Release of α_2 -Plasmin Inhibitor from Plasma Fibrin Clots by Activated Coagulation Factor XIII

Its Effect on Fibrinolysis

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Abstract

When blood coagulation takes place in the presence of calcium ions, α_2 -plasmin inhibitor (α_2 PI) is cross-linked to fibrin by activated coagulation Factor XIII (XIIIa) and thereby contributes to the resistance of fibrin to fibrinolysis. It was previously shown that the cross-linking reaction is a reversible one, since the α_2 PIfibrinogen cross-linked complex could be dissociated. In the present study we have shown that the α_2 PI-fibrin cross-linking reaction is also a reversible reaction and α_2 PI which had been cross-linked to fibrin can be released from fibrin by disrupting the equilibrium, resulting in a decrease of its resistance to fibrinolysis. When the fibrin clot formed from normal plasma in the presence of calcium ions was suspended in α_2 PI-deficient plasma of buffered saline, α_2 PI was gradually released from fibrin on incubation. When α_2 PI was present in the suspending milieu, the release was decreased inversely to the concentrations of $\alpha_2 PI$ in the suspending milieu. The release was accelerated by supplementing XIIIa or the presence of a high concentration of the NH₂-terminal 12-residue peptide of α_2 PI (N-peptide) which is cross-linked to fibrin in exchange for the release of α_2 PI. When the release of α_2 PI from fibrin was accelerated by XIIIa or Npeptide, the fibrin became less resistant to the fibrinolytic process, resulting in an acceleration of fibrinolysis which was proportional to the degree of the release of α_2 PI. These results suggest the possiblity that α_2 PI could be released from fibrin in vivo by disrupting the equilibrium of the α_2 PI-fibrin cross-linking reaction, and that the release would result in accelerated thrombolysis.

Introduction

When blood coagulation takes place $\sim 20\%$ of the α_2 -plasmin inhibitor (α_2 PI),¹ a major inhibitor of fibrinolysis (1) present in plasma, is cross-linked to the α -chain of fibrin by plasma trans-

J. Clin. Invest. © The American Society for Clinical Investigation, Inc. 0021-9738/86/03/1006/08 \$1.00 Volume 77, March 1986, 1006–1013 glutaminase, activated blood coagulation Factor XIII (XIIIa) (2-4). The α_2 PI thus cross-linked renders the fibrin clot more resistant to fibrinolysis. Particularly, the naturally occurring fibrinolytic process that occurs subsequently to fibrin formation and is caused by fibrin-associated plasminogen activation (5) is mainly inhibited by α_2 PI cross-linked to fibrin (6).

 α_2 PI serves only as a glutamine substrate for XIIIa in the cross-linking reaction (4), and the cross-linking occurs between lysine residues of fibrin α -chains and a glutamine residue of the α_2 PI molecule that is the second residue from the NH₂-terminal (4).

We have previously suggested that the α_2 PI cross-linking reaction may be a reversible equilibrium reaction that is common to the general cross-linking reaction catalyzed by transglutaminases (7, 8), since the α_2 PI-fibrinogen cross-linked complex could be dissociated to each of its components to reach a new equilibrium state when the isolated complex was incubated with XIIIa (9). It is important to know if the α_2 PI cross-linked with fibrin could be released physiologically, because such a release of α_2 PI from fibrin would make the fibrin less resistant to the fibrinolytic process, thereby accelerating fibrinolysis.

In the present study we have demonstrated that α_2 PI once cross-linked with fibrin could be released by the function of XIIIa and the release could result in an acceleration of fibrinolysis.

Methods

Plasma. Blood was withdrawn from a normal individual, a patient with congenital deficiency of $\alpha_2 PI$ (10), or a patient with congenital deficiency of Factor XIII, into 0.1 vol of 3.8% sodium citrate or into 0.1 vol of 100 U/ml heparin. The blood was then centrifuged to prepare platelet-rich or -poor plasma. The concentration of $\alpha_2 PI$ in plasma was immunologically determined (2).

Purified proteins. α_2 PI was purified from human plasma by the previously described method (11). The concentration was determined spectrophotometrically using $E_{1cm}^{1\%} = 7.03$ at 280 nm (11). The protein was dissolved in Tris-buffered saline (0.05 M Tris-HCl, 0.15 M NaCl, pH 7.4). Human fraction I-4, prepared according to the method of Blombäck and Blombäck (12), was used as the fibrinogen preparation after removing contaminating plasminogen and plasma fibronectin from the preparation with lysine-Sepharose (13) and gelatin-Sepharose (14), respectively. The concentration was determined spectrophotometrically using $E_{1cm}^{1\%} = 15.1$ at 280 nm (12) and the coagulable protein was >95%. Factor XIII was purified from human plasma by the method described by Curtis and Lorand (15). Factor XIII activity was assayed by the dansylcadaverine incorporation method as described by Lorand et al. (16). 1 U of Factor XIII is defined as the activity of Factor XIII present in 1 ml normal pooled standard plasma. Thrombin-modified Factor XIII was prepared as described previously (4) and was converted to XIIIa by calcium ions added at the time of the experiments. Purified thrombin was prepared from a bovine thrombin preparation (Mochida Pharmaceuticals, Tokyo, Japan) according to the method of Lundblad (17). The hirudin (a thrombin inhibitor obtained from leeches) used was a grade IV preparation from the Sigma Chemical Co., St. Louis, MO, and was shown to have

