY) patients (2). These mutations are found in the regions common to the  $\beta$  cell–specific isoform and liver isoform, and both decreased  $\beta$  cell function and impaired glucose uptake by the liver have been suggested to be involved in the pathogenesis of MODY (2). We have previously shown that haploinsufficiency of  $\beta$  cell–specific *Gck* (*Gck*<sup>+/-</sup>) leads to mild diabetes associated with impaired insulin secretion in response to glucose (3). *Gck* is now recognized as functioning as a glucose sensor for insulin secretion by pancreatic  $\beta$  cells (4).

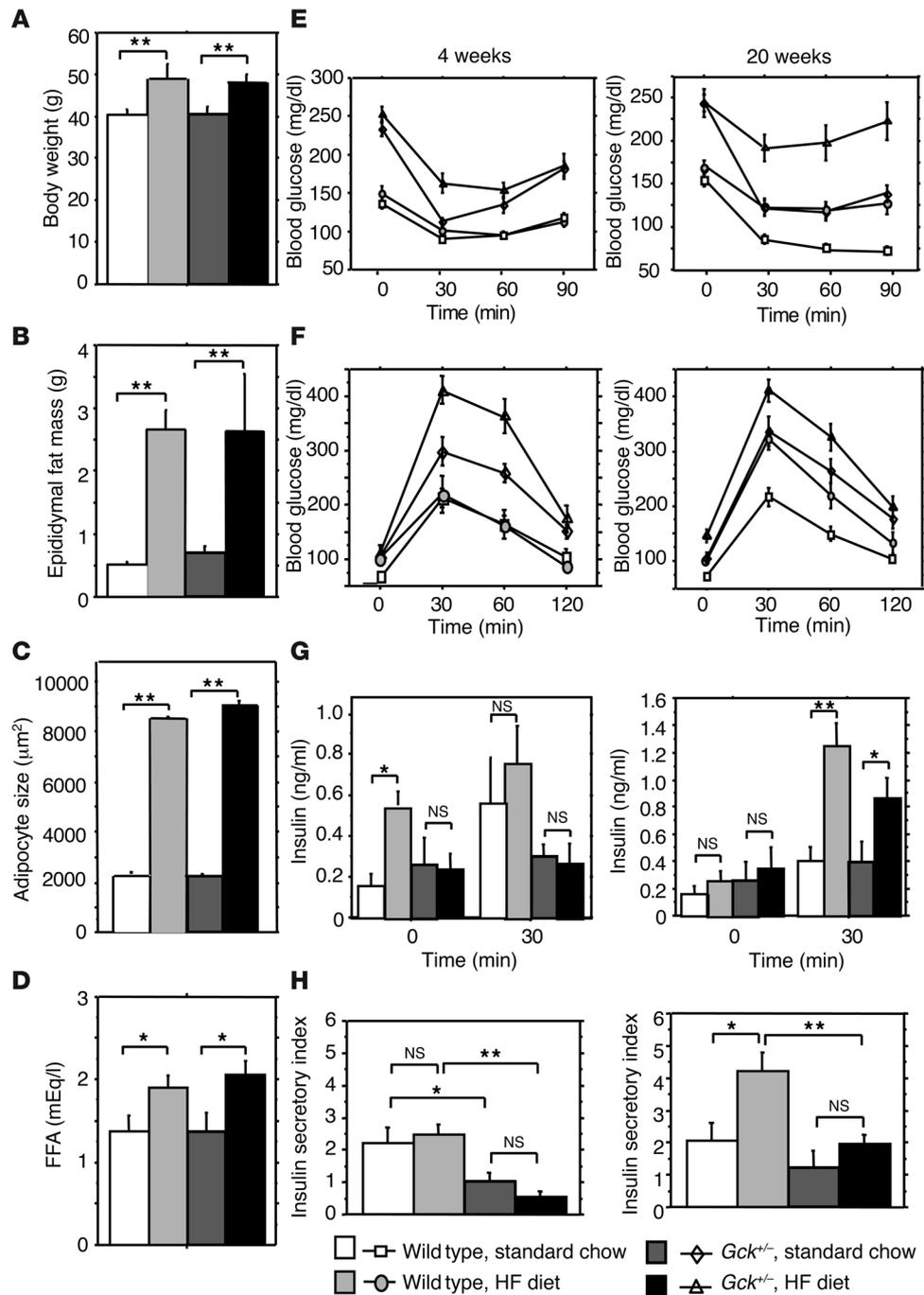
Human type 2 diabetes is characterized by 2 major features: peripheral insulin resistance and impaired insulin secretion by pancreatic  $\beta$  cells (5, 6). Blood glucose levels are maintained within the normal range by adaptations of  $\beta$  cell mass and/or function as a compensatory response to insulin resistance. It should be noted that only 15%–20% of obese or severely insulin-resistant subjects

become diabetic; the others maintain normoglycemia via  $\beta$  cell compensation (7). Diabetes only develops when insulin secretion by  $\beta$  cells is insufficient to compensate for the insulin resistance. For example, while both insulin receptor substrate 1 (IRS-1) knockout (*Irs1*<sup>-/-</sup>) mice (8, 9) and IRS-2 knockout (*Irs2*<sup>-/-</sup>) mice (10, 11) exhibit similar degrees of insulin resistance, *Irs1*<sup>-/-</sup> mice have normal glucose tolerance as a result of compensatory  $\beta$  cell hyperplasia, whereas *Irs2*<sup>-/-</sup> mice develop diabetes because of a lack of  $\beta$  cell hyperplasia in response to insulin resistance. The prevalence of diabetes has increased markedly in both Western countries and Japan, and the increase can be explained by drastic changes in lifestyle, such as a high-fat diet and sedentary lifestyle. Hypertrophic adipocytes produce an excess of hormones and nutrients that have been reported to cause insulin resistance, such as FFAs (12), and secrete less adiponectin, which has been reported to increase insulin sensitivity (13). Tumor necrosis factor  $\alpha$  is secreted by macrophages residing within hypertrophied adipose tissue and causes insulin resistance (14). Under insulin-resistant conditions, blood glucose levels are maintained within the normal range by adaptations of  $\beta$  cell mass (hyperplasia) (8, 9). Glucose itself (7); insulin (15); Igfs (16); transcription factors such as insulin promoter factor 1 (*Ipf1*) and *FoxO1* (refs. 17, 18); tyrosine kinase pathways including the insulin receptor (*Insr*) (19), *Igf1* receptor (*Igf1r*) (19), *Irs2* (10, 11), and *Akt* (20, 21) pathways; the prolactin signaling pathway (22); and *Hgf* (23) have been reported to be implicated in  $\beta$  cell growth; however, coordinated regulation of  $\beta$  cell mass by these factors under high-fat (HF) diet–induced insulin-resistant conditions has not been fully elucidated. To establish an animal

**Nonstandard abbreviations used:** CREB, cAMP response element–binding protein; *Gck*, glucokinase; GSI, glucose-stimulated insulin secretion; HF, high-fat; *Igf1r*, *Igf1* receptor; *Insr*, insulin receptor; *Ipf1*, insulin promoter factor 1; IRS, insulin receptor substrate;  $\beta$ IRs2Tg,  $\beta$  cell *Irs2* transgenic (mice); MODY, maturity-onset diabetes of the young; PCNA, proliferating cell nuclear antigen.

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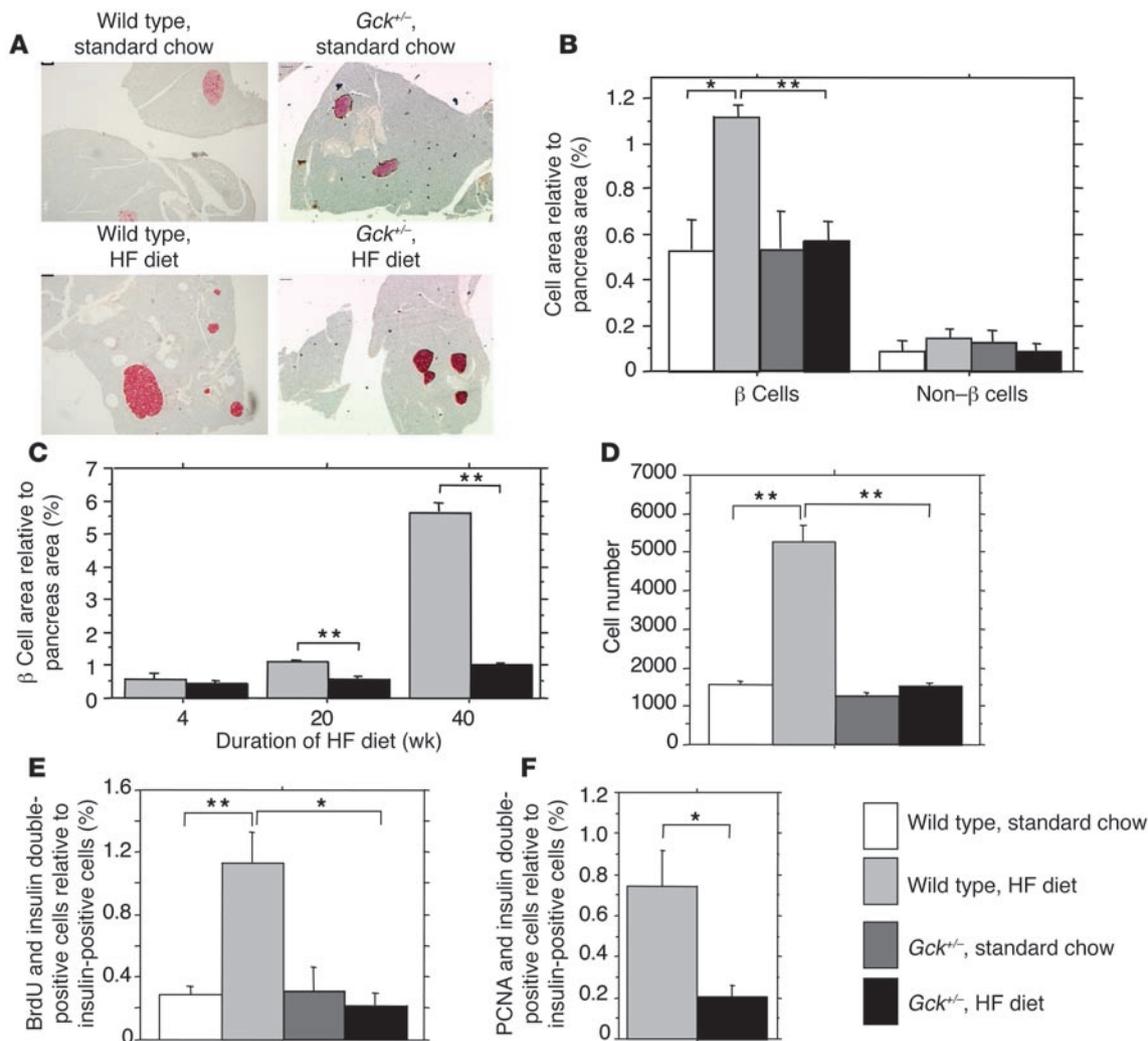
**Figure 1**