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^{1.} Abbreviations used in this paper: α_2 PI, α_2 -plasmin inhibitor; ¹²⁵I-FDP, radiolabeled fibrin degradation products; N-peptide, the NH₂-terminal 12-residue peptide of α_2 PI; t-PA, tissue plasminogen activator; XIIIa, activated coagulation Factor XIII.

no plasmin inhibitor activity when tested by the chromogenic (18) and clot lysis (19) methods. Tissue plasminogen activator (t-PA) was purified from the culture media of a human melanoma cell line according to the method of Rijken and Collen (20). The t-PA activity was assayed by the clot lysis method using a calibration curve constructed with the WHO standard preparation kindly supplied by Dr. P. J. Gaffney, National Institute for Biological Standards and Control, London, England. Native Glu-plasminogen, whose amino-terminal group is glutamic acid, was prepared from fresh plasma in the presence of aprotinin (10 kallikrein inhibitor units/ml) (Mochida Pharmaceuticals) by affinity chromatography with lysine-Sepharose followed by DEAE-Sephadex chromatography (21). Plasmin was prepared by activating plasminogen with urokinase-coupled Sepharose 4B (11). Plasmin activity was determined by the amidolytic method (22) using the chromogenic substrate, H-D-Val-Leu-Lys-p-nitroanilide (S-2251; Daiichi Pure Chemicals Co., Tokyo, Japan).

 NH_{2} -terminal peptide of $\alpha_2 PI$. The NH₂-terminal 12-residue peptide of $\alpha_2 PI$ (N-peptide), Asn-Gln-Glu-Gln-Val-Ser-Pro-Leu-Thr-Gly-Leu-Lys-NH₂. AcOH was synthesized and kindly supplied by Dr. H. Tani, Tokyo Research Institute, Kowa Co., Tokyo, Japan.

Radioiodination of protein. α_2 PI and fibrinogen were radioiodinated by solid-state lactoperoxidase-glucose oxidase (Enzymobead; Bio-Rad Laboratories, Richmond, CA) and Na¹²⁵I (17 Ci/mg) (New England Nuclear, Boston, MA). Free unconjugated radiolabeled compounds were removed by gel filtration using Sephadex G-10. The labeled α_2 PI and fibrinogen preparations had specific activities of 1×10^6 cpm/µg and 1.2 $\times 10^6$ cpm/µg, respectively.

Release of $\alpha_2 PI$ from fibrin clots. 100 or 40 µl of normal citrated plasma containing a trace amount of radiolabeled $\alpha_2 PI$ (7.5 × 10⁴ cpm/ ml plasma) and aprotinin (10 U/ml plasma) was clotted with calcium chloride (25 mM) and thrombin (1 U/ml). The clotted plasma was incubated at 37°C for 30 min. Aprotinin was used to prevent fibrinolysis from occurring during the incubation. The clot was subsequently squeezed and washed three times by soaking and shaking it for 5 min each time in 400 µl of Tris-buffered saline (0.05 M Tris-HC1/0.15 M NaCl, pH 7.4) containing 0.2% human albumin (Miles Ames Div., Miles Laboratories Inc., Elkhart, IN). The washed clot was then suspended in 500 μ l of normal or α_2 PI-deficient heparinized plasma or buffered saline and incubated at 37°C. The suspending plasma contained aprotinin (10 U/ ml) and hirudin (10 U/ml) (Sigma Chemical Co.). The suspending buffered saline contained XIIIa (0-0.6 U/ml) and aprotinin (10 U/ml). As control experiments, EDTA (2 mM) and iodoacetamide (1 mM) were further included in the suspending media to inhibit XIIIa activity. During the incubation, aliquots of 20 μ l were removed from the suspending media at intervals for radioactive counting. Results were expressed as the percent release of radiolabel from the clot, which was calculated from the counts, applying a correction for the influence of repeated subsampling on the volume. In some experiments, the release was also expressed as moles. The experiments were carried out in triplicate.

To confirm the cross-linking of $\alpha_2 PI$ to fibrin and its subsequent release, the washed clot, together with buffered saline suspending the clot, was lyophilized as a whole before and after the incubation, then solubilized and subjected to sodium dodecyl sulfate (SDS)-polyacrylamide gel electrophoresis. The washed clot was prepared from 100 μ l of normal citrated plasma or 100 µl of fibrinogen (2.3 mg/ml) in Tris-buffered saline containing α_2 PI (30 μ g/ml) and Factor XIII (0.2 U/ml), but otherwise all the other conditions were the same as described above. The solubilization was carried out by incubation for 20 min at 100°C with 40 µl of 10% SDS, 4 M urea, 10% mercaptoethanol. The dissolved samples were subjected to the electrophoresis on a slab gel or disc gel according to the procedures of Laemmli (23) using a 7.5% separating gel and a 4% stacking gel. High molecular weight standards (Bio-Rad Laboratories) were run in parallel. After the electrophoresis, the gels were stained with Coomassie Brilliant Blue and destained by diffusion. The α_2 PI was identified by radioautography by exposing the dried slab gel to X-ray film (Lo-dose film; E. I. Du Pont de Nemours & Co., Wilmington, DE) in the presence of intensifying screens (Lo-dose/2 mammography intensifying screen; E. I. Du Pont de Nemours & Co.) for 24 h at -70° C. The α_2 PI was also identified by cutting the disc gel transversely into slices of 3 mm thickness and counting each slice for radioactivity.

 α_2 PI released was examined for its antiplasmin activity. For that purpose, 2 ml of normal plasma containing radiolabeled α_2 PI was clotted, washed, suspended, and incubated in 2 ml of buffered saline containing 0.6 U/ml XIIIa in the same way as described above, except for the omission of aprotinin. At 20 and 60 min of incubation, aliquots of 800 or 2 μ l were removed from the suspending media for antiplasmin activity or radioactive counting, respectively. For antiplasmin activity an aliquot of 800 μ l was mixed at 37 °C with 200 μ l of 5 mM S-2251 and then with 100 μ l of plasmin solution (4 nmol of substrate hydrolyzed/second per ml). Increase of absorbance at 405 nm was monitored by a DU-8 spectrophotometer (Beckman Instruments, Inc., Fullerton, CA), and the immediate-type antiplasmin activity was calculated as described previously (18) using a standard curve constructed with normal plasma and expressed as a percent of the standard normal plasma.

Incorporation of $\alpha_2 PI$ to clot. The washed clot prepared from 100 μ l of normal plasma was suspended and incubated at 37°C in 500 μ l of $\alpha_2 PI$ -deficient heparinized plasma supplemented with various concentrations of $\alpha_2 PI$ containing a trace amount of radiolabeled $\alpha_2 PI$. The suspending plasma contained aprotinin (10 U/ml) and hirudin (10 U/ml). As control experiments, EDTA (20 mM) and iodoacetamide (1 mM) were further included in the suspending plasma. After various lengths of incubation, the clot was removed, washed, and counted for radioactivity. The amount of $\alpha_2 PI$ incorporated into the clot from the suspending plasma was calculated from the count of the clot and the specific radioactivity of $\alpha_2 PI$ used.

Measurement of fibrinolysis. 2 ml of platelet-rich plasma were mixed with 10 μ l of radiolabeled fibrinogen. A 180 μ l aliquot of this mixture was mixed and incubated with 20 μ l of calcium chloride (250 mM). The clot soon formed and underwent retraction. After incubation at 37°C for 30 min, the clot was suspended by the addition of 800 μ l of plateletpoor plasma containing t-PA (8.4 U/ml), hirudin (1 U/ml) and various concentrations of the NH₂-terminal 12-residue peptide of α_2 PI (N-peptide) and was further incubated at 37°C for as long as 20 h. The purpose of including hirudin in the suspending plasma milieu was to prevent the suspending plasma from being clotted by thrombin released from the clot. In another set of experiments, t-PA was added to plasma before clotting, and the clot formed was washed and suspended in buffered saline containing plasminogen. 2 µl of t-PA (4,200 U/ml) was added to a 180-µl aliquot of the platelet-poor plasma containing radiolabeled fibrinogen, and the plasma was clotted with 10 μ l of calcium chloride (500 mM) and 10 μ l of thrombin (20 U/ml). After incubation for 30 min at 37°C, the clot was first squeezed with a stick against the wall of the tube to express as much fluid as possible, washed three times by soaking it in 1 ml of Tris-buffered saline containing 2% of albumin (Trisbuffered albumin saline) for 5 min at room temperature each time, and then finally suspended and incubated in 1 ml of Tris-buffered albumin saline containing Glu-plasminogen (0.18 mg/ml), calcium chloride (2.5 mM), and XIIIa (1.8 U/ml). As control experiments, EDTA (25 mM) and iodoacetamide (1 mM) were included in addition to plasminogen in Tris-buffered albumin saline to inhibit XIIIa activity. The mixture containing the suspended clot was further incubated at 37°C. To measure fibrinolysis, 20 µl aliquots of the suspending plasma or buffered saline were removed at intervals for counting of radioactivity. Results were expressed as the percent release of radiolabel (radiolabeled fibrin degradation products, ¹²⁵I-FDP), which was calculated from the counts, applying a correction for the influence of repeated subsampling upon the volume of the supernatant.