Development of diabetes in *Gck*<sup>+/-</sup> mice fed HF diet. (A and B) Body weight (A) and total weight of white adipose tissue (epididymal and retroperitoneal fat pads) (B) in wild-type and *Gck*<sup>+/-</sup> mice after 20 weeks on a standard chow or HF diet (*n* = 17–20). (C) Cell size in epididymal white adipose tissue (*n* = 600–900). (D) Serum FFA levels (*n* = 8–10). (E) Insulin tolerance in wild-type and *Gck*<sup>+/-</sup> mice after 4 weeks (left) and 20 weeks (right) on a standard chow or HF diet. Mice were given free access to food and then intraperitoneally injected with 0.75 mU of human insulin per gram body weight. *n* = 8 (standard chow–fed wild-type), 9 (HF diet–fed wild-type), 12 (standard chow–fed *Gck*<sup>+/-</sup>), 14 (HF diet–fed *Gck*<sup>+/-</sup>). (F and G) Glucose tolerance in wild-type and *Gck*<sup>+/-</sup> mice after 4 and 20 weeks on standard chow or HF diet. (F) Plasma glucose levels. (G) Serum insulin levels. *n* = 12 (standard chow–fed wild-type), 13 (HF diet–fed wild-type, standard chow– and HF diet–fed *Gck*<sup>+/-</sup>). (H) Insulin secretory index, defined as the ratio of insulin to glucose at 30 minutes after a glucose load. Values represent mean ± SEM. \**P* < 0.05; \*\**P* < 0.01.

model representative of human type 2 diabetes, we fed wild-type mice and *Gck*<sup>+/-</sup> mice a HF diet and investigated their glucose homeostasis and β cell mass and function. On the HF diet, wild-type mice showed marked β cell hyperplasia, whereas *Gck*<sup>+/-</sup> mice demonstrated insufficient β cell hyperplasia despite the presence of a similar degree of insulin resistance. Additionally, expression of *Irs2* was upregulated in the islets of wild-type mice on the HF diet but markedly lower in those of HF diet–fed *Gck*<sup>+/-</sup> mice, and overexpression of *Irs2* in β cells of HF diet–fed *Gck*<sup>+/-</sup> mice partially prevented diabetes by increasing β cell mass. Thus, *Gck* and *Irs2* are critical requirements for β cell hyperplasia to occur in response to HF diet–induced insulin resistance.

**Results**

*Early development of diabetes in Gck+/- mice on a HF diet.* When we fed 8-week-old male wild-type and *Gck*<sup>+/-</sup> mice a HF diet or standard chow, the 2 genotypes showed similar amounts of body weight gain, adipocyte size, and serum FFA levels that were significantly greater on the HF diet than on standard chow (Figure 1, A–D). After 20 weeks, the glucose-lowering effect of insulin was markedly impaired in both groups on the HF diet compared with those fed standard chow (Figure 1E). After 4 weeks on the HF diet, the wild-type mice maintained normal glucose tolerance as a result of compensatory hyperinsulinemia, whereas the *Gck*<sup>+/-</sup> mice developed severe diabetes because of a lack of compensatory hyperinsu-

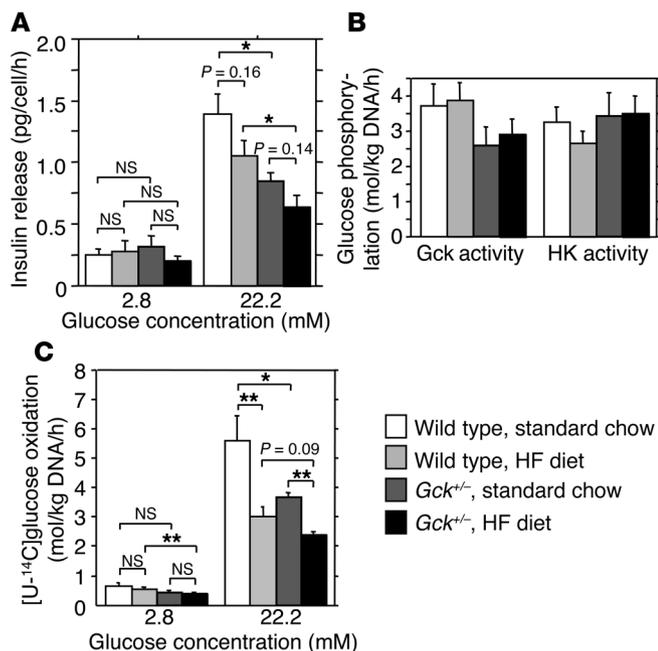


**Figure 2**

Failure of compensatory  $\beta$  cell hyperplasia in HF diet-fed *Gck*<sup>+/-</sup> mice caused by decreased  $\beta$  cell replication rate. (A) Histologic analysis of pancreatic islets of wild-type and *Gck*<sup>+/-</sup> mice after 20 weeks on standard chow or HF diet. Sections were double stained with anti-insulin antibody and a cocktail of anti-glucagon, anti-somatostatin, and anti-pancreatic polypeptide antibodies. Representative islets are shown. Red stain,  $\beta$  cells; brown stain, non- $\beta$  cells. Scale bars: 100  $\mu$ m. (B) Quantitation of  $\beta$  cell and non- $\beta$  cell mass in wild-type and *Gck*<sup>+/-</sup> mice after 20 weeks on standard chow or HF diet. Areas of  $\beta$  or non- $\beta$  cells ( $\alpha$ ,  $\delta$ , and pancreatic polypeptide cells) are shown relative to total pancreas area ( $n = 4$ ). (C) Changes in  $\beta$  cell mass on HF diet. Shown is  $\beta$  cell area relative to pancreas area ( $n = 4$ ) after 4, 20, and 40 weeks on HF diet. (D) Number of cells in wild-type and *Gck*<sup>+/-</sup> mouse islets after 20 weeks on standard chow or HF diet ( $n = 6$ ). (E and F) Replication rate of  $\beta$  cells, assayed (E) on the basis of BrdU incorporation after 20 weeks on standard chow or HF diet or (F) by PCNA staining after 20 weeks on HF diet. Results are shown as ratios of double-positive cells to insulin-positive cells ( $n = 4$ ). Values represent mean  $\pm$  SEM. \* $P < 0.05$ ; \*\* $P < 0.01$ .

linemia (Figure 1, F and G, left panels), despite the similar degrees of obesity and insulin resistance shown by both HF diet-fed groups. Although the wild-type mice on the HF diet developed mild diabetes by 20 weeks, because of the compensatory hyperinsulinemia they never developed severe diabetes (Figure 1, F and G, right panels). After 20 weeks, the insulin-to-glucose ratio 30 minutes after a glucose load (the insulin secretory index) revealed a significantly increased insulin response to glucose in the wild-type mice on the HF diet compared with those fed standard chow, whereas the *Gck*<sup>+/-</sup> mice on the HF diet had an insulin secretory index similar to that of the *Gck*<sup>+/-</sup> mice on standard chow (Figure 1H), indicating that no compensatory increase in insulin secretion occurred in the *Gck*<sup>+/-</sup> mice while on the HF diet.

*Failure of compensatory  $\beta$  cell hyperplasia in *Gck*<sup>+/-</sup> mice on the HF diet.* Serum insulin levels are governed by a combination of the insulin secretory capacity of individual  $\beta$  cells and the number of  $\beta$  cells. In this study, we investigated islet mass first. Histologic analysis after 20 weeks on standard chow or HF diet revealed that the HF diet caused islet hyperplasia in the wild-type mice but, surprisingly, no islet hyperplasia in the *Gck*<sup>+/-</sup> mice (Figure 2A). Quantitative determinations of  $\beta$  cell and non- $\beta$  cell mass showed that  $\beta$  cell mass increased by 110% in wild-type mice on the HF diet compared with those on standard chow, but that there was no significant increase in *Gck*<sup>+/-</sup> mice on the HF diet compared with those on standard chow (Figure 2B). After 4, 20, and 40 weeks on the HF diet, the wild-type mice showed 1.2-fold, 2.0-fold, and 10-fold increases, respectively, in

**Figure 3**

Decreased insulin secretion and glucose oxidation in *Gck*<sup>+/-</sup> islets. (A) Static incubation study of islets from wild-type and *Gck*<sup>+/-</sup> mice after 4 weeks on standard chow or HF diet. Static incubation of 10 islets/tube was performed at 37°C for 1 hour with various glucose concentrations after preincubation with a 2.8-mM glucose concentration for 20 minutes. Results are shown as pg insulin/cell/h ( $n = 4$ ). (B) *Gck* and hexokinase (HK) activity of islets. Glucose phosphorylation activity was assessed in pancreatic islets from wild-type and *Gck*<sup>+/-</sup> mice after 20 weeks on standard chow or HF diet. Results are shown as mol/kg DNA/h ( $n = 16$ –20). (C) Glucose oxidation by pancreatic islets from wild-type and *Gck*<sup>+/-</sup> mice after 20 weeks on standard chow or HF diet. Results are shown as mol/kg DNA/h ( $n = 10$ ). \* $P < 0.05$ ; \*\* $P < 0.01$ .

$\beta$  cell mass compared with wild-type mice on standard chow, whereas even after 40 weeks the *Gck*<sup>+/-</sup> mice showed only a 2-fold increase in  $\beta$  cell mass (Figure 2C). The number of cells per islet was significantly increased in wild-type mice on the HF diet compared with those on standard chow, but the difference between the 2 *Gck*<sup>+/-</sup> groups was not significant (Figure 2D). DNA content per islet was also significantly higher in wild-type mice than in *Gck*<sup>+/-</sup> mice on the HF diet (HF diet-fed wild-type,  $39.1 \pm 2.3$  ng/islet,  $n = 6$ ; HF diet-fed *Gck*<sup>+/-</sup>,  $22.7 \pm 1.9$  ng/islet,  $n = 6$ ;  $P < 0.001$ ). To estimate the contribution of the size of individual  $\beta$  cells to the increase in  $\beta$  cell mass, we divided the  $\beta$  cell area by the number of  $\beta$  cell nuclei it contained. However, since the results showed little difference in  $\beta$  cell size between wild-type and *Gck*<sup>+/-</sup> mice on the HF diet (HF diet-fed wild-type,  $155 \pm 4 \mu\text{m}^2$ ,  $n = 101$ ; HF diet-fed *Gck*<sup>+/-</sup>,  $149 \pm 4 \mu\text{m}^2$ ,  $n = 105$ ;  $P = \text{NS}$ ), the increased  $\beta$  cell mass in wild-type mice on the HF diet was attributed to an increase in the number of cells (hyperplasia) rather than to an increase in the volume of individual cells (hypertrophy).

The number of  $\beta$  cells present is governed by a balance among  $\beta$  cell replication (increase in number of  $\beta$  cells by preexisting  $\beta$  cells), neogenesis (generation of  $\beta$  cells by non- $\beta$  cells, such as acinar cells and duct cells), and apoptosis. We estimated  $\beta$  cell proliferation on the basis of BrdU incorporation and proliferating cell nuclear antigen (PCNA) staining. On the HF diet, there were significantly more insulin and BrdU double-positive cells in the wild-type mice than in the *Gck*<sup>+/-</sup> mice (Figure 2E), and similar results were obtained by PCNA staining (Figure 2F). Single-strand DNA analysis revealed no difference in the percentage of apoptotic cells in islets between wild-type and *Gck*<sup>+/-</sup> mice on the HF diet (HF diet-fed wild-type,  $0.031\% \pm 0.026\%$ ,  $n = 86$ ; HF diet-fed *Gck*<sup>+/-</sup>,  $0.018\% \pm 0.018\%$ ,  $n = 33$ ;  $P = \text{NS}$ ). Fewer than 1 in 3,000 cells in the islets of both mouse groups were found to be apoptotic with an in situ cell death detection kit. Thus, in contrast to the wild-type mice, the failure of compensatory  $\beta$  cell hyperplasia in the *Gck*<sup>+/-</sup> mice on the HF diet was associated with a lack of compensatory increase in  $\beta$  cell proliferation.

*Impaired glucose-stimulated insulin secretion associated with decreased glucose metabolism in the  $\beta$  cells of *Gck*<sup>+/-</sup> mice on the HF diet.* Next, we inves-

tigated glucose-stimulated insulin secretion (GSIS) by individual  $\beta$  cells. After 4 weeks, GSIS at 22.2 mM glucose normalized by cell number was lower in wild-type mice on the HF diet than in those fed standard chow (Figure 3A). Thus, the hyperinsulinemia in the wild-type mice on the HF diet can be explained by increased  $\beta$  cell mass, not by increased insulin secretion by individual  $\beta$  cells. GSIS at 22.2 mM glucose normalized by cell number was significantly lower in *Gck*<sup>+/-</sup> mice than in wild-type mice on both diets, a finding consistent with the results of our previous study (24). The hyperglycemia itself may have also affected the insulin secretory function of islets in the *Gck*<sup>+/-</sup> groups. GSIS at 22.2 mM glucose was lower in the islets of the HF diet groups than in those of the standard chow groups of both genotypes, and after 20 weeks it was significantly decreased in the HF diet groups compared with the standard chow groups (data not shown), a finding consistent with previous reports that prolonged exposure to FFA results in suppression of insulin release (25, 26). While islet hexokinase activity was similar in all 4 groups, *Gck* activity in the *Gck*<sup>+/-</sup> standard chow and HF diet groups was 30% and 25% lower than in the wild-type standard chow and HF diet groups, respectively, although the differences were not statistically significant (Figure 3B). When islets of essentially the same size were prepared and [U-<sup>14</sup>C]glucose oxidation was assayed in their mitochondria, glucose oxidation at 22.2 mM glucose was significantly lower in the HF diet than in standard chow groups of both phenotypes (Figure 3C). Importantly, after 20 weeks on the HF diet, glucose oxidation at 22.2 mM glucose did not significantly differ between wild-type and *Gck*<sup>+/-</sup> mice (Figure 3C), suggesting that normal glucose oxidation levels are not necessary for the compensatory increase in  $\beta$  cell mass, although they may be essential for GSIS.

*Gene expression profiles of the islets of HF diet-fed mice.* We performed a DNA microarray analysis as a means of systematically examining the gene expression profiles of the islets. Of the 12,490 genes examined, 81 were overexpressed (by 3-fold or more; Supplemental Table 1; supplemental material available online with this article; doi:10.1172/JCI17645DS1) and 63 were underexpressed (by 3-fold or more; Supplemental Table 2) in the islets of *Gck*<sup>+/-</sup> mice on the HF diet compared with the islets of wild-type mice on the HF diet. Interestingly, markedly lower expression of *Irs2* (25-fold decrease), the greatest decrease in expression level of the genes examined), *Pdprk1* (3-fold decrease), and *Hgf* (3.1-fold decrease) was observed in *Gck*<sup>+/-</sup> islets compared with those of wild-type mice, yet there were no differences in expression of *Insr*, *Irs1*, *Irs3*, *Pik3r1*, *Pik3r2*, *Pik3ca*, or *Akt1* (Table 1). Expression of *Igf1r* (2.4-fold decrease) and *Prlr* (2.6-fold decrease) was also modestly lower in *Gck*<sup>+/-</sup> islets than in wild-type islets. By contrast, there was no difference between the 2 HF diet-fed groups in expression of apoptosis-related genes



**Table 1**  
Changes in gene expression levels in islets based on DNA microarray analysis

Gene	Ratio
<b>Insulin signaling</b>	
<i>Irs2</i>	-25
<i>Pdpk1</i>	-3
<i>Igf1r</i>	-2.4
<i>Insr, Insr, Irs1, Irs3, Pik3r1, Pik3r2, Pik3ca, Akt1, Foxo1, Prkca, Prkcb1, Prkcc, Prkcd, Prkce, Prkci, Prkcq, Prkcz, Rps6ka1, Map2k3, Map2k6, Mapk10</i>	NC
<b>Non-insulin signaling</b>	
<i>Hgf</i>	-3.1
<i>Prlr</i>	-2.6
<i>Ghr, Btc, Stat5b, Fgf8, Fgf10</i>	NC
<b>Transcription factors</b>	
<i>Ipf1, FoxO1, Hnf1b, Hnf3a, Hnf3b, Neurog3, Pax4, Pax6, Nkx2-2, Nkx6-1, Hes1, Hes2, Cebpa, Cebpb, Cebp</i>	NC
<b>Apoptosis-related genes</b>	
<i>Bad, Casp3, Casp6</i>	NC
<b>Cell cycle-related genes</b>	
<i>Ccnd2</i>	-5.8
<i>Ccnd1, Ccnd3, Cdk4, Cdkn1a, Cdkn1b, Cdkn2a, Cdkn2b, Cdkn2d</i>	NC
<b>cAMP-related genes</b>	
<i>Glpr1, Prkar1a, Prkar1b, Prkar2a, Prkaca, Prkacb, Lasp1, Creb1, Crebbp</i>	NC
<b>Membrane proteins</b>	
<i>Slc2a2</i>	NC
<b>Translation initiation factors</b>	
<i>Eif1a, Eif4a1, Eif4a2</i>	NC

Ratios are based on comparisons of *Gck*<sup>+/-</sup> mice versus wild-type mice after 20 weeks on the HF diet. NC, no significant change.

such as *Casp3* and *Bad* in the islets. RT-PCR analysis confirmed the upregulation of *Irs2*, *Igf1r*, and *Prlr* expression in the islets of wild-type mice on the HF diet compared with those on standard chow as well as reduced expression in the islets of *Gck*<sup>+/-</sup> mice on the HF diet compared with those of HF diet-fed wild-type mice (Figure 4A). Quantitative PCR analysis, which amplified another region of the *Irs2* and *Igf1r* genes, revealed that expression of *Irs2* and *Igf1r* in the islets of *Gck*<sup>+/-</sup> mice on the HF diet was 60.6% ( $P < 0.01$  versus wild-type mice) and 76.4%, respectively, that of their expression level in the islets of wild-type mice on the HF diet.