Results

Release of $\alpha_2 PI$ from fibrin clot catalyzed by XIIIa. Normal citrated plasma containing radiolabeled $\alpha_2 PI$ was clotted by an addition of calcium chloride. $\alpha_2 PI$ was rapidly cross-linked to fibrin by XIIIa generated during the coagulation. After 30 min incubation at 37°C, the clot formed was squeezed and washed to remove unbound materials. The clot was then suspended and incubated in α_2 PI-deficient plasma or buffered saline. Aprotinin was present during the entire procedure to inhibit fibrinolysis. Hirudin was present in the suspending plasma to prevent the plasma from being clotted by any thrombin that remained bound to fibrin.

As seen in Fig. 1, α_2 PI was gradually released upon incubation from the fibrin clot into the suspending plasma or buffered saline. When EDTA and iodoacetamide were present in the suspending media to inhibit XIIIa, the release was significantly lower and very small. The degree of release of α_2 PI was nearly the same whether the fibrin clot was suspended in α_2 PI-deficient plasma or in buffered saline (Fig. 1). Similar degrees of release may have been caused by similar amounts of XIIIa operating in both experiments. XIIIa operating in both experiments without addition of XIIIa was the XIIIa that was activated during the coagulation and remained bound to fibrin in the washed fibrin clot (24). There was no supply of XIIIa from the suspending plasma because activation of Factor XIII in the suspending plasma was inhibited by the presence of hirudin. However, the release of α_2 PI was accelerated when XIIIa was added to the buffered saline (Fig. 1). The acceleration was found to be dependent on the amount of XIIIa added. The release observed during the initial 1-h incubation is shown in Fig. 2.

Cross-linking and subsequent release were confirmed by SDSpolyacrylamide gel electrophoresis of the washed clots. In autoradiography of the polyacrylamide slab gels, there appeared a distinct radioactive band corresponding to free α_2 PI after the incubation of the washed clots for 4 h in buffered saline containing XIIIa (Fig. 3). Radiocounting of the sliced disc gels revealed that only a small proportion of α_2 PI remained unbound and most of α_2 PI were present in a form covalently bound to polymerized cross-linked fibrin α -chains before the incubation (Fig. 4). After the incubation there was a remarkable increase of the height of the radioactive peak corresponding to free α_2 PI (Fig. 4). The increase of the radioactivity of free α_2 PI was around 25 or 22% of the total radioactivity in a purified fibrin clot system or in a plasma clot system, respectively.

The released $\alpha_2 PI$ had the inhibitor activity similar to that of the original $\alpha_2 PI$. As shown in Fig. 5, the immediate-type



Figure 1. Release of α_2 Pl from fibrin clots on incubation. The washed fibrin clot prepared from normal plasma containing radiolabeled α_2 Pl was suspended and incubated at 37°C in α_2 Pl-deficient plasma (\Box), in buffered saline (Θ) or in buffered saline containing XIIIa (0.2 U/ml) (\odot). Aprotinin was added to the plasmas and buffered saline to prevent fibrinolysis. As controls, EDTA and iodoacetamide were added to

the suspending plasma (**n**) or buffered saline (**o**). After various lengths of time, cumulative release of radiolabel from the clot into the suspending medium was measured and expressed as a percentage of the total radioactivity originally present in the washed clot. Data represent the mean \pm SD of triplicate experiments. For details, see Methods.



Figure 2. XIIIa-dependent release of α_2 PI from fibrin clots. The washed fibrin clot prepared from normal plasma containing radiolabeled $\alpha_2 PI$ was suspended and incubated at 37°C in buffered saline containing various concentrations of XIIIa. Aprotinin was added to the buffered saline to prevent fibrinolysis. After 20 (\triangle), 40 (\Box), and 60 (0) min of incubation, cumulative release of radiolabel from the clot into the suspending buffered saline was measured and expressed as a percentage of the total radioactivity, as in Fig. 1.

antiplasmin activity was gradually released on incubation from the washed plasma clot. The presence of iodoacetamide and EDTA suppressed the release. The release of the inhibitor activity was parallel to the release of the radioactivity; at 60 min incubation in Fig. 5 the total radioactivity released was also $\simeq 4\%$ of the total radioactivity present in the original plasma.