Next, we examined the protein levels by Western blotting. We prepared islets (less than 250  $\mu$ m in diameter) from mice after 20 weeks on each diet. The results confirmed upregulation of *Irs2* and *Igf1r* expression in the islets of wild-type mice on the HF diet compared with those on standard chow as well as reduced expression in the islets of *Gck*<sup>+/-</sup> mice on the HF diet compared with those of wild-type mice on the HF diet (Figure 4, B and C). Interestingly, expression of *Insr* was significantly increased in the HF diet-fed groups compared with standard chow-fed groups (Figure 4, B and C), although there were no differences in expression of *Akt1* among the 4 groups. *Ipf1* expression was indistinguishable between the islets of *Gck*<sup>+/-</sup> and wild-type mice on standard chow, but the protein level

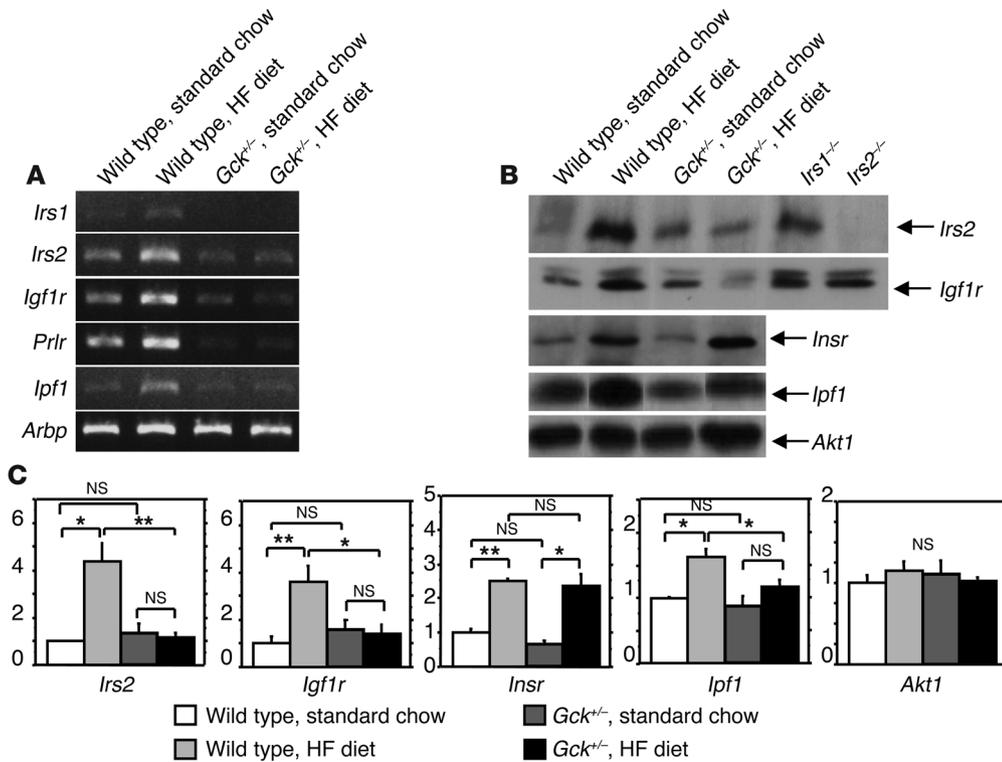
was slightly, but significantly, lower in the islets of *Gck*<sup>+/-</sup> mice on the HF diet than in those of wild-type mice on the HF diet (Figure 4, B and C). Immunostaining revealed clearly lower *Ipf1* nuclear expression in the  $\beta$  cells of *Gck*<sup>+/-</sup> mice on the HF diet than in those of wild-type mice on the HF diet (Supplemental Figure 1).

In summary, DNA microarray and RNA and protein analyses revealed upregulation of *Irs2* and *Igf1r* expression in the islets of wild-type mice on the HF diet compared with those fed standard chow as well as reduced expression in the islets of *Gck*<sup>+/-</sup> mice on the HF diet compared with those of HF diet-fed wild-type mice.

*Insufficient increase in  $\beta$  cell mass in *Irs2*<sup>+/-</sup> mice on the HF diet.* Next we investigated the role of *Irs2* in the regulation of  $\beta$  cell mass in mice on the HF diet. After 10 weeks on the HF diet, *Irs2*<sup>+/-</sup> mice exhibited increases in body weight, blood glucose, serum insulin, and insulin resistance similar to those of HF diet-fed wild-type mice (Figure 5, A–D). The *Irs2*<sup>+/-</sup> mice had  $\beta$  cell area and maximum islet diameter similar to those of wild-type mice fed standard chow, but the increases were significantly smaller than those observed in HF diet-fed wild-type mice (Figure 5, E and F). After only 5 weeks on the HF diet, *Irs2*<sup>+/-</sup> mice showed marked aggravation of glucose intolerance (27). While the mean of the maximum islet diameter was 14% greater in wild-type mice on the HF diet than in those on standard chow, a difference that was significant, there was no such increase in the *Irs2*<sup>+/-</sup> mice on the HF diet compared with those on standard chow (data not shown). These results support a role for *Irs2* in the increase in  $\beta$  cell mass on the HF diet.

*Transgenic rescue by crossing *Gck*<sup>+/-</sup> mice with  $\beta$  cell *Irs2* transgenic mice.* To directly test our hypothesis that reduction of *Irs2* explains the impaired  $\beta$  cell hyperplasia in *Gck*<sup>+/-</sup> mice on HF diet, we crossed *Gck*<sup>+/-</sup> mice with  $\beta$  cell *Irs2* transgenic ( $\beta$ *Irs2*Tg) mice, which express *Irs2* in  $\beta$  cells under the control of the rat insulin promoter, and generated 2 lines of  $\beta$ *Irs2*Tg mice (Supplemental Figure 2, A and B). While the  $\beta$  cells of  $\beta$ *Irs2*Tg6 mice expressed a low level of *Irs2* (2.2-fold upregulation compared with wild-type littermates), the  $\beta$  cells of  $\beta$ *Irs2*Tg12 mice expressed a high level of *Irs2* (>17-fold upregulation). We chose to use the  $\beta$ *Irs2*Tg6 line because the 2.2-fold upregulation of *Irs2* in  $\beta$ *Irs2*Tg6 mice was comparable to the *Irs2* expression level in wild-type mice on the HF diet. We crossed  $\beta$ *Irs2*Tg6 mice with *Gck*<sup>+/-</sup> mice and obtained 4 genotypes: wild-type,  $\beta$ *Irs2*Tg, *Gck*<sup>+/-</sup>, and  $\beta$ *Irs2*Tg*Gck*<sup>+/-</sup>. Only male mice were used in the experiments. After 20 weeks on the HF diet, the fold change in *Irs2* protein expression compared with *Gck*<sup>+/-</sup> mice was  $3.5 \pm 0.2$  for wild-type,  $4.6 \pm 0.5$  for  $\beta$ *Irs2*Tg,  $1.0 \pm 0.1$  for *Gck*<sup>+/-</sup>, and  $3.1 \pm 0.6$  for  $\beta$ *Irs2*Tg*Gck*<sup>+/-</sup> mice (Supplemental Figure 2, C and D). These results can be explained by the fact that HF diet upregulated endogenous *Irs2* expression in the islets of wild-type and  $\beta$ *Irs2*Tg mice, but not the islets of *Gck*<sup>+/-</sup> or  $\beta$ *Irs2*Tg*Gck*<sup>+/-</sup> mice. After 4 weeks on the HF diet, the glucose tolerance of  $\beta$ *Irs2*Tg mice was similar to that of wild-type mice, but the  $\beta$ *Irs2*Tg*Gck*<sup>+/-</sup> mice had better glucose tolerance than did *Gck*<sup>+/-</sup> mice (data not shown). After 20 weeks on the HF diet, the  $\beta$ *Irs2*Tg mice had glucose tolerance similar to that of wild-type mice, but the  $\beta$ *Irs2*Tg*Gck*<sup>+/-</sup> mice had better glucose tolerance and higher serum insulin levels than did *Gck*<sup>+/-</sup> mice (Figure 6, A and B). Thus, overexpression of *Irs2* partially prevented diabetes in *Gck*<sup>+/-</sup> mice on the HF diet.

Figure 6C shows representative insulin staining of the pancreas after 20 weeks on the HF diet. Measurement of the  $\beta$  cell area showed that it was significantly increased in  $\beta$ *Irs2*Tg*Gck*<sup>+/-</sup> mice compared with *Gck*<sup>+/-</sup> mice (Figure 6D), and consistent with this finding, there were significantly more insulin and BrdU double-positive cells in



**Figure 4** Changes in gene expression levels in the islets of *Gck*<sup>+/-</sup> mice on the HF diet. (A) RT-PCR analysis of *Irs1*, *Irs2*, *Igf1r*, *Prlr*, *Ipf1*, and *Arbp* (36B4), shown as a control. Islets were isolated from wild-type or *Gck*<sup>+/-</sup> mice after 20 weeks on standard chow or HF diet. Experiments were replicated at least 3 times, and typical images are shown. (B) Western blot analysis of *Irs2*, *Igf1r*, *Insr*, *Ipf1*, and *Akt1*. Islets were isolated from wild-type or *Gck*<sup>+/-</sup> mice after 20 weeks on standard chow or HF diet, *Irs1*<sup>-/-</sup> mice, and *Irs2*<sup>-/-</sup> mice on standard chow (*n* = 3). Equal amounts of lysates (20 μg) were blotted with the antibody indicated. Quantitative determination of the β cell mass of islets less than 250 μm in diameter revealed the values in the 4 mouse groups to be indistinguishable (standard chow–fed wild-type, 0.81% ± 0.03%; HF diet–fed wild-type, 0.85% ± 0.03%; standard chow–fed *Gck*<sup>+/-</sup>, 0.82% ± 0.02%; HF diet–fed *Gck*<sup>+/-</sup>, 0.84% ± 0.02%). (C) Each expression level was quantified (*n* = 4–6). \**P* < 0.05; \*\**P* < 0.01.

βIrs2Tg*Gck*<sup>+/-</sup> mice than in *Gck*<sup>+/-</sup> mice (Figure 6, C and E). Next we isolated islets from the 4 mouse groups after 20 weeks on the HF diet and carried out static incubation experiments. GSIS at 11.1 mM glucose was not restored in βIrs2Tg*Gck*<sup>+/-</sup> mice compared with *Gck*<sup>+/-</sup> mice (Figure 6F), indicating that overexpression of *Irs2* failed to restore β cell function in *Gck*<sup>+/-</sup> mice.

**Mechanisms of *Irs2* upregulation in the β cells of HF diet–fed mice.** We examined known regulators of *Irs2* expression, such as cAMP, and subsequent phosphorylation of cAMP response element–binding protein (CREB) (28) and FoxO1 (29). Although the cAMP content of the islets was unaffected by the HF diet (data not shown) and the levels of expression of cAMP-responsive genes — including *Creb1*, *Glp1r*, *Prkar1a*, *Prkar1b*, *Prkar2a*, *Prkaca*, *Prkacb*, and *Lasp1* — were unaltered (Table 1), Ser133 phosphorylation of CREB was impaired in *Gck*<sup>+/-</sup> mice compared with wild-type mice (Figure 7, A and B). FoxO1 is an activator of *Irs2* in liver, because the *Irs2* promoter is activated by FoxO1 through an insulin response element (29), but it has also been characterized as a key distal mediator of insulin signaling, because FoxO1 haploinsufficiency reverses β cell failure in *Irs2*<sup>-/-</sup> mice (30). Immunohistochemical analysis revealed that FoxO1 was more localized in the nuclei of β cells of *Gck*<sup>+/-</sup> mice on the HF diet than in those of wild-type mice on the HF

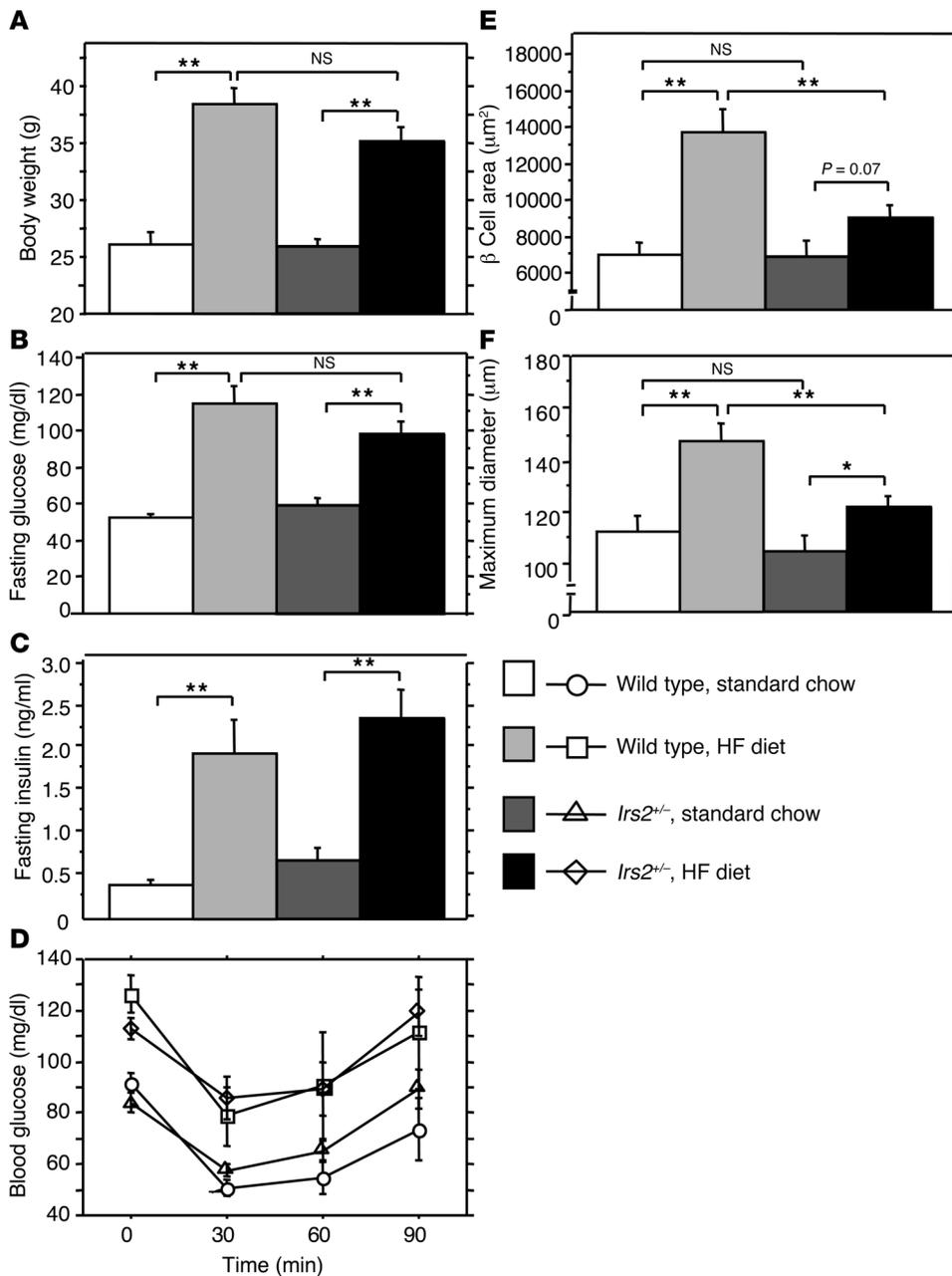
diet (Figure 8A). In fact, the ratio of nuclear FoxO1-positive cells to the total number of islet cells was significantly higher in *Gck*<sup>+/-</sup> mice on the HF diet than in wild-type mice on the HF diet (Figure 8B). Overexpression of *Irs2* in β cells decreased the number of nuclear FoxO1-positive cells in the *Gck*<sup>+/-</sup> mice on the HF diet, indicating that upregulation of *Irs2* in β cells stimulated FoxO1 nuclear exclusion (Figure 8, A and B).

The above findings, together with the fact that cAMP and calcium pathways trigger CREB Ser133 phosphorylation, thereby upregulating *Irs2* (28), suggest that impaired CREB Ser133 phosphorylation is a plausible explanation for the insufficient upregulation of *Irs2* in *Gck*<sup>+/-</sup> mice on the HF diet. The significance of the decreased FoxO1 nuclear exclusion in *Gck*<sup>+/-</sup> mice on the HF diet are discussed below.

### Discussion

*Gck* is known to function as a glucose sensor in insulin secretion by pancreatic β cells (4), but to our knowledge, its involvement in the regulation of β cell mass had previously

not been recognized. In this paper, we report 4 findings, which we believe to be novel, that link *Gck* to β cell mass. First, we found that wild-type mice on a HF diet showed marked compensatory β cell hyperplasia associated with increased replication of β cells, whereas *Gck*<sup>+/-</sup> mice failed to show as much β cell hyperplasia despite showing a similar degree of insulin resistance (Figure 2). The finding that haploinsufficiency of *Gck* led to insufficient β cell hyperplasia on the HF diet suggests a critical requirement for *Gck*, not only for GSIS, but for β cell hyperplasia in response to HF diet–induced insulin resistance to protect against diabetes. Although glucose itself has been recognized to be a nutrient for β cells, to our knowledge it was previously unknown whether glucose metabolism is crucial for β cell growth (7). The results of this study in regard to the role of glucose metabolism and *Gck* in the regulation of β cell mass clearly demonstrate that *Gck* is associated with β cell mass and proliferation, raising the possibility that other enzymes involved in glucose metabolism may have a similar effect on β cell growth. Second, we found that on the HF diet, expression of *Irs2* and *Igf1r* was upregulated in wild-type islets but markedly lower in the islets of *Gck*<sup>+/-</sup> mice (Table 1 and Figure 4, A–C), showing that *Gck* is required for the coordinated upregulation of *Irs2* and *Igf1r* in the islets of HF diet–fed mice. Secondary effects of chronic hyper-