When the clot was suspended in the medium containing α_2 PI, some of the α_2 PI present in the suspending medium were incorporated into the clot by XIIIa in exchange for the release of fibrin-bound α_2 PI. The washed clot prepared from normal plasma was suspended and incubated in the α_2 PI-deficient plasma supplemented with various amounts of α_2 PI. The release and







Figure 4. Distribution of radiolabeled α_2 PI in polyacrylamide disc gel electrophoresis. The washed clot prepared from purified fibrinogen (upper panel A) or from normal plasma (lower panel B) was suspended and incubated in buffered saline as in Fig. 3. The washed clot together with the suspending buffered saline, as a whole, was lyophilized, solubilized, and subjected to disc gel electrophoresis before (left) or after (right) the incubation. After electrophoresis, the disc gel was cut transversely into slices, and each slice was counted for radioactivity. Arrows indicate free α_2 PI corresponding to relative molecular weight \approx 70,000.

the incorporation of α_2 PI were then measured. The incorporation as well as the release was negligibly small in the control experiments in which EDTA and iodoacetamide were added. The net release of α_2 PI from the washed clot into the suspending plasma was calculated by subtracting the amount of incorporated α_2 PI from the amount of released α_2 PI. The results shown in Fig. 6 indicate that the net release of α_2 PI from the clot was decreased when the concentration of α_2 PI in the suspending plasma was increased. It also indicates that the net release was nearly zero when the concentration of α_2 PI in the suspending plasma was the same as that of the plasma from which the clot had been prepared.

Acceleration of $\alpha_2 PI$ release by N-peptide. The washed fibrin clot was prepared as described above from normal plasma containing radiolabeled $\alpha_2 PI$. The clot was suspended and incubated in normal heparinized plasma with or without the presence of N-peptide.

As seen in Fig. 7, radiolabeled α_2 PI was gradually released from the fibrin clot on incubation. Here again, the release was suppressed by the presence of EDTA and iodoacetamide which



Figure 5. Release of the inhibitor activity. The washed fibrin clot prepared from normal plasma was suspended and incubated at 37°C in buffered saline containing XIIIa (0.6 U/ml) (\circ). As a control, EDTA and iodoacetamide were added to the suspending buffered saline (\bullet). The total immediatetype antiplasmin activity released into the suspending buffered saline was measured and te-type antiplasmin activity pres-

expressed as a percent of the immediate-type antiplasmin activity present in the original whole plasma.



Figure 6. Net release of $\alpha_2 PI$ from fibrin clots suspended in plasma with various concentrations of $\alpha_2 PI$. The washed fibrin clot prepared from 100 µl of normal citrated plasma was suspended in 500 µl of $\alpha_2 PI$ -deficient plasma (\bigcirc), a 3:1 mixture of $\alpha_2 PI$ -deficient plasma and normal plasma (\square , $\alpha_2 PI$ 0.2 µM), a 1:1 mixture of $\alpha_2 PI$ -deficient plasma and normal

plasma (Δ , α_2 PI 0.4 μ M), and normal plasma (\bullet , α_2 PI 0.8 μ M). The suspending plasmas were heparinized ones and contained aprotinin. For the measurement of the release, the normal plasma containing a trace amount of radiolabeled α_2 PI was used for preparation of the washed clot. For the measurement of the incorporation, the normal plasma containing a fixed amount of radiolabeled α_2 PI was used for preparation of the suspending plasma milieus. The net release was calculated by subtracting the value of the incorporation from the value of the release. For details, see Methods.

inhibit XIIIa. The release was increased by the presence of Npeptide (Fig. 7), and the increase was dependent on the concentrations of N-peptide (Fig. 8).

Acceleration of fibrinolysis by the release of $\alpha_2 PI$ from fibrin clot. Normal plasma containing radiolabeled fibrinogen and exogenously added t-PA was clotted by adding thrombin and calcium chloride. After incubation for 30 min at 37°C the clot formed was squeezed and washed to remove unbound materials. The clot retained the t-PA adsorbed onto fibrin. The clot was then suspended and incubated in buffered saline containing plasminogen. The suspending buffered saline additionally contained XIIIa or EDTA/iodoacetamide. Fibrinolysis was followed by counting of the radioactivity released into the suspending buffered saline at time intervals.

As seen in Fig. 9, fibrinolysis was accelerated when XIIIa was present in the suspending buffered saline as compared with the fibrinolysis observed in the presence of EDTA/iodoacetamide. The release of α_2 PI in these experiments was measured using radiolabeled α_2 PI instead of radiolabeled fibrinogen, as in Fig. 2, in which fibrinolysis was suppressed by aprotinin. Approximately 20% of the α_2 PI bound to fibrin was released after 2 h of incubation in the presence of exogenously added XIIIa,



Figure 7. Release of α_2 PI from fibrin clots on incubation by Npeptide. The washed fibrin clot prepared from normal plasma containing radiolabled α_2 PI was suspended and incubated at 37°C in normal heparinized plasma containing aprotinin and no (\Box) or 500 μ M (\odot) Npeptide. As a control, EDTA and iodoacetamide were added to the suspending plasma (\bullet). After various lengths of time, cumulative release of radiolabel from the clot into the suspend-

ing medium was measured and expressed as a percentage of the total radioactivity, as in Fig. 1.