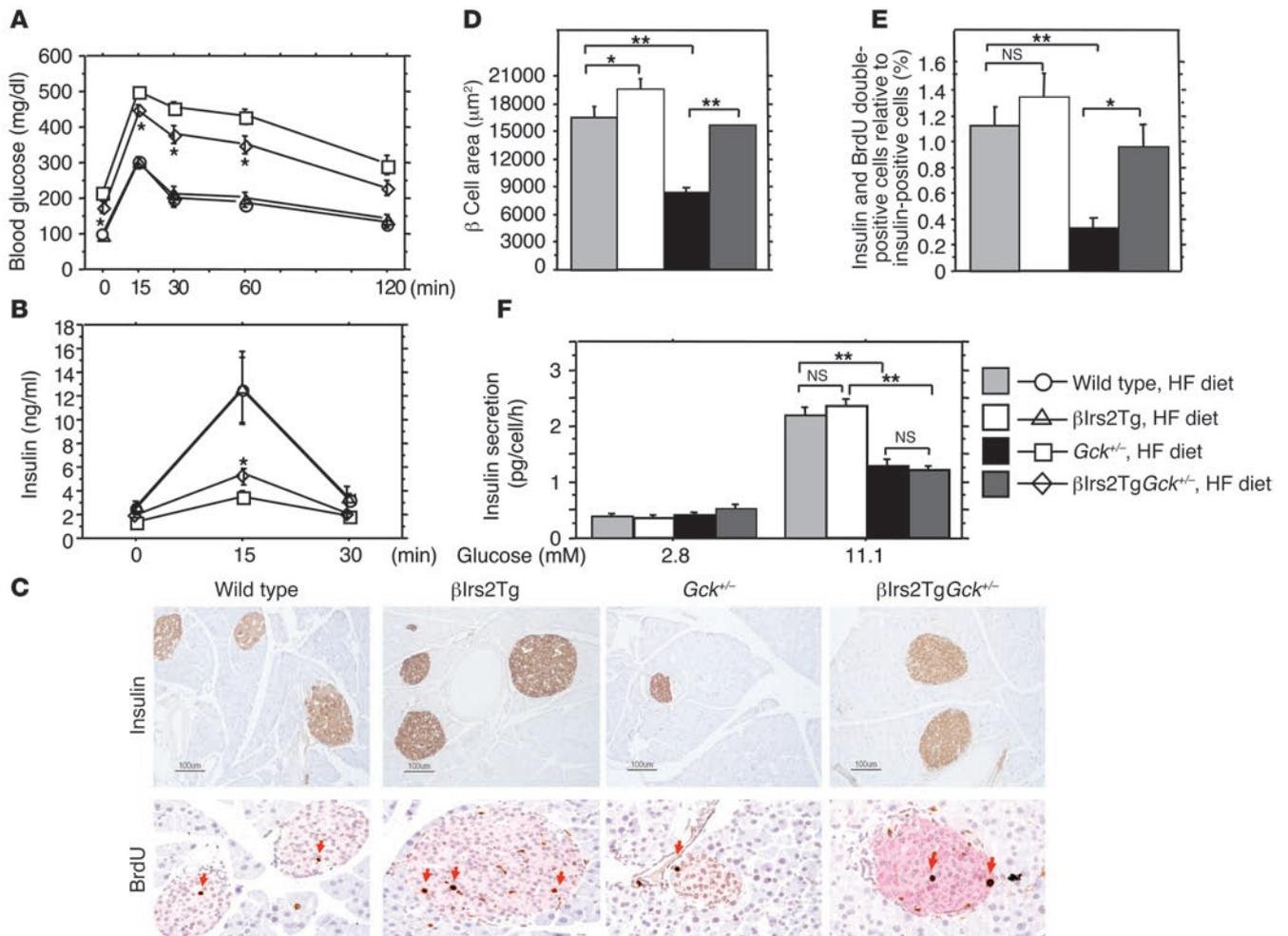


**Figure 5** Insufficient  $\beta$  cell hyperplasia in *Irs2*<sup>+/-</sup> mice on the HF diet. (A–C) Body weight (A), fasting blood glucose (B), and serum insulin (C) values of wild-type and *Irs2*<sup>+/-</sup> mice after 10 weeks on standard chow or HF diet ( $n = 5–8$ ). (D) Insulin tolerance in wild-type and *Irs2*<sup>+/-</sup> mice after 10 weeks on standard chow or HF diet ( $n = 4–8$ ). (E and F) Area of  $\beta$  cells in each islet (E) and maximum islet diameter (F) in wild-type and *Irs2*<sup>+/-</sup> mice after 10 weeks on standard chow or HF diet. We examined 100–150 islets from 3 animals per group. Values represent mean  $\pm$  SEM. \* $P < 0.05$ ; \*\* $P < 0.01$ .

glycemia may also have contributed to the decreased *Irs2* and *Igf1r* expression in the islets of *Gck*<sup>+/-</sup> mice on the HF diet. It should be noted, however, that wild-type mice after 20 weeks on the HF diet and *Gck*<sup>+/-</sup> mice on standard chow had similar glucose tolerance (Figure 1F) and that after another 20 weeks the HF diet–fed wild-type mice showed a greater increase in  $\beta$  cell mass, whereas even after 40 weeks on the HF diet the *Gck*<sup>+/-</sup> mice showed only a small increase (Figure 2C). These results indicate that chronic hyperglycemia alone cannot fully explain the insufficient  $\beta$  cell hyperplasia of *Gck*<sup>+/-</sup> mice on the HF diet. Third, in a previous study we showed a lack of  $\beta$  cell hyperplasia in response to genetically determined insulin resistance in *Irs2*<sup>-/-</sup> mice (11), and in the present study we demonstrated that haploinsufficiency of *Irs2* led to insufficient  $\beta$  cell hyperplasia on the HF diet (Figure 5, E and F). Fourth, we found that overexpression of *Irs2* partially prevented diabetes in *Gck*<sup>+/-</sup> mice on the HF

diet. It should be noted, however, that the slight improvement in glucose tolerance can be explained by the fact that  $\beta$  cell mass, not  $\beta$  cell function, was restored in  $\beta$ *Irs2*Tg*Gck*<sup>+/-</sup> mice compared with *Gck*<sup>+/-</sup> mice on the HF diet (Figure 6, C–E). These results provide genetic evidence that *Irs2* is critically involved in  $\beta$  cell hyperplasia on the HF diet. Based on these findings, we propose that both *Gck* and *Irs2* are critical requirements for  $\beta$  cell hyperplasia in response to HF diet–induced insulin resistance.

What is the mechanism of *Irs2* upregulation on the HF diet? We previously reported that the increase in intracellular calcium concentration in response to glucose was impaired in islets of *Gck*<sup>+/-</sup> mice (ref. 3 and our unpublished observations). In the present study we noted the impaired CREB Ser133 phosphorylation in *Gck*<sup>+/-</sup> mice on the HF diet. Taken together with the fact that cAMP and calcium pathways trigger CREB Ser133 phosphorylation, thereby upregulating *Irs2*

**Figure 6**

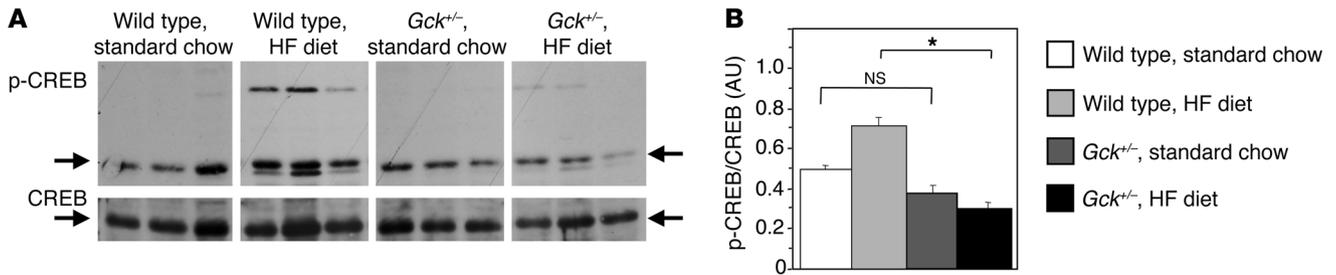
Transgenic rescue by crossing  $Gck^{+/-}$  mice with  $\beta$ Irs2Tg mice. (A and B) Glucose tolerance in wild-type,  $Gck^{+/-}$ ,  $\beta$ Irs2Tg, and  $\beta$ Irs2Tg $Gck^{+/-}$  mice after 20 weeks on HF diet. (A) Plasma glucose levels. (B) Serum insulin levels.  $n = 31$  (wild-type), 20 ( $\beta$ Irs2Tg), 35 ( $Gck^{+/-}$ ), 16 ( $\beta$ Irs2Tg $Gck^{+/-}$ ).  $*P < 0.05$ ,  $Gck^{+/-}$  versus  $\beta$ Irs2Tg $Gck^{+/-}$ . (C) Histologic analysis of wild-type,  $Gck^{+/-}$ ,  $\beta$ Irs2Tg, and  $\beta$ Irs2Tg $Gck^{+/-}$  mouse islets after 20 weeks on HF diet. Representative pancreatic islets are shown. Top panels show insulin staining; bottom panels show BrdU staining. Scale bars: 100  $\mu\text{m}$ . Original magnification,  $\times 100$  (top panels);  $\times 400$  (bottom panels). (D) Area of  $\beta$  cells in each islet after 20 weeks on HF diet. We examined 100–150 islets from 3 animals per group. (E) Replication rate of  $\beta$  cells, assayed on the basis of BrdU incorporation after 20 weeks on HF diet. Results are shown as ratios of insulin and BrdU double-positive cells to insulin-positive cells ( $n = 4$ ). (F) Static incubation study of islets after 20 weeks on the HF diet. Static incubation of 10 islets/tube was performed at 37°C for 1 hour with various glucose concentrations after preincubation with a 2.8-mM glucose concentration for 20 minutes. Results are shown as pg insulin/cell/h ( $n = 4$ ). Values represent mean  $\pm$  SEM.  $*P < 0.05$ ;  $**P < 0.01$ .

(28), our present results suggest that the impaired calcium signaling caused by haploinsufficiency of  $Gck$  in combination with HF diet-induced insulin resistance leads to the impaired Ser133 phosphorylation of CREB. Further study is needed to test this hypothesis.