Figure 8. Dose-dependent release of α_2 PI from fibrin clots by N-peptide. The washed fibrin clot prepared from normal plasma containing radiolabeled α_2 PI was suspended and incubated at 37°C in normal heparinized plasma containing aprotinin and various concentrations of N-peptide. After 1 (and 2 (0) h of incubation, cumulative release of radiolabel from the clot into the suspending plasma was measured and expressed as a percentage of the total radioactivity, as in Fig. 1.

The release in the presence of EDTA/iodoacetamide was subtracted. The abscissa is on a logarithmic scale.

whereas the release was only <1% in the presence of EDTA/ iodoacetamide which inhibited XIIIa endogenously generated in the clot.

When an α_2 PI-deficient plasma clot was used instead of a normal plasma clot in the experiments of Fig. 9, the lysis was very rapid and completed in less than 1 h. Furthermore, there was no difference of fibrinolysis whether EDTA/iodoacetamide was added or not, in contrast to a significant difference observed with the normal plasma clot in Fig 9. This indicates that EDTA/ iodoacetamide did not influence the fibrinolytic process itself, at least under the experimental conditions used.

Normal platelet-rich plasma containing radiolabeled fibrinogen was clotted by the addition of calcium chloride. After 30 min of incubation at 37°C, the retracted clot was suspended in normal plasma containing a fixed amount of exogenously added t-PA and various concentrations of N-peptide and was then further incubated at 37°C. Fibrinolysis was followed by counting of the radioactivity released into the suspending plasma at time intervals.

As seen in Fig. 10, fibrinolysis was accelerated by the presence of N-peptide, and the acceleration was dependent on the concentrations of N-peptide. The rate of fibrinolysis was nearly proportional to the degree of the release of α_2 PI achieved by Npeptide at the end of 2 h of incubation (Fig. 11). The extent of



Figure 9. Acceleration of fibrinolysis by the release of α_2 PI. The washed fibrin clot prepared from normal plasma containing radiolabeled fibrinogen and t-PA (5.5 U/ml) was suspended and incubated at 37°C in buffered saline containing Glu-plasminogen and XIIIa (1.8 U/ml) (\odot) or in buffered saline containing Glu-plasminogen, EDTA, and iodoacetamide (\bullet).

After various lengths of incubation, cumulative release of radiolabel from the clot into the suspending buffered saline was measured and expressed as a percentage of the total radioactivity. Data represent the mean \pm SD of triplicate experiments. For details see Methods.



Figure 10. Acceleration of fibrinolysis by the release of $\alpha_2 PI$ caused by N-peptide. Plateletrich normal plasma containing radiolabeled fibrinogen was clotted by the addition of calcium ions. After 30-min incubation at 37°C, the clot formed was suspended and incubated in platelet-poor plasma containing a fixed amount of t-PA, hirudin, and various concentrations of N-peptide. The con-

centrations of N-peptide were 500 (\odot), 100 (\Box), and 10 μ M (Δ). Control without N-peptide (\bullet). After various lengths of incubation, cumulative release of radiolabel from the clot into the suspending plasma was measured and expressed as a percentage of the total radioactivity, as in Fig. 9. Each point represents the average of three measurements.

release at the end of 2 h of incubation represents nearly the maximum release achieved by each concentration of N-peptide, since the cumulative release reached a plateau at around 2 h of incubation. This indicates that the maximum extent of release which was achieved during the initial 2 h of incubation determined the rate of the following fibrinolytic process seen in Fig. 10. When α_2 PI-deficient plasma or XIII-deficient plasma was used instead of normal plasma in similar experiments, no acceleration of fibrinolysis was observed in the presence of N-peptide (Fig. 12).

Discussion

 α_2 PI is cross-linked to the fibrin α -chain when blood coagulation takes place (2–4). The reaction proceeds rapidly to reach a maximum and then levels off, with only around 20% of the α_2 PI being cross-linked (2). We have suggested that this self-limiting nature of the cross-linking reaction may be due to the reaction equilibrium favoring dissociation of the cross-linked complex rather than the development of structural hindrance in the polymerizing fibrin(ogen) (9). The concept is mainly based on the observation that the α_2 PI-fibrinogen cross-linking reaction is a reversible one, and the isolated complex of α_2 PI and fibrinogen could be dissociated rapidly into each of its components by XIIIa



Figure 11. Linear relationship between the release of $\alpha_2 PI$ caused by N-peptide and the rate of fibrinolysis. The percent values of release of $\alpha_2 PI$ from the fibrin clot caused by N-peptide was adopted from the 2 h values in Figs. 7 and 8, which were nearly maximum, and plateau values achieved by each concentration of N-peptide. The extents of fibrinolysis in the presence of various concen-

trations of N-peptide, corresponding to those in Fig. 8, are those achieved at the incubation times indicated at the end of each line and adopted from the data in Fig. 10.



Figure 12. Influence of N-peptide on fibrinolysis of α_2 PI- or Factor XIII-deficient plasma. Platelet-rich α_2 PI-deficient plasma (*upper portion*) or Factor XIII-deficient plasma (*lower portion*) containing radiolabeled fibrinogen was clotted, suspended, and incubated in platelet-poor α_2 PI- or Factor XIII-deficient plasma contain-

ing various concentrations of N-peptide, respectively. The experimental conditions were the same as those in Fig. 10, except for the omission of t-PA in α_2 PI-deficient plasma. The concentrations of N-peptide were 500 (\odot) and 100 μ M (\Box). Control without N-peptide (\bullet). After various lengths of incubation, cumulative release of radiolabel from the clot into the suspending plasma' was measured and expressed, as in Fig. 10.

(9). In the present study, we have extended our investigation further to see if the α_2 PI-fibrin cross-linking reaction is also a reversible one. The question is crucial because α_2 PI may be mainly cross-linked to fibrin and not much with fibrinogen when a thrombus is formed in vivo, and dissociation of the α_2 PI-fibrin cross-linked complex would be of great consequence in thrombolysis.

When the fibrin clot prepared from normal plasma was suspended and incubated in α_2 PI-deficient plasma or buffered saline, α_2 PI which had been cross-linked to fibrin was gradually released from the fibrin clot (Fig. 1). The release was most likely mediated by XIIIa since the rate of the release was dependent on the amount of XIIIa present (Fig. 2) and the release was suppressed by the presence of EDTA and iodoacetamide (Fig. 1) which are known to inhibit XIIIa (25, 26). The release progressed very slowly and took hours to level off (Fig. 1). This slow progress of the release is in contrast to the very rapid dissociation of the α_2 PI-fibringen complex which was completed in only a few minutes (9). The difference may be explained by the structural tightness of the cross-linked fibrin clot which hinders the enzyme (XIIIa) from gaining access to the substrate α_2 PI-fibrin complex. The release slowed down after 2 h of incubation, and every effort to accelerate the release, including frequent changes of the suspending media and replenishment of fresh XIIIa, was unsuccessful. We speculate that the highly polymerized α -chain of fibrin formed after 2 h of incubation may have hindered the release. We have previously shown that the $\alpha_2 PI$ - α -chain monomer complex formed at the initial stage of clotting was gradually transformed to the $\alpha_2 PI - \alpha$ -chain polymer complex as the α chain cross-linking polymerization proceeded (3, 9). This was also seen in the present study (Fig. 4 B). The transformation was completed after 2 h of incubation and no α_2 PI- α -chain monomer complex was left (3). Probably XIIIa could gain access to the α_2 PI cross-linked to α -chain monomer, but not to the α_2 PI cross-linked to α -chain polymer.

When $\alpha_2 PI$ was present in the suspending medium, some of the $\alpha_2 PI$ was incorporated by XIIIa into the clot in exchange for the release of fibrin-bound $\alpha_2 PI$ (replacement) and the incorporation was proportional to the concentration of $\alpha_2 PI$ in the suspending medium. Therefore, the net release of $\alpha_2 PI$ from the suspended clot was inversely related to the concentrations of free $\alpha_2 PI$ in the suspending medium (Fig. 6). When the concentration of $\alpha_2 PI$ in the suspending medium was the same as that of the original plasma from which the clot had been prepared, the net release was nearly zero, since the incorporation and the release were balanced (Fig. 6).

XIIIa is classified as a transglutaminase and is also called plasma transglutaminase (27). The findings in the present and previous studies that α_2 PI could be released from the α_2 PI-fibrin(ogen) complex by XIIIa are in accordance with and fully expected from the general reaction mechanism for transglutaminases proposed by Folk (7) and Chung and Folk (8) and reviewed by Lorand and Conrad (28).

N-peptide, which contains the residue involved in the crosslinking reaction with fibrin(ogen), was shown to be rapidly crosslinked with fibrin, and competitively inhibits the cross-linking of $\alpha_2 PI$ with fibrin when it is present concurrently with $\alpha_2 PI$ at the time of clotting in a purified system (29) as well as in plasma (30). When the preformed fibrin clot containing radioactive $\alpha_2 PI$ cross-linked with fibrin was suspended in normal plasma, the fibrin-bound $\alpha_2 PI$ was replaced by free $\alpha_2 PI$ present in the suspending plasma, and radioactive $\alpha_2 PI$ was gradually released from the fibrin clot (Fig. 7). This replacement of the bound $\alpha_2 PI$ was most likely mediated by XIIIa because EDTA and iodoacetamide inhibit the release (Fig. 7). When the N-peptide was present in the suspending plasma, further replacement of the bound α_2 PI by N-peptide occurred, and the release was increased (Fig. 7). The increase was dependent on the concentrations of N-peptide (Fig. 8), which was incorporated into the clot in exchange for α_2 PI.