What, then, is the molecular link between  $Irs2$  and  $\beta$  cell proliferation? We noted the decreased FoxO1 nuclear exclusion in  $Gck^{+/-}$  mice on the HF diet compared with wild-type mice on the HF diet (Figure 8, A and B). This finding, together with previous reports of a role of FoxO1 downstream of  $Irs2$  in linking insulin signaling to Ipfl1 regulation of  $\beta$  cells and compensation to insulin resistance (30, 31), suggests that decreased FoxO1 nuclear exclusion contributes to the insufficient proliferative response of existing  $\beta$  cells to insulin resistance in  $Gck^{+/-}$  mice on the HF diet, and the fact that overexpression of  $Irs2$  in  $\beta$  cells stimulated FoxO1 nuclear exclusion in wild-type and  $Gck^{+/-}$  mice (Figure 8, A and B) is consistent with this hypothesis. Moreover, we

noted lower Ipfl1 nuclear expression in the  $\beta$  cells of  $Gck^{+/-}$  mice on the HF diet than in those of wild-type mice on the HF diet (Supplemental Figure 1), which can be explained by the decreased FoxO1 nuclear exclusion in  $Gck^{+/-}$  mice on the HF diet, as previously demonstrated in  $Irs2^{-/-}$  mice (30). However, because haploinsufficiency of Ipfl1 led to impaired  $\beta$  cell function, but not to decreased  $\beta$  cell mass (32), whether decreased Ipfl1 nuclear expression is involved in the decreased  $\beta$  cell hyperplasia in  $Gck^{+/-}$  mice on the HF diet remains unresolved. To determine whether Ipfl1 is involved in the regulation of  $\beta$  cell mass in  $Gck^{+/-}$  mice, we are now investigating the phenotypes obtained by crossing  $Gck^{+/-}$  mice with  $\beta$  cell-specific Ipfl1 transgenic mice.

Recently,  $\beta$  cell-specific ablation of  $Pdpk1$  has been shown to induce diabetes as a result of loss of  $\beta$  cell mass (33); in the present study, expression of  $Pdpk1$  actually decreased in HF diet-fed  $Gck^{+/-}$  mice compared with wild-type mice (Table 1). Thus, inadequate acti-



**Figure 7** Impaired Ser133 phosphorylation of CREB in *Gck*<sup>+/-</sup> mice on HF diet. **(A)** Western blot assay of Ser133-phosphorylated CREB (p-CREB) and total CREB levels in islets from wild-type and *Gck*<sup>+/-</sup> mice after 20 weeks on standard chow or HF diet. **(B)** Quantitation of Ser133 phosphorylation of CREB in wild-type and *Gck*<sup>+/-</sup> mice after 20 weeks on standard chow or HF diet. Results are shown as proportions of the intensity of the Ser133-phosphorylated CREB band to that of the total CREB band (*n* = 5). Ser133 phosphorylation of CREB was significantly impaired in *Gck*<sup>+/-</sup> mice compared with wild-type mice on the HF diet. Values represent mean ± SEM. \**P* < 0.05.

vation of Pdk1 downstream of *Irs2* signaling may also play a role in the insufficient compensatory β cell hyperplasia in *Gck*<sup>+/-</sup> mice on the HF diet. Interestingly, while expression of cyclin D1, cyclin D3, CDK4, and cyclin-dependent kinase inhibitors including p21 and p27 Kip1 was unaltered in the islets of *Gck*<sup>+/-</sup> mice on the HF diet compared with those of wild-type mice on the HF diet, expression of cyclin D2 was downregulated (5.8-fold decrease) and expression of p15 inhibitor was slightly upregulated (1.2-fold increase). The roles of these cell cycle-related molecules in β cell proliferation downstream of *Irs2* signaling should be examined in a future study.

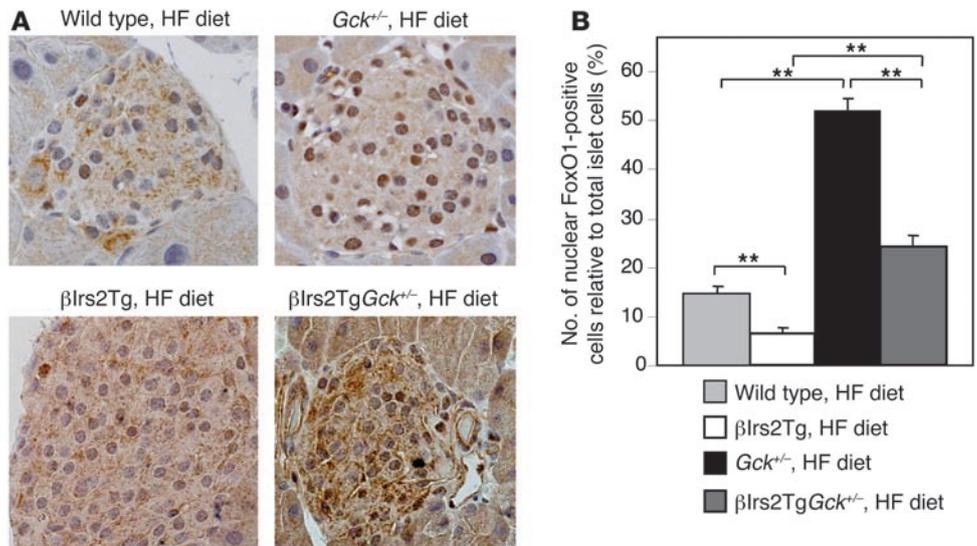
What is the relationship between glucose metabolism and β cell proliferation? It has been established that β cell function, including GSIS, can be explained by glucose metabolism (4). Glucose oxidation was decreased to a similar degree in both wild-type and *Gck*<sup>+/-</sup> mice on the HF diet (Figure 3C). Although the wild-type mice showed marked compensatory β cell hyperplasia, the *Gck*<sup>+/-</sup> mice failed to show such β cell hyperplasia, demonstrating that glucose oxidation is not directly linked to β cell mass. Moreover, *Gck* activity in the wild-type mice was not increased on the HF diet compared with standard chow (Figure 3B). From a biochemical standpoint, “classical” glucose metabolism cannot explain β cell proliferation on the HF diet, and some additional mechanism is required. It may be pre-

ture, however, to rule out an involvement of glucose metabolism in HF diet-induced β cell hyperplasia based on the studies of glucose oxidation in isolated islets, because there are no doubt important glucose signals left to be discovered, as evidenced from the pursuit of the mechanisms of KATP-independent GSIS. Although β cell function and β cell growth have previously been thought to be regulated differently, the results of the present study indicate that both may be regulated in part by a coordinated or common mechanism.

What is the relevance of our results to clinical practice in human diabetes? Relatively common mutations of the *Gck* gene have been reported in MODY patients (2, 34), but since they are not restricted to the β cell-specific isoform, the diabetic phenotype of these patients is due to a combination of defects in insulin secretion and glucose uptake by the liver. By contrast, a SNP in the promoter region of the *Gck* gene has been reported to be associated with reduced β cell function in Japanese-American men (35). The results of our study are somewhat surprising, as the majority of the known clinical cases of MODY have been mild cases of diabetes (2, 34). However, the severity of diabetes is also known to differ among patients with the same mutation, and the differences may be attributable to peripheral insulin resistance associated with obesity and/or environmental factors (34, 36). Because a HF diet is one of the

**Figure 8**

Nuclear FoxO1-positive cells increased in *Gck*<sup>+/-</sup> mice on the HF diet compared with wild-type mice on the HF diet, and overexpression of *Irs2* in β cells decreased nuclear FoxO1-positive cells in *Gck*<sup>+/-</sup> mice on the HF diet. **(A)** Immunohistochemical analysis of FoxO1 in islets from wild-type mice, βIrs2Tg mice, *Gck*<sup>+/-</sup> mice, and βIrs2Tg*Gck*<sup>+/-</sup> mice after 20 weeks on the HF diet. Representative islets are shown. FoxO1-positive cells are stained brown. Original magnification, ×600. **(B)** Ratio of the number of nuclear FoxO1-positive cells to the total number of islet cells. *n* = 43 (wild-type, *Gck*<sup>+/-</sup>), 23 (βIrs2Tg), 48 (βIrs2Tg*Gck*<sup>+/-</sup>). Values represent mean ± SEM. \*\**P* < 0.01.





pivotal factors in the etiology of insulin resistance and obesity, our results should be relevant to the diversity in diabetes severity among MODY patients. Furthermore, since type 2 diabetes patients with decreased insulin secretion have been shown to have reduced  $\beta$  cell mass (37),  $Gck^{+/-}$  mice on a HF diet should serve as a good animal model to better understand the relationship between decreased insulin secretion and decreased  $\beta$  cell mass in type 2 diabetes.  $Gck$  activation via small-molecule  $Gck$  activators in combination with increased cAMP production via glucagon-like peptide 1 derivatives may be a powerful strategy for the treatment of the decreased insulin secretion and decreased  $\beta$  cell mass in type 2 diabetes. In conclusion, the results of our study support the concept that  $Gck$  regulates  $\beta$  cell mass as well as  $\beta$  cell function.  $Irs2$  was found to be involved in  $Gck$ -mediated  $\beta$  cell hyperplasia in HF diet-fed mice. Identification of the mechanism linking  $Gck$  and  $Irs2$  should lead to novel therapeutic strategies that will increase  $\beta$  cell mass to compensate for HF diet-induced insulin resistance and may increase the amount of islets ( $\beta$  cells) for islet transplantation.