In the previous studies, α_2 PI cross-linked with fibrin was shown to play a significant role in inhibition of physiologically occurring fibrinolysis, thus stabilizing thrombi, including hemostatic plugs (6), although the amount of α_2 PI cross-linked to fibrin is very small and only 1 mol/20 mol of fibrin (monomer). The importance of cross-linking of α_2 PI with fibrin was further supported by the previous finding that the presence of N-peptide in plasma at the time of clotting accelerated the subsequent fibrinolytic process by inhibiting the cross-linking of α_2 PI (30) and the extent of fibrinolysis was found to be proportional to the degree of inhibition of α_2 PI cross-linking (30). In the present study, it was further demonstrated that the release of α_2 PI from the fibrin clot results in an acceleration of fibrinolysis.

Normal plasma supplemented with t-PA was clotted in the presence of calcium ions and incubated at 37°C for 30 min, during which the cross-linking of α_2 PI with fibrin was completed, but no significant fibrinolysis took place. The fibrin clot thus prepared was suspended in buffered saline containing plasminogen. When the suspending buffered saline contained XIIIa in addition and the release of α_2 PI from the fibrin clot was accelerated, as seen in Fig. 2, the fibrinolysis was significantly accelerated (Fig. 9) as compared with the control where XIIIa was suppressed be EDTA/iodoacetamide and the release of α_2 PI was negligibly small (Fig. 2).

The retracted plasma clot prepared from normal plateletrich plasma in the presence of calcium ions was suspended in normal plasma containing a fixed amount of exogenously added t-PA and various concentrations of N-peptide. The presence of N-peptide in the suspending plasma accelerated fibrinolysis (Fig. 10), and the rate of fibrinolysis was proportional to the amount of the α_2 PI released (replaced) by N-peptide (Fig. 11). The acceleration was not seen when α_2 PI-deficient or XIIIa-deficient plasma was used (Fig. 12), indicating that the acceleration was caused by the XIIIa-catalyzed release of α_2 PI from fibrin. When the nonretracted plasma clot prepared from platelet-poor plasma was suspended in plasma containing N-peptide, the acceleration caused by N-peptide was not so remarkable as that seen with the retracted plasma clot. As has been suggested in the previous study (6), inhibition of fibrinolysis of a retracted plasma clot may be more dependent on α_2 PI bound to fibrin as compared with a nonretracted plasma clot, and the reduction of the amount of fibrin-bound α_2 PI by N-peptide may have produced a more pronounced effect on the fibrinolysis of the retracted clot than on the fibrinolysis of the nonretracted clot.

All the findings presented here may be extrapolated to in vivo situations. Under thrombolytic therapy with urokinase or streptokinase, $\alpha_2 PI$ is consumed by forming a complex with generated plasmin and being removed from the circulation (19, 31). Consequent reduction of α_2 PI level in the circulation has been considered to be unfavorable because it may induce a generalized hemorrhagic tendency. However, the reduction of $\alpha_2 PI$ level might also bring about some beneficial effects in view of thrombolysis (32) because the reduction of α_2 PI level would facilitate the release of α_2 PI from thrombi as seen in Figs. 1 and 6, when thrombi are fresh and fibrins are not highly cross-linked, thus accelerating spontaneously occurring fibrinolysis. This is likely to occur since more XIIIa may be continuously generated on the surface of thrombi in in vivo situations as compared with the in vitro situations employed in the present study where XIIIa generation was limited. In fact, Kumada and Abiko demonstrated that reduction of $\alpha_2 PI$ level in the circulation induced spontaneous thrombolysis in animal experiments (33). They experimentally produced thrombi in rats. After development of thrombi, the α_2 PI level in the circulation was reduced and maintained at <50% of normal by repeated injections of anti- α_2 PI $F(ab')_2$. The average size of thrombi of the rats whose $\alpha_2 PI$ level had been reduced was significantly smaller than that of the controls and approximately half of the control values. Moreover, the average size of thrombi was significantly smaller than the initial size of thrombi observed at the start of treatment with anti- α_2 PI; the average size was approximately two-thirds of the initial size. Significantly higher levels of FDP were observed in the anti- α_2 PI treated group. These findings indicated that reduction of α_2 PI level in the circulation induced spontaneous thrombolysis, thereby not only preventing the growth of thrombi but also accelerating the dissolution of thrombi already formed. Probably the reduction of α_2 PI level induced the release of α_2 PI from thrombi and facilitated the spontaneously occurring fibrinolysis.

The results of the present study may imply that the rapid and sustained reduction of α_2 PI level in the circulation by pharmacological or any other means, if possible, would cause the release of α_2 PI from thrombi and facilitate thrombolysis induced by the physiologically occurring fibrinolytic process or exogenously administered plasminogen activators.

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