## Methods

**Animals.**  $Gck^{+/-}$  mice (129/Sv, ICR, and C57BL/6J hybrid background) were generated as described previously (3). Because of the heterogeneous genetic background of the mice, male offspring derived from  $Gck^{+/-}$  intercrosses were analyzed in this study. The  $Gck^{+/-}$  and wild-type mice were fed standard chow until 8 weeks of age and were then given free access to either standard chow or a HF diet. The animal care and procedures of the experiments were approved by the Animal Care Committee of the University of Tokyo. Animals were maintained by means of standard animal care procedures based on the institutional guidelines.  $Irs1^{-/-}$  and  $Irs2^{-/-}$  mice (CBA and C57BL/6J hybrid background) were generated as described previously (8, 11). The  $\beta Irs2Tg$  mouse lineage was established by fusing the 0.74-kb rat insulin II promoter to a mouse  $Irs2$  cDNA (4 kb), microinjecting the purified  $NotI$  fragment into the pronucleus of eggs of fertilized C57BL/6J mice (CLEA Japan Inc.), and then crossing F1 offspring with C57BL/6J mice (Supplemental Figure 2, A and B). Male offspring littermates derived from crosses between male  $Gck^{+/-}$  mice and female  $\beta Irs2Tg$  mice were analyzed in the  $Irs2$  rescue experiments (Supplemental Figure 2, C and D).

**Measurement of serum and islet parameters.** Glucose, insulin, triglyceride, and FFA levels were determined with a Glutest Pro kit (SANWA KAGAKU KENKYUSHO CO. LTD), an insulin kit (Biotrak; Amersham Biosciences), and L-type TG M and NEFA C-test kits (Wako), respectively.

**Diet protocol.** The composition of the standard chow (CLEA Rodent Diet CE-2; CLEA Japan Inc.) was 50.7% (wt/wt) carbohydrate, 4.6% fat, 25.2% protein, 4.4% dietary fiber, 6.5% crude ash, 3.6% mineral mixture, 1% vitamin mixture, and 4% moisture. The HF diet study was carried out according to previously described methods (38, 39). The composition of the HF diet was 32% safflower oil, 33.1% casein, 17.6% sucrose, 5.6% cellulose, 9.8% mineral mixture, 1.4% vitamin mixture, and 0.5% DL-methionine.

**In vivo glucose homeostasis.** Glucose and insulin tolerance tests were performed as described previously (39, 40).

**Histologic and immunohistochemical analysis and determination of adipocyte size.** Adipose tissue was fixed with formaldehyde, and 10- $\mu$ m sections were cut, mounted on glass slides, and stained with hematoxylin and eosin. White adipocyte areas were measured in 300 or more cells per mouse in each group, as described previously (39).

**Immunohistochemical analysis of the endocrine pancreas and estimation of  $\beta$  cell and non- $\beta$  cell mass and individual  $\beta$  cell size.** Isolated pancreata were immersion-fixed in Bouin's solution at 4°C overnight. Tissue was then routinely processed for paraffin embedding, and 2- $\mu$ m sections were cut and mounted on glass slides. The sections were double immunostained with guinea pig anti-porcine insu-

lin antibody (diluted 1:200) and a cocktail composed of rabbit anti-porcine glucagon (diluted 1:200), rabbit anti-human somatostatin (diluted 1:800), and rabbit anti-human pancreatic polypeptide (diluted 1:800) antibodies (all from Dako). Images of pancreatic tissue, islet  $\beta$  cells, and islet non- $\beta$  cells were captured on a computer through a microscope connected to a charge-coupled device camera (all from Olympus). The area of the  $\beta$  cells and non- $\beta$  cells relative to the total area of pancreatic tissue was calculated with WinROOF software (version 5.0; Mitani Corp.) as described previously (41). More than 20 pancreatic sections from each animal, including representative sections of the head, body, and tail of the pancreas, were analyzed, and approximately 100 islets per mouse were counted in each group. Adjacent nonoverlapping fields were analyzed to obtain a true representation of average islet/ $\beta$  cell distribution throughout the pancreas. Individual  $\beta$  cell size was estimated by dividing the  $\beta$  cell area by the number of  $\beta$  cell nuclei in the area covered, as described previously (21). Maximum islet diameter was also calculated with WinROOF software. Immunostaining with anti-Ipf1 antibody (42) was performed as described previously (43). FoxO1 was immunohistochemically analyzed with anti-FoxO1 antibody (Cell Signaling Technology).

**BrdU incorporation analysis and PCNA staining.** BrdU incorporation was analyzed as described previously (44). In brief, BrdU (100 mg/kg in saline; Sigma-Aldrich) was intraperitoneally injected, and the pancreas was removed 6 hours later. The sections were double immunostained with anti-BrdU antibody (diluted 1:200; Dako) and a cocktail of anti-glucagon, anti-somatostatin, and anti-pancreatic polypeptide antibodies. BrdU-positive  $\beta$  cells were quantitatively assessed as a proportion of all  $\beta$  cells by counting the cells in approximately 50 islets per mouse. Sections were immunostained for PCNA with mouse anti-PCNA antibody (diluted 1:10; Progen Biotechnik) at 4°C for 48 hours.

**Detection of apoptotic cells.** Single-strand DNA analysis in islets was performed as described previously (45). Apoptotic cells were also detected in deparaffinized pancreatic sections by using an in situ cell death detection kit (Roche Diagnostics) according to the manufacturer's recommendations.

**Islet isolation.** For metabolic analysis, islets were isolated with collagenase as described previously (46). For preparation for RNA or protein, islets were isolated by using liberase RI (Roche Diagnostics) according to the manufacturer's instructions.

**Analysis of insulin secretion and determination of glucose-phosphorylating activity, glucose oxidation, and cAMP content.** Although the cellular composition of the islets may be affected by the dietary regimen, we used islets of comparable size (less than 250  $\mu$ m in diameter) to assess islet insulin secretion and glucose metabolism, because quantitative determination of  $\beta$  cell mass in islets less than 250  $\mu$ m in diameter yielded values in the 4 mouse groups that were indistinguishable. Insulin secretion by islets was analyzed as described previously (46). Glucose phosphorylation by hexokinase and  $Gck$  was assayed fluorometrically as described previously (3, 47). Hexokinase activity was measured at a glucose concentration of 0.5 mM, and the  $Gck$  activity was estimated as the difference between activity at 0.5 mM glucose and activity at 50 mM glucose. [ $^{14}C$ ]glucose oxidation in mitochondria was assayed by measuring [ $^{14}C$ ]CO<sub>2</sub> production as described previously (46). To extract cAMP for measurements, islet cells were disrupted by sonication for 5 seconds in 500  $\mu$ l 95% ethanol at 4°C, vortexed vigorously, and centrifuged at 18,000 g for 30 minutes at 4°C. After removing the supernatant and evaporating to dryness, the samples were redissolved in sodium acetate buffer (0.05 mol/l, pH 6.2), and cAMP levels were determined with an enzyme-linked immunosorbent assay kit (cAMP Biotrak Enzymeimmunoassay System; Amersham Biosciences) in 96-well plates on a spectrophotometer at 450 nm according to the manufacturer's instructions.

**Microarray analysis of mRNA levels in isolated islets.** Isolated islets were cultured overnight in RPMI 1640 medium containing 11.1 mM glucose (Sigma-Aldrich) supplemented with 10% FBS, 0.075 g/l penicillin (Sigma-Aldrich),



and 0.1 g/l streptomycin (Sigma-Aldrich). Total RNA was isolated with the RNeasy Mini Kit (QIAGEN) and used as starting material for cDNA preparation. RNA was prepared from 7 mice of identical genotype. The first- and second-strand cDNA synthesis, array hybridization, and scanning were performed as described previously (48). In brief, RNA amplification was started with 5 µg of total islet RNA. Double-stranded cDNA was synthesized with the SuperScript Choice system (Gibco) and a T7-(dT) 24 Primer (Amersham Pharmacia Biotech). In vitro transcription was performed to produce biotin-labeled cRNA by using a BioArray HighYield RNA Transcript Labeling Kit (Affymetrix) according to the manufacturer's instructions. cRNA was linearly amplified approximately 40-fold with T7 polymerase by using half of the double-stranded cDNA that was synthesized. The readings obtained by quantitative scanning were analyzed with Affymetrix Gene Expression Analysis software. For expression change calls, we used the comparative analysis (Wilcoxon signed rank test-based analysis) program in Microarray Suite version 5.0 as described previously (49). The analysis was performed with the default parameters, where the *P* value of significant difference was below 0.0025.

**Immunoblotting.** The polyclonal anti-Irs1, anti-Irs2, and anti-p85 antibodies were purchased from Upstate USA Inc. The polyclonal anti-Insr antibody, and anti-Igf1rβ antibody were purchased from Santa Cruz Biotechnology Inc. The anti-Akt antibody, anti-Igf1rα antibody, anti-CREB antibody, and phospho-CREB (Ser133) antibody were purchased from Cell Signaling Technology Inc. The polyclonal anti-Ipf1 antibody (42) was provided by Y. Kajimoto (Osaka University, Suita, Japan). Islets were sonicated in ice-cold buffer A (25 mM Tris-HCl, pH 7.4, 10 mM Na<sub>3</sub>VO<sub>4</sub>, 10 mM NaPPI, 100 mM NaF, 10 mM EDTA, 10 mM EGTA, and 1 mM phenylmethylsulfonyl fluoride) with an ultrasonic sonicator. Samples were separated by SDS-polyacrylamide gel electrophoresis, and immunodetection was performed with an ECL kit (Amersham Biosciences). Protein was prepared from more than 100 islets pooled from several mice of identical genotype, and 20 µg samples of proteins were applied to the gel.

**Statistics.** Results are expressed as mean ± SEM. Statistical analysis was performed using the StatView software system (version 4.5; Abacus). Differences between 2 groups were analyzed for statistical significance by Student's *t* test for unpaired comparisons. Individual comparisons among more than 2 groups were assessed with the post-hoc Fisher's pairwise least-significant-difference test. A *P* value less than 0.05 was considered to be statistically significant.

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